

CURRICULUM VITAE

Charity S. Watkins, PhD

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DEGREE INFORMATION

Ph.D.	May 2019	School of Social Work, University of North Carolina at Chapel Hill; Dissertation Title: <i>Parenting to Beat the Odds: How Low-Income African American Parents Promote Children's Academic Resilience in Elementary School</i>
M.S.W.	May 2013	School of Social Work, University of North Carolina at Chapel Hill; Concentration: School Social Work
B.A.	May 2007	University of North Carolina at Chapel Hill (Major: Sociology; Minor: Social and Economic Justice)

ACADEMIC APPOINTMENTS

- North Carolina Central University, Durham, NC
 - Assistant Professor (January 2018 – current)
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TEACHING EXPERIENCE

Independent Teaching/ Co-Instruction:

Jan. 2018 – Present	Assistant Professor , Department of Social Work, North Carolina Central University. Courses taught: BSW program—SOCW 3500 Human Behavior and the Social Environment I, SOCW 3600 Human Behavior and the Social Environment II, SOCW 3610 Interventive Methods I. SOCW 3610 Online Interventive Methods I; MSW Program—SOCW 5103 Human Behavior and the Social Environment I, SOCW 5303 Child Welfare, SOCW 5513 Masters Research Project, SOCW 6110 Advanced Standing Transitional Seminar I, SOCW 6120 Advanced Standing Transitional Seminar II
May 2017 – August 2017	Course Instructor , SOWO 492 APPLES Summer Online Seminar in Service Learning, Carolina Center for Public Service and UNC Friday Center, University of North Carolina at Chapel Hill.
Jan. 2017 – May 2017	Course Instructor , SOWO 492 APPLES Spring Internship Seminar in Service Learning, Carolina Center for Public Service and School of Social Work, University of North Carolina at Chapel Hill.

Aug. 2014 – Dec. 2014	<p>Teaching Practicum Co-instructor, SOWO 500 Human Behavior and Social Environment, School of Social Work, University of North Carolina at Chapel Hill. Course Instructor: Kathleen A. Rounds, PhD</p> <ul style="list-style-type: none"> • Co-instructed course material on risk and resilience, genograms and ecomaps, and families of children with intellectual and developmental disabilities • Led class session on middle childhood development and parenting styles (3 hours) • Engaged students in class discussions and activities around issues of diversity and inclusion
<u>Guest Lecturing:</u> January 2017	<p>Guest Lecturer, <i>Family and Student Engagement</i>, EDU 211 Education and Society, School of Education, Elon University. Course Instructor: Dr. Cherrel Miller-Dyce</p>
January 2017	<p>Guest Lecturer, <i>Culture and Education</i>, EDU 211 Education and Society, School of Education, Elon University. Course Instructor: Dr. Cherrel Miller-Dyce</p>
November 2016	<p>Guest Lecturer, <i>Middle Childhood</i>, SOWO 500 Human Behavior and Social Environment, School of Social Work, University of North Carolina at Chapel Hill. Course Instructor: Ronni L. Zuckerman, MSW</p>
October 2016	<p>Guest Lecturer, <i>Institutionalized Racism within Our Education System: No White Child Left Behind</i>, SOWO 530 Social Welfare Policy, School of Social Work, University of North Carolina at Chapel Hill. Course Instructor: Dr. Iris Carlton-LaNey</p>
November 2015	<p>Guest Lecturer, <i>Middle Childhood</i>. SOWO 500 Human Behavior and Social Environment, School of Social Work, University of North Carolina at Chapel Hill. Course Instructor: Ronni L. Zuckerman, MSW</p>
May 2015	<p>Guest Lecturer, <i>Social Change Projects at Elon University: Follow Up</i>, Human Service Studies (HSS) 213 Working with Groups and Communities, Human Service Studies Department, Elon University. Course Instructor: Katie L. Cotter, PhD</p>
April 2015	<p>Guest Lecturer, <i>School Based Support Program: Durham Public Schools</i>, SOWO 850 School Social Work Policy and Practice, School of Social Work, University of North Carolina at Chapel Hill. Course Instructor: Tauchiana Williams</p>
April 2015	<p>Guest Lecturer, <i>Engagement in Social Change: My Experience as a Student Social Justice Advocate</i>, SOWO 501 Confronting Oppression, School of Social Work, University of North Carolina at Chapel Hill. Course Instructor: Natasha K. Bowen, PhD</p>
March 2015	<p>Guest Lecturer, <i>Engaging Campus Communities in Social Change</i>, Human Service Studies (HSS) 213 Working with Groups and Communities, Human</p>

Service Studies Department, Elon University. Course Instructor: Katie L. Cotter, PhD

October 2014

Guest Lecturer, *Middle Childhood*, SOWO 500 Human Behavior and Social Environment, School of Social Work, University of North Carolina at Chapel Hill. Course Instructor: Ronni L. Zuckerman, MSW

Facilitation:

October 2016

Guest Facilitator, Facilitated Discussion on Current Racial Climate, Individual and Structural Racism, Masters of Public Administration, School of Government, University of North Carolina at Chapel Hill.

October 2016

Guest Facilitator, Facilitated Discussion on Police-Involved Shootings, Current Racial Climate, and the Impact of Racism, SOWO 500 Human Behavior and Social Environment, School of Social Work, University of North Carolina at Chapel Hill. Course Instructors: Dr. Michael Lambert, Dr. Cindy Fraga Rizo, Ronnie L. Zuckerman, and Dr. Travis Albritton

PROFESSIONAL/PRACTICE EXPERIENCE

May 2017 – Feb. 2018

School Social Worker, Central Park School for Children, Durham, North Carolina.

Aug. 2015 – May 2017

Research Assistant, Dr. Trenette Clark Goings, School of Social Work, University of North Carolina at Chapel Hill. Paid Research Assistantship

May 2016 – Jul. 2016

Research Assistant, Diversity Committee REI Survey Report, School of Social Work, University of North Carolina at Chapel Hill. Paid Research Assistantship

Apr. 2015 – Aug. 2015

Research Assistant, Merck for Mothers Maternal Mortality Study, School of Social Work, University of North Carolina at Chapel Hill. Paid Research Assistantship

Jul. 2014 – Jul. 2015

Program Assistant, Health Equity and Advocacy, Student Wellness, University of North Carolina at Chapel Hill, Chapel Hill, North Carolina.

Aug. 2014 – May 2015

Research Assistant, Elementary School Success Profile (ESSP) and School Success Profile (SSP), School of Social Work, University of North Carolina at Chapel Hill. Paid Research Assistantship

Jul. 2012 – Jul. 2014

Research Assistant, School Based Support (SBS) Program, School of Social Work, University of North Carolina at Chapel Hill and Durham Public School District. Paid Research Assistantship

May 2013 – Aug. 2013 **Program & Research Assistant**, Admissions, Recruitment and Financial Aid, School of Social Work, University of North Carolina at Chapel Hill, Chapel Hill, North Carolina.

Aug. 2012 – Apr. 2013 **Social Work Intern**, Social Work Practicum II, School Based Support (SBS) Program W.G. Pearson Elementary School, Durham, North Carolina.

Jul. 2012 – Sept. 2012 **Research Assistant**, Carolina for Kibera (CFK) Market Research Project, School of Social Work and Center for Global Initiatives, University of North Carolina at Chapel Hill and Nairobi, Kenya. Paid Research Assistantship.

May 2012 – Jun. 2012 **Research Assistant**, Maternal and Child Health Public Health Social Work Leadership Training Program, School of Public Health and School of Social Work, University of North Carolina at Chapel Hill. Paid Research Assistantship

Aug. 2011 – Apr. 2012 **Research Assistant**, Doctoral Program Review, Social Work Doctoral Program, University of North Carolina at Chapel Hill. Federal Work Study Award

Aug. 2011 – Apr. 2012 **Social Work Intern**, Social Work Practicum I, School Based Mental Health Project-CC Spaulding Elementary School, Durham, North Carolina.

Jun. 2009 – Aug. 2011 **Office Manager**, Lepage Associates Solution-Based Psychological & Psychiatric Services Durham, North Carolina.

Aug. 2010 – Apr. 2011 **Research Assistant**, 3-C Institute for Social Development—Celebrating the Strengths of Black Youth (CSBY) Project. Unpaid Research Assistantship

Aug. 2010 – Sept. 2011 **Project Volunteer**, Strong Couples Strong Children Program, School of Social Work, University of North Carolina at Chapel Hill. Unpaid Research Assistantship

Oct. 2008 – Jun. 2009 **Intensive In-Home Specialist**, Triumph, LLC, Durham, North Carolina.

Oct. 2007 – Oct. 2008 **Residential Treatment Counselor**, Concern of Durham, Inc., Greenhouse Program, Durham, North Carolina.

Apr. 2007 – Oct. 2007 **Direct Support Professional**, Residential Services, Inc., Spring Glen Retirement Community, Chapel Hill, North Carolina.

PROFESSIONAL AFFILIATIONS

- National Association of Social Workers, Sept. 2011 – Sept. 2017
 - North Carolina Triangle Association of Black Social Workers, Feb. 2013 - Present
 - Society of Social Work Research, Jan. 2013 - Present
 - School Social Work Association of America, Jan. 2013 – Present
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SERVICE TO THE COMMUNITY

- Jun. 2017 – Present **Parliamentarian**, National Association of Black Social Workers—Triangle Chapter, Durham, NC.
- Jan. 2017 – Present **Education Committee member**, Durham Committee on the Affairs of Black People, Durham, NC.
- Jun. 2015 – April 2017 **Board Member**, Communities in Schools of Orange County, Chapel Hill, North Carolina.
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HONORS AND AWARDS

- Crystal Eagle Excellence Award for Outstanding Social Work Faculty, March 2019
 - UNC-CH Chancellor’s Degree Advancement Award, August 2018
 - UNC-CH School of Social Work Outstanding Doctoral Student Award, May 2017
 - North Carolina State University’s Building Future Faculty Program, Mar. 2017
 - Frank Porter Graham Honor Society, Apr. 2015
 - Sam and Betsy Reeves Fellowship, Aug. 2013 – May 2017
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PROFESSIONAL PRESENTATIONS

- Watkins, C.S.** (2019, April). “Parenting to Beat the Odds: How Low-Income African American Parents Promote Children’s Academic Resilience. Juvenile Justice Institute Brown Bag Series, North Carolina Central University, Durham, NC.
- Watkins, C.S.** (2018, October). Institutional Racism within Our Educational System: No White Child Left Behind. UNC Chapel Hill Advanced Standing Program guest lecture, Chapel Hill, NC.
- Watkins, C.S.** (2018, July). “Do I Really Belong Here?”: Helping students to combat imposter syndrome. Workshop presented to UNC’s Chancellor’s Science Scholars Program, Chapel Hill, NC.
- Watkins, C.S.** (2018, May). “Do I Really Belong Here?”: Helping students to combat imposter syndrome. Workshop presented to Pupasas 4 Education Inaugural Education Summit, Chapel Hill, NC.
- Brevard, K.C., Horsford, C.E., & **Watkins, C.S.** (2018, March). “I Can’t Breathe”: Racial Bias in Schools. Presented at the 3rd Annual Let’s Talk Racism Conference, Durham, NC.
- Watkins, C.S.** (2017, May). “Do I Really Belong Here?”: Helping students to combat imposter syndrome. Workshop presented to Jamie Kirk Hahn Foundation Fellows, Raleigh, NC.
- Watkins, C.S.** (2017, January). “Do I Really Belong Here?”: Helping students to combat imposter syndrome. Workshop presented at the annual UNC Student Affairs winter conference, Chapel Hill, NC.
- Coleman, K., Sewell, W., Horsford, C. E., & **Watkins, C.S.** (2016, January). “I Can’t Breathe”: Hyper-surveillance and policing of black communities. Symposium presented at the annual meeting of the Society for Social Work and Research, Washington, DC.

Watkins, C.S. (2015, January). Educational success among elementary school children from low socioeconomic status families: A systematic review of parenting factors. Symposium presented at the Annual Conference of the Society of Social Work Research, New Orleans, LA.

Swick, D., Wegmann, K., Powers, J., & **Watkins, C.S.** (2015, January). Supporting academic achievement through school-based mental health: Evaluation of multisite math and literacy outcomes. Paper presented at the Annual Conference of the Society of Social Work Research, New Orleans, LA.

Swick, D., Wegmann, K., Powers, J., & **Sneed, C.*** (2013, October). Supporting academic success through school-based mental health: First year multisite math outcomes. Paper presented at the Annual Program Meeting of the Council on Social Work Education, Dallas, TX.

Swick, D., Powers, J., Wegmann, K., **Sneed, C.***, Cherry, J., & Laney, B. (2013, October). Comprehensive school-based mental health: Outcomes from an Innovative multi-system partnership program. Paper presented at the Annual Conference on Advancing School Mental Health, Arlington, VA.

*Name change due to marriage in October 2013

PUBLICATIONS

Peer-Reviewed Journal Articles Published and Under Review:

1. **Watkins, C.S.**, Bowen, N.K., & Banks, A. (under review). Examining the Intersection of Race and Class: A Confirmatory Factor Analysis of the Elementary School Success Profile (ESSP). Submitted to the Journal of the Society of Social Work Research.
2. Powers, J. D., Swick, D. C., Wegmann, K. M., & **Watkins, C. S.** (2016). Supporting prosocial development through school-based mental health services: A multisite evaluation of social and behavioral outcomes across one academic year. *Social Work in Mental Health, 14*(1), 22-41. doi:10.1080/15332985.2015.1048842
3. Sewell, W., Horsford, C. E., Coleman, K., & **Watkins, C. S.** (2016). Vile vigilance: An integrated theoretical framework for understanding the state of black surveillance. *Journal of Human Behavior in the Social Environment, 26*(3-4), 287-302. doi:10.1080/10911359.2015.1127735
4. Swick, D.C., Powers, J.D., Wegmann, K.M., & **Watkins, C.S.** (2015). Promoting academic achievement through school-based mental health programming: Evaluation of math outcomes. *Journal of Behavioural and Social Sciences, 2*(2), 113-123.
5. **Watkins, C.S.** (under review). Examining the intersection of race and class: A confirmatory factor analysis of the Elementary School Success Profile (ESSP). *Journal of the Society of Social Work Research*.
6. **Watkins, C. S.**, & Howard, M. O. (2015). Educational success among elementary school children from low socioeconomic status families: A systematic review of research assessing parenting factors. *Journal of Children and Poverty, 21*(1), 17-46. doi:10.1080/10796126.2015.1031728

7. Wegmann, K.M., Powers, J.D., Swick, D.C., & **Watkins, C.S.** (2017). Supporting academic achievement through school-based mental health services: A multi-site evaluation of reading outcomes across one academic year. *School Social Work Journal*.

Manuscripts In Preparation:

1. Watkins, C.S., & Bowen, G.L. (in preparation). Parent school support and academic achievement among low-income middle school students: Direct and indirect effects across racial/ethnic group identity. Target journal: *Families in Society*.

Book Chapters:

1. Rounds, K. & **Sneed, C.*** (2014). Adolescent pregnancy. In A. Gitterman (Ed.), *Handbook of social work practice with vulnerable and resilient populations* (3rd ed., pp. 205-226). New York, NY: Columbia University Press.
2. Rounds, K., & **Watkins, C. S.** (2016). Teenage pregnancy. In V.C. Copeland (Ed.), *People of Color in the United States: Contemporary Issues in Education, Work, Communities, Health, and Immigration* (vol. 3, pp. 358-365). Santa Barbara, CA: ABC-CLIO.

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SELECTED TEACHING & SOCIAL WORK-RELATED TRAINING

- Association of College and University Education (ACUE) national certification for Effective College Teaching, August 2019-present
- Mental Health First Aid, May 2019
- Racial Equity Institute Phase I Workshop, September 2017
- Safe Zone, May 2015
- Dismantling Racism Workshop, March 2014
- HAVEN (Helping Advocates for Violence Ending Now) Training, November 2014