

# telling it



Arts-based interventions  
for change



**Telling It staff members are committed to ensuring that our youth know that their lives and safety matter. Our virtual programming goals are two-fold:**

**In collaboration with our community stakeholders, local artists and most importantly the youth themselves, our rigorously trained Telling It team supports youth in their communities by co-creating a healing environment in which youth can name their hurts and address barriers to their success.**

**Using the expressive arts, Telling It offers opportunities for youth that**

- practice social emotional skills
- practice soft skills that are essential for effective social interaction
- build cognitive skills
- identify obstacles
- stimulate writing and literacy skills

## Our Sites

### Telling It Parkridge Kids

**Who? Children 8-11 years old**

**When? Mondays 4:00-5:00PM**

**Link: <https://umich.zoom.us/j/99718221068>**

### Telling It Avalon

**Who? Middle School Youth**

**When? Thursdays 4:00-5:00PM**

**Link: <https://umich.zoom.us/j/94839080953>**

### Telling It Parkridge Teens

**Who? Teens 13-19 years old**

**When? Mondays and Thursdays 6:00-7:30PM**

**Monday Link: <https://umich.zoom.us/j/8456157091>**

**Thursday Link: <https://umich.zoom.us/j/8948912267>**

**FOR MORE INFORMATION**

**[www.lsa.umich.edu/tellingit](http://www.lsa.umich.edu/tellingit)**