

Parkridge Community Center SPRING 2023

#### Welcome to the Spring 2023 Telling It Anthology!

After a few years hiatus due to the impact of the pandemic, we spent this past year having a wonderful time getting to know and engage with the 9-11-year-olds. They attend the weekly sessions as part of the Parkridge Community Center's afterschool program.

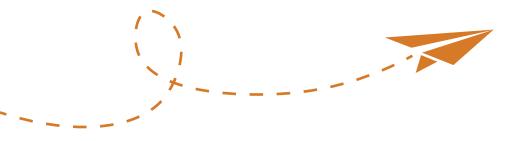
Over the course of this past year, the youth have had opportunities to identify their community networks, consider their personal values and practice de-stressing skills. They learned to cooperate, problem-solve and take responsibility. Most importantly, they had fun, played games, and learned some new arts-based skills.

The mission of Telling It is to enhance social emotional learning and support the well-being of young people using a blend of expressive arts and social work methods. All of this is made possible with funding from Washtenaw County Sheriff's Office, Jerry L. Clayton, Sheriff, and the support of the staff of Parkridge Community Center, specifically Loviesa Brown, Mia Lanier-Durkins and Anthony Williamson.

We hope you enjoy this anthology. Each page reflects the imagination and character of the youth. It was truly a pleasure to get to know them.

With all good wishes,

Deb Gordon-Gurfinkel, Founding Director Morgain MacDonald, Team Leader







Quilt Of Me: Telling It youth made identity "quilts" out of colorful paper, writing, and drawings to represent different aspects of themselves and their story.



Telling It youth had to sneak past the aliens of Parkridge Community Center, crash landing on Planet Playground where they encountered different alien monsters. They then wrote about their adventures.

AN ALIN'S World Side The allin's world is a place and Looks a bit strange it also have all sorts op a bit stay is once in inventions and theil is pasin glass we taken to dilut plan on the floor and also has glass we taken to dilut plan ALIN'S form the milky less report to pase the taken to the dilut plan into a dispert to pase the taken to reput to ALIN'S P oduction Flom area 57 PS that you've Never seen

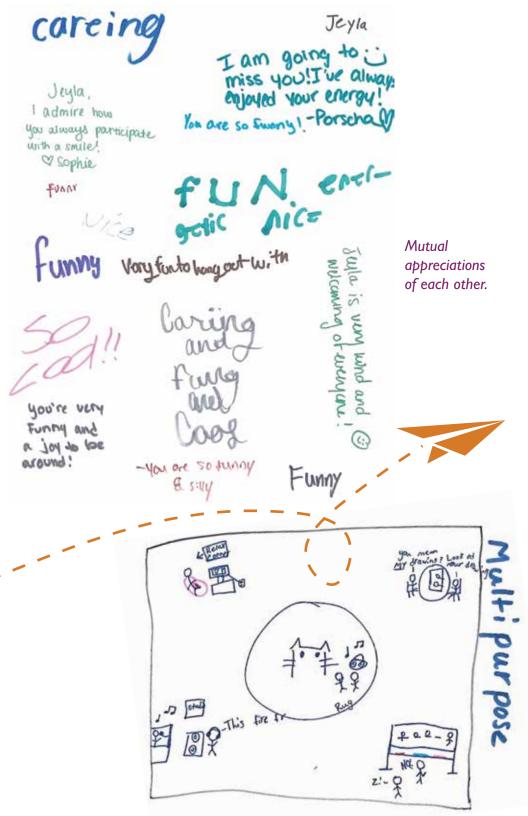
By Jasmyne and Taw



Just Friends Dance Bye Family ME Scott Haha Kitty Lenhold for Confused How we experience !!!mad!!! emotions in our bodies.

# ya Angelou

## JAYLA













#### **Birthday**

By La'najah Inspired by a red phone and a bowling pin

I was calling my friends Jessica, Alyssa, Naomi, Margot and Rachel on my red phone to make a plan to go bowling so that we could have a fun time. It was for my birthday – I was turning 10 years old. On the way there, we sang a song: Smokey sky, bird flying high Funny home Big winning, big bang, big wave Arcade, get cake Loving myself.

Anxious

Hunnligted

TUNLING

Joy fu

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Funding

Lunoyed

upset

# LA'NAJAH







#### Emotions - Lonely, Sad and Heart Broken

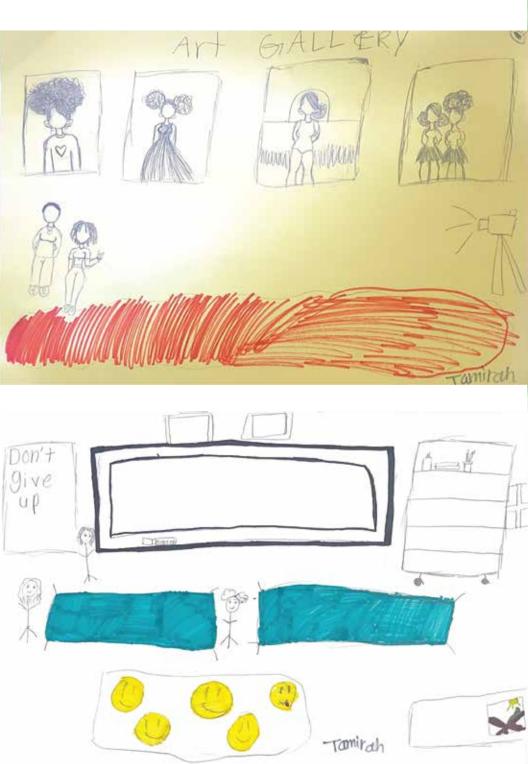
By Phoenix

I hate this feeling because It is hard on the inside and out! Sometimes you can feel it anywhere and Any place On your face, you can feel it.

### PHOENIX

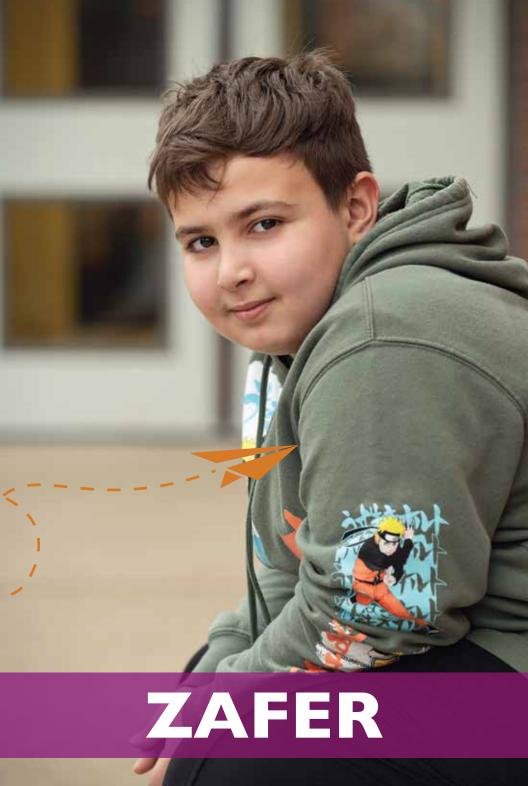


#### My Ideal Community Center













#### THE TELLING IT TEAM

**Team Leader** Morgain MacDonald

Lead Social Worker Kelly Kundrat

**Team Member** Shante Lewis

U-M MSW Intern Katie Kici

**EMU BSW Interns** Porscha Dailey Decarry Seay Lakesha Williams

**U-M Student Interns** Wisdom Andino Sophie Dara Sara Huang Peace Odiase Rachel Vesey **Funding & Support** Washtenaw Co. Sheriff's Office-Jerry L. Clayton, Sheriff

**Anthology Credits** Karly Gibson, Graphic Design Leisa Thompson, Photography

#### For More Information

Deb Gordon-Gurfinkel Telling It Founding Director 734-649-3118 www.lsa.umich.edu/tellingit

