

Curriculum Vitae

Brigitte Vittrup

Education

Ph.D.	2007	Developmental Psychology (minor: Statistics) University of Texas, Austin, TX
M.A.	2004	Psychology, University of Texas, Austin, TX
B.A.	2001	Psychology, Texas State University, San Marcos, TX
B.S.	1996	Radio-Television-Film (minor: Psychology) University of Texas, Austin, TX

Dissertation

“Exploring the Influences of Educational Television and Parent-Child Discussions on the Improvements in Children’s Racial Attitudes”
April 2007, Faculty Advisor: George W. Holden

Employment

2018-Present	Professor, Department of Human Development, Family Studies & Counseling Texas Woman’s University, Denton, TX
2018-Present	Assistant Chair, Department of Human Development, Family Studies & Counseling Texas Woman’s University, Denton, TX
2017-2018	Undergraduate Program Coordinator, Early Childhood Development and Education Department of Family Sciences, Texas Woman’s University, Denton, TX
2013-2018	Associate Professor, Department of Family Sciences Texas Woman’s University, Denton, TX
2007-2013	Assistant Professor, Department of Family Sciences Texas Woman’s University, Denton, TX
2006	Adjunct Assistant Professor, Department of Psychology Austin Community College, Austin, TX
2005-2006	Assistant Instructor, Department of Psychology University of Texas, Austin, TX

TEACHING

Undergraduate Courses Taught at TWU

FS 1001	Seminar in Family Sciences
FS 1601	Child in Family and Community
FS 2513	Early Childhood Development
FS 2563	Childhood Guidance
FS 3513	Childhood and Adolescence
FS 3523	Care & Education of Children: A Global Perspective
FS 3533	Research Methods in Family Sciences
FS 4933/43	Family Sciences Practicum
UNIV 1231	Learning Frameworks: First Year Experience

Graduate Courses Taught at TWU

FS 5193	Statistics
FS 5253	Gender Role Development
FS 5693	Research Methods
FS 5973	Professional Paper
FS 6193	Advanced Statistics in Family Sciences
FS 6303	Academic Life & Scholarship
FS 6333	Effective Online Teaching
FS 6413	Current Research and Issues in Family Sciences
FS 6423	Readings in Family Sciences
FS 6693	Advanced Quantitative Research Methods
FS 6873/93	Applied Multivariate Statistics

SCHOLARSHIP/CREATIVE ACHIEVEMENTS

Refereed Publications

Vittrup, B. (2018). Colorblind or color-conscious: White American mothers' approaches to racial socialization. *Journal of Family Issues, 39*(3), 668-692.

Vittrup, B., & McClure, D. (2018). Barriers to childhood obesity prevention: Parental knowledge and attitudes. *Pediatric Nursing, 44*(2), 81-94.

Stankovic-Ramirez, Z., & Vittrup, B. (2018). Promoting positive gender development. *Texas Child Care Quarterly, 41*(4), 1-5.

Alsabah, T., & Vittrup, B. (2017). The negative effects of insufficient support systems on Kuwaiti mothers of children with disabilities. *Digest of Middle East Studies, 26*(2), 422-441.

Vittrup, B. (2016). Early childhood teachers' approaches to multicultural education and perceived barriers to disseminating anti-bias messages. *Multicultural Education, 23*(3-4), 37-41.

- Vittrup, B. (2016). Ethnic and racial identity development. In D. Couchenour & J. K. Chrisman (Eds.), *Encyclopedia of Contemporary Early Childhood Education* (pp. 549-550). Thousand Oaks, CA: Sage.
- Vittrup, B., Snider, S., Rose, K., & Rippy, J. (2016). Parental perceptions of the role of media in their young children's lives. *Journal of Early Childhood Research, 14*(1), 43-54.
- Vittrup, B. (2015, November). How to improve group work: Perspectives from students. *Faculty Focus*. <http://www.facultyfocus.com>
- Rose, K., Vittrup, B., & Leveridge, T. (2013). Parental decision making about technology and quality in child care programs, *Child and Youth Care Forum, 42*(5), 475-488.
- Vittrup, B., & Holden, G. H. (2011). Exploring the impact of educational television and parent-child discussions on children's racial attitudes. *Analyses of Social Issues and Public Policy, 11*(1), 82-104.
- Holden, G. W., Vittrup, B., & Rosen, L. (2011). Families, parenting, and discipline. In M. Underwood & L. Rosen (Eds.), *Social development: Relationships in infancy, childhood, and adolescence* (pp. 127-152). New York, NY: Guilford.
- Vittrup, B. (2010). Television in early care programs: Cautions and guidelines. *Texas Child Care Quarterly, 34*(3), 24-29.
- Vittrup, B., & Holden, G. W. (2010). Children's assessments of corporal punishment and other disciplinary practices: The role of race, SES, age, and exposure to spanking. *Journal of Applied Developmental Psychology, 31*, 211-220.
- Vittrup, B. (2009). What U.S. parents don't know about their children's television use: Discrepancies between parents' and children's reports. *Journal of Children and Media, 3*(1), 51-67.
- Holden, G. W., & Vittrup, B. (2009). Religion. In M. H. Bornstein (Ed.), *Handbook of cultural developmental science* (pp. 279-295). Mahwah, NJ: Lawrence Erlbaum.
- Buck, M. J., Vittrup, B., & Holden, G. W. (2007). "It makes me feel really sad": The role of children's reactions to discipline in internalization. In A. Columbus (Ed.), *Advances in Psychology Research, Vol. 38* (pp. 117-136). Huntington, New York: Nova Science Publishers.
- Vittrup, B., Holden, G. W., & Buck, M. J. (2006). Attitudes predict the use of physical punishment: A prospective study of the emergence of disciplinary practices. *Pediatrics, 117*, 2055-2064.

Non-Refereed and Invited Publications

- Vittrup, B. (2018). Dealing with prejudice. In E. Arkolaki (Ed.), *How to raise confident multicultural children* (pp. 21-24).
- Vittrup, B. (2018). Media influences on children. In E. Arkolaki (Ed.), *How to raise confident multicultural children* (pp. 27-31).
- Vittrup, B. (2017, December 12). 5 ways your child can enjoy some benefits of diversity even if you live in a racially isolated community. *EmbraceRace*.
http://www.embracerace.org/uploads/1/0/3/1/103189290/embracerace_tip_sheet_1.pdf
- Vittrup, B. (2016, April 27). Stop students who cheat before they become cheating professors. *The Chronicle of Higher Education*. <http://chronicle.com/article/Stop-Students-Who-Cheat-Before/236269>
- Vittrup, B. (2016, April 5). Are Texas teachers prepared to handle growing diversity in the classroom? *Dallas Morning News*. <http://www.dallasnews.com/opinion/latest-columns/20160404-brigitte-vittrup-are-texas-teachers-prepared-to-handle-growing-diversity-in-the-classroom.ece>
- Vittrup, B. (2016, January 18). It's time to make race talk more common and less awkward. *Raising Race Conscious Children*. <http://www.raceconscious.org/2016/01/its-time-to-make-race-talk-more-common-and-less-awkward>
- Vittrup, B. (2015, December 4). Why do we need gender parity? 'Because it's 2015.' *Women's E-News*. <http://womensenews.org/2015/12/22983/>
- Vittrup, B. (2015, October 23). Why it's wrong for pediatricians to eliminate daily screen time recommendations. *The Conversation*. <http://bit.ly/1PG2Fu8>
- Vittrup, B. (2015, October 13). Class DoJo app is already past its expiration date. *Huffington Post*. http://www.huffingtonpost.com/dr-brigitte-vittrup/class-dojo-app-is-already_b_8287582.html?1444759275
- Vittrup, B., & Alsabah, T. (2015, September 9). Teaching children about other religions can calm fears, bias. *San Antonio Express-News*.
<http://www.mysanantonio.com/opinion/commentary/article/Teaching-children-about-other-religions-can-calm-6493236.php>
- Vittrup, B. (2015, August 21). I'm white. My husband is black. Why can't our children be both? Coming to grips with interracial families and multiracial people. *Houston Chronicle*.
<http://bit.ly/1Pqnnq4>
- Vittrup, B. (2015, August 13). Handcuffs are not the solution to children's challenging behaviors. *Huffington Post*. <http://huff.to/1INzNsl>

- Vittrup, B. (2015, July 6). How silence can breed prejudice: A child development professor explains how and why to talk to kids about race. *Washington Post*. <http://wapo.st/1CgwvjA>
- Vittrup, B. (2015, April 29). Is it time to give up spanking? *Medium*. https://medium.com/@Birgitte_V/is-it-time-to-give-up-spanking-64efe52bd05b
- Vittrup, B. (2013, April). How and when to praise children. *North Texas Child*, p. 6.
- Vittrup, B. (2011, December). Why do teens behave that way? *Magnolia Times*, 9(1), p. 14.
- Vittrup, B. (2011, October). Why children bully. *Magnolia Times*, 8(6), p. 12.
- Vittrup, B. (2011, August). Bullying. *Magnolia Times*, 8(5), p. 12.
- Vittrup, B. (2011, June). Sibling rivalries. *Magnolia Times*, 8(4), p. 14.
- Vittrup, B. (2011, April). To spank or not to spank. *Magnolia Times*, 8(3), p. 12.
- Vittrup, B. (2011, February). Active kids are healthy kids. *Magnolia Times*, 8(2), p. 16.
- Vittrup, B. (2010, December). How and when to use praise. *Magnolia Times*, 8(1), p. 16.
- Vittrup, B. (2010, October). Are your children getting enough sleep? *Magnolia Times*, 7(6), p. 16.
- Vittrup, B. (2010, August). When children lie. *Magnolia Times*, 7(5), p. 15.
- Vittrup, B. (2010, June). Talking to children about diversity. *Magnolia Times*, 7(4), p. 19.
- Vittrup, B. (2010, April). How children learn about gender roles. *Magnolia Times*, 7(3), p. 17.
- Vittrup, B. (2010, January). Make a New Year's resolution for more family time. *Providence Times*, 9(1), p. 11.
- Vittrup, B. (2009, December). Children's health and nutrition. *Magnolia Times*, 7(1), p. 11.
- Vittrup, B. (2009, August). Teens and the media. *Magnolia Times*, 6(5), p. 11.
- Vittrup, B. (2009, June). Finding quality child care. *Magnolia Times*, 6(4), p. 11.
- Vittrup, B. (2009, April). The "terrible twos." *Magnolia Times*, 6(3), p. 11.

Presentations at Professional Meetings

- Vittrup, B. (2019, May). *Talking to children about race and diversity*. Invited presentation at Piper Jaffray & Co., Minneapolis, MN.

- Dunn, M., & Vittrup, B. (2019, February). *Talking about race: Instrument development and application of a color-conscious parenting scale*. Presentation at Columbia University's Annual Winter Roundtable Conference, New York, NY.
- Dunn, M., Vittrup, B., & Bland, C. (2019, February). *Racial-ethnic socialization: Difficult dialogues about race in families*. Roundtable session presented at Columbia University's Annual Winter Roundtable Conference, New York, NY.
- Vittrup, B. (2018, March). *Raising culturally competent children in a world that is not colorblind*. Invited presentation to the International School of Brooklyn Parents Association, Brooklyn, NY.
- Vittrup, B. (2018, February). *Conversations about race and social justice: Strategies for teachers*. Invited presentation at the International School of Brooklyn, NY.
- Vittrup, B. (2018, February). *Talking to children about race and diversity*. Invited presentation at Frost Brown Todd, LLP, Indianapolis, IN.
- Vittrup, B. (2018, January). *Colorblind or color-conscious? Approaches to race based conversations by white Americans*. Invited presentation at Washington University in St. Louis, Department of Psychology, St. Louis, MO.
- Vittrup, B. (2018, January). *Raising culturally competent children*. Invited community presentation sponsored by We Stories, St. Louis, MO.
- Vittrup, B. (2018, January). *Conversations about race: Strategies for teachers*. Staff training presented at Forsyth School, St. Louis, MO.
- Stankovic-Ramirez, Z., & Vittrup, B. (2017, October). *Listening to children's voices regarding classroom environments*. Workshop presented at Texas Association for the Education of Young Children, San Antonio, TX.
- Vittrup, B. (2017, October). *What can we say? Discussing race and diversity with others*. Invited presentation at Mayer Brown, LLP's Diverse Lawyers Retreat, Washington, D.C.
- Vittrup, B. (2017, September). *Talking to children about race and diversity*. Invited presentation at Mayer Brown, LLP, Washington, D.C.
- Vittrup, B. (2017, September). *Talking to children about race and diversity*. Invited presentation at Kramer Levin, Naftalis, & Frankel, LLP, New York, NY.
- Vittrup, B. (2017, April). Early childhood teachers' approaches to multicultural education and perceived barriers to disseminating anti-bias messages. In D. Johnson (Chair), *The importance of ethnic-racial socialization in early childhood classrooms*. Symposium presented at the biennial conference of the Society for Research in Child Development, Austin, TX.

- Vittrup, B. (2017, February). *Talking to children about race and diversity*. Invited presentation at the February meeting of the Kirkland & Ellis, LLP Diversity Leadership Series, Chicago, IL.
- Vittrup, B. (2017, January). *Beyond color blindness: Talking to children about race and diversity*. Invited presentation at the January meeting of the Skadden, Arps, Slate, Meagher, & Flom, LLP Diversity & Inclusion group, New York, NY.
- Vittrup, B. (2017, January). *Beyond color blindness: Talking to children about race and diversity*. Invited presentation at the Willkie Farr & Gallagher, LLP quarterly Diversity & Inclusion program, New York, NY.
- Vittrup, B. (2016, December). *Beyond color blindness: Talking to children about race and diversity*. Invited presentation at Shook, Hardy & Bacon, LLP, Kansas City, MO.
- Vittrup, B. (2016, October). *What can we say? Talking to children about diversity*. Invited presentation at the October meeting of the Baker Botts, L.L.P. Parents-In-Law group, Dallas, TX.
- Vittrup, B., & Farago, F. (2016, March). *Talking about race and racism in the classroom*. Presentation at the Critical Questions in Education Conference, San Antonio, TX.
- Walsh, B., Vittrup, B., Rose, K., & Waugh, S. (2012, June). *Research 101: Promoting the research process as a tool for early childhood educators*. Session presented at the annual meeting of the National Association for the Education of Young Children National Institute for Early Childhood Professional Development, Indianapolis, IN.
- Walsh, B., Hayes, J., Sanders, L., Vittrup, B., & Hammond, J. (2012, April). *Development and validation of an assessment method to measure the quality of a technological strategy and promote teacher growth*. Paper presented at the annual conference of American Educational Research Association, Vancouver, BC, Canada.
- Vittrup, B. (2012, March). *Parent knowledge, attitudes, and perceived barriers related to childhood obesity prevention*. Paper presented at the biennial meeting of the Society for Research in Human Development, New Orleans, LA.
- Vittrup, B. (2011, April). *Media influences on children*. Invited presentation at the Texas Association of Family Child Care Conference, Dallas, TX.
- Vittrup, B. (2011, April). *Race, religion, and gender differences: What parents will and will not discuss with their children*. Poster presentation accepted to the biennial meeting of the Society for Research in Child Development, Montreal, Canada.
- Vittrup, B., & Collier, R. (2011, March). *What can we say?: Talking to children about culture and diversity*. Invited keynote presentation at the Start Seeing Diversity Conference, San Antonio, TX.

Vittrup, B. (2011, March). *Race, religion, and gender: How children develop biases that lead to exclusion*. Invited presentation at the Start Seeing Diversity Conference, San Antonio, TX

Vittrup, B. (2010, March). *Talking about race: Why it's important and why we don't do it*. Invited presentation at the Start Seeing Diversity Conference, San Antonio, TX

Vittrup, B. (2010, March). *Teaching diversity and anti-bias: Strategies for early childhood professionals*. Invited presentation at the Start Seeing Diversity Conference, San Antonio, TX.

Rose, K., Vittrup, B., & Petty, K. (2009, November). *Using technology to enhance early childhood educators' professional development through videos and podcasts*. Presentation at the annual conference of the National Association for the Education of Young Children, Washington, D.C.

Vittrup, B. (2008, April). *College students' attitudes towards group work*. Poster presented at the biennial meeting of the Society for Research in Human Development, Little Rock, AR.

Vittrup, B., & Holden, G. W. (2007, March). *Why White parents don't talk to their children about race*. Poster presented at the biennial meeting of the Society for Research in Child Development, Boston, MA.

Vittrup, B. (2006, August). *Parents' awareness and influence on their children's television habits*. Poster presented at the annual meeting of the American Psychological Association, New Orleans, LA.

Vittrup, B., Holden, G. W., & Buck, M. J. (2006, May). *Attitudes predict the use of spanking: A prospective study of the emergence of discipline*. Poster presented at the annual meeting of the Association for Psychological Science, New York, NY.

Vittrup, B. & Holden, G. W. (2005, April). *Children's beliefs about discipline*. Poster presented at the biennial meeting of the Society for Research in Child Development, Atlanta, GA.

Podcasts and Webinars

EmbraceRace (2017, November). *Raising culturally competent children in segregated Neighborhoods* [Webinar]. <http://www.embracerace.org/blog/archives/11-2017>

Minnesota Public Radio (2017, November 19). *Flyover: Can America bridge its racial divide*. www.flyoverradio.org

The longest shortest time (2017, March). *How to not (accidentally) raise a racist* (episode #116) [Audio podcast]. <http://longestshortesttime.com/episode-116-how-to-not-accidentally-raise-a-racist/>

Raising Race Conscious Children (2017, March). *Raising Race Conscious Children podcast: A conversation with Dr. Brigitte Vittrup* [Audio podcast].
<http://www.raceconscious.org/2017/03/raising-race-conscious-children-podcast-conversation-dr-brigitte-vittrup/>

Raising Race Conscious Children (2015, October). *Raising race conscious children October Workshop* [Webinar].

Honors and Awards

Fellow of The Higher Education Academy, Spring 2017

Awarded by The Higher Education Academy in recognition of excellence in teaching and learning support in higher education

Mary Mason Lyon Award, Spring 2011

Awarded by Texas Woman's University to distinguished junior faculty for excellence in teaching, research, and service

Outstanding Faculty Advisor, 2011

Awarded by Texas Woman's University College of Professional Education based on student nominations

Professional Development Award, April 2005 and August 2006

Awarded by the College of Liberal Arts at the University of Texas

Merit-based award for travel assistance to present research at national conferences

Fellowships

Public Voices for Thought Leadership: The Op-Ed Project, 2015

Year-long fellowship with the mission to increase women and minority participation in public commentary and thought leadership

Grants

Texas Woman's University Small Grant Program, 2019, \$750 awarded.

Title: *Development of the Color Conscious Parenting Scale (CCPS)*

Role: Principal Investigator

Texas Woman's University Small Grant Program, 2018, \$650 awarded.

Title: *The influence of color blindness on responses to racial injustice*

Role: Principal Investigator

Texas Woman's University Creative Arts and Humanities Grant, 2017-2018, \$4,248 awarded.

Title: *Who Belong Together? Children's Perceptions of Interracial Families and Multiracial Children.*

Role: Principal Investigator

Texas Woman's University Faculty Development Grant, 2016-2017. *ICPSR Summer Program*. \$2,849 requested and awarded.

Texas Woman's University Faculty Development Grant, 2015. *StatsCamp*. \$2,428 requested and awarded.

Texas Woman's University College of Professional Education Research Development Funds, 2012-2013, \$3,000 awarded.

Title: *Discussing and Experiencing Diversity: Teachers' Perceptions and Experiences*.

Role: Principal Investigator

Texas Woman's University College of Professional Education Research Development Funds, 2011-2012, \$3,500 awarded.

Title: *Learning from Policy Makers and the Community by Identifying Knowledge, Attitudes, and Barriers Related to Childhood Obesity*.

Role: Principal Investigator

Texas Woman's University Targeted Research Funds, 2010-2011, \$9,770 awarded.

Title: *Learning from Policy Makers and the Community by Identifying Knowledge, Attitudes, and Barriers Related to Childhood Obesity*.

Role: Co-Principal Investigator

Other Co-P.I.: Dr. Owen Kelly

Texas Woman's University College of Professional Education Research Development Funds, 2008-2009, \$2,400 awarded.

Title: *Parents' Perceptions of Children's Multicultural Knowledge*.

Role: Principal Investigator

Texas Woman's University College of Professional Education Research Development Funds, 2007-2008, \$2,350 awarded.

Title: *Integrating and Monitoring Perceptions and Attitudes Surrounding Children and Technology*.

Role: Principal Investigator

PROFESSIONAL SERVICE

Service Activities for the Department, College, University

Leadership Roles:

Assistant Chair, Department of Family Sciences, 2018-Present

Undergraduate Program Coordinator, Early Childhood Development and Education,

Department of Family Sciences, 2017-2018

Chair, Research Advisory Committee, 2014-2015

Chair, Graduate Council Research Committee, 2013-2014

Chair, Research Support Committee, 2010 – 2012

Committee Participation:

Center for Faculty Excellence Advisory Council, 2016-Present
Center for Research Design and Analysis Advisory Board, 2015-Present
Family Sciences Graduate Programs Committee, 2013-2018
Research Task Force, 2015-2016
TWU Chancellor Transition Team, 2014-2015
Faculty Development Center Committee, 2013-2015
TWU Salary Equity Committee, 2013-2014
Research Advisory Committee, 2010-2015
Graduate Council, 2011-2014
Educational Programs Subcommittee for SACS reaffirmation, 2011- 2012
Research Support Committee, 2008 – 2012

Service to the Community

Guest blogger and expert consultant, EmbraceRace, 2016-Present
Guest blogger and webinar speaker, Raising Race Conscious Children, 2015-2017
Board Member, FUMC Children’s Day Out, Denton, 2014 – 2017
Child Development Columnist, *Magnolia Times* and *Providence Times*, 2009 – 2011
Practicum Community Liaison, 2007 – 2011
Parent Educator, Krum Independent School District, 2010

Service to the Profession

Ad Hoc Reviewer – Peer Reviewed Journals

Africa Education Review
Analyses of Social Issues and Public Policy
Archives of Pediatrics & Adolescent Medicine
Child Abuse & Neglect
Children and Youth Services Review
Communication Research
Developmental Psychology
Early Years: An International Research Journal
Infant Behavior and Development
International Journal of Behavioral Development
Journal of Children & Media
Journal of Family Issues
PLOS ONE
Social Development
The Open Family Studies Journal

Ad Hoc Reviewer – Peer Reviewed Books

Davey, A., Glutting, J., & Yorgason, J. *Multivariate statistics by design* (revision). New York, NY: Routledge. 2015.
Davey, A., & Glutting, J. *Multivariate statistics by design*. New York, NY: Routledge. 2014.
Hahs-Vaughn, D., & Lomax, R. *An introduction to statistical concepts* (4th ed.). New York,

- NY: Routledge. 2014
- Murphy, K., Myors, B., & Wolach, A. *Statistical power analysis: A simple and general model for traditional and modern hypothesis tests* (3rd/4th ed.). New York, NY: Routledge. 2013.
- Pagano, R. *Understanding statistics in the behavioral sciences* (9th/10th ed.). Belmont, CA: Cengage. 2012.
- Straus, M., Douglas, E., & Medeiros, R. *Primordial violence: Spanking children and its effect on cognitive development and crime*. New York, NY: Psychology Press. 2011.

Conference Planning

Global Summit on Ending Corporal Punishment and Promoting Positive Discipline. June 2-4, 2011, Dallas, TX. Steering Committee Member.

Consulting

- Pettis, S., & Sonnentag, T. (2019). Instrument development project: *Knowledge of (Normative) Racial Identity Development*.
Cengage Learning, New digital product development, 2011
Sage Publishers, Reviewer of Child Development textbook, 2011
CNN, Soledad O'Brien, new program proposal about children and race, 2010
Cengage Learning, Aplia (online homework management system), 2010
Cengage Learning, Reviewer of Statistics textbooks, 2010
Cengage Learning, Child Development Video Project, 2009

Professional Memberships (Current and Prior)

- American Psychological Association (APA)
Association for Psychological Science (APS)
National Association for the Education of Young Children (NAEYC)
Phi Kappa Phi Honor Society
Society for Research in Child Development (SRCD)
Society for Research in Human Development (SRHD)
Southwestern Psychological Association (SWPA)
Textbook & Academic Authors Association (TAA)