

# DEVELOPMENT, PSYCHOPATHOLOGY, AND MENTAL HEALTH

This Curriculum Guide **is not** a major or minor plan; it is a list of recommended courses for students interested in the development and mental health of children, adolescents and adults, and includes areas such as developmental psychology, clinical psychology, social work, human development and family studies.

**Note on Pre-requisites:** Many of these courses have pre-requisites. Please refer to the current LSA Course Guide for information regarding which courses are required. It is important that pre-requisites are taken early in a student's academic career so that they will be completed in time to take the desired course.

**All of the Psychology courses below are included in the Psychology major plan. Courses in italics are also included in the Biopsychology, Cognition and Neuroscience major plan.** To determine which requirement a course fulfills, view the major worksheets at [www.myumi.ch/6OvRe](http://www.myumi.ch/6OvRe).

## BREADTH/GATEWAY COURSES

These courses are recommended to be taken early in the student's major plan as they serve as prerequisites to many upper division courses.

- *PSYCH 250 Intro to Developmental Psychology*
- *PSYCH 270 Intro to Psychopathology*

## LAB/RESEARCH COURSES

The following courses may be used to satisfy a major lab requirement.

- PSYCH 307 Directed Experiences with Children
- PSYCH 317 Community Based Research
- PSYCH 319 Empowering Families and Communities
- PSYCH 351 Advanced Laboratory in Developmental Psychology
- PSYCH 371 Advanced Laboratory in Psychopathology
- PSYCH 383 Intro to Survey Research I

## UPPER LEVEL ELECTIVES/ADVANCED COURSES

Students are advised to take as many upper-division courses as possible to fulfill the major credit hours. Most students wishing to specialize in this area are advised to take more than the minimum 32 credits required.

**\*\*Courses in this section not in italics may be used to satisfy the BCN cognate requirement.\*\***

- PSYCH 316 The World of the Black Child
- *PSYCH 330 Topics in Biopsychology*
- *PSYCH 336 Drugs of Abuse, Brain and Behavior*
- *PSYCH 345 Intro to Human Neuropsychology*
- PSYCH 353 Social Development
- *PSYCH 355 Cognitive Development*
- *PSYCH 358 Psychology of Adolescence*
- PSYCH 373 Child and Adolescent Psychopathology
- PSYCH 401 Special Problems in Psychology as a Social Science
- *PSYCH 431 Advanced Topics in Behavioral Neuroscience*
- *PSYCH 433 Advanced Topics in Neuroscience*
- PSYCH 457 Current Topics in Developmental Psychology
- PSYCH 474 Intro to Behavior Therapy
- PSYCH 477 Current Topics in Clinical Psychology
- PSYCH 478 Clinical Psychology
- PSYCH 488 Sociological Analysis of Deviant Behavior
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## INTERDISCIPLINARY COURSES - NOT INCLUDED IN PSYCH/BCN MAJOR PLAN

These courses, found across the university, are recommended to give students a broad, interdisciplinary background in the area of development, psychopathology, and mental health. Students should consider how these courses may be used to satisfy other degree requirements (e.g. Area Distribution credit, Race and Ethnicity, Quantitative Reasoning, and Upper Level Writing Requirements).

- AAS 458 Issues in Black World Studies - Race, Gender, and Mental Health 19thC
- ALA 250 Topics in Critical Issues - Critical Issues in Mental Health
- ANTHRCUL 356 Topics in Sociocultural Anthropology - The Anthropology of Mental Health
- AMCULT 205 American Cultures
- AMCULT 304 American Immigration
- AMCULT 405 Topics in American Culture - Culture and Mental Health in Psychology
- ANTHRCUL 325 Childbirth & Culture
- ANTHRCUL 347/ AAS 420 Race and Ethnicity
- ENGLISH 316 Disability Studies - Disability and Neurodiversity
- \*MOVESCI 423 Sensorimotor Development
- \*MOVESCI 424 Human Movement & Aging: Changes in Sensorimotor Control
- \*MOVESCI 425 Motor Behavior and Developmental Disabilities
- SOC 302: Health and Society: An Introduction to Sociology
- SOC 344 Sociology of Families
- SOC 430 World Population Dynamics
- SOC 435 Urban Inequality and Conflict
- SOC 447 Sociology of Gender
- SOC 458 Sociology of Education
- SOC 467 Juvenile Delinquency
- SOC 477 Sociology of Aging
- WOMENSTD 220 Perspectives in Women's Health
- WOMENSTD 300 Men's Health
- WOMENSTD 313 Special Topics in Gender and the Humanities - Gender and Health in Literature
- WOMENSTD 331 Feminist Theoretical Perspectives in Gender and Health
- WOMENSTD 350 Nonprofit Management, Community Engagement, and Feminist Practice
- WOMENSTD 351 Leading Feminism

\*Courses not offered through the college of Literature, Science and Arts (LS&A). These courses may have special restrictions and students may need to contact the department or instructor about requirements to elect the course.

## CO-CURRICULAR GUIDE

NOT AN EXHAUSTIVE LIST

- **A Lot Stronger Together** - <https://alstogether.com/>
- **Active Minds at the University of Michigan** - <http://www.law.umich.edu/journalsandorgs/Pages/ActiveMinds.aspx>
- **Adaptive Gymnastics** - <https://www.facebook.com/AdaptiveGymnastics/>
- **Autism Society Michigan at the University of Michigan** - <https://autismnow.org/local/autism-society-of-michigan/>
- **Best Buddies** - <https://www.bestbuddies.org/michigan/>
- **Birthing Project USA - UM Chapter** - <https://www.birthingprojectusa.org/index.html>
- **Books for a Benefit** - <http://booksforabenefit.org/>
- **Call for Humanity** - <https://maizepages.umich.edu/organization/callforhumanity>
- **Changing Health, Attitudes, and Actions to Recreate Girl** - <https://chaarg.com/about/>
- **Circle K at the University of Michigan** - <https://mccirclek.org/ck/>
- **Companions Through the Ages** - <https://www.facebook.com/companionsthroughtheages/>
- **Days for Girls- Ann Arbor Team** - <https://www.daysforgirls.org/dfg-our-approach>
- **Do Random Acts of Kindness** - <http://dorak.weebly.com/>

# CO-CURRICULAR GUIDE CONT'D

- **Dream Corps International at the University of Michigan** - <https://www.facebook.com/DreamCorpsUM/>
- **Fighting Obstacles Knowing Ultimate Success** - <https://www.guidestar.org/profile/20-3150641>
- **Fleece and Thank You at the University of Michigan** - <https://fleeceandthankyou.org/?v=7516fd43adaa>
- **Girl Up Michigan** - <https://girlup.wixsite.com/umich>
- **Goodness Day** - <http://dorak.weebly.com/goodness-day.html>
- **Heal-Move-Shift** - <http://www.healmoveshift.org/>
- **Human Rights Advocates** - <https://maizepages.umich.edu/organization/hra>
- **K-Grams (Kids' Programs)** - <http://umich.edu/~smile/#/>
- **Kids' Kitchen** - <https://maizepages.umich.edu/organization/kidskitchen>
- **March of Dimes** - <https://www.marchforbabies.org/>
- **Mentality Magazine** - <http://www.mentalitymagazine.org/>
- **Michigan GIVERs** - <https://www.facebook.com/MichiganGIVERs/>
- **Michigan Students Active Against ALS** - <https://www.facebook.com/michiganstudentsactiveagainstals/>
- **Michigan Students for Disability Awareness** - <https://www.facebook.com/MichiganDisabilityAwareness/>
- **Michigan UMTTR** - <https://www.facebook.com/MichiganUMTTR/>
- **MiHealth** - <https://medicine.umich.edu/medschool/student-groups/mihealth>
- **Mind Matters Mental Health Magazine** - <https://maizepages.umich.edu/organization/mindmatters>
- **New Movement** - <https://www.facebook.com/newmovementumich>
- **North Star Reach Student Volunteers** - <https://www.northstarreach.org/>
- **One Love at Michigan** - <https://maizepages.umich.edu/organization/onelove>
- **Opportunities to Educate Children** - <https://www.oec.studentorgs.umich.edu/>
- **Out of the Darkness at the University of Michigan** - <https://www.oec.studentorgs.umich.edu/>
- **Pets Are Wonderful Support of Ann Arbor** - <https://pawsofannarbormi.wordpress.com/>
- **Project Flavor** - <https://maizepages.umich.edu/organization/projectflavor>
- **Project Harmony** - <https://www.facebook.com/projectharmony/>
- **PULSE** - <https://www.uhs.umich.edu/pulse>
- **SafeMD** - <https://maizepages.umich.edu/organization/safemd>
- **SAPAC: Peer Led Support Group** - <https://sapac.umich.edu/article/174>
- **SAPAC: Bystander Intervention and Community Engagement** - <https://sapac.umich.edu/article/22>
- **SAPAC: Consent, Outreach, and Relationship Education (CORE)** - <https://sapac.umich.edu/article/17>
- **SAPAC: Survivor Empowerment and Ally Support** - <https://sapac.umich.edu/article/29>
- **Sexual and Gender Diversity in Public Health** - <https://maizepages.umich.edu/organization/sgdph>
- **Smile 4 Kids** - <https://maizepages.umich.edu/organization/smile4kidsumich>
- **Sorority and Fraternity Life: Peer Led Support Group** - <https://sapac.umich.edu/article/sorority-and-fraternity-life-peer-led-support>
- **StoryTeller** - <https://maizepages.umich.edu/organization/StoryTeller>
- **Students for Mental Health** - <https://maizepages.umich.edu/smh>
- **Students for Recovery** - <https://maizepages.umich.edu/organization/studentsforrecovery>
- **Students for Sunrise** - <https://maizepages.umich.edu/organization/studentsforsunrise>
- **The Dot Org** - <https://studentvoices.bli.lsa.umich.edu/2017/12/17/the-dot-org-go-with-the-flow-stop-menstrual-stigmas/>
- **The Engage Initiative** - <http://engaged.umich.edu>
- **The Pearl Project** - <https://pearlproject.ca/>
- **University Students Against Rape** - <http://tbtnannarobr.org/>
- **Wolverine Support Network** - <https://maizepages.umich.edu/organization/wsn>