

*Curriculum Vitae*  
**Michael R. Sladek**

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### **Academic Appointments**

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**2018 – present**                      **Postdoctoral Research Fellow**  
 Harvard Graduate School of Education

**2019 – 2020**                        **Secondary Lecturer on Education**  
 Harvard Graduate School of Education

### **Education**

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**2018**            **Ph.D.**            **Psychology - Developmental**  
 Department of Psychology, Arizona State University (ASU)

**2015**            **M.A.**            **Psychology - Developmental**  
 Department of Psychology, Arizona State University

**2013**            **B.A.**            **Psychology, *magna cum laude***, Honors in Psychology  
 Weinberg College of Arts and Sciences, Northwestern University

### **Awards and Honors**

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**2019-present** National Science Foundation SBE Postdoctoral Research Fellowship

**2015-2018** American Psychological Association Science Student Council

**2014-2018** National Science Foundation Graduate Research Fellowship Program

**2018** ASU Harry Lowell Swift Advancing Health Scholarship

**2017-2018** ASU Graduate and Professional Student Association Dissertation Funding Award

**2017-2018** American Psychological Association Dissertation Research Award

**2017** Society for Research in Child Development Travel Award

**2017** ASU Department of Psychology Doctoral Scholar Award

**2016** ASU Graduate and Professional Student Association Teaching Excellence Award

**2015** ASU Graduate and Professional Student Association Outstanding Mentor Award

**2014-2018** ASU College of Liberal Arts and Sciences Graduate Excellence Award

**2013-2014** ASU *STARS* Graduate Fellowship

**2013** Phi Beta Kappa

**2013** Fletcher Undergraduate Research Grant (top undergraduate research project)

**2013** William A. Hunt Award for Outstanding Psychology Senior Thesis

**Research Funding - Current**

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*Principal Investigator.* “Contexts of Adolescent Ethnic-Racial Identity Development: A Mixed Methods Approach.” National Science Foundation SBE Postdoctoral Research Fellowship – Broadening Participation (SPRF-BP). Co-PI: Adriana Umaña-Taylor. 2019-2021; \$138,000.

*Co-Investigator.* “Building Teachers’ Race-Related Competencies to Promote Youth Ethnic-Racial Identity and Reduce Academic Inequalities.” William T. Grant Foundation. PI: Adriana Umaña-Taylor. 2019-2021; \$300,000.

*Co-Investigator.* “Developing and Testing Training Modes for Improving Teachers’ Race-Related Competencies to Promote Student Learners’ Academic Adjustment.” Institute of Education Sciences. PI: Adriana Umaña-Taylor. 2020-2024; \$1,400,000.

**Research Funding - Completed**

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*Principal Investigator.* “Cultural Influences on the HPA Axis Stress Response Among Latino Students Transitioning to College.” Dissertation Funding Award. Arizona State University Graduate and Professional Student Association. Co-PI: Leah Doane. 2017-2018; \$2,000.

*Principal Investigator.* “Cultural Influences on the HPA Axis Stress Response Among Latino Students Transitioning to College.” American Psychological Association Dissertation Research Award. Co-PI: Leah Doane. 2017-2018; \$1,000.

*Principal Investigator.* “Physiological Responses to Psychosocial Stress Among First-Year Latino College Students: An Experimental Approach.” Developmental Catalyst Research Grant. Arizona State University Department of Psychology. Co-PI: Leah Doane. 2016-2018; \$1,500.

*Principal Investigator.* “Psychosocial Stress, Cortisol Reactivity, and Cultural Influences among Latino Students: A Multi-Method Approach to Studying the Transition to College.” National Science Foundation Graduate Research Fellowship Program (No. DGE-1311230). Co-PI: Leah Doane. 2014-2018; \$104,250.

*Principal Investigator.* “Validating a Measure of Male Body Talk.” Academic Year Undergraduate Research Grant. Northwestern University Office of Undergraduate Research. Co-PI: Renee Engeln. 2012-2013; \$925.

*Principal Investigator.* “Measuring Frequency and Content of Male Body Talk.” Summer Undergraduate Research Grant – Benton J. Underwood Summer Research Fellowship combined award. Northwestern University Office of Undergraduate Research and Department of Psychology. Co-PI: Renee Engeln. 2012; \$3,000.

**Peer-Reviewed Publications**

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\*undergraduate student collaborator; graduate student collaborator

IF = 5-Year Impact Factor from 2019 (unless otherwise noted)

1. Martinez-Fuentes, S., Umaña-Taylor, A. J., Jager, J., Seaton, E. K., & **Sladek, M. R.** (in press). An examination of ethnic-racial identity and U.S. American identity among Black, Latino, and White adolescents. *Identity*. doi:10.1080/15283488.2020.1784177
2. Anderson, S. F., **Sladek, M. R.**, Doane, L. D. (in press). Negative affect reactivity to stress and internalizing symptoms over the transition to college for Latinx adolescents: Buffering role of family support. *Development and Psychopathology*. doi:10.1017/S095457942000053X. IF = 4.640
3. **Sladek, M. R.**, Umaña-Taylor, A. J., Oh, G., Spang, M. B., Uribe Tirado, L. M., Tilano Vega, L. M., McDermott, E. R., & Wantchekon, K. A. (in press). Ethnic-racial discrimination experiences and ethnic-racial identity predict adolescents' psychosocial adjustment: Evidence for a compensatory risk-resilience model. *International Journal of Behavioral Development*. doi:10.1177/0165025420912013. IF = 2.423
4. **Sladek, M. R.**, Doane, L. D., Luecken, L. J., Gonzales, N. A., & Grimm, K. J. (in press). Reducing cultural mismatch: Latino students' neuroendocrine and affective stress responses following cultural diversity and inclusion reminder. *Hormones and Behavior*, 120. doi:10.1016/j.yhbeh.2020.104681. IF = 4.041
5. **Sladek, M. R.**, Umaña-Taylor, A. J., McDermott, E. R., Rivas-Drake, D., & Martinez-Fuentes, S. (2020). Testing invariance of ethnic-racial discrimination and identity measures for adolescents across ethnic-racial groups and contexts. *Psychological Assessment*, 32(6), 509-526. doi:10.1037/pas0000805. IF = 4.222
6. **Sladek, M. R.**, Doane, L. D., & Park, H. (2020). Latino adolescents' daily bicultural stress and sleep: Gender and school context moderation. *Health Psychology*, 39(3), 179-189. doi:10.1037/hea0000824. IF = 4.418
7. **Sladek, M. R.**, Doane, L. D., & Breitenstein, R. S. (2020). Daily rumination about stress, sleep, and diurnal cortisol activity. *Cognition and Emotion*, 34(2), 188-200. doi:10.1080/02699931.2019.1601617. IF = 2.670
8. Hagan, M. J., **Sladek, M. R.**, Luecken, L. J., & Doane, L. D. (2020). Event-related clinical distress in college students: Responses to the 2016 U.S. presidential election. *Journal of American College Health*, 68(1), 21-25. doi:10.1080/07448481.2018.1515763. IF = 2.220
9. **Sladek, M. R.**, Doane, L. D., Gonzales, N. A., Grimm, K. J., & Luecken, L. J. (2019). Latino adolescents' cultural values associated with diurnal cortisol activity. *Psychoneuroendocrinology*, 109, 104403. doi:10.1016/j.psyneuen.2019.104403. IF = 4.888

10. Doane, L. D., **Sladek, M. R.**, Breitenstein, R. S., Park, H., Castro, S. C., & Kennedy, J. L. (2018). Cultural neurobiology and the family: Evidence from the daily lives of Latino adolescents. *Development and Psychopathology*, *30*(5), 1779-1796. doi:10.1017/S0954579418001104. IF = 4.640
11. Kroon Van Diest, A. M., Perez, M., \*Smith, H., & **Sladek, M. R.** (2018). Body dissatisfaction and its correlates in 5- to 7-year-old girls: A social learning experiment. *Journal of Clinical Child & Adolescent Psychology*, *47*(5), 757-769. doi:10.1080/15374416.2016.1157758. IF = 4.910
12. **Sladek, M. R.**, Salk, R. H., & Engeln, R. (2018). Negative body talk measures for Asian, Latina(o), and White women and men: Measurement equivalence and associations with ethnic-racial identity. *Body Image*, *25*, 66-77. doi:10.1016/j.bodyim.2018.02.005. IF = 3.745
13. \*Smith, H., Perez, M., **Sladek, M. R.**, Becker, C. B., Ohrt, T. K., & Bruening, A. B. (2017). Development and validation of makeup and sexualized clothing questionnaires. *Journal of Eating Disorders*, *5*, 39-52. doi:10.1186/s40337-017-0171-1. 3-year IF = 2.810
14. Hilt, L. M., **Sladek, M. R.**, Doane, L. D., & Stroud, C. B. (2017). Daily and trait rumination: Diurnal cortisol patterns in adolescent girls. *Cognition and Emotion*, *31*(8), 1757-1767. doi:10.1080/02699931.2016.1262332. IF = 2.670
15. Tavernier, R., Heissel, J. A., **Sladek, M. R.**, Grant, K. E., & Adam, E. K. (2017). Adolescents' technology and face-to-face time use predict objective sleep outcomes. *Sleep Health*, *3*(4), 276-283. doi:10.1016/j.sleh.2017.04.005. 3-year IF = 3.440
16. **Sladek, M. R.**, Doane, L. D., & Stroud, C. B. (2017). Individual and day-to-day differences in active coping predict diurnal cortisol patterns among early adolescent girls. *Journal of Youth and Adolescence*, *46*, 121-135. doi:10.1007/s10964-016-0591-2. IF = 4.501
17. **Sladek, M. R.**, Doane, L. D., Jewell, S. L., & Luecken, L. J. (2017). Social support coping style predicts women's cortisol in the laboratory and daily life: The moderating role of social attentional biases. *Anxiety, Stress, & Coping*, *30*(1), 66-81. doi:10.1080/10615806.2016.1181754. IF = 2.200
18. **Sladek, M. R.**, Doane, L. D., Luecken, L. J., & Eisenberg, N. (2016). Perceived stress, coping, and cortisol reactivity in daily life: A study of adolescents during the first year of college. *Biological Psychology*, *117*, 8-15. doi:10.1016/j.biopsycho.2016.02.003. IF = 3.459
19. \*Drake, E. C., **Sladek, M. R.**, & Doane, L. D. (2016). Daily cortisol activity, loneliness, and coping efficacy in late adolescence: A longitudinal study of the transition to college. *International Journal of Behavioral Development*, *40*(4), 334-345. doi:10.1177/0165025415581914. IF = 2.423

20. Doane, L. D., Chen, F. R., **Sladek, M. R.**, Van Lenten, S. A., & Granger, D. A. (2015). Latent trait cortisol (LTC) levels: Reliability, validity, and stability. *Psychoneuroendocrinology*, 55, 21-35. doi:10.1016/j.psyneuen.2015.01.017. IF = 4.888
21. **Sladek, M. R.**, & Doane, L. D. (2015). Daily diary reports of social connection, objective sleep, and the cortisol awakening response during adolescents' first year of college. *Journal of Youth and Adolescence*, 44, 298-316. doi:10.1007/s10964-014-0244-2. IF = 4.501
22. **Sladek, M. R.**, Engeln, R., & Miller, S. A. (2014). Development and validation of the Male Body Talk Scale: A psychometric investigation. *Body Image*, 11(3), 233-244. doi:10.1016/j.bodyim.2014.02.005. IF = 3.745
23. Engeln, R., **Sladek, M. R.**, & Waldron, H. (2013). Body talk among college men: Content, correlates, and effects. *Body Image*, 10(3), 300-308. doi:10.1016/j.bodyim.2013.02.001. IF = 3.745

### **Papers Under Review**

\*undergraduate student collaborator; graduate student collaborator

- Sladek, M. R.**, Umaña-Taylor, A. J., Wantchekon, K. A., McDermott, E. R., & Updegraff, K. A. (invited revision). Contextual moderators of a school-based ethnic-racial identity intervention: The roles of family ethnic socialization and ethnic-racial background. *Prevention Science*.
- Martinez-Fuentes, S., Umaña-Taylor, A. J., Jager, J., McDermott, E. R., & **Sladek, M. R.** (invited revision). Measurement equivalence testing of the American Identity Questionnaire across Black, Latino, and White adolescents. *Cultural Diversity and Ethnic Minority Psychology*.
- Sladek, M. R.**, Castro, S. C., & Doane, L. D. (under review). Ethnic-racial discrimination experiences predict Latinx adolescents' physiological stress processes across college transition.
- Wantchekon, K. A., Umaña-Taylor, A. J., McDermott, E. R., **Sladek, M. R.**, Rivas-Drake, D., Agi, A., & Satterthwaite-Freiman, M. (under review). Comparing relations of ethnic-racial public regard, centrality, and intergroup contact attitudes among diverse adolescents.
- Wantchekon, K. A., Umaña-Taylor, A. J., **Sladek, M. R.**, McDermott, E. R., & Updegraff, K. A. (under review). Adolescents' ethnic-racial centrality moderates effect of school-based intervention on ethnic-racial identity exploration.

## Published Abstracts, Book Chapters, and Other Work

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Doane, L. D., **Sladek, M. R.**, Breitenstein, R. S., Park, H., Castro, S. A., & Kennedy, J. L. (2019). Cultural neurobiology and the family: Evidence from the daily lives of Latino adolescents. *Psychoneuroendocrinology Abstracts*, 100S, S60. doi:10.1016/j.psyneuen.2018.12.204

Doane, L. D., **Sladek, M. R.**, & Adam, E. K. (2018). An introduction to cultural neurobiology: Evidence from physiological stress systems. In J. M. Causadias, E. H. Telzer, & N. A. Gonzales (Eds.), *The Handbook of Culture and Biology* (pp. 227-254). Hoboken, NJ: John Wiley & Sons, Inc.

Gonzales, N. A., Doane, L. D., **Sladek, M. R.**, Jenchura, E. J., & Kennedy, J. (2017). What influences college-going pathways for Latino high school students? The voices of Arizona students. Policy brief prepared for the Helios Education Foundation. <http://www.helios.org/Media/Default/Documents/What%20Influences%20College-Going%20Pathways%20for%20Latino%20High%20School%20Students.pdf>

**Sladek, M. R.** (2017, June). Qualitative and mixed methods research: Better understanding, better science. *Psychological Science Agenda – American Psychological Association*. <http://www.apa.org/science/about/psa/2017/06/qualitative-mixed-methods.aspx>

**Sladek, M. R.** (2016, December). Teaching your own course in graduate school: Advice for graduate students in search of teaching experience. *Psychological Science Agenda – American Psychological Association*. <http://www.apa.org/science/about/psa/2016/12/graduate-school.aspx>

**Sladek, M. R.**, & Rovenpor, D. R. (2016, May). Ethics 101: From developing research questions to sharing findings. *Psychological Science Agenda – American Psychological Association*. <http://www.apa.org/science/about/psa/2016/05/ethics.aspx>

## Professional Presentations

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\*undergraduate student collaborator; graduate student collaborator

1. **Sladek, M. R.**, Umaña-Taylor, A. J., Wantchekon, K. A., McDermott, E. R., & Updegraff, K. A. (2020, December). *It Works! But For Whom? Using Daily Diaries to Explore Moderators and Outcomes of an Ethnic-Racial Identity Intervention*. Paper to be presented at the Construction of the ‘Other’: Development, Consequences, and Applied Implications of Prejudice and Discrimination meeting of the Society for Research in Child Development, Rio Grande, Puerto Rico.
2. **Sladek, M. R.**, Castro, S. A., & Doane, L. D. (2020, December). *Latinx Adolescents’ Experiences of Ethnic-Racial Discrimination and Physiological Stress Reactivity Across College Transition*. Paper to be presented at the Construction of the ‘Other’: Development, Consequences, and Applied Implications of Prejudice and Discrimination meeting of the Society for Research in Child Development, Rio Grande, Puerto Rico.

3. **Sladek, M. R.** (2020, June). *Adolescent Ethnic-Racial Identity Development Across Global Cultural Contexts*. Paper symposium organized for the biennial meeting of the International Society for the Study of Behavioural Development, Island of Rhodes, Greece. (Conference canceled)
4. Umaña-Taylor A. J., **Sladek M. R.**, Uribe Tirado L. M., & Tilano Vega L. M. (2020, June). *Testing a Developmental Process Model of Ethnic-Racial Identity, Personal Identity Cohesion, and Adjustment Among Colombian Adolescents*. Paper accepted by the biennial meeting of the International Society for the Study of Behavioural Development, Island of Rhodes, Greece. (Conference canceled)
5. Jones, S., **Sladek. M. R.**, Umaña-Taylor, A. J., Uribe Tirado L. M., Tilano Vega L. M. (2020, June). *Assessment Across Cultures: Examining Measurement Equivalence of Academic Engagement Among Adolescents in Colombia and the United States*. Poster presentation accepted by the biennial meeting of the International Society for the Study of Behavioural Development, Island of Rhodes, Greece. (Conference canceled)
6. **Sladek, M. R.** (2020, March). *Cortisol Responses to Psychosocial Stress Among Ethno-Racially Diverse Adolescents and Young Adults in College*. Paper symposium organized for the biennial meeting of the Society for Research on Adolescence, San Diego, CA. (Conference canceled)
7. **Sladek, M. R.**, Doane, L. D., Luecken, L. J., Gonzales, N. A., & Grimm, K. J. (2020, March). *Cultural Match or Mismatch? Latinx College Students' Cortisol and Affective Responses to Psychosocial Stress*. Paper presentation accepted by the biennial meeting of the Society for Research on Adolescence, San Diego, CA. (Conference canceled)
8. Lecarie, E., **Sladek, M. R.**, Gusman, M., Doane, L. D. (2020, March). *Academic Stress, Sleep, and the Role of School Belonging Among Latino Adolescents*. Paper presentation accepted by the biennial meeting of the Society for Research on Adolescence, San Diego, CA. (Conference canceled)
9. Anderson, S., **Sladek, M. R.**, & Doane, L. D. (2020, March). *Latinx Adolescents' Affect Reactivity to Stress and Depressive Symptoms Across the College Transition: Buffering by Family Support*. Paper presentation accepted by the biennial meeting of the Society for Research on Adolescence, San Diego, CA. (Conference canceled)
10. **Sladek, M. R.** (2020, March). *Calling All Postdoc Hopefuls: Insights From the NSF Social, Behavioral, and Economic Sciences Postdoctoral Research Fellowship*. Panel discussion organized for the biennial meeting of the Society for Research on Adolescence, San Diego, CA. (Conference canceled)

11. Ison, A., Sladek, M. R., Luo, H., Jones, S., Freiman, M., & Umaña-Taylor, A. J. (2020, March). *Coming Into Focus: Mixed-Methods Analysis of Family Ethnic Socialization and White Adolescents' Ethnic-Racial Identity Development*. Poster presentation accepted by the biennial meeting of the Society for Research on Adolescence, San Diego, CA. (Conference canceled)
12. Wantchekon, K. A., Umaña-Taylor, A. J., Sladek, M. R., McDermott, E. R., & Updegraff, K. A. (2020, March). *Ethnic-Racial Identity (ERI) Centrality Moderates Effect of School-based ERI Intervention on Adolescent ERI Development*. Poster presentation accepted by the biennial meeting of the Society for Research on Adolescence, San Diego, CA. (Conference canceled)
13. Spang, M. B., McDermott, E. R., Sladek, M. R., Umaña-Taylor, A. J. (2020, March). *Adolescent Mental Health: Ethnic-Racial Discrimination Associated with Comorbid Depressive and Anxiety Symptoms*. Poster presentation accepted by the biennial meeting of the Society for Research on Adolescence, San Diego, CA. (Conference canceled)
14. **Sladek, M. R.,** Umaña-Taylor, A. J., Wantchekon, K. A., McDermott, E. R., & Updegraff, K. A. (2019, May). *Family Ethnic Socialization and Ethnic-Racial Background Moderate Effects of Ethnic-Racial Identity Intervention at 1-Year Follow Up*. Poster presented at the annual meeting of the Association for Psychological Science, Washington, D.C.
15. Aguilar, G., Umaña-Taylor, A. J., Wantchekon, K. A., McDermott, E. R., Sladek, M. R., Uribe Tirado, L. M., & Tilano Vega, L. M. (2019, May). *Institutional and Peer Discrimination Predict Colombian Adolescents' Academic Adjustment and Ethnic-Racial Identity Serves as a Risk-Enhancer*. Poster presented at the annual meeting of the Association for Psychological Science, Washington, D.C.
16. Ison, A., Vázquez, M., Wantchekon, K. A., Umaña-Taylor, A. J., Sladek, M. R., McDermott, E. R., Uribe Tirado, L. M., & Tilano Vega, L. M. (2019, May). *Influence of Ethnic-Racial Identity Achievement and Socioeconomic Status on Colombian Adolescents' Academic Adjustment*. Poster presented at the annual meeting of the Association for Psychological Science, Washington, D.C.
17. Martinez-Fuentes, S., Sladek, M. R., Umaña-Taylor, A. J., McDermott, E. R., Wantchekon, K. A., Uribe Tirado, L. M., & Tilano Vega, L. M. (2019, May). *Colombian Adolescents' Personal Identity Cohesion Mediates Associations Between National Identity Resolution and Academic Adjustment*. Poster presented at the annual meeting of the Association for Psychological Science, Washington, D.C.
18. Murray, S., Umaña-Taylor, A. J., McDermott, E. R., Sladek, M. R., Wantchekon, K. A., Uribe Tirado, L. M., & Tilano Vega, L. M. (2019, May). *Examining the Association between Skin Tone and Ethnic-Racial Identity among Colombian Adolescents*. Poster presented at the annual meeting of the Association for Psychological Science, Washington, D.C.



19. Oh, G., Spang, M. B., Sladek, M. R., Umaña-Taylor, A. J., McDermott, E. R., Wantchekon, K. A., Uribe Tirado, L. M., & Tilano Vega, L. M. (2019, May). *Risk and Resilience Among Colombian Youth: Ethnic-Racial Discrimination and Ethnic-Racial Identity Are Associated with Colombian Adolescents' Psychosocial Adjustment*. Poster presented at the annual meeting of the Association for Psychological Science, Washington, D.C.
20. Rojas, M. J., Puri, S., McDermott, E. R., Umaña-Taylor, A. J., Wantchekon, K. A., Sladek, M. R., Uribe Tirado, L. M., & Tilano Vega, L. M. (2019, May). *Attitudes about Socioeconomic Hierarchies and Intergroup Interaction among Colombian Adolescents*. Poster presented at the annual meeting of the Association for Psychological Science, Washington, D.C.
21. McDermott, E. R., & **Sladek, M. R.** (2019, March). "What's Measurement Got to Do with It?" *Testing Ethnic-Racial Equivalence of Identity-Related Measures*. Paper symposium organized for the biennial meeting of the Society for Research in Child Development, Baltimore, MD.
22. **Sladek, M. R.**, Umaña-Taylor, A. J., Rivas-Drake, D., McDermott, E. R., & Martinez-Fuentes, S. (2019, March). *Comparing Apples to Oranges? Mixed Support for Ethnic-Racial Equivalence of Ethnic-Racial Identity and Related Measures*. Paper presented at the biennial meeting of the Society for Research in Child Development, Baltimore, MD.
23. **Sladek, M. R.** (2019, March). *Latina(o) Adolescents' Cortisol Responses to Psychosocial Stress: Experimental and Field Approaches*. Paper symposium organized for the biennial meeting of the Society for Research in Child Development, Baltimore, MD.
24. **Sladek, M. R.**, Doane, L. D., Gonzales, N. A., Grimm, K. J., & Luecken, L. J. (2019, March). *Latino Adolescents' Cultural Values Moderate Cortisol Responses to Everyday Stress*. Paper presented at the biennial meeting of the Society for Research in Child Development, Baltimore, MD.
25. Doane, L. D., **Sladek, M. R.**, Breitenstein, R. S., Park, H., Castro, S. C., & Kennedy, J. L. (2018, September). *Cultural Neurobiology and the Family: Evidence from the Daily Lives of Latino Adolescents*. Paper presented at the annual meeting of the International Society of Psychoneuroendocrinology, Irvine, CA.
26. **Sladek, M. R.** (2018, April). *Daily Diaries and Sleep Assessment in Adolescence and Young Adulthood: Context Matters*. Paper symposium organized for the biennial meeting of the Society for Research on Adolescence, Minneapolis, MN.
27. **Sladek, M. R.**, & Doane, L. D. (2018, April). *Daily Bicultural Stress and Actigraph-Measured Sleep Among Latino Late Adolescents*. Paper presented at the biennial meeting of the Society for Research on Adolescence, Minneapolis, MN.

28. **Sladek, M. R.,** & Doane, L. D. (2018, April). *Young Adults' Daily Psychological Stress Responses and Diurnal Cortisol Patterns*. Poster presented at the biennial meeting of the Society for Research on Adolescence, Minneapolis, MN.
29. **Sladek, M. R.,** Engeln, R., & Salk, R. H. (2017, June). *Using Fat Talk Measures with Ethnically Diverse Female and Male College Students: Measurement Equivalence and Contributions to Eating Disordered Attitudes and Behaviors*. Poster presented at the International Conference on Eating Disorders, Prague, Czech Republic.
30. **Sladek, M. R.** (2017, April). *Underrepresented: Factors that Encourage and Undermine Educational Pathways for Racial/Ethnic Minority and Low-Income Students*. Paper symposium organized for the biennial meeting of the Society for Research in Child Development, Austin, TX.
31. Jenchura, E. C., **Sladek, M. R.,** Doane, L. D., & Gonzales, N. A. (2017, April). *Cultural Influences on Latino High School Students' College-Going Pathways*. Paper presented at the biennial meeting of the Society for Research in Child Development, Austin, TX.
32. **Sladek, M. R.,** Breitenstein, R. S., & Doane, L. D. (2017, April). *Individual and Day-to-Day Differences in Psychological Responses to Stress Predict Sleep in Young Adulthood*. Paper presented at the biennial meeting of the Society for Research in Child Development, Austin, TX.
33. \*Buzzetta Torres, I., Gonzales, N. A., Jenchura, E. C., **Sladek, M. R.,** & Doane, L. D. (2017, April). *How Schools Can Better Support Latino High School Students to Prepare for College*. Poster presented at the biennial meeting of the Society for Research in Child Development, Austin, TX.
34. \*Moga, R., Breitenstein, R. S., **Sladek, M. R.,** & Doane, L. D. (2017, April). *Assessing Loneliness and Objective Sleep Parameters in Emerging Adulthood Using Electronic Daily Diary Reports and Actigraphy*. Poster presented at the biennial meeting of the Society for Research in Child Development, Austin, TX.
35. **Sladek, M. R.,** Doane, L. D., & Stroud, C. B. (2016, November). *Daily Physiological Stress Processes Among Early Adolescent Girls: Relation to Day-to-Day and Individual Differences in Coping*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
36. **Sladek, M. R.,** \*King, J. M., Menary, K. R., Corbin, W. R., & Doane, L. D. (2016, May). *A Multi-Method Approach to Assess Alcohol Use: Timeline Followback Interviews and Smartphone Daily Diaries*. Poster presented at the annual meeting of the Association for Psychological Science, Chicago, IL.
37. **Sladek, M. R.,** Engeln, R., & Salk, R. H. (2016, May). *Evidence for Measurement Equivalence of Fat Talk Measures across White, Latino/a, and Asian College Students*. Poster presented at the annual meeting of the Association for Psychological Science, Chicago, IL.

38. Tavernier, R., Heissel, J., **Sladek, M. R.**, Grant, K., & Adam, E. K. (2016, May). *Time Spent Using Technology and In-Person with Friends and Family Predict Objective Sleep Outcomes Among Adolescents*. Paper presented at the annual meeting of the Association for Psychological Science, Chicago, IL.
39. **Sladek, M. R.** (2016, April). *Naturalistic Approaches to Examine Diurnal Cortisol Activity and Adaptation to Stress in the Daily Lives of Adolescents*. Paper symposium organized for the biennial meeting of the Society for Research on Adolescence, Baltimore, MD.
40. **Sladek, M. R.**, Doane, L. D., & Stroud, C. B. (2016, April). *Individual and Day-to-Day Differences in Coping Predict Diurnal Cortisol Patterns among Adolescent Girls*. Paper presented at the biennial meeting of the Society for Research on Adolescence, Baltimore, MD.
41. **Sladek, M. R.**, & Doane, L. D. (2015, March). *Using Daily Diary Methods to Assess Coping Responses to Stress Among Children, Adolescents, and Parents in Diverse Contexts*. Paper symposium organized for the biennial meeting of the Society for Research in Child Development, Philadelphia, PA.
42. **Sladek, M. R.**, & Doane, L. D. (2015, March). *Naturalistic Assessment of Daily Emotions, Coping Responses, and Cortisol Reactivity Among Adolescents in the College Context*. Paper presented at the biennial meeting of the Society for Research in Child Development, Philadelphia, PA.
43. \*King, J., **Sladek, M. R.**, Van Lenten, S. A., Breitenstein, R. S., & Doane, L. D. (2015, March). *Investigating Emerging Adults' Perceptions of Stress and Interpersonal Connections Using Smartphone Daily Diary Reports*. Poster presented at the biennial meeting of the Society for Research in Child Development, Philadelphia, PA.
44. **Sladek, M. R.**, & Doane, L. D. (2014, September). *Daily Diary Reports of Social Connection, Objective Sleep, and Diurnal Cortisol Activity During Adolescents' First Year of College*. Poster presented at the Developmental Methodology special topics meeting of the Society for Research in Child Development, San Diego, CA.
45. **Sladek, M. R.**, & Doane, L. D. (2014, May). *Hispanic Ethnicity and Parent Education Moderate Stress and Coping among College Students*. Poster presented at the annual meeting of the Association for Psychological Science, San Francisco, CA.
46. \*Angleman, M. R., \*Rudd, K. R., **Sladek, M. R.**, & Doane, L. D. (2014, May). *Peer Support Moderates Negative Affect and Salivary Alpha-Amylase Across College Transition*. Poster presented at the annual meeting of the Association for Psychological Science, San Francisco, CA.

47. \*Scott, K. M., Engeln, R., Doyle, D. M., & **Sladek, M. R.** (2014, May). *The Impact of Dance Style on Objectification and Eating Disorders*. Poster presented at the annual meeting of the Association for Psychological Science, San Francisco, CA.
48. **Sladek, M. R.**, & Engeln, R. (2013, May). *Convergent, Discriminant, and Factorial Validity of the Male Body Talk Scale*. Poster presented at the annual meeting of the Association for Psychological Science, Washington, D.C.
49. **Sladek, M. R.**, & Engeln, R. (2013, May). *Constructing the Male Body Talk Scale: A Psychometric Investigation*. Poster presented at the annual meeting of the Midwestern Psychology Association, Chicago, IL.
50. \*Frost, A., Hoyt, L. T., Saeed, S., **Sladek, M. R.**, \*Jones, S. F., \*Black, S. L., Mirous, H., \*Rosenberg, D., & Adam, E. K. (2013, April). *Daily Life with Depressive Symptoms: Gender Differences in Everyday Emotional and Interpersonal Experiences*. Poster presented at the biennial meeting of the Society for Research in Child Development, Seattle, WA.
51. Saeed, S., \*Black, S. B., \*Frost, A., Hoyt, L. T., \*Jones, S. F., McQuillan, M., Mirous, H., \*Rosenberg, D., Alexander, K., **Sladek, M. R.**, & Adam, E. K. (2013, April). *Behind the Screen: Exploring Predictors of Social and Work-Related Screen Use during Adolescence*. Poster presented at the biennial meeting of the Society for Research in Child Development, Seattle, WA.
52. **Sladek, M. R.**, & Engeln-Maddox, R. (2012, May). *Mood Affects Frequency of Negative Body Talk in College Women*. Poster presented at the annual meeting of the Association for Psychological Science, Chicago, IL.
53. **Sladek, M. R.**, \*Waldron, H., & Engeln-Maddox, R. (2012, May). *Negative Body Talk in College Men: Frequency, Content, and Correlates*. Poster presented at the annual meeting of the Midwestern Psychology Association, Chicago, IL.

## **Teaching and Mentoring**

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### **Harvard Graduate School of Education**

Spring 2020	Instructor of Record, Research Independent Study (Grad Level; $N = 4$ )
Fall 2019 - Spring 2020	Instructor of Record, "Understanding How Schools, Peers, and Families Shape Ethnic-Racial Identity Development" Research Practicum (Grad Level; $N = 12$ )
Summer 2019	Online Graduate Curriculum Development, "How People Learn: Development of Identity in the Context of Learning" (Grad Level; $N = 234$ )

- Spring 2019 Information Session Host, “So You Want to Get a PhD? Applying to and Interviewing for Doctoral Programs”
- Guest Lecture, “Conference Poster Presentations: Where to Start?”  
Research Practicum (Grad Level;  $N = 9$ )
- Fall 2018 Team Teaching, “An Investigation of Ethnic-Racial Identity Outside of the U.S. Context – The Case of Colombia”  
Research Practicum (Grad Level;  $N = 9$ )
- Guest Lecture, “Erikson: Theory and Intervention”  
Developmental Theories of Change (Grad Level;  $N = 35$ )

Advising Ph.D. Student Research Projects:

Gladys Aguilar	Swati Puri
Ashley Ison	Ethan Trinh
Shandra Jones	Michael Ángel Vásquez
Megan Satterwaite Freiman	Kristia Wantchekon
Stefanie Martinez-Fuentes	

Advising Master’s Student Research Projects:

David Bates	Sonrisa Murray
Maggie Christakos	Grace Oh
Elisa Gomez	Maria Juliana Rojas
Connie Hur	Mary Beth Spang
Elaine Luo	Michael Ángel Vásquez

**Arizona State University**

- Spring 2018 Guest Lecture, “Student Fellowships”  
Grant Writing/Professional Development (Grad Level;  $N = 12$ )
- Guest Lecture, “Infant Early Capabilities, Reflexes, and Development”  
Developmental Psychology ( $N = 100$ )
- Spring 2017 Guest Lectures, “Introduction to Hypothesis Testing”  
Introduction to Statistics ( $N = 100$ )
- Graduate Teaching Associate, Introduction to Statistics ( $N = 50$ )
- Fall 2016 Instructor of Record, Developmental Psychology ( $N = 24$ )
- Guest Lectures, “The  $t$ -Test for Two Related Samples”  
Introduction to Statistics ( $N = 78$ )

- Fall 2016 Graduate Teaching Associate, Introduction to Statistics ( $N = 31$ )
- Summer 2016 Guest Lecture, “Developmental Research Beyond the Lab: Daily Diaries, Salivary Biomarkers, and Actigraphy”  
Research Methods in Psychology ( $N = 26$ )
- Spring 2016 Guest Lecture, “Self-Regulation and the Transition to Adulthood”  
Self-Regulation and Development ( $N = 13$ )
- 2014-2015 Advising (with L. D. Doane) for Undergraduate Honors Thesis of Sydney-Paige Komarnisky *\*selected as 1 of top 3 projects in department*

Advising Undergraduate Student Research Projects:

Matthew Angleman	Radu Moga
Jennifer King	Kristen Rudd
Sydney-Paige Komarnisky	Ibelis Buzzetta Torres

Interested in teaching:

Developmental Psychology	Introduction to Statistics
Adolescence and Young Adulthood	Research Methods (Qual, Quant, Mixed Methods)
Stress and Cultural Neurobiology	Psychometrics
Ethnic and Racial Identity	Multilevel Models; Longitudinal Growth Modeling

**Service**

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**Professional Memberships**

Society for Research in Child Development (SRCD)  
Latinx Caucus; Sexual Orientation and Gender Identity/Expression (SOGIE) Caucus

Society for Research on Adolescence (SRA)

Association for Psychological Science (APS)

American Psychological Association (APA)

**Ad Hoc Reviewer**

*American Psychologist*  
*Anxiety, Stress, & Coping*  
*Biological Psychology*  
*Child Development*  
*Clinical Psychological Science*  
*Developmental Psychobiology*

*Health Psychology*  
*Journal of Adolescent Health*  
*Journal of Clinical Child & Adolescent Psychology*  
*Journal of Research on Adolescence*  
*Journal of Youth and Adolescence*  
*Psychoneuroendocrinology*

### Professional Service

APA LGBT+ Mentoring Program, present  
 SRCD SOGIE Caucus membership committee, present  
 SRA biennial meeting reviewer, 2019  
 SRCD Small Grants Program for Early Career Scholars, reviewer, 2019  
 APA Science Student Council, 2015-2018  
 SRA biennial meeting student reviewer, 2015  
 APS Student Caucus, grant reviewer, 2014-2015

### Department and University Service

Alumni Admission Council, Northwestern, 2014-2019  
 Mentor Circle Coordinator, Northwestern Alumni Association, 2019  
 National Collegiate Research Conference, poster session judge, Harvard, 2019  
 Graduate Fellowships for STEM Info Session, panelist, ASU, 2018  
 Graduate and Professional Student Association, grant/award reviewer, ASU, 2014-2017  
 “Writing a Successful Pre-Doctoral NSF Grant” panel, ASU, 2014-2017  
 Diversity and Inclusion Science Initiative Graduate Research Conference, reviewer, ASU, 2017  
 Early Start Psychology Orientation for Undergraduate Students, lab tours, ASU, 2017  
 Teaching Assistant/Associate Development Orientation, presenter, ASU, 2017 spring and fall  
 Graduate and Professional Student Association Travel Grant Info Session, panelist, ASU, 2016  
 Psi Chi “Road to Graduate School” panelist, ASU, 2014-2016  
 Shades Multicultural Peer Mentoring Program, peer mentor, ASU, 2014-2016  
 Developmental Psychology area student admissions liaison, ASU, 2015  
 Graduate Studies Committee, Developmental area student representative, ASU, 2014-2015  
 Graduate Education National Graduate Fellowship Info Session, panelist, ASU, 2014  
 Undergraduate Psychology Association Vice President, Northwestern, 2012-2013

### Community Presentations

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“La Identidad y el Desarrollo Positivo de Jóvenes” [Identity and Positive Youth Development]. (October 28 – November 9, 2018). Adriana Umaña-Taylor, **Michael Sladek**, Luz Magnolia Tilano, and Liliana Uribe. Reports presented to 6 school administrators, Medellín, Colombia.

“Latino College Going Pathways: Sources of Influences.” (September 9, 2016). Nancy Gonzales, Leah Doane, **Michael Sladek**, Emily Jenchura, and Jennifer Kennedy. Presented to the Helios Education Foundation Board of Directors. Scottsdale, AZ.

Staff meetings with offices of Congresswoman Kyrsten Sinema (D-AZ-9) and Senator John McCain (R-AZ). (April 21, 2016). American Psychological Association’s *Stand for Science* campaign to advocate for sustainable federal funding for social science research.

## Media Coverage

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- “A quarter of college students could develop PTSD because of the 2016 election, a new study suggests” by Isaac Stanley-Becker (October 24, 2018). *The Washington Post*.  
[https://www.washingtonpost.com/nation/2018/10/24/quarter-college-students-could-develop-ptsd-because-election-new-study-suggests/?noredirect=on&utm\\_term=.3dd3d98589c4](https://www.washingtonpost.com/nation/2018/10/24/quarter-college-students-could-develop-ptsd-because-election-new-study-suggests/?noredirect=on&utm_term=.3dd3d98589c4)
- “College students experienced trauma symptoms after Trump’s election, study says” by Jen Christensen (October 22, 2018). *CNN: Health*.  
<https://www.cnn.com/2018/10/22/health/trump-election-trauma-students-study/index.html>
- “ASU psychology graduate student wins American Psychological Association dissertation award” by Kimberlee D’Ardenne (May 30, 2018). *ASU Now*.  
<https://asunow.asu.edu/20180530-asu-psychology-graduate-student-wins-american-psychological-association-dissertation-award>
- “Masculinity: Men’s makeover” by Kelly Rae Chi. (October 7, 2015). *Nature.com*.  
[http://www.nature.com/nature/journal/v526/n7572\\_supp/full/526S12a.html](http://www.nature.com/nature/journal/v526/n7572_supp/full/526S12a.html)
- “From the Look of It: How Women Speak About Weight and Looks” (May 29, 2013). *The Today Show*. <http://www.today.com/health/my-butt-so-huge-fat-talk-common-harmful-6C10109738>
- “Fat Talk Compels but Carries a Cost” by Jan Hoffman. (May, 2013). *The New York Times*.  
<http://well.blogs.nytimes.com/2013/05/27/fat-talk-compels-but-carries-a-cost/>