

**University of Michigan - Department of Psychology**

**Psychology Major Worksheet**

Effective 9/6/2016

- Students may declare the Psychology major once they have passed an Introductory Psychology course (with a "C" or better), Statistics 250 or 280 (with a "C-" or better), and complete an online Orientation. The combined GPA of these two courses must be a 2.0 or higher.
- Some courses that are graded "credit/no credit" may be used to satisfy the categorical requirement for a laboratory course, but do not count toward the 32 credits needed to complete the Psychology major.
- Note that all courses, including pre-requisites, must be taken for a letter grade (with the exception of selected non-graded experiential labs).
- Psychology majors are urged to consult with an advisor within the Department at least once per year to review their progress toward the major requirements.

<b>PRE-REQUISITES TO DECLARE THE MAJOR</b>					Typically Taught	# of Seats	Grade	Credits UM-AA	MHP
<p>Note: Credits from pre-requisites do not count toward the 32 required major credits. Courses shown below where the "Credits" column is shaded cannot be applied toward the 32 major credit minimum.</p>									
<input type="checkbox"/> <b>Complete one Introductory Psychology Course (with a "C" or better):</b>									
AP credit for Psych 111 (score 4 or 5 on AP Psych exam)									
111 (Introduction to Psychology)									
112 (Introduction to Psychology as a Natural Science)									
114 (Honors Introduction to Psychology)									
115 (Honors Introduction to Psychology as a Natural Science)									
<input type="checkbox"/> <b>Complete one Statistics Course (with a "C-" or better):</b> AP credit for Stats 180 will <i>not</i> fulfill the Stats pre-req. Students with Stats 180 credit may take Stats 250 at UM to fulfill this requirement (but will lose their Stats 180 credit), or take Stats 280 at UM (without losing Stats 180 credit)									
Stats 250 (Introduction to Statistics and Data Analysis)									
Stats 280 (Honors Introduction to Statistics and Data Analysis)									

<b>MAJOR REQUIREMENTS: 32 Credits Needed</b>					Typically Taught	# of Seats	Grade	Credits UM-AA	MHP
<input type="checkbox"/> <b>Complete three Breadth Group Courses:</b> Note: One course from each of the following three breadth groups must be completed; additional breadth courses can not fulfill any other major requirements.									
<b>Biopsychology/Cognitive Breadth Group</b>									
220 (Introduction to Biopsychology, for Non-BCN or Non-Neuroscience Majors)									
240 (Introduction to Cognitive Psychology)									
<b>Developmental/Psychopathology Breadth Group</b>									
250 (Introduction to Developmental Psychology)									
270 (Introduction to Psychopathology)									
<b>Social/Personality/Gender Breadth Group</b>									
280 (Introduction to Social Psychology)									
290 (Introduction to Personality Psychology)									
291 (Introduction to the Psychology of Women and Gender)									
<input type="checkbox"/> <b>Psychology Lab Requirement</b> The lab requirement must be met in one of the following three ways for a minimum of 6 credits. Each course must be taken for at least 3 credits in a single term.									
<ul style="list-style-type: none"> <li>■ Option 1: One course from A (Methods Based Labs) AND one course from B (Experiential Based Labs)</li> <li>■ Option 2: Two courses from A (Methods Based Labs)</li> <li>■ Option 3: Honors Thesis, Senior Thesis, or Advanced Research. Students must have their plan approved by a major advisor. See below for details.</li> </ul>									
<b>A – Methods-Based Labs</b>									
302 (Research Methods in Cognitive Neuroscience)									
303 (Research Methods in Psychology)									
331 (Research Methods in Brain, Behavior, and Cognitive Science)									
341 (Advanced Laboratory in Cognitive Psychology)									
351 (Advanced Laboratory in Developmental Psychology)									
361 (Advanced Laboratory in Organizational Psychology)									
371 (Advanced Laboratory in Psychopathology)									
381/SOC 472 (Advanced Laboratory in Social Psychology)									
383 (Introduction to Survey Research I)									
391 (Advanced Laboratory in Personality)									
422 (Faculty Directed Advanced Research/Natural Science)									
423 (Faculty Directed Advanced Research/Upper Level Writing if taken for 3+ credits)									
451 (Advanced Research in Adolescent Psychology)									

**B – Experiential Labs** (a total of 6 credits of experiential lab credit can be used towards the major credits)

Service Learning/Community Based Courses:	Typically Taught	# of Seats	Grade	Credits UM-AA	MHP
211 (Project Outreach)				3	
304 (Michigan Mentorship)				2 - 4	
305 (Practicum in Psychology)				1 - 4	
306 (Project Outreach Group Leading)				3	
307 (Practicum in Child Development and Care)				3	
308 (Peer Advising Practicum in Psychology)				3	
310/SOC 320 (Processes of Intergroup Dialogue Facilitation)				3	
311 (Practicum in Facilitating Intergroup Dialogues)				3	
324/SOC 324/UC 324 (Advanced Practicum in Intergroup Relations)				1 - 4	
325/AMCULT 321 (Detroit Initiative)				1 - 4	
404 (Field Practicum)*				C/NC	
405 (Field Practicum in a University Setting)*				C/NC	
485/WMST 485 (Gender, Mentoring, and Technology)				3	

**Research-Based Courses:**

226 (Undergraduate Research in Psychology- UROP)				1-4	
322 (Field Practicum in Research Techniques/Natural Science)*				C/NC	
326 (Faculty Directed Early Research for Psychology as a Natural Science)				1 - 4	
422 (Faculty Directed Advanced Research/Natural Science)				1 - 6	
423 (Faculty Directed Advanced Research/Upper Level Writing if taken for 3+ credits)				1 - 6	

\*Experiential based labs that are graded Credit/No Credit may fulfill the categorical requirement for this lab, however, the credits do not count toward the 32 major credits. If credit amounts are listed next to the course, the credits may be applied to the 32 major credits.

**Psychology Thesis Options**

**Honors or Senior Thesis Research Sequence** - Honors and Senior Thesis courses are considered to be experiential lab credit. Students may use Psych 424 or first term of 428 as a second/research lab; Students may use Psych 426 or second term of 428 as a methods lab or second lab. Must see an Advisor to determine how these courses will count towards your plan.

424 (Senior Honors Research I/Natural Science)				2 - 4	
426 (Senior Honors Research II/Natural Science/Upper Level Writing)				2 - 4	
428 (Senior Thesis: Research in Psychology as a Natural Science) term I				3	
428 (Senior Thesis: Research in Psychology as a Natural Science/Upper Level Writing) term II				3	

**Psychology Upper Level Elective Requirement**

Students must take at least 4 courses for at least 12 credits. At least 2 courses must be at the 300-level and one course at the 400-level. One off-tier course may be substituted for a 300-level course. Note: 400-level experiential coursework may NOT be the only 400-level course.

**300 Level Courses**


**400 Level Course(s)**


**Psychology Off Tier Course Option**

One course from this list may be substituted for a 300-level upper level elective course.

Psych 225 (Psychology of Human Sexuality)				3	
CogSci 200 (Introduction to Cognitive Science)				4	

**Psychology GPA Requirement**

A student must earn a cumulative grade point average (GPA) of at least 2.0 in all courses taken within the Psychology Department. This includes any course taken in the Department such as pre-requisites, required courses, electives, and off tier courses (courses taken outside of psychology, but used toward the major count, but pre-requisite Stats 250 does not). Transfer courses are not calculated into the GPA unless the grade appears on the official UM transcript.

Major MHP / MSH = GPA

[Once you have declared, your major gpa can be viewed through your LSA Audit Checklist.](#)

## Psychology MAJOR QUICK FACTS

► Get involved in **Research!** If you are planning on attending any type of graduate program, especially within the field of Psychology, you will need research experience. You can do this for research-based lab credit. Please see the Psychology Student Academic Affairs Office for more information or <http://lsa.umich.edu/psych/undergraduates/research.html>

► There are limits to the amount of **graded experiential lab credits** you can apply toward your psych major (6 credits). Consult the LSA bulletin or check with a Psychology advisor about this.

► **Transfer courses** may be applied toward your major, but at least 24 of your total 40 credits (includes pre-requisite and major credits) must be completed in-residence through the University of Michigan's Department of Psychology. Of those 24 credits, at least 12 credits must be in upper level courses (300+, letter graded) in Psychology.

► **Registration Tip:** If courses are closed:

- Watch Wolverine Access for openings and/or waitlists
- Attend first day of class and speak with the GSI or Professor (If class has a discussion section, you must get permission from the GSI to be enrolled in the section, then you will automatically be enrolled in the corresponding lecture.)

► **Middle Digit Trick:** The middle digit of Psychology Department undergraduate courses indicates the area of Psych with which the course is associated:

0, 1, 2=General  
3=Biopsychology  
4=Cognitive  
5=Developmental

6=Organizational  
7=Clinical  
8=Social  
9=Personality

**See an advisor at least once a year to review your progress!**