

CURRICULUM VITAE

PERSONAL DATA

Nia Jeneé Heard-Garris, M.D., M.Sc.
US Citizen

ADDRESS

225 East Chicago Avenue
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Chicago, IL 60611
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EDUCATION

2007 Spelman College, B.S.
2011 Howard University College of Medicine, M.D.
2016 University of Michigan, MSc.

POSTDOCTORAL TRAINING

2013 Resident Fellow Health Policy Course
2014 Global Child Health Certificate
2014 Children's National Medical Center, Primary Care track
2016 Robert Wood Johnson Clinical Scholars Program

ACADEMIC APPOINTMENTS

2015-2017 Clinical Lecturer, Department of Pediatrics and Communicable Diseases,
University of Michigan Medical School, Ann Arbor, MI

2017- Instructor of Pediatrics, Academic General Pediatrics and Primary Care,
Northwestern University Feinberg School of Medicine, Chicago, IL

CLINICAL APPOINTMENTS

2014-2015 Staff Physician, Community Clinic Incorporated, Takoma Park, MD

2015-2017 Staff Physician, University of Michigan Medical School, Ypsilanti Health Center,
Ypsilanti, MI

2017- Attending Physician, Lurie Children's Pediatrics- Uptown Clinic, Chicago, IL

SCIENTIFIC ACTIVITIES

2015-2017 Research Fellow, Department of Internal Medicine, Division of General
Medicine, University of Michigan Medical School, Ann Arbor, MI

Dec 2016 Academic Pediatric Association reviewer for 2017 Regional V Conference

POLICY ACTIVITIES

May-Jun 2016 American Academy of Pediatrics, Department of Federal Affairs, Intern,
Washington, DC

July- Aug 2016 Office of Assistant Secretary for Preparedness and Response,
Health and Human Services, Fellow, Washington, DC

CERTIFICATION AND LICENSURE

Certification

2014 BLS for healthcare providers
2015 American Board of Pediatrics (#113414)
2016 Lean Healthcare Course

Licensure

2017 State of Illinois (No: 036144034; exp: 07/31/2020)

DEA and CDS

2017 State of Illinois DEA (#FH4690699; exp: 10/31/17)
2017 State of Illinois CDS (No: 336.105428; exp: 07/31/2020)

HONORS AND AWARDS

2007 Beta Kappa Chi, Spelman College
2008-2010 Howard University College of Medicine Hubert Humphrey Scholarship
2009 Pediatric Interest Association Outstanding Service & Leadership Award
2009 Benjamin A. Carr Scholarship
2010 Billie Wright Adams Scholarship for Pediatric Trainees & Medical Students
2012 Children's National Medical Center Research Week Symposium First Place
Poster in the category of Quality Improvement
2016 NIH/NMA Fellow, Award to Attend Career Development in Academic Medicine
2016 Trong D. Nguyen Award, Recognizing exceptional student leadership in public
health
2017 National Finalist, White House Fellows Program

MEMBERSHIPS AND OFFICES IN PROFESSIONAL SOCIETIES

2009- American Academy of Pediatrics (AAP), member
2010- National Medical Association, member
2016- AcademyHealth, member
2016- American Public Health Association, member
2016- Academic Pediatric Association, member
2017- National Diversity Scholars Network at the National Center for Institutional
Diversity (NCID) at the University of Michigan

COMMITTEE AND ADMINISTRATIVE SERVICE

National

2016- March of Dimes National Health Equity Workgroup
2017- AAP, Chair of Provisional Section on Minority Health, Equity, and Inclusion

Robert Wood Johnson Clinical Scholars Fellowship

2016-2017 Institute for Healthcare Policy & Innovation Education & Training Workgroup

Medical School

2008-2011 Chair of Attending and Student Recruitment, New Freedmen's Clinic

2010-2011 Student Advisory Board for LCME site visit

Residency

2011-2012 Co-chair of Resident Recruitment and Applicant Coordinator

Community Service

2011 AAP Advocacy Day, American Academy of Pediatrics

2013 Adolescent Health Advocacy Day, American Academy of Pediatrics

2015 School Supply Drive, National Medical Association

TEACHING AND MENTORING ACTIVITIES

2001-2003 Math Coach, NTA/UC Summer Enrichment Program

2009-2010 Mentor, Horton's Kids

SCIENTIFIC PRESENTATIONS

"Thriving despite Adverse Childhood Experiences", oral presentation and poster presentation, Black Psychiatrists of America Transcultural Conference, Nassau, Bahamas, November 10-14, 2016.

"Thriving despite Adverse Childhood Experiences", first plenary speaker, Robert Wood Johnson Clinical Scholars Annual meeting, Atlanta, Georgia, November 15-17, 2016.

"Race, Racial Socialization, and Resilience", oral presentation. Undergraduate Research Opportunities Program, Ann Arbor, Michigan, January 25, 2017.

"Transmitting Trauma: A Systematic Review of Vicarious Racism and Child Health", poster presentation. Student National Medical Association: SNMA Annual Medical Education Conference, Atlanta, Georgia, April 12th, 2017- April 16th, 2017.

OTHER INVITED PRESENTATIONS

"In Sickness and in Wealth", panel presentation for the Patient and family Centered Care Group. Michigan Medicine (University of Michigan), Ann Arbor, Michigan, February 24, 2017.

New England Journal of Medicine Journal Watch 2016 Year in Review. Racial Disparities in

End-of-Life Care. Invited Expert at the NEJM Group Open Forum. February 22-March 1, 2017.

“Unmaking Racism in Health: What is My Role?” 30th Annual Health Equity Conference. Invited Speaker at University of Michigan School of Public Health, Ann Arbor, Michigan, April 7, 2017.

MEDIA APPEARANCES

“How kids feel racism through the media, and why it’s our job to help them understand”. Interview by Cynthia Canty on Stateside. Michigan Radio (NPR affiliate). August 29, 2016.

ANNOTATED BIBLIOGRAPHY

Peer-Reviewed Publications

1. **Heard-Garris, N.**, Arora, S., Lurie, N. Building Physician Networks as Part of the Zika Response. *Disaster Medicine and Public Health Preparedness*. 2017 Apr; 11(2):259-261. doi: 10.1017/dmp.2017.24. (Role: Co-developed physician network concept. Conducted literature review, manuscript preparation, editing, and review).
2. **Heard-Garris, N.**, Roche, J., Carter, P.M., Abir, M., Walton, M., Zimmerman, M., Cunningham, R. Voices from Flint: Community Perceptions of the Flint Water Crisis. *Journal of Urban Health*. 2017 Apr 13. doi: 10.1007/s11524-017-0152-3. (Role: Manuscript preparation, editing, and review)
3. **Heard-Garris, N.J.**, Cale, M., Camaj, L., Hamati, M.C., Dominguez, T.P. Transmitting Trauma: A Systematic Review of Vicarious Racism and Child Health. *Social Science and Medicine*. 2017 Apr 26. pii: S0277-9536(17)30241-1. doi:10.1016/j.socscimed.2017.04.018. (Role: Developed systematic review focus, led systematic literature search, manuscript preparation, editing, and review)
4. Shireen M. Atabaki, MD, MPH, James M. Chamberlain, MD, Kathleen Brown, MD, Samira Shahzeidi, BS, **Nia J. Heard-Garris, MD**, Meghan B. Chamberlain, Robert M. Grell, BS, Brian R. Jacobs, MD. Quality Improvement in Pediatric Head Trauma with PECARN Rule Implementation as Computerized Decision Support. *In Press at Pediatric Quality and Safety*. (Role: Data Acquisition)

Non-Peer-Reviewed Publications

1. **Heard-Garris, N.** “Specialty Spotlight: Pediatric Emergency Medicine.” *American Academy of Pediatrics Medical Student News*. 2010 March.
2. **Heard-Garris, N.** “The New Health Care Bill: A Student’s Perspective.” *American Academy of Pediatrics Medical Student News*. 2010 June.
3. **Heard-Garris, N.** "Protecting Our Children After The Wounds Of Racism Divide Us Even More". *The Conversation*. Web. 20 Jul. 2016.
<https://theconversation.com/protecting-our-children-after-the-wounds-of-racism-divide->

[us-even-more-62471](#)

4. **Heard-Garris, N.** & Erkoboni, D. "To Honor Dr. King, Pediatricians offer four tips to teach kindness and tolerance to kids". *The Conversation*. Web. 13 Jan. 2017.

<https://theconversation.com/to-honor-dr-king-pediatricians-offer-four-tips-to-teach-kindness-to-kids-70620>.

5. **Heard-Garris, N.** "Lest we forget: Children are watching this racism, violence, and our reactions". *The Conversation*. Web 14 Aug 2017. <https://theconversation.com/lest-we-forget-children-are-watching-this-racism-violence-and-our-reactions-82482>

Articles Submitted for Publication

1. **Heard-Garris, N.**, Davis, M, Szilagyi, Kan, K. Adverse Childhood Experiences, and Childhood Resilience: Individual, Family, and Community-level Factors. *Under Review*. (Role: Developed study concept, study design, conducted literature review, manuscript preparation, editing, and review)

2. Anderson, A., Luartz, L., **Heard-Garris, N.**, Zhang, Z., Widaman, K., Chung, P. The Detrimental Influence of Racial Discrimination on Child Health in the United States. *Under Review*. (Role: Conducted literature review, manuscript preparation, editing, and review)

Manuscripts in Preparation

1. **Nia Heard-Garris, MD, MSc**, Linda Camaj, Mario Cale, Tyan Parker Dominguez, PhD, MPH, MSW , Alex Miller, Arrice Bryant, Fleda Mask Jackson, PhD, Matthew M. Davis, MD, MPP. Hands Up Don't Shoot: youth experiences of vicarious racism and health. *Submitting Abstract to Ethnicity and Disease for the Call for Papers*. (Role: Principal Investigator, developed study concept and study design, conducted literature review, manuscript preparation, editing, and review)

Abstracts

1. Atabaki SM, Chamberlain JM, , Shahzeidi S , Brown K, Grell, **Heard-Garris N**, Jacobs B. Reduction of Cranial Computed Tomography for Pediatric Blunt Head Trauma through Implementation of Computerized Provider Order Entry Order Sets. *Abstract accepted at: 9th Annual World Congress on Brain Injury International Brain Injury Association; 2012 March 21-25; Edinburgh, Scotland*. (Role: Data acquisition, primary lead Dr. Shireen Atabaki)

2. **Heard-Garris, N.**, Davis, M., Szilagyi, M., Kan, K. Thriving Despite Adverse Childhood Experiences: The Role of Mentorship. *Abstract accepted at: Black Psychiatrists of America; 2016 Nov 10-14; Nassau, Bahamas*. (Role: Developed study concept and

design)

3. **Heard-Garris, N.**, Davis, M., Szilagyi, M., Kan, K. Thriving Despite Adverse Childhood Experiences: The Role of Mentorship. *Highest Scoring Abstract, accepted and invited to be the first Plenary Speaker at: Robert Wood Johnson Clinical Scholars Annual Meeting; 2016 Nov 14-17; Atlanta, Georgia.* (Role: Developed Study concept, Developed Study design)

4. **Heard-Garris, N.J.**, Cale, M., Camaj, L., Hamati, M.C., Dominguez, T.P. Hands up, Don't Shoot: Can Police Violence Affect Us All? A Systematic Review of Vicarious Racism and Child Health. *Extended Abstract accepted for full manuscript submission at: Social Science and Medicine Special Issue entitled, The Role of Racism in Health Inequalities: Integrating Approaches from Across Discipline.* (Role: Developed Study concept, Developed Study design)

5. Anderson, A., Luartz, L., **Heard-Garris, N.J.**, Widaman, K. The Detrimental Influence of Racial Discrimination on Child Health in the United States. *Abstract accepted for full manuscript submission at: Health Affairs, Special Issue on Health Equity (June 2017)* (Role: Substantial contributions to interpretation of data, critically revising work)

6. **Heard-Garris, N.**, Camaj, L., Cale, M., Parker Dominguez, T., Miller, A., Bryant, A., Mask Jackson, F., Davis, M. *Submitted Abstract to Ethnicity and Disease for the Call for Papers.* (Role: Principal Investigator, developed study concept and study design, conducted literature review, manuscript preparation, editing, and review)