

# LEDRIC D. SHERMAN

Curriculum Vitae-September 2020

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## EDUCATION

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2013	Ph.D.	Health Education Texas A&M University, College Station, Texas College of Education and Human Development Department of Health and Kinesiology
2004	M.A.	Health Education Sam Houston State University, Huntsville, Texas College of Education Department of Health and Kinesiology
2001	B.S.	Health Education (Minor in English) Sam Houston State University, Huntsville, Texas College of Education Department of Health and Kinesiology

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## ACADEMIC EXPERIENCE

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2015- Present	Assistant Professor	<i>Department of Health &amp; Kinesiology Division of Health Texas A&amp;M University College Station, Texas</i>
2013-2015	Clinical Assistant Professor	<i>Department of Health &amp; Kinesiology Division of Health Texas A&amp;M University College Station, Texas</i>
2012 – 2013	Instructional Associate Professor	<i>Department of Health &amp; Kinesiology Physical Education Activity Program Texas A&amp;M University College Station, Texas</i>
2004-2012	Instructional Assistant Professor	<i>Department of Health &amp; Kinesiology Physical Education Activity Program Texas A&amp;M University College Station, Texas</i>

2013- Present	Faculty Research Affiliate	<i>Transdisciplinary Center for Health Equity Research Texas A&amp;M University College Station, Texas</i>
2012-2013	Research Associate	<i>Transdisciplinary Center for Health Equity Research Texas A&amp;M University College Station, Texas</i>
2012	Research Associate	<i>Social and Health Disparities Research Lab Texas A&amp;M University College Station, Texas</i>
2009 – 2012	Research Associate	<i>Center for the Study of Health Disparities Texas A&amp;M University College Station, Texas</i>

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### PROFESSIONAL EXPERIENCE

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2002-2003	Assistant Program Coordinator	<i>Texas Department of Criminal Justice Wellness Initiative Now (W.I.N.) Program Huntsville, Texas</i>
2003-2004	Graduate Teaching Assistant	<i>Sam Houston State University Department of Health and Kinesiology</i>
2001-2002	Substitute (K-12) School Teacher	<i>Huntsville Independent School District</i>

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### RESEARCH INTERESTS

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- Type 2 diabetes self-management among African American Men
- Men's health
- Health education and wellness promotion
- Built and natural environment impact on exercise and chronic disease management

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### PEER REVIEWED RESEARCH MANUSCRIPTS

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**Note:** Names in *Italics* designate graduate student status at the time of submission.

Publications with (\*\*) at the end denotes a change in impact factor.

- **21 manuscripts published**
  - 17 publications are either first authored, solo authored, or second author.
  - 7 publications include student authors.
- **12 currently under review**

Zhang, X., **Sherman, L.D.**, Foster, M. (in-press) Patient-provider communication on sexual health: A scoping review. Patient Education and Counseling; Impact Factor: 2.821

**Sherman, L.D.**, Patterson, M.S, *Tomar, A.*, Wigfall, L.T. (2020). Use of Digital Health Information for Health Information Seeking Among Men Living with Chronic Disease: Data from the Health Information and National Trends Survey (HINTS). American Journal of Men's Health; DOI: <https://doi.org/10.1177/1557988320901377>; Impact Factor: 1.409

Wigfall, L.T., **Sherman, L.D.**, Garney, W.R., Patterson, M.S., *Montiel-Ishino, F.A.*, Vadaparampil, S.T. (2020) Are healthcare providers making the most of patient encounters to promote HPV vaccination for persons aged 26 years at-risk for cigarette smoking? Patient Education and Counseling, 103(1), 180-188. Impact Factor: 2.785

Zhang, X., *Mkuu, R.*, *Samman, E.*, *Cummings, S.*, **Sherman, L.D.**, Wigfall, L.T., Wilkinson, T., Burdine, J.N. (2019) Anxiety and Depressive Symptoms and Missing Breast Cancer and Cervical Screening: Results from Brazos Valley Community Health Survey. Psychology, Health, and Medicine; Impact Factor: 1.603

**Sherman, L.D.**, Comer-Hagans, D., Pattin, A.J. (2019) Experiences with stress among African American men living with type 2 diabetes: A qualitative inquiry. SAGE Open Nursing. Impact Factor: 0.675

**Sherman, L.D.**, Smith, M.L. (2019) African American fathers' perceived role for the dietary behaviors of their children: A Qualitative Study. [doi.org/10.1177/1557988319840851](https://doi.org/10.1177/1557988319840851) American Journal of Men's Health; Impact Factor: 1.409(\*\*)

**Sherman, L.D.**, Grande, S.W. (2019) Building better clinical relationships with patients: An argument for digital health solutions with Black men; [doi.org/10.1177/1178632919834315](https://doi.org/10.1177/1178632919834315) Health Services Insights; Impact Factor: 1.210

*Jackson, Z.A.*, **Sherman, L.D.** (2019) National college health assessment sampling: Organizational barriers preventing Black participation and organizational solutions for appropriate representation. Journal of American College Health, 67(6), 501-504; Impact Factor: 1.656

Pattin, A.J., **Sherman, L.D.** (2018) Experiences among African-American community members with pharmacy-based immunization services in Detroit, Michigan. [doi: 10.1177/8755122518801288](https://doi.org/10.1177/8755122518801288); Journal of Pharmacy Technology; Impact Factor: 0.138

**Sherman, L.D.**, Griffith, D.M. (2018) If I Can Afford Steak, Why Worry About Buying Beans: African American Men's Perceptions of their Food Environment. American Journal of Men's Health; [doi.org/10.1177/1557988318774986](https://doi.org/10.1177/1557988318774986); Impact Factor: 1.409(\*\*)

Grande, S.W., **Sherman, L.D.** (2018) Too important to ignore: Leveraging digital technology to improve chronic illness management among Black men. Journal of the Medical Internet Research; [doi:10.2196/jmir.9434](https://doi.org/10.2196/jmir.9434); Impact Factor: 5.175

- Sherman, L.D.**, Strom-Williams, J. (2018) Perspectives of fear as a barrier to self-management in non-Hispanic Black men with type 2 diabetes. Health Education and Behavior; doi.org/10.1177/1090198118763938; Impact Factor: 2.339
- Harvey, I.S., **Sherman, L.D.**, *Spears, E.*, Ford, C.D., & Green, H.D. (2017) Social support and diabetes self-management behavior among Caribbean American and African American women: A descriptive correlation study; Journal of Social Health and Diabetes, 5, (1) 16-24; Impact Factor: N/A
- Bonner, T.*, Harvey, I.S., & **Sherman, L.D.** (2017) A Qualitative Inquiry of Lower Extremity Disease Knowledge among African Americans living with type 2 Diabetes. Health Promotion Practice; 1524839916688867; Impact Factor: 0.720
- Sherman, L.D.**, *Favole, T.* (2016) 'The more I do, the better I'll be': The treatment preferences of type 2 diabetes among African-American men. American Journal of Men's Health; DOI: 10.1177/1557988316642274; Impact Factor: 2.306
- Sherman, L.D.** (2016) A comprehensive literature review of theories and constructs utilized in type 2 diabetes self-care management research involving African-American men. Journal of Social Health and Diabetes, 4,(2), 127-132; Impact Factor: N/A
- Sherman, L.D.**, Hawkins, J., & *Bonner, T.* (2016) An analysis of the recruitment and participation of African-American men in type 2 diabetes self-management research: a review of the published literature. Social Work in Public Health dx.doi.org/10.1080/19371918.2016.1188742; Impact Factor: 0.354
- Sherman, L.D.**, McKyer, E.L.J. (2015) Where are they? The inclusion of African-American men in empirical studies of type 2 diabetes self-care management. Journal of Social Health and Diabetes, 3(2), 27-39; Impact Factor: N/A
- Sherman, L.D.** (2014) "We've come this far by faith": Faith and spirituality as a facilitator to self-care management of type 2 diabetes among African-American men. Journal of Social Health and Diabetes, 3(1), 26-32; Impact Factor: N/A
- Sherman, L.D.**, McKyer, E.L.J, Singer, J., Larke Jr., A., & Guidry, J. (2014) Understanding the essence and lived experience among African-American men living with type 2 diabetes. Journal of Social Health and Diabetes, 2(2), 96-104; Impact Factor: N/A
- Grande, S.W., **Sherman, L.D.**, & Shaw-Ridley, M. (2013) A brotherhood perspective: How African-American male relationships may improve trust and utilization of health care. American Journal of Men's Health, 7(6), 494-503; Impact Factor: 2.141

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REVISED AND RESUBMITTED MANUSCRIPTS

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MANUSCRIPTS UNDER REVIEW

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- Graves-Boswell, T., Tomar, A., Patterson, M.S., Panjwani, S., Spadine, M., Garney, W., Wigfall, L.T., **Sherman, L.D.*** Using a Systems Thinking Tool to Identify Leverage Points for Autoimmune Thyroid Disease. Submitted on September 8, 2020; System Dynamic Review; Impact Factor: 1.879
- Smith, M.L., **Sherman, L.D.**, Bergeron, C.D., Merianos, A.L., Goidel, K. Health indicators and service utilization among middle-aged and older African-American and Hispanic males with chronic conditions. Submitted on September 7, 2020; International Journal of Environmental Research and Public Health; Impact Factor: 2.849
- Sherman, L.D.**, Comer-Hagans, D. Type 2 diabetes management among Black men during the COVID-19 pandemic: A qualitative investigation. Submitted on August 18, 2020; Health Education & Behavior; Impact Factor: 2.241
- Comer-Hagans, D., Austin, S., Ramamonjariavelo, Z., & **Sherman, L.D.** Diabetes preventative diabetes self-care management practices among individuals with diabetes and mental health stress. Submitted on August 17, 2020. Journal of Affective Disorders; Impact Factor: 3.892
- Sherman, L.D.**, Pattin, A.J., *Strong, M.R.* Ghettos of the mind: The mental strain of managing type 2 diabetes among Black men during the COVID-19 pandemic. Submitted on August 11, 2020. American Journal of Men's Health; Impact Factor: 1.605
- Sherman, L.D.**, Towne Jr., S.D., Xu, M., Zhu, X., Lee, C., Griffin, G., McKyer, E.L.J., Ory, M.G. Neighborhood satisfaction in an activity-friendly community: Roles of race, education, housing type, and perspectives on safety. Submitted on July 11, 2020; Journal of Urban Health; Impact Factor: 2.356
- Jackson, Z., Harvey, I.S., **Sherman, L.D.** The impact of discrimination beyond sense of belonging: Predicting college students' confidence in their ability to graduate. Submitted on July 9, 2020; Journal of College Student Retention: Research, Theory, & Practice; Impact Factor: 1.520
- Comer-Hagans, D., Ramamonjariavelo, Z.H., **Sherman, L.D.**, Austin., S. Diabetes self-management among individuals with diabetes and physical disabilities. Submitted on April 19, 2020; Diabetes Metabolism Research and Reviews; Impact Factor: 4.758
- Sherman, L.D.**, Lee, S., Zhu, X., Lee, C., Ory, M.G. Facilitators and barriers to physical and social health within an activity friendly community: A qualitative investigation. Submitted on April 27, 2020; Health Education & Behavior; Impact Factor: 2.613
- Samman, E., McKyer, E.L.J., Ishdorj, A., Hongyang, D., Burdine, J., **Sherman, L.D.*** Texas postpartum WIC participant's food consumption patterns before and after the food package revision. Submitted on April 7, 2020; Maternal and Child Health Journal; Impact Factor: 1.821
- Samman, E., Ishdorj, A., McKyer, E.L.J., Hongyang, D., Burdine, J., **Sherman, L.D.*** The special supplemental nutrition program for women, infants and children (WIC) food package revision and rural postpartum WIC participants in the U.S. Submitted on April 6, 2020; Journal of the Academy of Nutrition and Dietetics; Impact Factor: 4.021

Samman, E., McKyer, E.L.J., Ishdorj, A., Hongyang, D., Burdine, J., **Sherman, L.D.** Impact of the special supplemental nutrition program for women, infants, and children (WIC) food package revision on rural postpartum WIC participants: A scoping review. Submitted April 2, 2020; *Journal of Rural Health*; Impact Factor: 1.762

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### BOOK CHAPTERS

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Chuck, E. & **Sherman, L.D.** (In press). Chronic disease. In D. Karczmarczyk & S. A. Milstein (Eds.), *Men's health: An introduction*. London: Routledge (\*PEER-REVIEWED CHAPTER\*)

Griffith, D.M., Cornish, E.K., **Sherman, L.D.**, Moore, H.J. (2019) Middle-aged men's health: Patterns and causes of health disparities during a pivotal period in the life course. In D.M. Griffith, M.A. Bruce, & R.J. Thorpe, Jr. (Eds.), *Men's Health Equity: A Handbook* (pp. 72-85). New York, NY: Routledge. (\*PEER-REVIEWED CHAPTER\*)

Bonner, T., **Sherman, L.D.**, Hurd, T., & Jones, L. (2015). Patient Navigation. In K.H. Todd & C.R. Thomas, (Eds.), *Oncologic Emergency Medicine: Principles and Practice*. (pp. 57-65). Springer Science New York City: (\*PEER-REVIEWED CHAPTER\*)

McKyer, ELJ, **Sherman, L.D.**, and *Solari-Hall, K.* (2014) Racial and Ethnic Approaches to Community Health. In Cousins, L.H. & Golson, G.J. (Eds.) *Encyclopedia of Human Services and Diversity*. Sage Publications: Thousand Oaks, California.

**Sherman, L.D.** Nutrition Programs. (2012) *Encyclopedia of Immigrant Health*. (pp. 1140-1142). Springer Science, New York City, New York.

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### EXTERNAL GRANTS AWARDED

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**Consultant.** 2020 *Engaging Black Men in Digital Health to Improve Self-Management of Type 2 Diabetes: An Iterative Participatory Approach*. Grant #: 1 F31 NR019213-01; PI: Anna Diane, PhD(c). Funding Source: National Institutes of Health: National Research Service Award. Award Notification Date: June 1, 2020. **Funding Amount: \$77,098**

**Principal Investigator.** 2017 NIH NCI Supplement. *Physical Activity Impacts of a Planned Activity-Friendly Community: The What, Where, When, and Why of Environmental Approaches to Obesity Prevention*. **Proposal ID:** 1701551; **Parent Grant No:** 1R01CA197761 Parent Grant PI: Marcia G. Ory, Ph.D., School of Public Health, Texas A&M University. Funding Source: National Institute of Health: National Cancer Institute. Award Notification Date: September 21, 2017. **Funding Amount: \$297,939**

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### INTERNAL GRANTS AWARDED

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**Principal Investigator.** 2018. Texas A&M University T3: Triads for Transformation. *At the Intersection of Health and Place: Barriers and Facilitators of Health Service Utilization among Men with Chronic*

*Conditions.* Co PI's: Matthew Smith, Ph.D., Kirby Goidel, Ph.D. Funding Source: TAMU President's Excellence Fund. Award Notification Date: March 6, 2018. **Funding Amount: \$30,000**

**Co-Investigator.** 2017. *Promoting Reading Comprehension and Learning with Multimodal Science Texts (PRISMA)* Texas A&M University College of Education and Human Development Catapult Seed Grant. PI: Kay Wijekumar, Ph.D., Co PI's: Michael de Miranda, Ph.D., Julie Thompson, Ph.D., R. Malatesha Joshi, Ph.D. Funding Source: TAMU College of Education & Human Development. Award Notification Date: November 30, 2017. **Funding Amount: \$30,000**

**Subject Matter Expert.** 2016. *Texas A&M University, Offshore Training Program Review.* Funding Source: Bureau of Safety and Environmental Enforcement's (BSEE) Offshore Training Program for \$485,000. PI: Sam Mannan, PE, CSP, DHC., Co PI: Whitney Garney, Ph.D. **Funding Amount: \$5,000**

**Co-Principal Investigator.** 2015. *Physical Activity within Shelters: PAWS for Reading.* PI: Meagan Shipley, PhD., Co-Principal Investigator Beth McNeill, Ph.D. Funding Source: Sydney and J.L. Huffines Institute for Sports Medicine and Human Performance Faculty Applied/Practitioner Grant. **Funding Amount: \$2,500**

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### GRANT PROPOSALS UNDER REVIEW

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**Principle Investigator.** Submitted June 1, 2020. *A Qualitative Investigation of Managing Type 2 Diabetes During the COVID-19 Pandemic.* Funding Amount: \$5,000. Funding Source: The Social Science Research Council Rapid-Response Grants on COVID-19 and the Social Sciences.

**Co-Investigator.** Submitted March 3, 2020. *The Study of Type-2 Diabetes and the Rural Experience Regarding Self-Management Behaviors and Stress Project.* (R21 Grant Proposal) PI: Shevon Harvey, DrPH, MPH. Funding Amount: \$275,000; Funding Source: National Institute of Diabetes and Digestive and Kidney Disease.

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### UNFUNDED GRANT PROPOSAL EFFORTS

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**Co-Principle Investigator.** Submitted May 20, 2020. *Ready Next: A Replication Project Approach to Implement Teen Pregnancy Prevention Programs.* PI: Kelly Wilson, PhD. Funding Amount: \$2,197,657.00; Funding Source: United States Department of Health & Human Services-Office of the Assistant Secretary for Health.

**Co-Principle Investigator.** Submitted May 18, 2020. *Juntos Podemos 2: Changing the Map of Teen Pregnancy in South Texas.* PI: Kelly Wilson, PhD. Funding Amount: \$2,507,295.00; Funding Source: United States Department of Health & Human Services-Office of the Assistant Secretary for Health.

**Co-Principle Investigator.** Submitted 2019 (unscored); Resubmitted March 17, 2020. *Better Care for Black Men: Using mHealth to Co-Produce Better Communication Strategies for Black Men with Type 2 Diabetes.* (R21 Grant Proposal). PI: Stuart Grande, PhD., MPA. Funding Amount: \$275,000; Funding Source: National Institutes of Health.

**Co-Principal Investigator.** 2019. *Better Care for Black Men: Using mHealth to Co-Produce Better Communication Strategies for Black Men with Type 2 Diabetes.* (R21 Grant Proposal) Funding Amount: \$275,000; Funding Source: National Institutes of Health.

**Principal Investigator.** 2019. *Identifying psychological and social factors predictive of self-management plan adherence among older African American males living with type 2 diabetes.* (R03 Grant Proposal) Funding Amount: \$50,000; Funding Source: National Institutes of Aging.

**Co-Investigator.** 2018. *Health Promotion Among Racial and Ethnic Minority Males* (R21 Grant Proposal) Funding Amount: \$275,000; Funding Source: National Institutes of Health.

**Principal Investigator.** 2017. *Examining the Impact of the Built Environment on Physical Activity and Obesity in African American Communities and Potential Moderators and Mediators.* (Foundation Grant) Funding Amount: \$50,000; Funding Source: Robert Wood Johnson Foundation.

**Principal Investigator.** 2017. *Using PhotoVoice to Identify Sources of Social Support Diabetes Management among African American Men.* (University/Center Grant) Funding Amount: \$20,000; Funding Sources: University of Michigan Center for Urban African American Aging Research & Wayne State University Institute on Gerontology.

**Principal Investigator.** 2015 & 2016. *Sexual Dysfunction Among Black Men Living with Diabetes.* (University Grant) Funding Amount: \$18,000; Funding Source: PESCA Grant Program, Division of Research, Texas A&M University.

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## ACADEMIC HONORS AND AWARDS

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### **National Heart, Lung, and Blood Institute/National Institutes of Health (NHLBI/NIH)**

2016 **Recipient**, Summer Institute on Advanced Health Disparities; Programs to Increase Diversity Among Individuals Engaged in Health Related-Research; University of Arizona, Tucson, Arizona

- Training and mentoring program to provide junior investigators, whose backgrounds are currently under-represented in biomedical research, with opportunities to gain the knowledge and tools they need to carry out independent and meaningful research and advance their careers.

### **American Academy of Health Behavior (AAHB)**

2016 **Recipient**, American Academy of Health Behavior (AAHB) Research Scholar's Mentoring Program.

- Twelve month mentoring program to help junior investigators develops skills and gain experience in research-related activities.

### **Texas A&M University**

2009 Texas A&M University, **Emil Mamaliga Outstanding Teaching Award** - 2008-2009 academic year.

- Award to recognize outstanding teaching from over fifty-five faculty in the Physical Education Activity Program.

### **Sam Houston State University**

2000 Sam Houston State University, **“Across the University Writing Program Award”**

- Award to recognize outstanding collaborative writing between a study and faculty member.

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## ORAL PRESENTATIONS (Refereed)

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### International/National Conferences

- Smith, M. L., **Sherman, L. D.**, Cauley, D. A., Badillo, B. E., & Goidel, R. K. (2020). Pneumococcal pneumonia vaccination among older African American and Hispanic men with chronic conditions. Presented at the Gerontological Society of America Annual Meeting, November 4-7, 2020. [virtual].
- Wigfall, L.T., **Sherman, L.D.**, Garney, W.R., Patterson, M.S., Montiel, F.A., Vadaparampil, S.T. (2018) Are providers missing clinical opportunities to promote HPV vaccination among smokers with children, adolescents, and young adults  $\leq 26$  years old living in their homes? Oral presentation presented at the 2018 International Cancer Education Conference, Atlanta, Georgia.
- Towne S.D. Jr, Zhu X., Lee C., Xu M., Lu Z., Griffin G., Kellstedt D., McKyer E.L.J., **Sherman, L.D.**, Lee S., Ory M.G. (2017). Intersecting health and place: Implications of building connected communities on health and related outcomes. Oral presentation presented at the 145<sup>th</sup> American Public Health Association Annual Meeting and Expo, Atlanta, Georgia.
- Rahn, R.N., Clark, H.R. & **Sherman, L.D.** (2017) Differences in perceptions of obesity among a sample of undergraduate students. Roundtable session presented at the 8<sup>th</sup> Annual International Conference on the Health Risks of Youth, Cancun, Mexico.
- Harvey, I.S., **Sherman, L. D.** (2016) What can I do in a day? A multi-methods approach to physical activity among older African American women residing in an urban environment. Oral presentation presented at the 144<sup>th</sup> American Public Health Association Annual Meeting, Denver, Colorado.
- Clark, H., Rahn, R., Shipley, M., & **Sherman, L.D.** (2016) Network analysis, social support, and mental health in college students: An examination of the literature. Oral presentation accepted for the International Network for Social Network Analysis (INSNA) 36<sup>th</sup> Annual Sunbelt Conference, Newport Beach, California.
- Williams, D. L., Wilson, K.L., & **Sherman, L.D.**, (2016) Principles and lead health education teachers complete the school health index in Mississippi: A charge for change. Roundtable session presented at the 7<sup>th</sup> Annual International Conference on the Health Risks of Youth, Cancun, Mexico.
- Bonner, T, Harvey, I., & **Sherman, L.D.** (2015) Illness representations of lower extremity disease among African Americans living with type 2 diabetes. Oral presentation presented at the 143<sup>rd</sup> Annual American Public Health Association Annual Meeting, Chicago, Illinois.
- Bonner, T, Shaw-Ridley, M., & **Sherman, L.D.** (2012) Self-care management among African Americans living with type 2 diabetes. Oral presentation presented at the 140<sup>th</sup> Annual American Public Health Association Annual Meeting, San Francisco, California.

Shaw, M., Rollins, B., & **Sherman, L.D.** (2012) More than a picnic: It's a family affair for lifestyle change. Oral paper presented at the Society for Public Health Education 2012 Midyear Scientific Conference, Nashville, Tennessee.

Rogers, C. R., Shaw, M., **Sherman, L.D.**, Saldivar, I., & Grande, S. (2012). The Brothers' Opinion: America's Sick-care System Can(not) be Turned into a Health-care System? Oral presentation at 31st Research Association of Minority Professors Annual Conference; Houston, Texas.

Misra, R., Guerrero, J., **Sherman, L.D.**, Aribisala, W, Day, C., Gastmeyer, C., Kwiatkowski, C., & Qamar, Z. (2011) Are consumers engaging in protective behaviors against medication errors? Oral presentation presented at the 139<sup>th</sup> Annual American Public Health Association Annual Conference, Washington, District of Columbia.

Grande, S. & **Sherman, L.D.** (2010) Brotherhood: A describable social phenomenon impacting the wellness behaviors among African American men. Oral presentation presented at 138<sup>th</sup> Annual American Public Health Association Annual Conference, Denver, Colorado.

**Sherman, L.D.** & Shaw-Ridley, M. (2010) Exploring Brotherhood at Historically Black Colleges: Implications for Wellness Interventions. Oral presentation presented at 138<sup>th</sup> Annual American Public Health Association Annual Conference, Denver, Colorado.

#### **State/Local**

Rahn, R. N., Clark, H., & **Sherman, L.D.** (2017). An investigation into the differences between health and non-health related majors on perceptions of obesity. Oral presentation accepted for the 94<sup>th</sup> Annual Texas Association of Health, Physical Education, Recreation, and Dance (TAHPERD), Ft. Worth, Texas.

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### **POSTER PRESENTATIONS**

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#### **National**

Smith, M. L., **Sherman, L. D.**, Mingo, C. A., Washington, T. R., Lee, S., & Goidel, R. K. (2020). Adherence to referrals from healthcare providers to attend disease prevention/management programs among African American and Hispanic men with chronic conditions. Poster presentation at the National Council on Aging Age+Action Conference. Dallas, Texas.

Merianos, A. L., **Sherman, L. D.**, Goidel, R. K., Mahabee-Gittens, E. M., & Smith, M. L. (2020). Current tobacco product use patterns and overall health status among U.S. racial/ethnic minority men with chronic health conditions. Poster presentation at Society for Research on Nicotine and Tobacco Annual Meeting. New Orleans, Louisiana.

**Sherman, L. D.**, Goidel, R. K., Merianos, A. L., Mahabee-Gittens, E. M., & Smith, M. L. (2020). Factors associated with past year emergency room visits among African American and Hispanic men with chronic conditions. Poster presentation at the American Academy of Health Behavior Conference, Napa Valley, California. (Conference canceled due to COVID-19)

**Sherman, L.D.**, Comer-Hagans, D., Pattin, A.J. (2020) Experiences with stress among African American men living with type 2 diabetes: A qualitative inquiry. Poster presentation at the 41<sup>st</sup> Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine (SBM), San Francisco, California. (Conference canceled due to COVID-19)

**Sherman, L.D.**, Smith, M.L. (2020) African American fathers' perceived role for the dietary behaviors of their children: A qualitative study. Poster presentation at the 41<sup>st</sup> Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine (SBM), San Francisco, California. (Conference canceled due to COVID-19)

**Sherman, L.D.**, Fabius, C., Bonner, T., Spears, E. (2019). Gender differences in receiving assistance with daily care needs among older Black Americans living with diabetes. Poster presentation at the Gerontological Society of America 2019 Annual Scientific Meeting, Austin, Texas.

El Ibrahimy, S., Virgen, E., Balcha, E., Beckford, N., Lanham, D., Sy, F., Laney, A., **Sherman, L. D.** & Smith, M. L. (2019). Suicide disparities among school-aged minority children and young adults in the United States, 2008-2017. Poster presentation at the 147<sup>th</sup> American Public Health Association Annual Meeting & Expo, Philadelphia, Pennsylvania.

**Sherman L.D.**, Towne S.D. Jr, Xu M., Zhu X., Lee C., Griffin G., McKyer E.L.J., Ory M.G. (2019). Factors associated with neighborhood satisfaction among residents of an activity-friendly community. Poster presentation at the Active Living Research Annual Conference. Charleston, South Carolina, USA.

*Zhang, X.*, **Sherman, L.D.**, Foster, M. (2019) Patient-provider communication on sexual health: A scoping review. Poster presentation at the 40<sup>th</sup> Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine (SBM), Washington, District of Columbia.

**Sherman, L.D.** , Fawole, T. (2019) Preferred methods of managing and treating type 2 diabetes among African American men. Poster presentation at the 40<sup>th</sup> Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine (SBM), Washington, District of Columbia.

**Sherman, L.D.** (2019) Examining the role of fear in managing type 2 diabetes among African American men. Poster presentation at the 40<sup>th</sup> Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine (SBM), Washington, District of Columbia.

Rahn, R.N., Clark, H.R., & **Sherman, L.D.** (2019) Using health behavior theories and models to develop an instrument to identify obesity perceptions in health-related majoring undergraduate students. Poster presentation at the 70<sup>th</sup> Annual Society for Public Health Education (SOPHE) Annual Meeting, Salt Lake City, Utah.

Solari-Williams, K., Thompson, K., & **Sherman, L.D.** (2018) Do African American fathers have conversations about chronic illness or health in general with their children? Poster presentation at the 92<sup>nd</sup> Annual American School Health Association Conference, Indianapolis, Indiana.

- Wigfall, L.T., **Sherman, L.D.**, Garney, W.R., Patterson, M.S., Montiel, F.A., Vadaparampil, S.T. (2018) Are providers missing clinical opportunities to promote HPV vaccination among smokers with children, adolescents, and young adults  $\leq 26$  years old living in their homes? Poster presentation at the 146<sup>th</sup> American Public Health Association Annual Meeting and Expo, San Diego, California.
- Rahn, R.N., Clark, H.R., & **Sherman, L.D.** (2018) Using obesity perceptions to address bias among health educators. Poster presentation at the 2018 American College Health Association Annual Meeting, Washington, District of Columbia.
- Harvey, I.S., **Sherman, L.D.**, Spears, E., Mkuu, R., Alexander, C. (2018) Little exercise is better than no exercise: Multiple measure of physical activity among older African American women. Poster presentation at the 39<sup>th</sup> Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine (SBM), New Orleans, Louisiana.
- Rahn, R.N., Clark, H.R., & **Sherman, L.D.** (2018) Does perception of obese patients change the treatment they receive from health care providers? An investigation into pre-health professional perceptions on obesity. Poster presentation at the 69<sup>th</sup> Annual Society for Public Health Education (SOPHE) Annual Meeting, Columbus, Ohio.
- Rahn, R.N., Clark, H.R., & **Sherman, L.D.** (2018) Investigating the differences between health-related and non-health related majors regarding perceptions on obesity. Poster presentation at the 69<sup>th</sup> Annual Society for Public Health Education (SOPHE) Annual Meeting, Columbus, Ohio.
- Daneshparvar, N., Burdine, J., Cummings, S., Appiah, B., **Sherman, L.D.**, Mkuu, R., Samman, E., Zhang, X., & Rivas, V. (2017) Oral health status correlates and predictors. Poster presentation at the presentation for the American Public Health Association (APHA) Annual Meeting and Expo, Atlanta, Georgia.
- Rahn, R.N., Clark, H.R., & **Sherman, L.D.** (2017) A pilot study to investigate college students' perceptions on obesity. Poster presentation at the 68<sup>th</sup> Annual Society for Public Health Education (SOPHE) Annual Meeting, Denver, Colorado.
- Harvey, I.S., **Sherman, L.D.**, Mkuu, R., & Spears, E. (2017) Chronic disease, social support, and mental health among older women residing in Barbados: Results from the survey on health, well-being, and aging study. Poster presentation at the 17<sup>th</sup> Annual American Academy of Health Behavior Meeting, Tucson, Arizona.
- Jackson, Z.A., **Sherman, L.D.** (2017) National college health assessment sampling: Are Blacks proportionately Represented? Poster presentation at the 2017 American College Health Association Annual Meeting, Austin, Texas.
- Rahn, R.N., Clark, H.R. & **Sherman, L.D.** (2017) An investigation into the difference between health major and non-health major undergrads in their perceptions about obesity. Poster presentation at the 2017 American College Health Association Annual Meeting, Austin, Texas.

**Sherman, L.D.,** McKyer, ELJ. (2014) Type 2 Diabetes Among African-American Men: Perceived Causes, Fears, Management and Support. Poster session at the 22nd Annual Interdisciplinary Conference of the American Men's Studies Association University of Washington-Tacoma. Tacoma, Washington.

Rogers, C. R., Shaw, M., **Sherman, L.D.,** Saldivar, I., & Grande, S. (2012). The Brothers' Opinion: America's Sick-care System Can(not) be Turned into a Health-care System? Poster presentation at 33rd Annual Minority Health Conference, University of North Carolina, Chapel Hill, North Carolina.

Salerno, K. A., Shaw-Ridley, M., **Sherman, L.D.,** Rollins, B. M., & Ridley, C. R. (2011). Brotherhood conversations: Wellness and relationships. Poster presentation at the 119<sup>th</sup> Annual Convention of the American Psychological Association. Washington, District of Columbia.

### **State/Local**

Rahn, R.N., Clark, H.R., **Sherman, L.D.** (2020) Investigation of obesity perceptions in college students majoring in a health or health related field: Pilot study results. Poster presentation at the 2020 Prairie View A&M University Data Blitz Symposium. Prairie View, Texas.

**Sherman, L.D.,** Lee, S., Zhu, X., Lee, C., Ory, M.G. (2020) Facilitators and barriers of healthy living among residents of an activity-friendly community in Texas. Poster presentation at the 96<sup>th</sup> Annual Texas Public Health Association Education Conference. Dallas, Texas.

**Sherman, L.D.,** Goidel, K., Smith, M.L. (2019). At the intersection of health and place: Barriers and facilitators of health service utilization among men with chronic conditions. Poster presentation at the 2019 Texas A&M University President's Excellence Fund Symposium. College Station, Texas.

Williams, D.D., **Sherman, L.D.,** McKyer, ELJ. (2014) African-American Men & Self-Management of Type 2 Diabetes: Role & Functions of Their Wives. Poster presentation at the Student Research Week, Texas A&M University, College Station, Texas.

Shaw, M., Rollins, B., **Sherman, L.D.,** & Rogers, C. (2011). More than a picnic: It's a family affair for lifestyle change. Poster presentation at the Innovations in Cancer Prevention and Research Conference. Cancer Prevention Research Institute of Texas. Austin, Texas.

Misra, R., Guerrero, J., **Sherman, L.D.,** Aribisala, W, Day, C., Gastmeyer, C., Kwiatkowski, C., & Qamar, Z. (2011) Are Consumers Engaging in Protective Behaviors against Medication Errors? Poster presentation at the Student Research Week, Texas A&M University, College Station, Texas.

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## **INVITED ORAL PRESENTATIONS**

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### **International/National Conferences**

**Sherman, L.D.** (2017) Keys to Quality Mentorship and Productive Collaborations: Lessons Learned from AAHB Scholars. Oral presentation at the American Academy of Health Behavior's 17th Annual Scientific Meeting. The University of Arizona, Tucson, Arizona.

Wagner, S. & **Sherman, L.D.** (2013) Health and Kinesiology Pedagogy and Teacher Preparation. Presented at the Teaching Locally, Engaging Globally: Increasing Undergraduates' Knowledge of the International Dimensions of Childhood Obesity Seminar Program, The University of the West Indies, St. Augustine Campus, St. Augustine, Trinidad and Tobago.

**State/Local**

**Sherman, L.D.** (2019) Where are they? The inclusion of African-American men in empirical studies of type 2 diabetes self-care management. Oral presentation at the 19<sup>th</sup> Health Disparities Education Awareness Research & Training Consortium. Texas A&M Institute of Biosciences & Technology. Houston, Texas.

**Sherman, L.D.** (2018) A Legacy of Leading and Learning. Guest speaker to honor scholarship recipients for the South Texas District Association Scholarship Banquet. Pentecostal Missionary Baptist Church, Houston, Texas.

**Sherman, L.D.** (2014). Type 2 Diabetes among African-American Men: Perceived Causes, Fears, Management, and Support. Presented to the African-American Professional Organization First Friday Lecture Series, Texas A&M University, College Station, Texas.

**Sherman, L.D.** & I. Saldivar. (2010) Exploring Brotherhood at Historically Black Colleges: Implications for Wellness Interventions. Presented for the Visionary Scholars Presentation for the Study of Health Disparities. Texas A&M University, College Station, Texas.

**Sherman, L.D.** (2010) Finding Inspiration in the World Around You. Guest speaker to honor High School and College Graduates. Canaan Missionary Baptist Church, Houston, Texas

**Sherman, L.D.** (2004) Heritage and Horizons: The African American Legacy and the Challenges for the 21st Century, Black History Month Guest Speaker at the Greater Mt. Olive Missionary Baptist Church. Houston, Texas.

**Sherman, L.D.** & Bass, M. (2004) The Influence of Osteoporosis Knowledge and Perceptions, and Cognitive Awareness of Calcium Sources on Dietary Calcium Intake in College Age Females. Presented at the University-Wide Graduate Research Exchange at Sam Houston State University, Huntsville, Texas.

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**PEER REVIEWED TEACHING PRESENTATIONS**

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Fehr, S., McNeill, E.B., Shipley, M., **Sherman, L.D.**, Carreon, A., Nicksic, H., & Wagner, S. (2016). Four Quadrants: A Methodology for Acquisition to Application of Content. An oral presentation at the 19<sup>th</sup> Annual Wakonsee South Conference on College Teaching, Burnet, Texas.

Rahn, R. N., Clark, H. R., Shipley, M. & **Sherman, L.D.** (2016). Are we all talk and no play? Using Service Learning in the Classroom. An oral presentation at the 19<sup>th</sup> Annual Wakonsee South Conference on College Teaching, Burnet, Texas.

Wilson, K. L., McNeill, E.B., **Sherman, L.D.**, Martin, E., & Williams, D. (2015) Eggs-actly what would you do? An activity on diversity and equity. Oral presentation accepted for the 89<sup>th</sup> Annual American School Health Association Conference, Orlando, Florida.

**Sherman, L.D.**, McNeil, B., Rosen, B. (2012) Glucose gone wild: Soaking up the differences between type 1 and 2 diabetes. Oral presentation accepted for the 86<sup>th</sup> Annual American School Health Association Conference, San Antonio, Texas.

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## **MEDIA COVERAGE**

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### **Online**

(2020) Education.tamu.edu (Published July 29, 2020); “Digital health technologies could remedy health care disparities for Black men.” <https://education.tamu.edu/digital-health-technologies-could-remedy-health-care-disparities-for-black-men/>

(2020) thepapergown.com (Published July 21, 2020); “Does your doctor ask you about sex?” <https://thepapergown.zocdoc.com/does-your-doctor-ask-you-about-sex/>

(2018) Wallethub.com (Published November 6, 2018); “Dealing with & defeating diabetes.” <https://wallethub.com/blog/diabetes-statistics/41253/#expert=ledric-sherman>

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## **EDITORIAL BOARD AND REVIEWER ACTIVITIES**

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### **American School Health Association**

CHES/MCHES Self-study Continuing Education Opportunities Review Team 2015 Project: Ginsburg, K.R., & Kinsman, S.B. (Eds.). (2014). Reaching Teens: Strength-Based Communication Strategies to Build Resilience and Support Healthy Adolescent Development. Elk Grove Village, IL: American Academy of Pediatrics.

### **Eta Sigma Gamma, The National Profession Health Education Honorary**

The Health Education Monograph Series Review Board; Vol. 32, No.2, 2015. Editor: McKyer, ELJ.

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## **PROFESSIONAL SERVICE**

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### **Texas A&M University (TAMU)**

#### **International Experience**

March 8-18, 2018

Study Abroad In Europe

- Assisted in taking 31 students from the Department of Health & Kinesiology and the Department of Educational Administration and Human Resource Development to six countries, which include Spain, France; Monaco, Italy; Vatican City; and Germany.

#### **College of Education & Human Development (CEHD)**

- Member, 2019-present CEHD Extraordinary Service Award & Merit Committee
- Co-Chair, 2018-19 CEHD Achieving Equity and Education Outcomes Committee

#### **Department of Health & Kinesiology (HLKN)**

- Member, 2020-21; Assistant Professor Search Committee, Health Division
- Member, 2020-present; Undergraduate Curriculum Redesign Core Team, Health Division
- Member, 2020; Research Scientist Search Committee, Health Division
- Member, 2019; HLTH 236 & 634 Course Name Change Committee, Health Division
- Member, 2019; Health Administrative Associate Search Committee, Health Division

- Member, 2019-present; Grades Appeal Committee, Health Division
- Member, 2016-17; Health and Kinesiology Department Chair Search Committee
- Member, 2016; Health Division Faculty Annual Review Committee
- Member, 2015-16; Associate and Assistant Professors Search Committee, Health Division
- Member, 2015; Clinical Assistant Professors Search Committee, Health Division
- Member, 2014; Clinical Assistant Professors Search Committee, Health Division
- Chair, 2014-16; Student Travel Committee, Health Division
- Member, 2014; Community Health Assessment Committee, Health Division
- Member, 2013; Signature Hire in Health Equity and Health Disparities Search Committee
- Member, 2012; Associate Professor Search Committee, Health Division

### **Non-Departmental**

- Member, 2020-2023; Aggie Green Fund Advisory Committee, TAMU Office of Sustainability
- Member, 2018; Sustainability Champion Award Program Selection Committee, TAMU Office of Sustainability

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## **PROFESSIONAL ORGANIZATION & JOURNAL SERVICE**

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- Member, Conference Planning Committee, *American Academy of Health Behavior* 2020-present
- Member, Board of Directors, *American Men's Studies Association* 2020-present
- Abstract Reviewer, *Gerontological Society of America* 2020-present
- Manuscript Reviewer, *Health Behavior Research* 2019-present
- Manuscript Reviewer, *American Academy of Health Behavior* 2019-present
- Manuscript Reviewer, *Family & Community Health* 2019-present
- Manuscript Reviewer, *Patient-Centered Outcomes Research Institute* 2019-present
- Abstract Reviewer, *American Public Health Association* (Men's Health Caucus) 2019-present
- Abstract Reviewer, *American School Health Association* 2018-present
- Diversity & Equity Council Member, *American Academy of Health Behavior* 2018-present
- Abstract Reviewer, *American Academy of Health Behavior* 2016-present
- Manuscript Reviewer, *American Journal of Health Promotion* 2015-present
- Manuscript Reviewer, *American Journal of Men's Health* 2014-present

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## **PROFESSIONAL ORGANIZATION MEMBERSHIPS**

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- American Academy of Health Behavior-AAHB 2015-present
- American Men's Studies Association- AMSA Life Member
- American Public Health Association- APHA 2010-2012; 2019-present
- Gerontological Society of America- GSA 2019-present
- Society of Behavioral Medicine- SBM 2017-present
- Society for Public Health Education-SOPHE 2016-present

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## **STUDENT ORGANIZATION ADVISING**

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## Texas A&M University

- Aqs of OAK (Open Acts of Kindness), Chapter Advisor 2015-present
- Alpha Phi Alpha Fraternity Inc., Pi Omicron Chapter Advisor 2007-2012

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## STUDENT ADVISING & TRAINING

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### Texas A&M University

#### **Doctoral Student Chair**

- Michelle Strong, *Health Education* 2019-present
- Xiaoying Zhang, *Health Education* Graduated December 2019

#### **Masters Student Chair**

- Najla Almansour, *Health Education* 2020-present
- Shanette Billings, *Health Education* Graduated December 2019

#### **Doctoral Student Committee Member**

- Kaileigh Roan, *Health Education* 2020-present
- Taylor Graves-Boswell, *Health Education* 2020-present
- Daunte Cauley, *School of Public Health* 2020-present
- Zihan Zhang, *Health Education* 2020-present
- Ehikowoicho Idoko, *Health Education* 2019-present
- Sara Mendez, *School of Public Health* 2019-present
- Lesleigh Lee, *School of Public Health* 2018-present
- Chinelo Nsobundu, *School of Public Health* 2018-present
- Kristen Willingham, *Health Education* 2017-present
- Alex Sullins, *Recreation, Park and Tourism Sciences* 2017-present
- Zachary Jackson, *Health Education* Graduated August 2019
- Dominique Williams, *Health Education* Graduated August 2019
- Elfreda Samman, *School of Public Health* Graduated May 2019

#### **Doctoral Student Mentorship**

- Zubaida Qamar; *Nutrition & Food Science* Graduated December 2016

#### **Masters Student Committee Member**

- Crystal Vinal, *Health Education* Graduated August 2019
- Taylor Uselton, *Health Education* Graduated August 2019
- Kaila Rodgers, *Health Education* Graduated May 2019
- Nicole Ford, *Health Education* Graduated May 2019
- Matthew Rife, *Health Education* Graduated August 2018
- Amanda Montoya, *Health Education* Graduated August 2018
- Michelle Herren, *Health Education* Graduated May 2018
- Megan Romeo, *Health Education* Graduated December 2017
- Kristin Johnson, *Health Education* Graduated December 2017
- Elena Hernandez, *Health Education* Graduated December 2017
- Daunte Cauley, *Health Education* Graduated May 2016
- Amy Gomez; *Health Education* Graduated December 2016
- Courtney Bevil; *Health Education* Graduated May 2015

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## OTHER ORGANIZATIONS/ AFFILIATIONS

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- Sam Houston State University Alumni Association Life Member
  - Texas A&M University Association of Former Students Century Club Member
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## TEACHING

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### **Texas A&M University- Division of Health**

#### **Graduate Courses Taught**

- HLTH 630 Health Program Planning Fall 2016-present
  - This graduate course provides students with the fundamental of program planning, including educational, theoretical and pedagogical factors for consideration, various techniques of program planning and delivery, understanding of health program models, theories and frameworks.
- HLTH 646 Health Education Training Summer 2015
  - This graduate course focuses on designing, implementing, and evaluating workforce training for professional health educators, with an emphasis on evidence-based workforce training.

#### **Undergraduate Courses Taught**

- HLTH 231 Health Lifestyles Fall 2014
  - This undergraduate course focuses on health issues relevant to students, which include but is not limited to mental health, use and abuse of drugs, human sexuality, communicable diseases, environmental and consumer health.
- HLTH 236 Race, Ethnicity, and Health Summer 2020
  - This undergraduate course explores in-depth the racial, ethnic, and cultural dimensions that underlie health and health disparities; emphasis on culture, social economic status and governmental policies as they influence the adaptation of health practices.
- HLTH 429 Environmental Health Fall 2013-Spring 2015
  - This undergraduate course covers health aspects of both the natural and built environments; health problems related to water, air and noise pollution; pesticides; population and radiation; examination of various micro-environments which either promote or hinder human health and well-being and their implications for community planning and utilization of human resources.
- HLTH 440 Contemporary Issues for Community Health Interns Fall 2013-present
  - This is a preparatory undergraduate course for advanced students in the Community Health Internship program to build professional skills associated with the health profession.
- HLTH 482 Grant Writing in Health Education Fall 2013-Spring 2014
  - This writing intensive undergraduate course focuses on grant writing in the field of health education and health promotion; grant application written by student on a health-related topic using a recursive writing process.

**Texas A&M University- Physical Education Activity Program (PEAP)** 2004-2014  
KINE 198 Health and Fitness Lecture (Lecture class covering varying health topics):

- Personal Health and Fitness
- Dimensions of Wellness
- Stress and Psychological Health
- Nutrition
- Drugs and Alcohol
- Lifestyle Choices and Hypokinetic Conditions
- Safety Awareness
- Communicable and Non-Communicable Diseases
- Relationships
- Sexually Transmitted Infections
- Alternative and Complementary Medicine

KINE 198 (W) Health and Fitness Lecture Writing Intensive Course – working with students who are majors in Kinesiology and Sport Management to create and enhance their writing skills within the respected disciplines. (W) Indicates that this was a writing intensive course.

KINE 199 Physical Activities Courses Taught:

- Archery
- Badminton
- Fitness and Conditioning
- Running
- Strength Training

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### ACADEMIC/PROFESSIONAL TRAINING WORKSHOPS

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#### Texas A&M University

February-May 2020 Seventh Annual National Science Foundation (NSF) CAREER Proposal Writing Group.

- Proposal development program for the NSF CAREER Award

January-May 2019 Grant Writers' Workshops and Seminars

- NIH Grant Proposal-Writing Program

August 2015 Center for Teaching Excellence

- Camtasia Studio
- Teaching Methods
- FiT- A Basic Guide to Digital Multimedia Production for Teaching and Learning

July 2015 University Writing Center

- The Eyes Have It: Teaching Visual Communication

June 2015 Center for Teaching Excellence

- Lecturing Well

May 2015 Dean of Faculties Advance Center

- Strategies and Tactics for Recruiting to Improve Diversity and Excellence (STRIDE)

2013-present Office of Research Compliance and Biosafety

- Blood Borne Pathogens (S.B. 1910-1030) Certification

- April 2012 College of Education and Human Development Workshop
- “Maximizing the Doctoral Experience: Strategies for Thriving in the Academic Climate.”
- February 2012 College of Education and Human Development Workshop
- “It Takes a Village: Enhancing the Academic Climate for Doctoral Students through Positive Mentoring Relationships”.