

# Vanessa V. Volpe

## Curriculum Vita

Department of Psychology  
North Carolina State University  
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Raleigh, NC 27695

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### EMPLOYMENT & APPOINTMENTS

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- 8/2019-present                      **Assistant Professor of Psychology**  
Applied Social and Community Psychology  
NC State University, Raleigh, NC
- 5/2019-present                      **Diversity Scholar, Social Sciences**  
National Center for Institutional Diversity  
University of Michigan, Ann Arbor, MI
- 6/2017-08/2019                      **Adjunct Fellow**  
Penn Center for Public Health Initiatives  
University of Pennsylvania, Philadelphia, PA
- 8/1/2016-08/2019                      **Assistant Professor of Psychology**  
Ursinus College, Collegeville, PA
- 8/2012-5/2016                      **Program Evaluator**  
Chapel Hill - Carrboro City Schools, NC

### EDUCATION

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|-------|------|---|
| Ph.D. | 5/16 | <b>UNC – Chapel Hill</b> , Developmental Psychology<br>with a Quantitative Concentration              |
| M.A.  | 5/13 | <b>UNC – Chapel Hill</b> , Psychology   |
| B.S.  | 5/11 | <b>New York University</b> , Applied Psychology,<br>Summa cum laude with honors in Applied Psychology |

### SELECTED PEER-REVIEWED PUBLICATIONS

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\* Indicates student trainee

**Volpe, V. V.**, Katsiaficas, D., Benson, G. P.,\* & Zelaya Rivera, S.\* (2020). A mixed methods investigation of Black college-attending emerging adults' experiences with multilevel racism. *American Journal of Orthopsychiatry*. Advance online publication. <https://doi.org/10.1037/ort0000503>

Bernard, D. L., Jones, S. C. T., & **Volpe, V. V.** (2020). Impostor phenomenon and psychological well-being: The moderating roles of John Henryism and school racial composition among Black college students. *Journal of Black Psychology*. Advance online publication. <https://doi.org/10.1177/0095798420924529>

**Volpe, V. V.**, Dawson, D. N.\*, Rahal, D.\*, Wiley, K.\*, & Vesslee, S.\* (2019). Bringing psychological science to bear on racial health disparities: The promise of centering Black health through a Critical Race framework. *Translational Issues in Psychological Science*, 5, 302-314. <https://doi.org/10.1037/tps0000205>

**Volpe, V. V.**, Beacham, A.\*, & Olafunmiloye, O.\* (2019; epub ahead of print). Cognitive flexibility and the health of Black college-attending young adults experiencing interpersonal racial discrimination. *Journal of Health Psychology*. <https://doi.org/10.1177/1359105319869812>

**Volpe, V. V.,** Lee, D., Hoggard, L.S., & Rahal, D.\* (2019). Racial discrimination and acute physiological responses among Black young adults: The role of racial identity. *Journal of Adolescent Health, 64*, 179-185. <https://doi.org/10.1016/j.jadohealth.2018.09.004>

Hoggard, L. S., **Volpe, V. V.,** Thomas, A., Wallace, E., Jones, L., & Ellis, K. (2019). The role of eating behaviors in the links between racial discrimination and physical and mental health. *Journal of Behavioral Medicine, 42*, 1091-1103. <https://doi.org/10.1007/s10865-019-00044-1>

Dawson, D. N.\*, **Volpe, V. V.,** & Laurent, H. K. (2019; epub ahead of print). Synergistic effects of psychological IPV exposure and gender discrimination on postnatal mental health trajectories. *Journal of Intimate Partner Violence. https://doi.org/10.1177/0886260519844274*

**Volpe, V. V.,** Rahal, D.\*, Holmes, M.\*, & Zelaya Rivera, S.\* (2018; epub ahead of print). Is hard work and high effort always healthy for Black college students? John Henryism in the face of racial discrimination. *Emerging Adulthood. https://doi.org/10.1177/2167696818804936*

Katsiaficas, D., **Volpe, V. V.,** Raza, S.\*, & Garcia, Y.\* (2017). The role of campus support, undocumented identity, and DACA on civic engagement for Latinx undocumented undergraduates. *Child Development, 90*, 790-807. <https://doi.org/10.1111/cdev.12933>

Shanahan, L., Schorpp, K., **Volpe, V. V.,** Linthicum, K., & Freeman, J. A. (2016). Developmental timing of suicide attempts and cardiovascular risk during young adulthood. *Health Psychology, 35*, 1135-1143. <https://doi.org/10.1037/hea0000373>

Freeman, J., Bauldry, S., **Volpe, V. V.,** Shanahan, M., & Shanahan, L. (2016). Sex differences in associations between subjective social status and C-reactive protein in young adults. *Psychosomatic Medicine, 78*, 542-551. <https://doi.org/10.1097/PSY.0000000000000309>

Seaton, E. K., Upton, R.D., Gilbert, A.N., & **Volpe, V. V.** (2013). A moderated mediation model: Racial discrimination, coping strategies and racial identity among Black adolescents. *Child Development, 85*, 882-890. <https://doi.org/10.1111/cdev.12122>

## **MANUSCRIPTS UNDER REVISION & UNDER REVIEW**

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\* Indicates student trainee

**Volpe, V. V.,** Katsiaficas, D., & Neal, A. J.\* (invited revise and resubmit). “Easier said than done”: A qualitative investigation of Black emerging adults coping with multilevel racism.

**Volpe, V. V.,** & Jones, B.\* (invited revise and resubmit). “Enriching the Africana Soul”: Black college students’ lived experiences in an affinity house at a predominately White institution.

**Volpe, V. V.,** Willis, H. A.\*, Joseph, P.\*, & Tynes, B. M. (invited revise and resubmit). Liberatory media literacy as protective against trauma for emerging adults of color.

**Volpe, V. V.,** Dawson, D. N.\*, Laurent, H. K. (invited revise and resubmit). Gender discrimination and women’s HPA activation to psychosocial stress during the postnatal period.

**Volpe, V. V.,** Hoggard, L. S., Willis, H. A.\*, & Tynes, B. M. (under review). Structural racism goes online: Online racism and health disparities.

**Volpe, V. V.,** Hoggard, L. S., Lipsey, N. P., & Kozak, N. U.\* (under review). Laypeople’s awareness of Black-White racial disparities in COVID-19 and rationales for decision-making.

**Volpe, V. V.,** Hoggard, L. S., Skinner, O., Holochwost, S. J., & Hatton, V.\* (under review). Perceptions of the mental and physical health of Black individuals by skin tone and sex.

**Volpe, V. V.,** Wade, C.\*, Javidi, H.\*, Banos, N.\*, & McKinsey, E.\* (under review). Nothing about us without us: Graduate training in public psychology for social justice.

Timmerman, J. R.,\* & **Volpe, V. V.** (under review). Aspects of campus climate and mental health threats: The role of hypervigilance.

### **FUNDED GRANTS**

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07/2020-06/2021	NCSU College of Humanities and Social Sciences Faculty Research and Professional Development Grant <i>Feasibility of ambulatory psychophysiology for charting cardiovascular risk from racism</i> <u>Role:</u> Principal Investigator \$4,000	Volpe (PI)
01/2019-06/2019	Pottstown Area Health & Wellness Foundation Healthy Behaviors Stage 2 Grant <i>Culturally-centered obesity-prevention program design, delivery, and evaluation for Latinx youth</i> <u>Role:</u> Principal Investigator \$10,000	Volpe (PI)
01/2018-06/2018	Ursinus U-Imagine Center for Integrative & Entrepreneurial Studies Faculty Innovators Mini-Grant <i>Designing health behavior change for college campuses</i> <u>Role:</u> Principal Investigator \$500 stipend, \$500 grant	Volpe (PI)
05/2017-06/2018	Pennsylvania Consortium for the Liberal Arts Arthur Vining Davis Teaching & Learning Award <i>Learning to map spaces of belonging on a liberal arts campus</i> <u>Role:</u> Co-Investigator \$15,500 grant	Bagley, Harris, Hurley, Volpe (PIs)
04/2017-04/2018	Project Pericles Periclean Faculty Leadership Program <i>Community health and civic engagement</i> <u>Role:</u> Principal Investigator \$2,500 stipend, \$500 grant	Volpe (PI)
02/2015-02/2016	American Psychological Association Basic Psychological Science Research Grant <i>Efficacy of coping with racial discrimination in the short- and long-term</i> <u>Role:</u> Principal Investigator \$1,000 grant	Volpe (PI)
01/2015-06/2015	Active Minds & The Steve Fund Emerging Scholars Fellowship Grant <i>Gender differences in coping, depression, and anxiety: African American responses to racial discrimination</i> <u>Role:</u> Principal Investigator \$1,000 stipend, \$250 grant	Volpe (PI)

### **HONORS & AWARDS**

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Research Scholar, Society for Community Research and Action, 2020 - 2022

Health Equity Call for Research Awardee, Association of American Medical Colleges, Competitive collaborative proposal for data use by myself and Dr. Kristen Schorpp (Sociology, Roanoke College), 2019-2020

Development with Media and Technology Fellow, University of Southern California Center for Empowered Learning and Development with Technology, Summer 2019

Fellowship Award, Conference for Pre-tenure Women, Purdue University, Summer 2018

Health Disparities Research Institute Scholar, National Institute of Minority Health and Health Disparities, Summer 2017

Travel Grant, Society for Research in Child Development Biennial Meeting, Spring 2017

Psi Chi Outstanding Teaching Award, UNC-Chapel Hill, Spring 2016

Undergraduate Teaching Award, UNC-Chapel Hill, Spring 2016

Bernadette Gray-Little Award for Outstanding Psychological Research that Enhances Diversity, UNC-Chapel Hill, awarded spring 2016, \$200 grant

Society for Research on Adolescence Young Scholars Program, Junior Mentor, 2016

*“Spiritual coping to reduce psychosomatic symptoms for Black adolescents: The role of respiratory sinus arrhythmia”* poster presentation selected for the “Adolescents in Diverse Contexts” reception and breakfast hour at the Society for Research on Adolescence, 2016.

Future Faculty Fellowship Program, UNC-Chapel Hill, awarded spring 2015

*“Negative emotionality during childhood and unhealthy behaviors during mid-adolescence”* poster presentation selected for the “Focusing on the Strategic Plan” reception at the Society for Research in Child Development, 2015.

National Science Foundation Graduate Research Fellowship Program, Honorable Mention, awarded 4/2013

## **INVITED PRESENTATIONS & ADDRESSES**

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**Volpe, V. V.** (invited facilitator of breakout session, 11/1/2019). The role of faculty: Supporting the mental health of students of color. Steve Fund’s Young, Gifted, and @ Risk Symposium. Georgetown University.

**Volpe, V. V.** (invited address, 10/25/2019). An introduction to Critical Race Theory (and its implications) for clinical psychologists. Clinical Psychology Lunch Series – Diversity Journal Club. University of North Carolina at Chapel Hill.

**Volpe, V. V.** (invited address, 10/30/2019). Multilevel, strengths-based, and critical approaches for Black health. Developmental Psychology Lunch Seminar. University of North Carolina at Chapel Hill.

**Volpe, V. V.** (invited co-facilitator of breakout session, 11/14/2017). What are safe spaces anyway? Steve Fund’s Young, Gifted, and @ Risk Symposium. University of Pennsylvania.

**Volpe, V.V.** (invited panel address, 2015). Thriving in a multicultural world. Steve Fund’s Young, Gifted, and @ Risk Symposium. Stanford University School of Medicine.

## **SELECTED RECENT CONFERENCE PRESENTATIONS**

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\* Indicates student trainee

**Volpe, V. V.,** Katsiaficas, D., Benson, G. P.\*, & Zelaya Rivera, S. N.\* (2019). “I know that I belong here”: A mixed methods investigation of combating multilevel racism in college. In “Understanding the college transition among ethnic minority students – Evidence from multiple contexts” paper symposium presented at the American Psychological Association annual conference. Chicago, IL.

**Volpe, V. V.,** Bagley, E., Timmerman, J.\*, Jones, B.\*, Harris, J., Hurley, P. (2019). Perceptions of college climate and emerging adult health: Valuation and hypervigilance as one underlying process. Paper presented at the Society for the Study of Emerging Adulthood annual conference. Toronto, Canada.

**Volpe, V. V.,** Gainey, A.\* & Beacham, A.\* (2019). Secondary traumatic stress as a lens to understand vicarious online discrimination among diverse late adolescents. Paper presentation at the 2019 Society for Research in Child Development Conference as part of “Online Discrimination and Adolescent Development: Better Understanding Mechanisms of Influence and Opportunities for Intervention.” Baltimore, MD.

**Volpe, V. V.** (2018). Rethinking health disparities through a critical health psychology service-learning lens. Workshop presented at Philadelphia Higher Education Network for Neighborhood Development’s annual conference. Philadelphia, PA.

**Volpe, V. V.** (2018). Approaches to promote new understandings of experiences of marginalization for diverse adolescents and emerging adults. Chair of paper symposium at the Society for Research on Adolescence Biennial Conference. Minneapolis, MN.

## **SELECTED TEACHING**

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### *Undergraduate Courses*

- Statistics – UNC, Teaching Assistant (2016)
- Research Methods – UNC, Teaching Assistant w/ Independent Recitation Section (2015)
- Adv. Research Methods in Health Psychology – Ursinus, Instructor (2017; 2018; 2019)
- Health Psychology – UNC, Teaching Assistant (2015), Ursinus, Instructor (2016), NC State, Instructor (2020)
- Psychological Experience of Illness – Ursinus, Instructor (2017; 2018)
- Health Beliefs Behavior & Behavior Change – Ursinus, Instructor (2018)
- Seminar: Minority Health & Health Disparities – Ursinus, Instructor (2017; 2018)

### *Graduate Courses*

- Statistical Methods in Psychology 1 (Dr. Laura Castro-Schilo) – UNC, Teaching Assistant with Independent Recitation Section (Fall 2015); introductory sequence for graduate students
- Statistical Methods in Psychology 2 (Dr. Daniel Bauer) – UNC, Teaching Assistant with Independent Recitation Section (Spring 2016); introductory sequence for graduate students
- Research Methods, Instructor (2020) – NC State
- Health Psychology, Instructor (2020) – NC State

## **DOCTORAL MENTORING & COMMITTEE MEMBERSHIPS**

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Primary Mentor, Doctoral Students in Applied Social and Community Psychology

2019-present	Noely Banos
2019-present	G. Perusi Benson
2020-present	Hannah Neukrug

Reader, Second Year Project

2019	Hannah Javidi, Applied Social and Community Psychology
2020	Alexis Briggs, Applied Social and Community Psychology

Committee Member, Dissertation Committee

2020	McKenzie Stokes, Applied Social and Community Psychology
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## **UNDERGRADUATE & YOUTH MENTORING**

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### Undergraduate Honors Theses Mentorship & Committee Member:

2018-2019	Alexa Beacham “Physician racial color blind attitudes, sexual orientation blind attitudes, and the quality of patient treatment”
2017	Samantha Straughn “Self-concept clarity as a moderator of the association between self-change and adjustment”
2016-2017	Rachel Uri “Respiratory sinus arrhythmia and heart rate reactivity moderate the relationship between racial discrimination and anxiety”
2015-2016	Danny Rahal: “Arab American identity and preference for non-ethnic names”
2012-2013	Whitney Adams: “Success with adolescent girls (SWAG)”

### Ursinus College, Summer Fellows Research Mentorship:

2018	Susana Zelaya Rivera “Meta-analysis of the association between stigma and mental health for people of color”
2018	Siannah Vesslee “Racial discrimination and mental health outcomes in immigrants of color: A meta-analysis”
2017	Bryanna Jones: “The impact of special interest housing on the wellbeing of Black students”
2017	Oluwagbotemi Olafunmiloye: “Examining barriers to healthcare within the Black community”

### Upward Bound “Careers in Psychology” Mentorship:

Summer 2015	Anabelle Maya
Summer 2015	Jimmy McCauley
Summer 2015	Marquis Robertson

## **SELECTED SERVICE**

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### University Service:

2020-	Anti-Racism Committee, Department of Psychology, NC State
2018-2019	Program Faculty Affiliation, Latin American Studies, Ursinus College
2018-2019	Member, First Generation Working Group, Ursinus College
6/2018	Invited Co-Presenter at Ursinus Summer Fellows Symposium, “Complicating health: Conversations among the social sciences”
2017-2019	Member, Diversity Committee, Ursinus College
2017-2019	Advisory Committee Member, Gender Women & Sexuality Studies
Fall 2017	Advisory Committee Member, President’s Campus Climate and Inclusion Initiatives
Fall 2017	Invited addresses to student groups Minority Association of Pre-Medical Students and Ursinus Chaplains’ Office
2016-2019	Program Faculty Affiliation, African American and Africana Studies Ursinus College
2015-2016	Graduate Student Mentor Graduate and Professional Student Federation Mentorship Program <i>Mentor first-year graduate students in psychology, providing academic, professional, and social resources and support</i>

2015-2016	Engagement Facilitator UNC's Office of Men of Color Engagement <i>Facilitate parent engagement and resources programs</i>
2015	Research Presenter "First Look" STEM Outreach Program, UNC – Chapel Hill <i>Discuss my research projects with NC middle school students in order to help students envision themselves as university members and build an interest in STEM coursework and careers</i>
2014-2015	Buckley Public Service Scholars Skills Facilitator Carolina Center for Public Service, UNC – Chapel Hill <i>Offer skills training, reflection reviews, and graduate school panels for undergraduates committed to public service</i>
<u>Professional Service:</u>	
2020 – 2022	Society for Research on Adolescence Anti-Racism Task Force
4/2018-9/2019	Member, Planning Committee, 2019 Society for the Study of Emerging Adulthood Conference
3/2018	Ad hoc reviewer, American Psychological Association Division 45 (Society for the Psychological Study of Culture, Ethnicity, and Race)
1/2018	Ad hoc reviewer, National Science Foundation
2017-2018	Member, Membership Committee, Society for Health Psychology
Spring 2017	Ad hoc reviewer, APA Division 38 (Health Psychology) Student Research Grant proposals
Spring 2017	Ad hoc reviewer, SPSSI 2017 Annual Meeting
2016	Ad hoc reviewer, SRCD 2017 Biennial Meeting "Race, Ethnicity, Culture, & Context" Review Panel
2015	Ad hoc reviewer, 2015 APAGS Basic Psychological Science Grant Ad hoc reviewer, 2016 Active Minds Emerging Scholars Fellowship
<u>Community Engagement:</u>	
2017-2018	Educational Programming and Health Workshop Leader, ACLAMO (Latin American Community Action of Montgomery County) Family Center, Norristown, PA
2014-2016	Co-facilitator, "It's the Little Things" Parent University, Chapel Hill / Carrboro City School District <i>Co-design and co-lead group of parents, school personnel, and community members in discussion of the impact of race in today's society at the individual and community levels</i>
2012; 2016	"Women in STEM" Workshop Leader St. Mary Academy – Bay View, Riverside, Rhode Island <i>Proposed, created, and conducted an interactive introduction to psychological science workshop for female elementary and middle school students</i>