

SASHA A. FLEARY, Ph.D.

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APPOINTMENTS

- 2018 Evans Family Assistant Professor of Child Study and Human Development, Eliot-Pearson Department of Child Study and Human Development, Tufts University, Medford MA
- 2017-2018 Miriam E. Nelson Tisch Faculty Fellow, Jonathan M. Tisch College of Civic Life, Tufts University, Medford MA
- 2014-2018 Assistant Professor, Eliot-Pearson Department of Child Study and Human Development, Tufts University, Medford MA
- 2014-2015 Tisch Faculty Fellow, Jonathan M. Tisch College of Citizenship and Public Service, Tufts University, Medford MA

EDUCATION

- 2013-2014 Postdoctoral Scientist, Eliot-Pearson Department of Child Study and Human Development, Tufts University, Medford, MA
- 2012 Ph.D, Clinical Psychology, Texas A&M University, College Station, TX
Additional Certificate: Graduate Certificate in Education & Social Sciences Advanced Research Methods
- 2008 M.S., Psychology, Texas A&M University, College Station, TX
- 2007 B.A. (summa cum laude), Psychology, CUNY – City College of New York, New York, NY

CONTINUING EDUCATION

- 2018 Workshop series – Responsive Survey Design, Institute for Social Research, University of Michigan Rasch Specialization – 3 course series, statistics.com (supplemented with 2-day IRT workshop)
Modern Causal Inference: Experiments, Matching and Beyond, ICSPR Summer Program in Quantitative Methods of Social Research
- 2017 CELT Course Design Institute: 4-day course design workshop, Tufts University
- 2015-2016 CELT Faculty Learning Community – Learning Spaces: monthly faculty discussions on learning spaces and alternative teaching and learning strategies for small and large classrooms, Tufts University

SCHOLARSHIP, AWARDS, FELLOWSHIPS

- 2012 The Association of Former Students of Texas A&M University Distinguished Graduate Student Award – Research
- 2011 Susan M. Arseven '75 Make-A-Difference Memorial Award, Women in Science and Engineering
- 2011 U.S. Senator Phil Gramm Doctoral Fellowship for Excellence in Research, Teaching, and Mentoring
- 2011 American Psychological Association – Minority Fellowship Program Psychology Summer Institute Fellow
- 2009 Clinical Area Distinguished Student Service Award, Department of Psychology, Texas A&M University
- 2007-2010 Graduate Diversity Fellowship, Office of Graduate Studies, Texas A&M University
- 2007 Joseph E. Barmack Award for Best Honors Thesis, College of Liberal Arts and Sciences, City College of New York

RESEARCH INTERESTS

I hold a Ph.D. in Clinical Psychology with concentrations in child and adolescent psychology, and child health and pediatric psychology, as well as a graduate certificate in advanced research methods. My specific research training and expertise are in preventive health, pediatric obesity, adolescent health behavior, and secondary data analysis. Additionally, my clinical experiences with underserved families in both hospital and community settings have contributed to the importance of context and disparities to my research platform. As a result, I established and currently direct the Child Health Equity Research Lab at Tufts University which is dedicated to improving children's health, reducing adult chronic disease risk, and reducing health disparities by engaging in research focused on (1) improving the playing field in children's health through empowering parents and children to engage in healthful behaviors; (2) encouraging adolescents to be masters of their health through interventions, programming, and outreach to reduce health risk behaviors and facilitate preventive health behaviors; and (3) supporting community health through community based participatory research, community-driven programming, and community outreach and advocacy. Priority areas of research in the Child Health Equity lab include:

- Chronic disease prevention
- Child and adolescent health promotion
- Reducing health disparities and increasing health equity
- Health literacy and preventive health in underserved families and adolescents
- Pediatric obesity prevention and treatment
- Adolescent healthy lifestyle behaviors (i.e., healthy eating, physical activity, substance use)
- Mental health literacy and access/use of services to promote mental health and well-being in underserved families
- Family adjustment to chronic illnesses

RESEARCH FUNDING

FUNDED

- Skeer, M., Amutah-Onukagha, N., & **Fleary, S. A.** (June, 2018). Understanding teens' perspectives on marijuana use, risk perception, and parent-child communication as the recreational law takes effect in Massachusetts. Tufts Collaborates! (\$49,973.27).
- Fleary, S. A.** (November, 2017). Achieving whole health through a gender-responsive and culturally relevant curriculum. Tisch College Community Research Center, Tufts University (\$11,000).
- Fleary, S. A.** (October, 2017). Determining the sex difference in the relationship between health literacy, health knowledge, and health behaviors in adolescents. Tufts Building Interdisciplinary Research Careers in Women's Health Program 1K12HD092535-01, NIH/NIDCR. (\$261,458).
- Fleary, S. A.** (September, 2017). Social justice for health. Tisch College Faculty Fellow Grant, Tufts University. (\$7,300).
- Fleary, S. A.** (September, 2017). Social justice for health. Faculty Research Awards Committee Grants-in-Aid, Tufts University. (\$1,961).
- Fleary, S. A., Sacheck, J., & Amin, S.** (June, 2017). Understanding dietary behaviors in middle childhood: The role of autonomy, health literacy, and food literacy. Tufts Collaborates! (\$49,468).
- Fleary, S. A.** (October 2010). A Parent-Focused Intervention to Increase Parent Health Literacy and Healthy Lifestyle Choices for Young Children and Families. The Institute for Obesity Research and Program Evaluation – Texas A&M University. (\$4,500)
- Fleary, S. A.** (November, 2009). A Parent-Focused Intervention to Increase Parent Health Literacy and Healthy Lifestyle Choices for Young Children and Families. College of Liberal Arts Dissertation Award, Texas A & M University. (\$4,000)
- Fleary, S. A.** (June, 2008). Home and Community Factors Affecting Children's Physical Activity and Healthful Eating in the Summer. Program for Rural and Minority Health Disparities (PRMHD) - joint effort by the Center for the Study of Health Disparities (TAMU) and School of Rural Public Health (TAMHSC). (\$4,641.50).

NOT FUNDED

- Fleary, S. A.** (October, 2017). Health literacy and adolescents' cancer-related health behaviors. American Cancer Society Mentored Research Scholars Grant (submitted for \$675,000).
- Fleary, S. A.,** Freund, K. M., & Nigg, C. R. (June, 2017). Health Literacy as a Vehicle to Reduce Obesogenic Behaviors Among Adolescents: A Pilot Intervention. NIH PAR-16-064 R21 Small Grants for New Investigators to Promote Diversity in Health-Related Research (submitted for \$250,000 direct costs).
- Fleary, S. A.,** Nigg, C. R., & Terrin, N. (February, 2017). Developing and testing multiple health-risk behavior metrics across chronic disease biomarkers. NIH PAR-16-261 R21 Methodology and Measurement in the Behavioral and Social Sciences (submitted for \$275,000 direct costs).

UNDER REVIEW

- Fleary, S. A.,** Freund, K. M., & Nigg, C. R. (November, 2018). Health Literacy as a Vehicle to Reduce Obesogenic Behaviors Among Adolescents: A Pilot Intervention. NIH PAR-18-102 R21 Small Grants for New Investigators to Promote Diversity in Health-Related Research (resubmission: \$375,000 direct costs).
- Fleary, S. A.** (October, 2018). Health Literacy as a Vehicle to Reduce Obesogenic Behaviors Among Adolescents: A Pilot Intervention. Charles H. Hood Foundation Child Health Research Awards Program (submitted for \$150,000 direct costs).

PUBLICATIONS

PEER-REVIEWED JOURNAL ARTICLES (* denotes graduate students)

- Fleary, S. A.** Association between medical home status and demographic characteristics in US children. *Clinical Pediatrics (accepted for publication)*.
- Fleary, S.A.,** Paasche-Orlow, M., Freund, K., & *Joseph, P. Health literacy and fatalistic beliefs in cancer prevention. *Journal of Cancer Education (in press)*.
- Fleary, S. A.,** & Ettienne, R. Social disparities in health literacy. *Health Literacy Research and Practice (in press)*.
- Fleary, S.A.,** & Nigg, C. R. Trends in health behavior patterns among US adults, 2003-2015. *Annals of Behavioral Medicine (in press)*.
- Fleary, S. A.,** Nigg, C. R., & Freund, K. (2018). An examination of changes in social disparities in health behaviors in the US, 2003-2015. *American Journal of Health Behavior, 42*(1), 119-134.
- Allen, J. D., Akinyemi, I., Reich, A., **Fleary, S. A.,** Tendulkar, S. & Lamour, N. (2018). African American women's involvement in promoting informed decision-making for prostate cancer screening among their partners/spouses. *American Journal of Men's Health* doi: 10.1177/1557988317742257 [epub ahead of print].
- Fleary, S. A.,** *Joseph, P., & *Pappagianapolous, J. (2018). Adolescent health literacy: A systematic review. *Journal of Adolescence, 62*, 116-127.
- Fleary, S. A.,** Tagorda, M., Kim, S., Rathke, M., & Nigg, C. R. (2018). Validating stages of change for obesogenic behaviors across Filipino and other Asian-American and Pacific Islander adolescents. *Journal of Racial and Ethnic Health Disparities, 5*(3), 504-513. <https://doi.org/10.1007/s40615-017-0392-7>
- Fleary, S. A.,** & Freund, K. M. (2017). Social Disparities in Obesogenic Behaviors in Adolescents. *Journal of Racial and Ethnic Health Disparities, 1-10*.
- Fleary, S. A.** (2017). Combined Patterns of Risk for Problem and Obesogenic Behaviors in Adolescents: A Latent Class Analysis Approach. *Journal of School Health, 87*(3), 182-193.
- Nigg, C.R., **Fleary, S.A.,** Eklund, K., & Quituga, J. (2017) Increasing active physical education in the Commonwealth of Northern Mariana Islands: Sports, Play, and Active Recreation for Kids. *International Journal of Health Promotion and Education, 5*(1) 3-17. doi: 10.1080/14635240.2016.1193762
- Fleary, S. A.,** & Ettienne-Gittens, R. (2014). Inherited or Behavior? What causal beliefs about obesity are associated with weight perceptions and decisions to lose weight in a U.S. sample? *International Scholarly Research Notices, 2014*, 10 pages, doi: 10.1155/2014/632940
- Fleary, S. A.,** Taylor, A., Heffer, R. W., & McKyer, E. L. J. (2013). Parent and peer influence on pain medication recreational use: Are their influences similar to that of marijuana use? *ISRN Addiction, 2013*, 8 pages. doi:10.1155/2013/236249
- Fleary, S. A.,** Heffer, R.W., McKyer, E. L. J, & Taylor, A. (2013). A parent-focused pilot intervention to increase parent health literacy and healthy lifestyle choices for young children and families. *ISRN Family Medicine, 2013*, 11 pages. doi:10.5402/2013/619389

- Fleary, S. A.,** Ettienne-Gittens, & R. Heffer, R. W. (2013) Perceptions of preventive health care and healthy lifestyle choices for low income families: A qualitative study. *ISRN Preventive Medicine, 2013*, 6 pages. doi:10.5402/2013/189180
- Fleary, S. A.,** Heffer, R. W., & McKyer, E. L. J. (2013) Understanding nonprescription and prescription drug misuse in late adolescence/young adulthood. *Journal of Addiction, 2013*, 8 pages. doi:10.1155/2013/709207
- Fleary, S. A. & Heffer, R. W.** (2013). Impact of growing up with a chronically ill sibling on well siblings' late adolescent functioning. *ISRN Family Medicine, 2013*, 8 pages. doi:10.5402/2013/73756
- Fleary, S. A.,** Heffer, R. W., & McKyer, E. L. J. (2010). Dispositional, ecological and demographic influences on adolescent tranquilizer, Ritalin, and narcotics misuse. *Journal of Adolescence, 34*(4).
- Fleary, S. A.,** Heffer, R. W., McKyer, E. L. J. & Newman, D. (2010). Using the Bioecological Model to predict risk perception of marijuana use and reported marijuana use in adolescence. *Addictive Behaviors, 35*, 795-798.

SELECTED PUBLISHED ABSTRACTS

- Fleary, S. A.** (April 2017). Do as I say not as I do: The relationship between parents' diet and their attitudes towards their adolescents' diet. *Annals of Behavioral Medicine, 51*, s142-s143. Presented at the 38th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Diego, CA.
- Fleary, S. A.,** Nigg, C. R., & Freund, K. (2016). Disparities in Health Behaviors in the US over the Last Decade *Annals of Behavioral Medicine, 50*, S262. Presented at the 37th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Washington, DC.
- Fleary, S.A.,** Ettienne-Gittens R., Heffer, R.W. (April, 2013). What about your friends? The influence of parents and friends on the nutrition and PA behaviors of college students. *Annals of Behavioral Medicine, 45*, s280. Presented at the 34th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Francisco, CA.
- Ettienne-Gittens R., **Fleary, S. A.,** Heffer, R. W. (2013). College smarts: Investigating the nutrition knowledge and health behavior of students in Texas. *Annals of Behavioral Medicine, 45*, s281. Presented at the 34th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Francisco, CA.
- Fleary, S. A.,** Ettienne-Gittens, R., Heffer, R. W., McKyer, E. L. J. (April, 2011). Perceptions of preventive health care and healthy lifestyle choices for low income families. *Annals of Behavioral Medicine, 41*, s5. Presented at the 32nd Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Washington, DC.
- Ettienne-Gittens, R., **Fleary, S. A.,** Heffer, R. W., McKyer, E. L. J. (April, 2011). Risk and protective factors for preventive health care and healthy lifestyle choices in low income families. *Annals of Behavioral Medicine, 41*, s1. Presented at the 32nd Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Washington, DC.

SELECTED MANUSCRIPTS UNDER REVIEW (*denotes graduate students)

- Fleary, S. A.,** *Joseph, P., *Zhang, E., & *Quiron, C. "They give you back your dignity": Understanding the resources that makes a transitional housing a home for homeless families. *Journal of Social Distress and the Homeless (initial review)*.
- Fleary, S. A.** Providers' anticipatory guidance conversations with adolescents: The role of family-centered care and children with special health care needs status. *Clinical Pediatrics (initial review)*.
- Fleary, S.A. & Ettienne, R.** Do as I say not as I do: The relationship between parents' diet and their attitudes towards their adolescents' diet. *Appetite (initial review)*.
- Fleary, S. A.,** *Joseph, P., Freund K., & *Zhang, E. National trends in disparities in diet/nutrition and sedentary and physical activity in adolescents: 2005-2015. *Annals of Epidemiology (initial review)*.
- Fleary, S. A.,** Nigg, C. R., & Mehl, R. Predicting Hawaiian Youths' Physical Activity and Fruits and Vegetables Consumption: A 10-Year Cohort Study. *Journal of Physical Activity & Health (initial review)*.

SELECTED MANUSCRIPTS IN PROGRESS (*denotes graduate students, ** undergraduate students)

- Fleary, S.A.** A systematic review of the Information-Motivation-Behavioral Skills Model in obesity prevention and treatment interventions.
- Fleary, S.A.,** Chang, H., & *Joseph, P. Applying the Information-Motivation-Behavioral Skills Model to explain adolescents' fruits and vegetables consumption.
- Fleary, S.A. & *Joseph, P.** Adolescents' perceptions of the relationship between health literacy and their health decision-making.
- Fleary, S. A.,** Fremont, E., Tirrell, J., & Lerner, R. M. The development of a scale to assess egocentrism in adolescents.

- Fleary, S. A., *Joseph, P., **Dimaano, P. & **Dougherty, A.** What is preventive health? It depends on who you ask.
- Fleary, S. A., & *Joseph, P.** Defining and understand health literacy: Adolescents' Perspectives.
- Fleary, S. A., **Dimaano, P., Leary, J., *Joseph, P.** A qualitative assessment of adolescents' interactive and critical health literacy skills.
- Fleary, S. A., Easterbrooks, A., Mistry, J. & Choudhry, J.** Do mental health disparities predict child mental and physical health outcomes.
- *Joseph, P. & **Fleary, S. A.** Trends in adolescent preventive health and health risk behavior patterns, 2005-2017.
- *Joseph, P. & **Fleary, S. A.** Associations self-efficacy, food insecurity, and dietary behaviors in adolescents.

SELECTED CONFERENCE PAPERS AND PRESENTATIONS (*denotes graduate students)

- Fleary, S. A.** (April 2018). In their own words: How adolescents define health literacy. Presented at the 39th Annual Meeting of the Society of Behavioral Medicine, New Orleans, LA.
- *Joseph, P., *Pappagianopoulos, J., & **Fleary, S.A.** (April 2018). Insta-information: Social endorsement and young adults' perception of social media delivered health information. Presented at the 39th Annual Meeting of the Society of Behavioral Medicine, New Orleans, LA.
- *Joseph, P., *Pappagianopoulos, J., & **Fleary, S. A.** (October 2017). Too Much Information, Little Guidance: Adolescents' Perception of Using Health Literacy to Manage their Health. Presented at the 10th Biennial Meeting of the Society for the Study of Human Development, Providence, RI.
- *Joseph, P., & **Fleary, S. A.** (October 2017). More than Media: Examining Collective Efficacy in the Association Between Adolescent Media Use and Obesity. Presented at the 10th Biennial Meeting of the Society for the Study of Human Development, Providence, RI.
- Fleary, S. A.** (May 2017). Chair/Organizer Brown Bag Special Interest Group: Health literacy in prevention research. Presented at the Society for Prevention Research 25th Annual Meeting, Washington, DC.
- Fleary, S. A.** (May 2017). The Role of Social Determinants of Health and Medical Home Status in Caregivers' Perception of Health Provider Communication Society for Prevention Research 25th Annual Meeting, Washington, DC.
- *Joseph, P., *Pappagianopoulos, J., *An, H. J., & **Fleary, S. A.** (May 2017). Understanding Indicators of Adequate Health Services in the Relationship Between Screen Time and Adolescent Obesity. Presented at Society for Prevention Research 25th Annual Meeting, Washington, DC.
- *Joseph, P., & **Fleary, S. A.** (May 2017). Beyond Self-efficacy: Examining social disparities in access to healthy food and adolescents' dietary behavior. Presented at Association for Psychological Science 29th Annual Convention, Boston, MA.
- *An, H. J., *Zhang, E., & **Fleary, S. A.** (May 2017). Neighborhood matters: Understanding adolescents' mental health in a community context. Presented at Association for Psychological Science 29th Annual Convention, Boston, MA.
- Fleary, S. A.** (April 2017). Do as I say not as I do: The relationship between parents' diet and their attitudes towards their adolescents' diet. Presented at the 38th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Diego, CA.
- Fleary, S. A., Tagorda, M., Kim, S., Rathke, M., & Nigg, C. R.** (April 2017). Validating stages of change for obesogenic behaviors across adolescent minorities. Presented at the 38th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Diego, CA.
- *Pappagianopoulos, J., & **Fleary, S. A.** (April 2017). To smoke or not to smoke: The pathway between risk perception and smoking behavior among adolescents affected by asthma. Presented at the 2017 Society of Pediatric Psychology Annual Conference, Portland, Oregon.
- Fleary, S. A., Arthur, T. M., & Ettienne, R.** (November 2015). Social disparities in health literacy and its relationship with health promoting behaviors. Presented at the 7th Health Literacy Annual Research Conference, Bethesda, MD.
- Fleary, S. A.** and Nigg, C. R. (April, 2015). A snapshot of health behavior patterns in the US in the last decade. Presented at the 36th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Antonio, TX.
- Calles, I. M., **Fleary, S. A.,** Heffer, R. W., & Taylor, A. (October 2012). *Patterns of social and emotional challenges in children with diabetes.* Presented at the National Conference in Clinical Child and Adolescent Psychology, Lawrence, KS.
- Fleary, S. A.,** Ettienne-Gittens, R., Calles, I., & Heffer, R. W. (April 2012). *Beliefs about obesity, weight perceptions, and modifiable obesity-related behaviors in a national sample.* Presented at the 33rd Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA.

- Ettienne-Gittens, R., **Fleary, S. A.**, & Heffer, R. W (April 2012). *A tale of two ethnicities: Comparing the fruit and vegetable consumption patterns of Hispanics in Puerto Rico with Hispanics in the U.S. using the Health Information National Trends Survey (HINTS)*. Presented at the 33rd Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA.
- Heffer, R. W., Saenz, J., **Fleary, S. A.**, Arms, D., & Limbers, C. A. (September 2011). *Group Social Skills Training for Children with Asperger's Syndrome: Intervention Effectiveness and Health-Related Quality of Life Correlates*. Presented at the Society for Developmental and Behavioral Pediatrics 2011 Annual Meeting, San Antonio, TX.
- Shelton, K., Clicque, C., Lira, A., **Fleary, S.A.**, Heffer, R. W. (April, 2011). *The impact of growing up with a chronically or terminally ill sibling: Interviews with young adults*. Poster Presentation at the National Conference in Child Health Psychology, San Antonio, TX.
- Arms, D., Ramirez, A. L., **Fleary, S. A.**, Heffer, R. W., & Perez, M. (April, 2011). *Determining healthcare needs of children and families and implementing health promotion along the rural Texas-Mexico Border – The Colonias*. Presented at the National Conference in Child Health Psychology, San Antonio, TX.
- Arthur, T. M., **Fleary, S. A.**, McKyer, E. L., Carter, A. R. (November, 2010). *African American mothers' knowledge, attitudes, and perceptions of childhood obesity and prevention*. Presented at the 138th Annual Meeting of the American Public Health Association, Denver, CO.
- Fleary, S. A.**, Heffer, R. W., & McKyer, E. L. J. (October, 2010). *Understanding the social and ecological differences between children in different weight classifications*. Presented at the Kansas Conference in Clinical Child and Adolescent Psychology: Translating Research into Practice, Lawrence, KS.
- Fleary, S. A.**, Heffer, R. W., DeSantos, M., Frazier, C., & Arms, D. (October, 2010). *The effect of parent involvement on late adolescents' OTC pain medication misuse*. Presented at the Kansas Conference in Clinical Child and Adolescent Psychology: Translating Research into Practice, Lawrence, KS.
- Turner, T. L., **Fleary, S. A.**, Thompson, K. V., Fine, V., Blake, J. J., Dyer, A., & Lease, A. M. (August, 2009). *Psychological adjustment of relationally aggressive girls: does friendship quality matter?* Presented at the American Psychological Association 117th Annual Convention, Toronto, On, CAN.
- Fleary, S. A.** (April, 2009). *Influences on children's physical activity in the summer*. Presented at the Student Research Symposium, Texas A&M University School of Rural Public Health, College Station, TX.
- Fleary S. A.**, Heffer, R. W., & McKyer, E. L. J. (April, 2009). *Individual variables and peer influence on adolescent tranquilizer and Ritalin misuse*. Presented at the Midwest Conference in Pediatric Psychology, Kansas City, Missouri.
- Fleary, S. A.**, Heffer, R. W. & McKyer, E. L. J. (April, 2008). *Application of the Bioecological Model and the Health Belief Model to self-reported health risk behaviors in adolescents in the United States*. Presented at the National Conference in Child Health Psychology, Miami, FL.
- Gallagher, R., **Fleary, S. A.**, & Abikoff, H. (November, 2007). *The Children's Organizational Skills Scale (COSS): Comparing children with ADHD and typical development on organization, time management, and planning behaviors*. Presented at the Special Interest Group Poster Exposition of the Annual Meeting of the Association for Behavior and Cognitive Therapy, Philadelphia, PA.

TEACHING EXPERIENCE

GRADUATE AND UNDERGRADUATE INSTRUCTION (UG = undergraduate, G = graduate, UG/G = both)

2017	Tufts University, Medford MA Instructor Spring: Contemporary Issues in Physical and Mental Health in Childhood (UG); Pediatric Psychology (UG/G)
2016	Tufts University, Medford MA Instructor Spring: Theories of Preventive Health (G)
2015	Tufts University, Medford MA Instructor Spring: Theories of Preventive Health (UG/G) Fall: Adolescent Health (UG/G); Pediatric Psychology (UG/G); Child Health (UG)

- 2014 Tufts University, Medford MA
Instructor
Spring: Clinical Social Interventions for Children with Emotional and Behavioral Problems in School Settings (UG/G)
Fall: Adolescent Health (UG/G); Pediatric Psychology (UG)
- 2013 Tufts University, Medford MA
Instructor
Fall: Theories of Preventive Health (UG/G)
- 2013 Swedish Institute, School of Nursing, New York, NY
Instructor
Spring: Developmental Psychology (UG)
- 2010-2011 Texas A&M University, Department of Psychology, College Station, TX
Instructor
Fall/Spring: Psychology of Adolescence (UG)
- 2010 Texas A&M University, Department of Psychology, College Station, TX
Graduate Teaching Assistant
Spring: Experimental Psychology (UG)
- 2008-2010 Texas A&M University, Department of Psychology, College Station, TX
Graduate Teaching Assistant
Spring: Principles of Behavior (UG)
Summer: Psychology of Adjustment (UG)

CLINICAL EXPERIENCE

- 2011-2012 Mt. Washington Pediatric Hospital, Baltimore, MD
Predoctoral Pediatric Psychology Intern
Rotations: Weigh Smart Program (Center for Pediatric Weight Management and Healthy Living), Pediatric Psychology Consultation/Liaison, Outpatient Therapy, Assessment
- 2010-2011 University Pediatrics Too, College Station, TX
Pediatric Psychology Practicum Therapist
- 2009-2011 TAMU Psychology Clinic, Texas A&M University, College Station, TX
Practicum Evaluator
- 2008-2011 TAMU Psychology Clinic, Texas A&M University, College Station, TX
Practicum Therapist
- 2008-2011 Brazos Valley Rehabilitation Center, Bryan, TX
Group Therapist
Social Skills Training Group for Children with Asperger's Syndrome and High Functioning Autism
- 2010 Kingdom Ranch Summer Camp, Snook, TX
Group Therapist
Social Skills/Friends Skills Training
- 2009 Department of Psychiatry and Psychology, Texas Children's Hospital at Baylor College of Medicine, Houston, TX
Pediatric Psychology Practicum Therapist
- 2008 Barbara Bush Parenting Center, College Station, TX
Group Therapist
Coping Group Therapy for Children of Divorce Parents
- 2008 Brazos Valley Rehabilitation Center, Bryan, TX

Group Therapist
Coping Skills Group for Siblings of Children with Asperger's Syndrome and High Functioning Autism

SERVICE

SERVICE TO TUFTS UNIVERSITY

2015-2018 Committee on Student Life

SERVICE TO DEPARTMENT

2015-2017 Master's Program Committee

2015-2017 Advisor, Child Study and Human Development Graduate Student Organization

2014-2017 Child Health Committee

SERVICE TO PROFESSION

2018-present Member, Society for Research on Adolescence Diversity and Equity Committee

2015-2017 Abstract Reviewer, Annual Meeting of the Society of Behavioral Medicine, Child and Family Track

2013-present Ad hoc Reviewer, Journal of Health Care for the Poor and Underserved, Journal of Substance Use, Journal of Sports Sciences, International Journal of Public Health, American Journal of Preventive Medicine, Journal of Health Communication, Hawai'i Journal of Medicine and Public Health, Health Education and Research, Health Promotion and Practice, Journal of Applied Developmental Psychology, Health Literacy Research and Practice, International Journal of Public Health, Journal of Cancer Education

2012-2017 Member, Society of Behavioral Medicine Membership Council

2010–2013 Junior Reviewer, Journal of Pediatric Psychology

2009-2013 Special Interest Committee Member, Society of Pediatric Psychology Diversity Committee

2009-2012 Student Representative, Society of Behavioral Medicine Membership Council

2009-2012 Mentored Student Reviewer, Journal of Pediatric Psychology

2009-2010 College of Liberal Arts Representative, Texas A&M Graduate Student Council Awards Committee

2009-2010 Membership Chair, Society of Behavioral Medicine Student SIG

SERVICE TO COMMUNITY

6/2015- 5/2016 Board Member, The Haitian Coalition (formerly the Somerville Haitian Coalition), Somerville, MA

2015-present Member of Advisory Committee, Volunteer Mental Health Advocates Program, Somerville, MA

PROFESSIONAL MEMBERSHIPS

American Psychological Association, Member

Society for Research on Adolescence, Member

Society of Behavioral Medicine, Member

Society of Clinical Child and Adolescent Psychology, Member

Society of Pediatric Psychology, Member

Society for Prevention Research, Member

Golden Key International Honor Society, Member

Psi Chi, National Honor Society in Psychology, Member

INVITED TALKS

April, 2018. Panelist in the Tufts Presidential Symposium on Community Partnerships. Theme: With communities, for communities: The promise of engaged research. Tufts University, Medford MA.

- September, 2017. Mental health and stigma in immigrant populations: Observations from the field. Tufts Addressing Disparities in Asian Populations through Translational Research. Tufts University School of Medicine, Boston, MA.
- June, 2014. Targeting health literacy to improve preventive health and healthy lifestyle choices for underserved families. Social Sciences Librarian Boot Camp. Harvard Business School, Cambridge, MA.
- November & December, 2013. I can't do it! Making tasks doable for your child with ADHD. Healey School, Somerville, MA.

MEDIA COVERAGE

- December, 2017. Quoted and research cited in *When a sibling dies, or has a serious illness*. NY Times, December 12, 2017. Authored by Abby Ellin.
- December, 2017. Expert panelist on Words and Music Series: *Body, Mind and Spirit: An exploration of the connections between mental, physical, and emotional health in the changing family*. Aired on December 1, 2017 on Medford Community Media, archived on Youtube.

OTHER PUBLIC ENGAGEMENT

- June, 2018. Collaborating author on the Society of Behavioral Medicine Opposes the Forced Separation of Migrant Children from their Families.
- June, 2018. Collaborating author on the Society of Behavioral Medicine Statement on Reunification of Migrant Children with their Families: A Solutions-Oriented Approach.