

Dr. Ruth A. Staus, DNP, APRN, ANP-BC

EDUCATION:

Degrees:

ASN, Lakewood Community College, White Bear Lake, MN 1984

BAN, Metropolitan State University, St. Paul, MN 1994

MSN, University of Wisconsin, Eau Claire, 1997

DNP, Metropolitan State University, St. Paul, MN, 2009

Fellowships:

MAGEC Geriatric Clinical Fellowship, Minnesota Aging and Geriatric Education Center, University of Minnesota, 1998

FLAG Geriatric Education Fellowship, Hartford Center for Geriatric Nursing, University of Minnesota, 2010-2011

Projects:

Radcliffe Institute for Advanced Studies/Social Medicine Consortium Social Medicine Case Study Project, Radcliffe Institute for Advanced Studies, Harvard University, Spring 2016-Fall 2017

Certificates:

Global Health:

Infectious Diseases

United States Agency for International Development (USAID)/ Johns Hopkins Bloomberg School of Public Health, 2013

Reproductive Health Issues

United States Agency for International Development (USAID)/ Johns Hopkins Bloomberg School of Public Health, 2017

LANGUAGES:

French	Advanced/ Independent (B2-2 international level)
Haitian Creole	Beginner

License/Certification

RN	State of Minnesota	Expires 4/20
APRN	State of Minnesota	Expires 4/20
ANP-BC	ANCC	Expires 9/22

TEACHING:

2016-present	Core faculty and Curriculum developer, Social Medicine Course, EqualHealth, Mirbelais, Haiti
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Work with a multi-disciplinary, multi-lingual, multi-national team to develop curriculum and teach, in French, an intensive social medicine course, “Au-delà de la base biologique de la maladie: La causation sociale et économique des maladies” (Beyond the biological basis of disease: The social and economic causes of illness). Developed a structural violence analysis case study, global health ethics case study, interactive participative action research module, narrative medicine presentation, and vertical history taking approach based on functional medicine principles. Supervise students working on narrative assessments with patients at the Mirebalais Hospital and during domiciliary nutritional visits in the countryside.

2011

Instructor, Holistic Geriatrics Certificate Program, Anoka Ramsey Community College, Anoka, MN

Developed and taught the clinical geriatrics portion of the curriculum.

2007-2008

Instructor, Universal Health Care Worker Certificate Program, Anoka Ramsey Community College, Anoka, MN

Developed and taught the gerontology curriculum for the program.

2005-present

Professor, Metropolitan State University, St. Paul, MN

Teach didactic and clinical geriatric curriculum in the LPN-BSN, RN- BSN, MSN Initial licensure, MSN program, FNP/ANP/GNP track, and DNP program. Developed the GNP curriculum for the ANP/GNP program. Developed a service learning program with six HUD public housing sites and Block Nurse Programs. Serve as advisor for undergraduate and graduate students. Serve as committee chair for DNP student projects. Founded the Edgerton Wellness Center, a geriatric-focused faculty practice at a HUD housing site, co-founded the Love Lives Here Wellness Center for homeless persons transitioning into housing and jobs as well as low-income community members, and assisted with the development of the Roosevelt Community Center Clinic, another HUD facility, for a family and elder care practice. Developed a graduate-level geriatrics course for the MSN Initial Licensure program and geriatric content for the LPN-BSN program.

Committees: Nursing Faculty Organization (2005- present), Chair of NP curriculum committee (2007-2008) , Curriculum committee, chair (2014-2016) , Admissions/Retention committee (2005-2009), Inter Faculty Organization, Academic Programs (2007-2009), Faculty search (2008-2009), IFO Council (2009-present), Center for Teaching and Learning advisory council (2010-2012), International and Study Abroad committee (2014-2018), Racial Graduation Requirement Review committee (2016- present), IFO convener (2016-present), Peace and Social Justice Institute Task Force (2017-present), Anti-Racism Leadership Team (2017- present), Global Education committee (2018- present)

Served as NP Program Coordinator, 2007-2008

Recipient of Faculty Excellence Award 2009; Civic Engagement Award, 2011; President’s Circle of Engagement 2010- 2016; Nominated for Teaching Excellence award 2009-2014 ; Teaching Excellence Award 2012-2013, Outstanding Teacher Award 2014-2015.

2004-2005

Community Faculty, Metropolitan State University, St. Paul, MN

Taught didactic and clinical geriatric curriculum to BSN and MSN students. Developed a BSN/MSN geriatric nursing course. Developed a Teaching Nursing Home program in collaboration with three area nursing homes and an assisted-living facility.

2003-2005

Teaching Specialist, University of Minnesota, Minneapolis, MN

Taught didactic and clinical curriculum to geriatric nurse practitioner students enrolled in the graduate program in the School of Nursing.

Course development:

Undergraduate:

N282 Pharmacology (MANE program)

N311 Specialty Nursing (geriatric content, LPN-BSN program)

N414 Geriatric Nursing

N420 Lifespan transitions: Aging & Chronic disease (RN-BSN)

N410 Applied Pathophysiology (ELMSN)

N485 Global health perspectives (MANE program)

HSCI 309 Global Health Issues (General Education / Upper division liberal studies course)

Graduate:

Masters:

N614 Geriatric Nursing (ELMSN program)

N615 Health Assessment (ANP-GNP program)

N616 Health Assessment for Advanced Practice Nursing (DNP program)

N617 Pharmacology (EL-MSN program)

N618 Health Assessment (EL-MSN program)

N619 Pathophysiology (EL-MSN program)

N621 Primary Care Nursing I: Health promotion and Disease prevention (geriatrics and psych-mental health content)

N643 Complex Care (ANP/GNP program)

Doctoral:

N 709 Applied pharmacology for Advanced Practice Nursing

N724 Primary Care Nursing IV: Complex Care

Doctoral capstone project advisor:

2015:

The Reduction of Potentially Inappropriate Medications among Older Adult Patients through Quality Process Improvements of Scheduled Medication Reviews in a Rural Clinic Setting; Cassandra Altringer

Implementation of an aromatherapy intervention to decrease agitation in those with Alzheimer's Disease and/or dementia; Tina Coyle

2016:

Feasibility of developing an ethical global health clinical training program for FNP students at a crèche in Haiti; Kenneth VenOsdel

PRACTICE:

2008- present: **Co-founder, Nurse Practitioner, Love Grows Here Wellness Center, St. Paul, MN**

Provide physical exams, triage, and referral services to homeless and low-income clients transitioning to housing and work programs. Developed a collaborative care model with PHN faculty that links primary care with public health nursing services and interventions. Developed multidisciplinary TBI Assessment program to screen for homeless individuals who have undetected mild TBI, program also assists with obtaining resources for care. Precept NP students.

2008-present: **Founder, Director, Nurse Practitioner, Edgerton Wellness Center, St. Paul, MN**

Edgerton Wellness Center is a free, walk-in faculty practice clinic housed within a HUD housing complex where I provide physical exam, disease prevention, health promotion, and chronic disease medical case management services for a diverse population, predominantly refugees, immigrants, and persons of color, many who are elders, with complex physical and mental health issues as well as persistently and chronically mentally ill younger adults. The Nurse Practitioner care is provided within the context of a multidisciplinary team of social workers and case workers.

Developed the Edgerton Healthy Brain Project that utilized evidence from neurobiology and healthy aging research.

Precept DNP students and provide shadowing and volunteer opportunities for students interested in careers in geriatrics and working with underserved populations.

Center awarded the 2013 National Association of Redevelopment Officials (NAHRO) National Health Partnership Award.

2007-2009: **Project director, Nurse Practitioner, Homestead Center for Healing, Homestead at Maplewood, Maplewood, MN**

Established a center for healing to assist residents, families, and staff to move towards a social model of long-term care. The center focused on making CAM therapies accessible to elders, providing opportunities for community engagement and involvement, and meaningful activities that promote growth and development. Provided holistic, theory-based resident assessments, health promotion, and plans of care to promote optimal quality of life, and advanced practice nursing care through a foot care and vascular assessment clinic.

Center awarded the 2009 “Promoting Excellence in Assisted Living Person-Centered Care Award”, Center for Excellence in Assisted Living, Washington, DC

1997-2007: **Nurse Practitioner, Health Partners, PartneringCare Senior Services, Minneapolis, MN**

Provided geriatric primary care for older adults living in long-term care, assisted-living and sub-acute care settings.

Precepted students from various GNP programs.

Member of Palm Technology Committee, Education Advisory Committee.

1988-1997 **Staff Nurse, Abbott Northwestern Hospital, Minneapolis, MN**

Provided acute and critical care nursing services on cardiovascular telemetry unit.

Member of Station 41 Patient Care Council 1990-1994; Abbott/Healthbond Cardiovascular Case Management Research Project, Station 41/45 Innovation Team, Nursing Research Committee.

Recipient of Employee Recognition award in 1993 for pain management work and in 1997 for work on post-op delirium issues.

1987-1988 **Staff Nurse, Ebenezer Caroline Center, Minneapolis, MN**

Provided subacute nursing care on the Complex Care Unit.

1984-1987 **Charge Nurse, House Supervisor, LaSalle Convalescent Home, Minneapolis, MN**

Provided skilled nursing care to geriatric residents, assigned and supervised aides and nurses.

RESEARCH:

1991 “Gender Differences in Color Naming”, principal investigator, linguistics research

1992 “ Correlation between CABG, activity, pain management, and length of stay”, associate investigator, LuAnn Baker, PI.

1993 “Cardiac Risk Factors in the Southeast Asian Population”, internship, St. Paul Ramsey Hospital, preceptor: Jackie Huebsch, PhD, RN. Worked on literature review for dietary assessment portion of the project.

1992 “Abbott/Healthbond Interregional Cardiac Case Management Project”
Assisted with the development of the case manager role for the study, provided inservices on Phase I results, assisted with control group data collection.

1994 “Patient Satisfaction with Nurse Case Management: Refinement of Two Measures”
internship, Abbott Northwestern Hospital, preceptor: Elaine Hogan-Miller, PhD, RN.
Provided data management for psychometric study, assisted with analysis, presented data to CNS group practice.

2009 “ Culture change in an assisted-living facility”

EBP project for DNP program, 1st place award Evidence Based Practice category Midwest Nursing Research Society Annual Conference, 2009; “Promoting Excellence in Assisted Living Person-Centered Care Award”, Center for Excellence in Assisted Living, Washington, DC, 2009.

GRANTS:

St. Paul Housing Agency/HUD, April 2009

PUBLICATIONS:

Martin, L., & Staus, R. (1995). Making the most of nursing student projects: A collaborative pain management project. *Journal of Nursing Staff Development*, 11, (1), 55-57.

Doran, K, Sampson, B., Staus, R., Ahern, C., & Shiro, D. (1997). Clinical progression across tertiary and community care after an interventional cardiology procedure. *The Journal of Cardiovascular Nursing*, 11, (2), 1-14.

Staus, R. (2011). Delirium in the older adult orthopaedic patient: Predisposing, precipitating, and organic factors. *Orthopaedic Nursing*, 30(4), 231-238.

Invited:

Webb, M., & Staus, R. (2011). The Shuler Nurse Practitioner Model: A critique. In S. Peterson and T. Bredow (Eds.), *Middle Range Theories: Application to Nursing Research* (3rd ed.). Philadelphia: Lippincott, Wilkins, and Williams.

Staus, R. (2015). Normal aging physiology and its effects on pharmacokinetics. *The Connection*, 42, 8.

PRESENTATIONS:

International, invited:

La tempête biosociale parfaite: Une épidémie de VIH et de tuberculose en Afrique du Sud (A perfect bio-social storm: An epidemic of HIV and TB in South Africa)

Les déterminants sociaux et économiques de la santé: Au-delà des bases bio-médicales de la maladie (The social determinants of health: Beyond the biology of disease) social medicine course, EqualHealth, Mirebalais, Haiti, July 2016, 2017, 2018

La médecine du sac de marin (Duffle Bag Medicine)

Les déterminants sociaux et économiques de la santé: Au-delà des bases bio-médicales de la maladie (The social determinants of health: Beyond the biology of disease) social medicine course, EqualHealth, Mirebalais, Haiti, July 2017, 2018

La recherche-action participative: Un type différent de “preuve” pour un type différent de médecine basée sur des preuves (Participative Action Research: A different kind of evidence for a different kind of evidence-based practice)

Les déterminants sociaux et économiques de la santé: Au-delà des bases bio-médicales de la maladie (The social determinants of health: Beyond the biology of disease) social medicine course, EqualHealth, Mirebalais, Haiti, July 2016, 2017, 2018

International

“A perfect biosocial storm: A HIV and XDR-TB epidemic in sub-Saharan Africa”

Social Medicine Consortium Conference, Navajo Nation, Church Rock, New Mexico, April 28th, 2018

“Moving beyond the 3 E’s: Ethnocentrism, essentialism, and exceptionalism”

27th International NET Conference, Churchill College, University of Cambridge, Cambridge, UK, Sept 6-8, 2016

“Mind, brain, and education science: Fad, fraud, or future?”

27th International NET Conference, Churchill College, University of Cambridge, Cambridge, UK, Sept 6-8, 2016

National, invited:

“ Vicodin as a treatment for structural violence”

Harvard Medical School, Social Medicine Course
Harvard University, Boston, MA, March 16, 2018

“An epidemic in context: Opioid addiction”

Harvard Medical School, Social Medicine Course
Harvard University, Boston, MA, March 16, 2018

“Vicodin as a treatment for structural violence”

Radcliffe Social Medicine Case Workshop Conference, Radcliffe Institute for Advanced Studies, Harvard University, Boston, MA, Feb 16-17, 2017.

“A holistic approach to late-life depression”

Podium presentation, National Guardianship Association National Conference, Minneapolis, MN, October 2, 2011.

“Delirium in hospitalized elders”

Invited presentation, St. Francis Hospital, Memphis, TN, March, 2010

“Geriatric pharmacology: Essential knowledge for nurses”

Invited presentation, St. Francis Hospital, Memphis, TN, August, 2009

National:

“Is nursing theory relevant to NP practice? M&RM application in primary care”

Society for the Advancement of Modeling and Role-Modeling Theory National Conference, San Antonio, TX, April 2010

“Culture change in an assisted-living facility: A M&RM approach”

Podium presentation, Society for the Advancement of Modeling and Role-Modeling Theory National Conference, San Antonio, TX, April 2010

“P450 and Pharmacogenomics: A case study approach”

Podium presentation, Geriatric Advance Practice Nurses Association Annual Conference, Savannah, GA, October 2009

“Culture change in an assisted-living facility: A nursing theory and evidence-based practice approach”

Podium presentation, 9th Annual Pioneer Network Conference, Little Rock, AK, August 2009

“Culture change in an assisted-living facility”

Podium presentation, 10th Annual Evidence-Based Practice Conference, Glendale, AZ, February, 2009

“Culture change in an assisted-living facility”

Poster presentation, National Conference of Gerontological Nurse Practitioners Annual Conference, St. Louis, MO, September 2008

“Teaching NP students to deal with difficult clinical situations: The Simulation Case Study method”, poster presentation, National Organization of Nurse Practitioner Faculties Annual Conference, Louisville, KY, April 2008.

“Are you an appropriate geriatric prescriber? A review of the Beer’s criteria” podium session, American College of Nurse Practitioner’s National Clinical Conference, San Antonio, TX, October 2007. Co-presented with Karen Feldt, PhD, RN, GNP.

“Correlation between CABG, activity, pain management, and length of stay” Poster presentation, Mayo Clinic “Quest for Quality” Conference, Rochester, MN, September, 1992.

Regional, Invited:

“Delirium in the older adult orthopedic patient” National Association of Orthopedic Nurses Regional Conference, Minneapolis, MN, November, 2010

Regional:

“Culture change in an assisted-living facility” Poster presentation, Midwest Nursing Research Society Annual Conference, Minneapolis, MN, March, 2009

State, Invited:

“ CYP P450 and Pharmacogenomics” Invited presentation, Minnesota Nurse Practitioner Coalition Pharmacology Conference, April 14, 2018

“Delirium in the older adult orthopedic patient” MN Orthopedic Nurses Association, St. Paul, April 2017

“The diabetic foot exam” Invited presentation, Minnesota Nurse Practitioners 5th Annual State Conference, Bloomington, MN November 2013

“Perils in Practice” Invited panel member, Minnesota Nurse Practitioners 5th Annual State Conference, Bloomington, MN, November 2013

“P450 and Pharmacogenomics: What NPs need to know” Invited presentation, Minnesota Nurse Practitioners, St. Cloud, MN, September 2010

“ Delirium in the older adult orthopedic patient” Invited presentation, MN Orthopedic Nurses Association, St. Paul, MN, April 2010

“Depression and anxiety in elders: A holistic approach” Invited presentation, Empira Nursing Conference, Plymouth, MN, March 2010

“Culture Change in an Assisted-living facility” Invited poster presentation, HealthForce Minnesota Annual Meeting, November 2009

“Depression and anxiety in elders: A holistic approach” Invited presentation, Empira Social Services Conference, New Brighton, MN, October 2009

State:

“Health Promotion in LTC: A contradiction in terms?”

Aging Institute of Minnesota Annual Conference, Minneapolis, MN, February, 2011

“A person-centered approach to late-life depression”

Aging Institute of Minnesota Annual Conference, Minneapolis, MN, February, 2011

“Culture change in an assisted-living facility”

Poster presentation, Minnesota Nurse Practitioners Annual Conference, Minneapolis, MN, November, 2010

“Change your brain, put on your dancing shoes”

Aging Institute of Minnesota Annual Conference, Minneapolis, MN, February 2010. Co-presented with Linda Johnson, RN, C.

“Correlation between CABG, activity, pain management, and length of stay”

poster presentation, 4th Annual Kansas Research Exchange, Wichita State University, September, 1993.

Local, Invited:

“An epidemic in context: Opioid addiction”

Century College MANE program, Global Health course, April 13, 2018

“Are elders just adults with wrinkles? Normal Aging Physiology”

Metropolitan State University, College of Nursing and Health Sciences, DNP program, Pathophysiology course, February 21, 2018

“Delirium in the older adult patient”

Metropolitan State University, College of Nursing and Health Sciences, MANE program, Nov. 14, 2017

“Liberation in the exam room: Implementing a racial justice framework”

Metropolitan State University, College of Nursing and Health Sciences, Health equity and poverty education event, October 25, 2017

“Normal aging physiology and pharmacokinetics”

Metropolitan State University, College of Nursing and Health Sciences, ELMSN program, Pharmacology course, October 10, 2017

“A perfect biosocial storm: An epidemic of XDR-TB and HIV in South Africa

Century College, MANE program, Global Health course, September, 15, 2017

“TBI: A step on the path to homelessness?”

American Association of Critical Care Nurses-Greater Twin Cities Chapter Annual Conference, November 7, 2013

“Change your brain: Put on your ballet slippers”

St. Paul City Ballet, July 26, 2011

“Holistic Geriatric Care”

Fairview Redwing Hospital, February 2011

“Critical Evidence-Based Geriatric Clinical Knowledge: What nurses must know to provide safe and effective care to elders”

Metropolitan State University, College of Nursing and Health Sciences, Alumni Event, November 11, 2011

“P450 enzymes and Pharmacogenomics: Critical knowledge for prescribers”
Community University Health Care Clinic, October 27, 2010

“Evidence-based Geriatric Pharmacology”
Maplewood Care Center, October 2010

“Senior care on the East-side: Are we ready?”
East-side Senior Collaborative, invited panel presentation, November 2009

“Culture change in an assisted-living facility: Post-test data and evaluation”
The Homestead at Maplewood, March, 2009

“Change your brain: Put on your dancing shoes”
Invited presentation, St. Paul City Ballet, Jan 2009, Feb 2009

“The demise of the dinosaur: Culture change in long-term care”
The Homestead at Maplewood, October 2008

“Change your brain, put on your dancing shoes: The role of creative activities and exercise in elder health”
The Homestead at Maplewood, October, 2008

“Geriatric pharmacology: Case studies”
The Homestead at Maplewood, July 2008

“Culture change at the Homestead: Pre-test data”
The Homestead at Maplewood, June 2008

“Bathing research”
Maplewood Care Center, February, 2008

“There is no such thing as ‘just a nursing home nurse’: The emerging role of the gerontological nurse in the long-term care setting”
Maplewood Care Center, nursing staff meeting, November, 2007

“Constipation: A review of the evidence”
Metro/VOA Center for Healing, Maplewood Care Center, November, 2007

“Advance directives: Helping patients and families make difficult decisions”
The Homestead at Maplewood, July, 2007

“Essentials of geriatric pain management”
Episcopal Church Home, April 2007

“Gerontology for the Universal Health Care Worker”
Anoka Ramsey Community College, Universal Health Care Worker Program, 2007

“Dance Medicine Education Series: Foot and ankle injuries”
St. Paul City Ballet, 2006

“Pedagogies of engagement: Using case-study methodology to improve nursing education”
Metropolitan State University, 2006

“Advanced nursing assessment skills: The new LTC admit”
Ramsey Nursing Home, 2006 co-presented with Susan Schoenecker, MSN, RN, CNP

“ Advance directives: Getting started”

Homestead of Maplewood, 2006

“ The future of Advanced Practice Nursing regulation”

Health Partners, 2006

“ Improving pain control for cognitively impaired elders”

Episcopal Church Home, 2006

“The evidence-based case for additional geriatric content in nursing curriculum”

Metropolitan State University, 2005

“Geriatric Syndromes”

Twin City Linnea Home, 2005; Episcopal Church Home, 2005; Ramsey Nursing Home, 2006, The Homestead at Maplewood and Maplewood Care Center, 2006

“Geriatric Pharmacology”

Twin City Linnea Home, 2005; Episcopal Church Home, 2005, The Homestead at Maplewood and Maplewood Care Center, 2006

“Dementia, Depression, Delirium”

Twin City Linnea Home, 2004; Episcopal Church Home, 2005

“Geriatric Assessment”

Twin City Linnea Home, 2004; Episcopal Church Home 2005; Ramsey Nursing Home, 2006

“Assessing Behavior Changes in the Elderly: Focus on Delirium”

Episcopal Church Home, 2000; Bethel Care Center, 2001; Twin City Linnea Home, 2002

“Delirium in Hospitalized Elders”

Abbott Northwestern Hospital, 1997; North Memorial Continuing Education, 1998

Local:

“Liberation in the classroom, exam room, laboratory, boardroom, or squad car: Teaching an interprofessional racial equity framework”

Spring Faculty Conference, Center for Faculty Development, Metropolitan State University, Feb. 17, 2018

“Moving beyond the 3 “E’s”: ethnocentrism, essentialism, and exceptionalism: A case-based approach”

Spring Faculty Conference, Center for Faculty Development, Metropolitan State University, Feb 20, 2016

“Changez votre cerveau, mettez-vous des chaussures de danse”

Alliance Francaise Minneapolis, 2013

“Mind, Brain, and Education Science: Fad, Fraud, or the Future?”

Spring Faculty Conference, Center for Teaching and Learning, Metropolitan State University, 2013

“Living our mission: Modeling and Role-modeling in the East-Side Community”

Baobab Conference, Metropolitan State University, Oct. 22, 2011

“Beating burnout: Self-care strategies for faculty and staff”

Fall Faculty Conference, Center for Teaching and Learning, Metropolitan State University, 2011
Co-presented with Suzanne Narayan, PhD, RN and Ellen Schultz, PhD, RN

“Intimate Debate: A pedagogy of engagement”

Spring Faculty Conference, Center for Teaching and Learning, Metropolitan State University, 2007

Consulting:

University of Rwanda, Kigali, Rwanda (2016-2017)

Consultant/advisor for two medical students completing social medicine projects

Abraham Engineering, Toronto, Canada/ Lyon, France: (2013-2014)

Domain expert for software engineering firm developing products for use in aging populations internationally

Reviewer, Nursing/Medical Case Studies

National Center for Case Study Teaching in Science, State University of New York, University at Buffalo (2006- 2012)

The Homestead at Maplewood and Maplewood Care Center , Maplewood, MN (2009-2013)

St. Francis Hospital, Memphis, TN (August 2009- April 2011)

Conference planning:

Transitions to Practice NP conference, University of Minnesota, February 2008.

Minnesota Nurse Practitioners 2nd Annual Conference, November 2010

AWARDS:

St.Paul-Ramsey Health Careers Scholarship, 1982; Lakewood Presidential Scholarship, 1983; Augsburg Dean’s Scholarship, 1984; Abbott Northwestern Employee Recognition Award,1993,1997; Metropolitan State University Florence Nightingale Award,1994; First place, Evidence-Based Practice Project, Midwest Nursing Research Society, 2009; Faculty Excellence Award, Metropolitan State University, 2009; Center for Excellence in Assisted Living “Promoting Excellence in Assisted Living Person-Centered Care Award”, Washington, D.C., 2009; Metropolitan State University President’s Circle of Engagement, 2010 - 2016; Metropolitan State University 2011 Civic Engagement Award, Metropolitan State University 2012-2013 Teaching Excellence Award, Metropolitan State University 2014-2015 Outstanding Teacher Award.

PROFESSIONAL ASSOCIATIONS:

Sigma Theta Tau, Florence Nightingale Society, Phi Theta Kappa, National Organization for Nurse Practitioner Faculty, National Center for Case Study Teaching in Science, Upper Midwest Geriatric Nursing Education Alliance, Minnesota Nurse Practitioners, MNAPRN Coalition, Social Medicine Consortium, Consortium of Universities for Global Health, Canadian Coalition for Global Health Research.

SERVICE:

Adjunct Faculty/Health Advisor, St. Paul City Ballet, St. Paul, MN (2000- 2011):

Served as adjunct faculty and health advisor to the school. Taught courses to ballet instructors regarding injuries and prevention and taught students about the neurobiology of dance. Examined and treated injured dancers in the studio and during performances.

Nurse Practitioner, DSMA Ethiopian Orthodox Tewahedo Church, Parish Nursing Program, Minneapolis, MN (2008- 2014):

Served as a consultant and provided foot care and vascular assessment services to elders and diabetic parish members.

Board of Directors, Duet Community Clinic, St. Paul, MN (2008- 2010):

Served as a board member for a community clinic that provides free care to underserved, low-income families.

Faculty Champion, Upper Midwest Geriatric Education Alliance, Hartford Center for Geriatric Nursing, University of Minnesota (May 2008- 2014)

Represented Metropolitan State University at the Upper Midwest Geriatric Education Alliance meetings.

MN-APRN Legislative Coalition (June 2010- 2014)

Worked with a team of APRN's to successfully pass legislation in the state legislature regarding licensure and independent practice for APRN's in Minnesota.

Mentor, Congolese Mentor Program, Lutheran Social Services (July 2013- 2016)

Utilized my French language skills and nurse practitioner skills to assist with the resettlement of French-speaking refugees from the Democratic Republic of Congo.

Professional Assessment Committee, St. Paul Public Housing Agency (March 2014- present)

Member of a multidisciplinary committee that evaluates applications for the Congregate Housing Services Program (CHSP) for elderly and disabled residents. This is a federally funded HUD grant program. The committee also reviews plans of service for each resident enrolled in the program. I provide advanced practice nursing consultation to the committee.

Founding member, Social Medicine Consortium Minnesota Chapter (June 2018- present)

The Social Medicine Consortium is a multi-disciplinary, global health movement that is concerned with the social, economic, cultural, political, and historical forces that create the conditions for biological illnesses. There is also a focus on the structural issues, including colonialism, neoliberalism, and exploitative capitalism, that underpin poorly functioning health care systems and gross inequality in access to care.

The consortium recently launched an international "Campaign against Racism". Our chapter's focus is on the relationship between racism, housing, and health. I am the point person for our partnership with the Minnesota Department of Health Healthy Minnesota Partnership "Developing an Expanded Narrative on Housing and Health" project.

On-going Study:

Introduction to Global Health

School of Global Health, University of Copenhagen, Denmark; Fall 2013

Introduction to Genetics and Evolution

Department of Biology, Duke University; Spring 2014

Global Health: A biosocial perspective

School of Medical Anthropology and Global Health, Harvard; Spring 2014

Genomics and personalized medicine

School of Medicine, UCSF; Summer 2014

Human Behavioral Genetics

Department of Psychology, University of Minnesota; Summer 2014

Ressources naturelles et développement durable (Natural Resources and Sustainable Development)

Université Catholique de Louvain, Belgium, Summer 2014

Bacterial and Chronic Infections

Costerton Biofilm Centre, University of Copenhagen, Summer 2015

Introduction to Immigrant and Refugee Health

Department of Medicine, Global Health Program, University of Minnesota, Summer 2017

Public Health in Humanitarian Crises

Johns Hopkins University, Summer 2017

Répondre aux défis de santé en Afrique (Responding to health challenges in Africa)

Université Sorbonne Paris Cité, Paris, France, Summer 2018