

Curriculum Vitae
ISHA W. METZGER, PH.D.
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ACADEMIC APPOINTMENTS

- 2017 – Present **Tenure-Track Assistant Professor**
 University of Georgia, Department of Psychology
 Director. The EMPOWER Lab | 125 Baldwin Street, Athens, GA 30602
 Email. isha.metzger@uga.edu | Web. <https://psyc.franklin.uga.edu/directory/isha-metzger>
 Office. 706.542.4059 | Cell. 404.784.7659
- 2017 – Present **Affiliate Research Faculty**
 Yale University, School of Public Health
 Center for Interdisciplinary Research on AIDS | 135 College St., New Haven, CT 06510
 Email. isha.metzger@yale.edu | Web. <https://cira.yale.edu/people/isha-metzger-phd>

EDUCATION AND TRAINING

- 2016 – 2019 **Postdoctoral Research Fellowship**, Center for Interdisciplinary Research on AIDS (CIRA)
 Yale University; New Haven, CT, School of Public Health
 Research Education Institute for Diverse Scholars (REIDS)
- 2015 – 2017 **Postdoctoral Research Fellowship**, National Crime Victims Research and Treatment Center
 Medical University of South Carolina; Charleston, SC, Department of Psychiatry
 Treatment Development and Dissemination Track
- 2014 - 2015 **Clinical Psychology Predoctoral Internship**, Charleston Consortium Training Program
 Medical University of South Carolina; Charleston, SC, Department of Psychiatry
- 2011 - 2015 **Doctor of Philosophy**, University of South Carolina; Columbia, SC
 Clinical-Community Psychology (APA Accredited), Department of Psychology
- 2009 - 2011 **Masters of Arts**, University of South Carolina; Columbia, SC
 Clinical-Community Psychology (APA Accredited), Department of Psychology
- 2005 - 2008 **Bachelor of Arts**, Georgia State University; Atlanta, GA
 Department of Psychology, Summa Cum Laude, Advanced Research Honors Degree

LICENSURE

- 2018 **Licensed Clinical Psychologist**, State of Georgia
 #PSY004185, Effective March 7, 2018

PERSONAL STATEMENT

I am a health equity researcher from Atlanta, Georgia by way of Sierra Leone, West Africa. As Director of The EMPOWER Lab, my research and clinical interests focus on Engaging Minorities in Prevention, Outreach, Workshops, Evaluation, & Research. My research emphasizes the importance of improving evidence-based interventions and preventing risk behaviors (e.g., risky sex, alcohol use) through understanding risk factors (e.g., racial discrimination) and leveraging resilience factors (racial socialization) that affect Black youth. The results of my research inform my clinical practice and supervision of evidence based cognitive-behavioral therapies to youth and families who experience interpersonal and racial trauma.

GRANT FUNDING

Ongoing Research Support

Dates July 2019 - Present
 Investigator PI: **Metzger**
 Title Improving Trauma-Related Mental and Behavioral Health for African American Youth
 Agency NIH Loan Repayment Program Clinical Research LRP, National Institute for Mental Health
 Amount \$33,075

Dates June 2019 - Present
 Investigator PI: **Metzger**
 Title Childhood Trauma, Racial Socialization, and Clinical Implications for African American Youth
 Agency University of Georgia Office of Research Junior Faculty Research Grant in STEM
 Amount \$19,993

Dates August 2018 - Present
 Investigator PI: **Metzger**
 Title The Impact of Racial Socialization and Racial Stress on the Association between Childhood Sexual Abuse and Detrimental Outcomes among African American Adolescents
 Agency Owens Institute for Behavioral Research, University of Georgia, Intramural Pilot Grant
 Amount \$5,000

Dates October 2017 - Present
 Investigators PI: Kogan; Co-I: **Metzger**
 Title The Impact of Lifestyle Factors on Rural Youths' Vulnerability to Substance Abuse
 Agency Center for Translational and Prevention Science, University of Georgia, Intramural Pilot Grant
 Amount \$23,960

Dates October 2015 – September 2020
 Investigators PI: Kmett Danielson, Rheingold, de Arellano, Saunders, Ruggiero, Moreland, Lopez; Co-I, Cultural Competence Coordinator, Program Disseminator: **Metzger**
 Title Comprehensive HIV and Substance Abuse Prevention Strategies for Ethnic Minority Teens and Emerging Adults in the Charleston Tri-County Area: EMPOWER Program Capacity Expansion
 Agency Substance Abuse and Mental Health Services Administration / Center for Substance Abuse Prevention SAMHSA/CSAP 1U79SP015156
 Amount \$1,170,000

Completed Research Support

Dates October 2016 – July 2019
 Investigators MPI: Kershaw, Guthrie; PI of Pilot Study: **Metzger**
 Title Culturally Enhanced Trauma Treatment to Reduce HIV Risk for African American Youth: Integrating Racial Socialization
 Agency Research Education Institute for Diverse Scholars (REIDS); Center for Interdisciplinary Research on AIDS' (CIRA); Yale School of Public Health NIH Intramural Pilot Grant 2R25MH087217
 Amount \$20,000

Dates October 2015 – December 2018
 Investigators PI: Brady; PI of Pilot Study: **Metzger**
 Title A Community Based Participatory Research Approach to Reducing Health Disparities in Service Initiation and Engagement following Trauma Exposure
 Agency NIH National Center for Advancing Translational Sciences (NCATS), South Carolina Clinical & Translational Research Center for Community Health Partnerships Pilot Grant UL1TR001450
 Amount \$10,000

Dates October 2016 - April 2018
 Investigators PI: Gilmore; Co-I: **Metzger**
 Title Comprehensive Follow-Up Services for Rape Victims
 Agency Office of the Attorney General, Victims of Crime Act Program Grants 1V15217 and 1V15175
 Amount \$245,383

Dates August 2015 – July 2017
 Investigators MPI: Kilpatrick, Danielson; Postdoctoral Fellow: **Metzger**
 Title Basic and Translational Research Training in Traumatic Stress Across the Lifespan
 Agency NIMH/NIH Postdoctoral Research Fellowship T32MH018869-28
 Amount \$87,396

Dates August 2013 – August 2014
 Investigators PI: **Metzger**
 Title Dissertation Research Grant
 Agency American Psychological Association (APA)
 Amount \$10,000

Dates August 2012 – November 2014
 Investigators PI: **Metzger**
 Title Profiles of African American College Students' Alcohol Use and Sexual Behaviors: Associations with Stress, Racial Discrimination, and Social **Support**
 Agency State Doctoral Scholars Program Grant, Southern Regional Education Board
 Amount \$36,000

Unfunded Applications for Research Support

Dates Submitted September 2019
 Investigators PI: **Metzger**, Co-Is: Brown Griffin, Jones, Henderson, Anderson, Applewhite
 Title "Level Up" Building Systems' Strategies to Protect Black Youth from Racial Stress and Trauma
 Agency Board of Educational Affairs Conferences and Workshops Grant
 Amount \$8,352

Dates Submitted October 2019
 Investigators PI: **Metzger**
 Title Using Racial Socialization to Adapt Trauma-Focused Cognitive-Behavioral Treatment for African American Youth
 Agency Owens Institute for Behavioral Research (OIBR) Faculty Seed Grant
 Amount \$10,000

Dates Submitted June 2018
 Investigators PI: Callands; Co-I: **Metzger**
 Title Fulton County Board of Health (FCBOH) for Project STEER (Strengthening Teen Engagement, Empowerment, and Resilience)
 Agency US Department of Health & Human Services, Office of Adolescent Health CFDA #93.297
 Amount Approved, Unfunded Amount: \$262,650

Dates Submitted November 2017
 Investigators PI: **Metzger**
 Title Reducing Trauma-Related Mental and Behavioral Health Disparities among African American Youth
 Agency NIH Loan Repayment Program Clinical Research Individuals from Disadvantaged Backgrounds

Dates Submitted November 2016
 Investigators PI, **Metzger**
 Title Understanding & Reducing Mental & Behavioral Health Disparities for African American Youth

Agency NIH Loan Repayment Program National Institute on Minority Health and Health Disparities Research

Funded Applications for Teaching Support

Dates December 2019
 Instructor PI: **Metzger**
 Course Title Psyc 3150. African American Psychology
 Agency Franklin College of Arts and Sciences Office of Inclusion and Diversity Leadership Innovation in Multicultural Curriculum Development
 Amount \$2,500

Dates December 2018
 Instructor PI: **Metzger**
 Course Title Psyc 5100. Seminar in Psychology: Psychology of Multicultural and Marginalized Groups
 Agency Franklin College of Arts and Sciences Office of Inclusion and Diversity Leadership Innovation in Multicultural Curriculum Development
 Amount \$2,500

Unfunded Applications for Teaching Support

Dates Submitted 2019. Unawarded
 Instructor PI: **Metzger**
 Course Title Psyc 5100: Contemporary Issues in Black Child/Adolescent Development
 Agency Franklin College of Arts and Sciences Office of Inclusion and Diversity Leadership Innovation in the Franklin Multicultural Curriculum Development

Dates Submitted 2018. Unawarded
 Instructor PI: **Metzger**
 Course Title Psyc 8500: Clinical Staffing Procedures: Multicultural Practicum
 Agency Franklin College of Arts and Sciences Office of Inclusion and Diversity Leadership Innovation in the Franklin Multicultural Curriculum Development

Submitted Applications

Dates Submitted October 2019
 Investigators PI: Strauss, PI of Diversity Supplement: Ruiz Co-Is: Carter, McDowell, **Metzger**
 Title Prodromal Inventory for Negative Symptoms (PINS): A Development and Validation Study (Ruiz)
 Agency National Institutes Of Health / Research Supplements to Promote Diversity in Health-Related Research
 Amount \$119,142

HONORS AND AWARDS

2019 Faculty Mentor of the Year, University of Georgia, Ronald E. McNair Post-Baccalaureate Program
 2019 A Common Call Regional Faculty Conference Grant, Faculty Commons, University of Georgia
 2019 APA Journals Article Spring Spotlight, American Psychological Association
 2018 Leadership Innovation in the Franklin Multicultural Curriculum, University of Georgia
 2018 Teaching Award for Outstanding Instruction, Clinical Psychology Program, University of Georgia
 2017 Early Career Fellow, Owens Institute of Behavioral Research, University of Georgia
 2017 Mentored Fellow, Center for Translational and Prevention Science (P30DA027827), University of Georgia
 2017 40 Under 40 Leaders in Health, National Minority Quality Forum
 2016 Research Education Institute for Diverse Scholars (REIDS), Yale University
 2016 APA Health Equity Ambassador, Health Disparities Initiative
 2016 Community Engaged Scholars Program Inductee, Medical University of South Carolina
 2016 APA Dissertation Research Grant, American Psychological Association
 2013 State Doctoral Scholars Program Dissertation Grant, Southern Regional Education Board
 2013 Nora and William Smith Endowed Fellowship, University of South Carolina
 2013 Laura Griffin Graduate Research Grant, University of South Carolina

2013	Exemplary Award for Outstanding Service, University of South Carolina
2012	Graduate Student Research Award, University of South Carolina
2012	Preparing Future Faculty (PFF) Credential, Center for Teaching Excellence, University of South Carolina
2011	Gamecock Scholars Academic Scholarship, University of South Carolina
2010	Continuing Graduate Incentive Fellowship, University of South Carolina
2010	FORD Foundation Predoctoral Fellowship Program, Honorable Mention
2009	Graduate Incentive Fellowship, University of South Carolina
2008	1st Place Presentation Award, Biomedical Research Conference for Minority Students
2008	C. T. Cummings Academic Scholarship, Georgia State University
2008	Undergraduate Honors Research Grant, Georgia State University
2006-2008	Ronald E. McNair Post-Baccalaureate Achievement Program, Georgia State University

PEER-REVIEWED MANUSCRIPTS

1. Griffin, C. B., **Metzger, I.**, Halliday-Boykins, C., & Salazar, C. (in press, 2019). Racial Fairness, School Engagement, and Discipline Outcomes in African American High School Students: The Important Role of Gender. *School Psychology Review*.
2. Henderson, D., Jones, J., McLeod, K., Jackson, K., Lunsford, A., & **Metzger, I.** (in press, 2019). A phenomenological study of racial harassment in school and emotional effects among a sample of older adolescents. *The Urban Review*.
3. Jones, S., Anderson, R., Gaskin-Wasson, A., Sawyer, B. Applewhite, K., & **Metzger, I.**, (in press, 2019). From “Crib to Coffin”: Navigating Coping from Racism-Related Stress throughout the Lifespan of Black Americans. *American Journal of Orthopsychiatry*.
4. Cooper, S. M., **Metzger, I.**, Golden, A. R., Georgeson, A., Burnett, M & White, C. N. (in press, 2019). Communicative support and monitoring-relevant knowledge among African American residential fathers: Longitudinal associations with adolescent substance use. *Journal of Child and Family Studies*.
5. Stewart, R.W., Orengo-Aguayo, R., Wallace, M., **Metzger, I.**, & Rheingold, A. (in press, 2019). Leveraging technology and cultural adaptations to increase access and engagement among trauma-exposed African American youth: School-based telehealth delivery of Trauma-Focused Cognitive Behavioral Therapy. *Journal of Interpersonal Violence*.
6. **Metzger, I.**, Salami, T., Carter, S., Halliday-Boykins, C. A., Anderson R. E., Jernigan, M. M., & Ritchwood, T. (2018). African American Emerging Adults’ Experiences with Racial Discrimination and Drinking Habits: The Moderating Roles of Perceived Stress. *Cultural Diversity and Ethnic Minority Psychology*. Doi:10.1037/cdp0000204.
7. Williams, M. T., **Metzger, I. W.**, Leins, C., & DeLapp, C. (2018). Assessing racial trauma within a DSM–5 framework: The UConn Racial/Ethnic Stress & Trauma Survey. *Practice Innovations*, 3(4), 242-260. <http://dx.doi.org/10.1037/pri0000076>.
8. Ritchwood, T., **Metzger, I.**, Powell, T., Vander Schaff, E., Wynn, M., Zhou, W., Lin, F., Corbie-Smith, G., & Akers, A. (2018). How does pubertal development impact caregiver-adolescent communication about sex in rural, African American families? An examination of mediation effects. *Journal of Early Adolescence*. <https://doi.org/10.1177/0272431618806054>.
9. Jaffe, A. E., Bountress, K. E., **Metzger, I. W.**, Maples-Keller, J. L., Pinsky, H. T., George, W. H., & Gilmore, A. K. (2018). Student engagement and comfort during a web-based personalized feedback intervention for alcohol and sexual assault. *Addictive Behaviors*, 82, 23-27.
10. Apatu, E., Hamadi, H., Abrams, J., **Metzger, I.**, & Spaulding, A. (2018). Association between Hospital Community Services and County Population Health in the United States. *Journal of Public Health*.
11. Walker, J. H., Bountress, K. E., Calhoun, C. D., **Metzger, I. W.**, Adams, Z. W., Amstadter, A., Thomas, S. & Danielson, C. K. (2018). Impulsivity and Comorbid PTSD-Binge Drinking. *Journal of Dual Diagnosis*. doi:10.1080/15504263.2018.1439212.
12. Golden, A. R., Griffin, C. B., **Metzger, I.**, & Cooper, S. M. (2018). School Racial Climate and Academic Outcomes in African American Adolescents: The Protective Role of Peers. *Journal of Black Psychology*, 44, 47-73.
13. Neilson, E. C., Bird, E. R., **Metzger, I.**, George, W. H., Norris, J., & Gilmore, A. K., (2018). Understanding sexual assault risk perception in college: Associations among sexual assault history, drinking to cope, and alcohol use. *Addictive Behaviors*, 78, 178-186.

14. **Metzger, I.**, Blevins, C., Calhoun, C., Ritchwood, T., Gilmore, A., Stewart, R., Bountress, K. (2017). An examination of the impact of maladaptive coping on the association between stressor type and alcohol use in college. *Journal of American College Health*, *65*, 534-541.
15. Ritchwood, T.D., Powell, T. W., **Metzger, I. W.**, Dave, G., Corbie-Smith, G., Atujuna, M., Vander Schaaf, E., Wynn, M., Lin, F., Zhou, W., & Akers, A.Y. (2017). Understanding the relationship between religiosity and caregiver-adolescent communication about sex within African-American families. *Journal of Child and Family Studies*, *26*, 2979-2989.
16. Griffin, C B., Cooper, S. M., **Metzger, I.**, & Golden, A. (2017). School Racial Climate and the Academic Achievement of African American High School Students: The Mediating Role of School Engagement. *Psychology in the Schools*, *54*, 673-688.
17. Bountress, K., **Metzger, I.**, Maples-Keller, J., & Gilmore, A. (2017). Reducing sexual risk behaviors: secondary analyses from a randomized controlled trial of a brief web-based alcohol intervention for underage, heavy episodic drinking college women, *Addiction Research & Theory*, *25:4*, 302-309, DOI: 10.1080/16066359.2016.1271416. NIHMSID 843907.
18. **Metzger, I.**, Cooper, S. M., Ritchwood, T. D., Onyeuku, C., & Griffin, C. B. (2016). Profiles of African American college students' alcohol use and sexual behaviors: Associations with stress, racial discrimination, and social support. *The Journal of Sex Research*, *54(3)*, 374-385. PMCID: PMC5373031. NIHMSID: 845176.
19. Ritchwood, T.D., DeCoster, J, **Metzger, I.**, Bolland, J., & Danielson, C.K. (2016). Does it really matter which drug you choose? An examination of the influence of type of drug on type of risky sexual behavior. *Addictive Behaviors*, *60*, 97-102. NIHMSID 780214. PMCID: PMC4884511.
20. Stewart, R.W., Tuerk, P.W., **Metzger, I.**, Davidson, T.M., & Young, J. (2016). A decision tree approach to the assessment of posttraumatic stress disorder: Engineering empirically rigorous and ecologically valid assessment measures. *Psychological Services*, *13*, 1-9. NIHMSID 845190.
21. Andrews III, A. R., Jobe-Shields, L., López, C. M., **Metzger, I. W.**, de Arellano, M. A., Saunders, B., & Kilpatrick, D. G. (2015). Polyvictimization, income, and ethnic differences in trauma-related mental health during adolescence. *Social psychiatry and psychiatric epidemiology*, *50(8)*, 1223-1234. NIHMSID 698028. PMCID: PMC4521986.
22. Cooper, S.M., Smalls-Glover, C., **Metzger, I.**, & Brown, C. (2015). African American fathers' racial socialization patterns: Associations with and racial identity beliefs and discrimination experiences. *Family Relations*, *64*, 278-290.
23. Cooper, S.M., White-Johnson, R., Brown Griffin, C., **Metzger, I.**, Avery, M., Eaddy, H., Shephard, C., & Guthrie, B. (2015). Community involvement and reduced risk behavior engagement among African American adolescents: The mediating role of empowerment beliefs. *Journal of Black Psychology*, *41*, 415-437.
24. Cooper, S. M., Brown, C., **Metzger, I.**, Clinton, Y., & Guthrie, B. (2013). Racial discrimination and African American adolescents' adjustment: Gender variation in family and community social support, promotive and protective factors. *Journal of Child and Family Studies*, *22(1)*, 15-29.
25. **Metzger, I.**, Cooper, S. M., Flory, K., & Zarrett, N. (2013). Culturally sensitive risk-behavior prevention programs for African American adolescents: A systematic analysis. *Clinical Child and Family Psychology Review*, *16*, 187-212.
26. Guthrie, B. J., Cooper, S. M., Brown, C., & **Metzger, I.** (2012). Degrees of difference among minority female juvenile offenders' psychological functioning, risk behavior engagement, and health status: A latent profile investigation. *The Journal of Health Care for the Poor and Underserved*, *23*, 204-225.
27. Williams, R. S., Terry, N. P., & **Metzger, I.**, (2012). Kid Categories: A comparison of the category productions of LSES and MSES elementary school children. *Communication Disorders Quarterly*, *34*, 71-80.
28. Cooper, S.M., Guthrie, B.J., Brown, C.L., & **Metzger, I.** (2011). Daily hassles and African American adolescent females' psychological functioning: Direct and interactive associations with gender role orientation. *Sex Roles*, *65*, 397-409.

MANUSCRIPTS SUBMITTED OR UNDER REVISION

1. Anderson, R., **Metzger, I.**, Applewhite, K., Sawyer, B., Jackson, W., Flores, S., McKenny, M., & Carter, R. (Resubmitted 11/19/2019). Hands Up, Now What?: Participant Reactions to Family and School Racial Socialization Interventions to Reduce Racial Stress for Black Youth. *Journal of Youth Development*.
2. **Metzger, I.**, Anderson, R., Are, F., & Ritchwood, T (submitted, 10/17/2019). Healing Interpersonal and Racial Trauma: Integrating Racial Socialization into TF-CBT for African American Youth. *Child Maltreatment*.

3. Brown Griffin, C., Gray, D., Hope, E., **Metzger, I.**, & Henderson, D. X. (submitted 11/30/2019). Do Coping Responses and Racial Identity Promote School Engagement Among Black Youth? Using an Equity-Elaborated Social-Emotional Learning Lens. *Urban Education*.
4. Jones, S. T., **Metzger, I.**, & Anderson, R., (submitted 12/1/2019). “Standing in the Gap”: The continued importance of culturally competent therapeutic interventions for Black youth. *Evidence-Based Practice in Child & Adolescent Mental Health*.
5. **Metzger, I.**, Cooper, S., Griffin, C. B., Golden, A., Opara, I., & Ritchwood, T., (Revise and Resubmit, 12/2/2019). Parenting Profiles of Academic and Racial Socialization: Associations with Academic Engagement and Perception of Academic Ability of African American Adolescents. *Journal of School Psychology*.
6. Anderson, R., **Metzger, I.**, Jones, S., Lozada, F., (Submitted, 8/21/2019). Interrupting the Pathway from Discrimination to Psychological Outcomes: Investigating Racial Worries and Racial Socialization Competency. *Child Development*.
7. Bountress, K., Gilmore, A., **Metzger, I.**, Danielson, C.K., Williamson, V., Vladimir, O., Gelernter, J., Ruggiero, K., & Amstadter, A. (Submitted 9/4/2019). The Impact of Severity of Disaster Exposure: Cascading Effects across Parental Distress, Adolescent PTSD Symptoms, and Family Functioning. *Social Science & Medicine*.
8. Opara, I., Lardier Jr. D.T., **Metzger, I.**, Herrera, A., Franklin, L., Garcia-Reid, & Reid R.J.. (Submitted 7/10/2019). “Bullets have no names”: A qualitative exploration of community trauma. *Journal of Child and Family Studies*.
9. Ritchwood, T., Jones, C. **Metzger, I.**, Atujuna, M., Marcus, R., Ntlapo, N., Oduro, D., Conserve, D., Handler, L., & Bekker, L. G. (Revise & resubmit under review, 4/8/2019). Outcomes of adolescents living with HIV after transition from pediatric to adult care: A systematic review. *BMC Public Health*.
10. Griffin, C. B., **Metzger, I.**, Halliday-Boykins, C., & Salzar, C. (Submitted 2/21/2019). Exploring Associations Among African American Youths’ Perceptions of School Racial Climate and School Engagement: Does Gender Matter? *School Psychology Review*.
11. Anderson, R., **Metzger, I.**, Applewhite, K., Sawyer, B., Jackson, W., Flores, S., McKenny, M., & Carter, R. (Revise & Resubmit 10/12/2019). Hands Up, Now What?: Participant Reactions to Family and School Racial Socialization Interventions to Reduce Racial Stress for Black Youth. *Journal of Youth Development*.
12. Salami, T., Lawson, E., & **Metzger, I.**, (submitted, 12/9/2019). The Impact of Microaggressions on African American College Students' Worry about Their Future Employment: The Moderating Role of Campus Support and GPA. *Cultural Diversity and Ethnic Minority Psychology*.

INTERNATIONAL CONFERENCE PRESENTATIONS

1. **Metzger, I.**, Anderson, R., Are, F., & Ritchwood, T (submitted, 2019). Healing Interpersonal and Racial Trauma: Integrating Racial Socialization into TF-CBT for African American Youth. Paper Presentation. Society for Research on Child Development 2020 Special Topic Meeting: Construction of the ‘Other’: Development, Consequences, and Applied Implications of Prejudice and Discrimination to be held on May 4 – 6, 2020 in Rio Grande, Puerto Rico, USA.
2. **Metzger, I.**, & Moreland, A., (2019). *A Mixed Methods Approach to Understanding Ethnic Differences in Service Utilization at a Children's Advocacy Center Following Childhood Abuse*. Paper Presentation. Mixed Methods Research Regional Conference. Port of Spain, Trinidad.
3. Abrams, J., Brawner, B., **Metzger, I.**, Amutah-Onukagha, N., & Lanier, Y. (2018). *Developing and Implementing Innovative Interventions and Approaches for Addressing HIV Disparities*. Research Symposium. International Congress of Behavioral Medicine. Santiago, Chile.
4. **Metzger, I.**, (2018). *From Understanding to Action: Reducing Sexual Risk among Ethnic Minority Youth through Culturally Sensitive Trauma Treatment Modification*. Paper Presentation. Association of Black Sexologists and Clinicians International Lecture Series. Prague, Czech Republic.
5. Danielson, C. K., Adama, Z., Franz, A., **Metzger, I.**, & Ruggiero, K. (2017). *Alpha and beta testing of an HIV and substance abuse prevention mobile health application for teens who experience interpersonal violence: the eHEARTT toolkit*. Paper Presentation. International Aids Society Conference on HIV Science. Paris, France.
6. **Metzger, I.** & Cooper, S. M. (2012). *Parenting Profiles of Academic and Racial Socialization: Associations with Academic Engagement and Perception of Academic Ability of African American Adolescents*. Poster Presentation. Society for Research on Adolescence Biennial Meeting. Vancouver, BC, Canada.

7. **Metzger, I.**, Cooper, S., Brown, C., Avery, M., & Eaddy, H., (2011). *African American Fathers' Racial Identity and Experiences with Discrimination: Implications for Racial Socialization Practices*. Poster Symposium. Society for Research in Child Development, Montreal, Quebec, Canada.
8. Eaddy, H., Cooper, S., & **Metzger, I.**, (2011). *An Exploration of African American Fathers' Racial Socialization of their Adolescent Daughters*. Poster Symposium. Society for Research in Child Development, Montreal, Quebec, Canada.

INVITED TALKS

1. Bountress, K.E., Gilmore, A. K., Metzger, I., Aggen, S. H., Tomko, R. L., Kmett Danielson, C., Williamson, V., Valdmirov, V., Gelernter, J., Ruggiero, K., & Amstadter, A. B., (2019). *The Impact of Severity of Disaster Exposure: Cascading Effects across Parental Distress, Adolescent PTSD Symptoms, and Parent-Child Conflict and Communication*. International Society for Traumatic Stress Studies Annual Meeting. Boston, MA.
2. Griffin, C. B., Gray, D. L., Hope, E. C., **Metzger, I.**, Henderson, D. X. (2019). Does coping and racial identity promote school engagement? Using an equity-elaborated social-emotional learning lens. Paper Presentation. American Educational Research Association Annual Meeting in San Francisco, CA.
3. **Metzger, I.** (2019). *Application of the ADAPT-ITT Model: Trauma Focused Cognitive Behavioral Therapy Using PRACTICE and Integrating Racial Socialization for African American youth*. Qualitative Research Design Group. Yale University School of Public Health. New Haven, CT.
4. **Metzger, I.** (2019). *Understanding and Improving the Mental and Behavioral Health Outcomes of Interpersonal and Racial Stress for African American Youth*. Spring Colloquium. Winston-Salem State University, Department of Psychological Sciences. Winston-Salem, NC.
5. **Metzger, I.**, (2018). *An Integrative Basic and Applied Science Approach to Understanding & Improving Behavioral & Mental Health Outcomes for Trauma Exposed African American Youth*. Research Seminar in Health Promotion and Behavior. University of Georgia, Department of Public Health. Athens, GA.
6. **Metzger, I.** (2018). *From Understanding to Improving: African American College Students' Mental Health Outcomes*. Georgia African American Male Experience (GAAME) Weekend Academic Lecture, Office of Institutional Diversity, University of Georgia. Athens, GA.
7. **Metzger, I.** (2018). *Reducing Disparities in Mental Health Outcomes among African American Youth: An Integrative Risk and Resilience Perspective*. Clinical Psychology Colloquium Series. Invited Talk. Purdue University. West Lafayette, IN.
8. **Metzger, I.** (2017). *Risk and Resilience: Mental Health Disparities in Underserved Student Populations*. Dialogues in Diversity Series, Office of Institutional Diversity, University of Georgia. Athens, GA.
9. Burnley, J., Jimenez-Fuentes, G., **Metzger, I.**, Patel, U., & Smith, C. (2017). *Discussions on Diversity, Equity, and Inclusion*. AACC Fall 2017 Advisor Workshop, Academic Advising Coordinating Council, University of Georgia. Athens, GA.
10. **Metzger, I.** (2017). *Health Disparities Associated with Trauma Exposure and Treatment*. Medical University of South Carolina Fall Research Meeting. Invited Talk. Charleston, SC.
11. **Metzger, I.** (invited, 2017). *Reducing Disparities in Mental Health Outcomes among African American Youth*. Medical University of South Carolina Spring Research Meeting. Invited Talk. Charleston, SC.
12. **Metzger, I.** (2016). *Why Use Community Based Participatory Research? Examples from Culturally Specific Program Evaluation and Treatment Modification*. Medical University of South Carolina Fall Research Meeting. Invited Talk. Charleston, SC.

NATIONAL PRESENTATIONS

1. **Metzger, I.**, (2019). *Application of the ADAPT-ITT Model: TF-CBT Using PRACTICE and Integrating Racial Socialization*. International Society for Traumatic Stress Studies Annual Meeting. Boston, MA.
2. Spivey, B.*, **Metzger, I.**, & Swygert, L.* (2019). *The Moderating Roles of Perceived Stress on African American Emerging Adults' Experiences with Racial Discrimination and Drinking Habits*. Association for Cognitive and Behavioral Therapies Annual Meeting. Poster Presentation. Black American Research & Behavioral Therapy Special Interest Group Expo. Atlanta, Ga.
3. Bountress, K.E., Gilmore, A. K., **Metzger, I.**, Aggen, S. H., Tomko, R. L., Kmett Danielson, C., Williamson, V., Valdmirov, V., Gelernter, J., Ruggiero, K., & Amstadter, A. B., (2019). *The Impact of Severity of Disaster Exposure:*

- Cascading Effects across Parental Distress, Adolescent PTSD Symptoms, and Parent-Child Conflict and Communication.* International Society for Traumatic Stress Studies Annual Meeting. Boston, MA.
4. Griffin, C. B., Gray, D. L., Hope, E. C., **Metzger, I.**, Henderson, D. X. (2019). Does coping and racial identity promote school engagement? Using an equity-elaborated social-emotional learning lens. Paper Presentation. American Educational Research Association Annual Meeting in San Francisco, CA.
 5. **Metzger, I.**, Spivey, B., & Swygert, L. (2019). *The Moderating Roles of Perceived Stress on African American Emerging Adults' Experiences with Racial Discrimination and Drinking Habits.* Association for Cognitive and Behavioral Therapies Annual Meeting. Poster Presentation. Black American Research & Behavioral Therapy Special Interest Group Expo. Atlanta, Ga.
 6. **Metzger, I.**, Anderson, R. E., Jones, S. C. T., Henderson, D., Griffin, C., & Applewhite, K. (2019). *"Levels to this": Family, School, & Community Protecting Black Youth from Racial Stress & Trauma.* Collaborative Symposium (Divisions 9, 27, 45, and 53). American Psychological Association Conference, Chicago, IL.
 7. **Metzger, I.**, Garrett, R. J., Reese, K., Weimer, H., Reid-Quiniones, K., Kmett Danielson, C., de Arellano, M., & Swiecicki, C. (2017). *Ethnic Differences in Service Attrition Following Trauma Exposure: Utilizing Retrospective Chart Review and Key Informant Interviews.* Association for Cognitive and Behavioral Therapies Annual Meeting. Poster Presentation. San Diego, CA.
 8. Griffin, C., & **Metzger, I.** (2017). *School Racial Climate, School Suspensions, and Office Discipline Referrals: The Mediating Role of Classroom Engagement.* American Psychological Association Conference. Washington, DC.
 9. **Metzger, I.**, Stewart, R., Salami, T., Tolbert, C., de Arellano, M. & Rheingold, A. (2016). *Validating a Cultural Sensitivity Effectiveness Evaluation Model for Risk Behavior Prevention Programs Designed for African American Adolescents with Trauma Exposure: Leveraging the "SiHLE" Program.* International Society for Traumatic Stress Studies. Dallas, TX.
 10. Salami, T., **Metzger, I.**, Stewart, R., Andrews, A., Tolbert, C., & de Arellano, M. (2016). *Racial Differences in the Effect of Perception of Neighborhood Condition on Post-Trauma Symptoms: The Preceding Role of Hyperarousal.* International Society for Traumatic Stress Studies. Dallas, TX.
 11. Gilmore, A., Bountress, K., **Metzger, I.**, Maples-Keller, J. & Lewis, M. A. (2015). *Comfort and Distraction during Web-Based Interventions for Alcohol Use and Sexual Assault Risk. Paper Symposium, Novel Interventions for Sexual Assault Risk Reduction, Resistance Education, and Survivor Recovery.* American Psychological Association Annual Convention. Denver, CO.
 12. **Metzger, I.**, de Arellano, M., & Danielson, C. K. (2015). *Cultural Sensitivity Effectiveness Evaluation of the "Sistas Informing Healing Living and Empowering" (SiHLE) Pregnancy and HIV Prevention Program.* Association for Cognitive and Behavioral Therapies Annual Meeting. Poster Presentation. Chicago, IL.
 13. **Metzger, I.**, Salami, T., Stinnette, J. S., Kramer-Kuhn, A., Reid-Quiniones, K., Fritz, D. R. & Swiecicki, C. C. (2015). *Does Race Matter in Treatment Engagement? Examining Service Access in a Children's Advocacy Center.* Association for Cognitive and Behavioral Therapies Annual Meeting. Poster Presentation. Chicago, IL.
 14. Stewart, R.W., **Metzger, I.W.**, Tuerk, P.W., & Young, J. (2015). *A decision tree approach to the assessment of posttraumatic stress disorder.* Poster presented at the annual meeting for the International Society for Traumatic Stress Studies, New Orleans, LA.
 15. Griffin, C., **Metzger, I.**, & Cooper, S. M., (2014). *School Racial Climate and Academic Achievement Among African American Adolescents: Testing A Moderated Mediation Model.* Poster Presentation. Society for Research on Adolescence Biennial Meeting. Austin, TX.
 16. **Metzger, I** & Cooper, S., (2013). *Culturally Sensitive Prevention Programs Targeting High-Risk Behaviors among African American Adolescents.* Poster Symposium: Racial-Ethnic Socialization on the Development of Diverse Youth: Implications for Research and Practice. Society for Research in Child Development, Seattle, WA
 17. Cooper, S., **Metzger, I.**, & Brown, C. (2013). *Intergenerational Experiences and African American Fathers' Involvement: The Mediating Role of Fathering Ideologies.* Paper Symposium: African American Fathers' Parenting Experiences: Exploring Processes and Contributions to Youth Outcomes. Society for Research in Child Development, Seattle, WA
 18. **Metzger, I.** (2012). *African American Parenting Profiles of Academic and Racial Socialization Practices: Associations with Adolescents' Academic Outcomes.* National Black Graduate Student Association Conference. Poster Presentation. Philadelphia, PA.
 19. Castellow, J., **Metzger, I.**, Scaccia, J., Katz, J., Lamont, A., & Wandersman, A., (2011). *Getting to Outcomes® for the individual: Applying a systematic framework to treatment interventions for pregnant substance-abusing women.*

- Paper Symposium- Necessary and sufficient: Supporting effective prevention and intervention across systems levels with Getting To Outcomes (R). Society for Community Research and Action. Chicago, IL.
20. Scaccia, J. P., Castellow, J., **Metzger, I.**, Sickels, A., Terry, J., Katz, J., & Wandersman, A., (2010). *Planning and Monitoring Implementation: The Maternal Outreach Management Services (MOMS) Project*. American Evaluation Association, Panel Presentation, San Antonio, TX.
 21. Hipp, L., Holmes, B., & **Metzger, I.**, (2010). *Maternal Outreach Management Services (MOMS): A Model for Pregnant Substance Abusers*. National Association of Black Social Workers, Oral Workshop, Philadelphia, PA.
 22. **Metzger, I.** (2009). *Expressive and Receptive Vocabulary Knowledge Among Elementary School Children K- 2*. Southeastern Psychological Association Research Convention. Poster Session, New Orleans, Louisiana..
 23. **Metzger, I.** (2008). *Category Production in Response to Varying Prompts by Low-Income School-Aged Children*. Annual Biomedical Research Conference for Minority Students. Poster Session, Orlando, Florida.

REGIONAL PRESENTATIONS

1. **Metzger, I** (2013). *Culturally Sensitive Prevention Programs Targeting High-Risk Behaviors among African American Adolescents*. Poster. University of South Carolina Graduate Student Day. Columbia, SC.
2. **Metzger, I.** (2012). *Academic and Racial Socialization Profiles: Associations with African American Adolescents' Academic Outcomes*. Poster. University of South Carolina Graduate Student Day. Columbia, SC.
3. **Metzger, I.** & DeLoach, (2011). *Cultural Competence: Assessing the Teen Positive Parenting Program for African American Families in South Carolina*. Poster. National Black Graduate Student Conference. Columbia, SC.
4. Avery, M., Castellow, J., Katz, J., **Metzger, I.**, Scaccia, J., Sickels, A., Terry, J., & Wandersman, A., (2010). MOMS: An Enhanced Treatment Model for Pregnant Substance Abusing Women. LRADAC, The Behavioral Health Center of the Midlands, Columbia, SC.
5. Avery, M., **Metzger, I.**, & Scaccia, J., (2010). *Maternal Outreach Management Services (MOMS): A Brief Overview*. LRADAC, The Behavioral Health Center of the Midlands, Women's Advisory Committee, Columbia, SC.
6. Castellow, J., **Metzger, I.**, Scaccia, J., & Schmidt, S., (2010). *MOMS Project: Getting to Outcomes with Substance-Abusing Pregnant Women*. Poster. James E. Clyburn Health Disparities Lecture Series, University of South Carolina, Columbia, SC.
7. **Metzger, I.** (2008). *Category Production in Response to Varying Prompts by Low-Income School-Aged Children*. Ronald E. McNair Post-Baccalaureate Achievement Summer Internship Research Conference, Poster and Oral Sessions, Georgia State University, Atlanta, GA.
8. **Metzger, I.** (2008). *Category Production in Response to Varying Prompts by Low-Income School-Aged Children*. Kiddie Café Developmental Seminar, Georgia State University, Atlanta, GA.
9. **Metzger, I.** (2008). *Category Production in Response to Varying Prompts by Low-Income School-Aged Children*. Ronald E. McNair Post-Baccalaureate Achievement Program Fall Research Symposium, Poster Session, Georgia State University, Atlanta, GA.
10. **Metzger, I.** (2008). *Expressive and Receptive Vocabulary Knowledge Among Elementary School Children K- 2*. Honors Thesis Symposium, Georgia State University. Atlanta, GA.

RESEARCH POSITIONS

- | | |
|-------------|--|
| 2015 – 2017 | Invictus Lab, Predoctoral Psychology Intern, Postdoctoral Fellow
Medical University of South Carolina, National Crime Victims Research & Treatment Center |
| 2014 – 2015 | African American Community Engagement Lab, Doctoral Coding Assistant
University of South Carolina; Clinical - Community Psychology Program |
| 2009 – 2015 | African American Youth Development Lab, Recruitment & Retention Coordinator
University of South Carolina; Clinical - Community Psychology Program |
| 2012 – 2013 | Social Impairment in Children with ADHD in Schools, Doctoral Research Assistant
University of South Carolina; Clinical – Community Psychology Program |
| 2012 – 2013 | Behavioral Medicine Laboratory, Doctoral Research Assistant
University of South Carolina; Clinical – Community Psychology Program |
| 2009 – 2011 | Maternal Outreach Management Services (MOMS), Community Researcher
LRADAC, Behavioral Health Center of the Midlands, Columbia, SC |
| 2009 – 2010 | Obesity Research Group, Doctoral Coding Assistant |

- 2008 – 2009 University of South Carolina; Clinical - Community Psychology Program
Educational Psychology Research Lab, Research Assistant
Special Education Programs, Georgia State University, Atlanta, GA
- 2007 – 2009 Tracking Eye Movement & Vocabulary Acquisition Lab, Research Assistant
Developmental Psychology Program, Georgia State University, Atlanta, GA
- 2007 – 2009 Action Research Lab, Research Assistant,
Community & Clinical Psychology Programs, Georgia State University, Atlanta, GA

TEACHING EXPERIENCE

Assistant Professor

- University of Georgia, Athens, GA
- Fall 2019 – Spr 2020 Child and Family Practicum
- Fall 2018 – Spr 2019 Child and Family Practicum
- Spring 2019 Directed Reading and/or Projects (Honors)
- Spring 2018 Seminar in Psychology
- Spring 2018 Special Problems
- Fall 2017 Psychology of Disadvantaged and Minority Groups

Instructor

- Medical University of South Carolina, Charleston, SC
- Spring 2017 Didactic Seminar
- Spring 2017 Fundamentals of Patient Care
- Fall 2016 Didactic Seminar
- Fall 2016 Fundamentals of Patient Care
- Spring 2016 Fundamentals of Patient Care
- Fall 2015 Didactic Seminar
- Fall 2015 Fundamentals of Patient Care

Graduate Teaching Assistant

- University of South Carolina, Columbia, SC
- 2012, 2013 Honors Health Psychology
- 2011, 2012 Psychology of Women
- Fall 2010 Research Perspectives: African American Children & Families
- Fall 2010 Psychology of Women

Co- Lectures and Guest Lectures

- University of South Carolina, Columbia, SC
- 2015, 2016 Didactic Seminar
- Fall 2013 Child and Family Psychology Practicum
- Spring 2012 College Teaching of Psychology
- Fall 2011 Seminar on Race, Class, Gender, and Sexuality
- Spring 2010 Lifespan Psychopathology
- Spring 2010 Survey of Abnormal Psychology
- Spring 2007 African American Psychology

Teaching Education and Training

- 2016 Addressing Incivility in the Classroom: Effective Strategies for Faculty
- 2015 Teaching in No Time: How to Prepare For A Stress-Free Semester
- 2010 Workshop: Dealing with Classroom Distractions
- 2009 Teaching Assistant Training Workshop
- 2009 Workshop: Motivating Students
- 2009 Effective and Engaging Instruction: Tips for Teaching Assistants

CLINICAL EXPERIENCE

Consulting

2018 – Present	The Cottage Sexual Assault Center and Children's Advocacy Center, Athens, GA
2017 – Present	The Georgia Center for Child Advocacy, Atlanta, GA
2015 – Present	Dee Norton Child Advocacy Center, Charleston, SC
Spring 2018	Gaines Elementary School, Morgan County, Athens, GA
Summer 2018	Center for Health and Rehabilitation, Fulton County, Atlanta GA
2015 - 2016	National Crime Victims Research and Treatment Center, Charleston, South Carolina
2011 - 2013	Pine Grove Inc., Autism Residential Facility, Elgin, South Carolina
2010 - 2013	The Pediatric Diabetes and Obesity Institute- Healthy Lifestyles Clinic

Clinical Trainings and Workshops

1. **Metzger, I.** (2019). TF-CBT Using PRACTICE and Racial Socialization. Child & Adolescent Outpatient Psychiatric Services: Culturally Sensitive Approach to Healing Interpersonal and Racial Trauma for African American Clients: Yale New Haven Hospital, Yale University School of Medicine. Invited Workshop. New Haven, CT.
2. **Metzger, I.** (2019). *Trauma Focused Cognitive Behavioral Therapy Techniques for Multidisciplinary School Practitioners*. Youth Mental Health Summit. Advantage Behavioral Health Systems. Athens, GA.
3. **Metzger, I., & Mouilso, E.** (2018). *Culturally Sensitive Assessment and Treatment of Trauma Related Symptoms in Children and Young Adults*. Georgia Psychological Association Annual Meeting. Invited Workshop. Athens, GA.
4. **Metzger, I., Andrews, A. T., & Lopez, C. M.** (2015). *Culturally Sensitive, Trauma Informed, Teen Pregnancy Prevention and Interventions*. South Carolina Campaign to Prevent Teenage Pregnancy Summer Institute. Invited Talk. Columbia, SC.

Online Clinical Trainings

Smith, D., de Arellano, M., **Metzger, I.**, & Stewart, R., (2017). TF-CBT Web 2.0., <https://tfcbt2.musc.edu/>. Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) Web 2.0 was built following the principles outlined in "Treating Trauma and Traumatic Grief in Children and Adolescents, 2nd Edition," the most recent, gold standard treatment manual for Trauma-Focused Cognitive-Behavior Therapy. Clinicians in training can access this course through the Medical University of South Carolina for training on each of the P.R.A.C.T.I.C.E. components (Psychoeducation, Relaxation, Affect Identification & Regulation, Cognitive Coping, Trauma Narration & Processing, In Vivo Mastery, Conjoint Sessions, and Enhancing Safety). Content expert in cultural sensitivity, and lead online trainer for version 2.0.

Clinical Supervision

2018 - Present Licensed Faculty Supervisor
Clinical Staffing Procedures
Team provides evidence-based treatment (e.g., TF-CBT, contingency management) and assessment to ethnic minority and underserved children/families who have experienced trauma. Treatment also focuses on reducing anxiety and mood symptoms, racial stress, substance use, and risky sex.

Clinical Education and Training

2017 Screening, Brief Intervention, and Referral to Treatment (SBIRT) for Substance Use, Odessa Ussery, M.Ed.
2017 Culture, Alliance, & Empirically Supported Guidelines for Multicultural Competency in CBT, Anu Asnaani, PhD
2017 Creating and Sustaining Trauma-Responsive Organizational Cultures, Sandra Bloom, MD
2016 Trauma and Stress-Related Disorders in DSM-5, Matthew J. Friedman MD, PhD
2014 Trauma Focused Cognitive Behavioral Therapy, Michael de Arellano, PhD
2014 Prolonged Exposure Therapy, Alyssa Rheingold, PhD
2014 Cognitive Processing Therapy, Alyssa Rheingold, PhD
2014 Multiple Channel Exposure Therapy, Heidi Resnick, PhD
2014 Contingency Management Treatment for Substance Use in Adolescence, Kristyn Zajac, Ph.D
2014 Cognitive Behavior Therapy for Anxiety and Depression, Melissa Milanak, PhD
2014 Cognitive Behavior Treatment for Insomnia, Melissa Milanak, PhD
2014 Motivational Interviewing: Skill Building and Updates, Daniel W. McNeil, PhD
2014 Making Proud Choices, Carla Kmett Danielson, PhD

- 2014 Sistas Informing Healing Living and Empowering (SiHLE), Carla Kmett Danielson, PhD
- 2013 ICD Diagnosis and DSM-5 Changes: A New Horizon, M. Michele Burnette, PhD
- 2013 Autism Diagnostic Interview– Revised (ADI-R), Jane Roberts, PhD
- 2013 Children’s Interview for Psychiatric Syndromes (P-ChIPS), Kate Flory, PhD
- 2012 Nonviolent Physical Crisis Intervention, Kelly Baccomo
- 2010 Prolonged Exposure Therapy, Mark Weist, PhD
- 2010 Primary Care Teen Triple P (Positive Parenting Program), Bradley Smith, PhD
- 2010 Assessment, Interviewing, and Treatment for Substance Abuse, Alicia Anderson, MS
- 2010 Dialectal Behavior Therapy for Borderline Personality Disorder, Shari Manning, PhD, LPC

Clinical Positions

- 2015 – 2017 Postdoctoral Clinician
National Crime Victims Research & Treatment Center,
Medical University of South Carolina
Infectious Diseases Inpatient Unit
Mother Emanuel African Methodist Episcopal Church
- 2014 – 2015 Predoctoral Clinician
Charleston Consortium Psychology Internship Training Program
Medical University of South Carolina
Ethnic Minority Preventative Outreach and Web-Based Education for Risk Reduction
National Crime Victims Research & Treatment Center
Sleep/Anxiety Treatment & Research Program
Adolescent and Family Services
Community Outreach Project
- 2010-2015 Graduate Student Clinician
University of South Carolina
Pine Grove Inc., Autism Residential Facility
Three Rivers Behavioral Health Residential Treatment
The Pediatric Diabetes and Obesity Institute- Healthy Lifestyles Clinic
Psychological Services Center
Autism Diagnostic Clinic
Challenging Horizons Program, Leaphart Elementary School

Assessments and Report Writing

- 2014 - 2017 Supervisor: Michael de Arellano, PhD
PTSD Checklist (PCL)
Beck Depression Inventory-II (BDI-II)
UCLA Post-Traumatic Stress Disorder Index for DSM-IV
Strengths and Difficulties Questionnaire, SDQ
- 2014 - 2015 Supervisor: Melissa Milanak, PhD
Mini International Neuropsychiatric Interview - KID (MINI-Kid).
Patient Health Questionnaire (PHQ-9)
State-Trait Anxiety Inventory (STAI)
Penn State Worry Questionnaire (PSWQ)
- 2012 - 2015 Supervisor: Kimberly Hills, PhD
Vineland Adaptive Behavior Scales, Second Edition (VABS-II)
Behavior Assessment System for Children, Second Edition (BASC-2)
Modified Checklist for Autism in Toddlers (M-CHAT)
Peabody Picture Vocabulary Test IV (PPVT 4)
Expressive Vocabulary Test, Second Edition (EVT-2)
Bayley Scales of Infant Development Mental Scale- Third Edition (Bayley- III)
Autism Diagnostic Interview – Revised (ADI-R)
Autism Diagnostic Observation Schedule (ADOS)
Home-Situations Questionnaire- PPD Version (HSQ)

- Beery-Buktenica Developmental Test, Visual-Motor Integration, 6th Edition (VMI)
 Stanford-Binet Intelligence Scales- Fifth Edition (SB5)
 Wechsler Intelligence Scale for Children- Fourth Edition (WISC-IV)
 Woodcock-Johnson Tests of Achievement- III (WJTA-III)
 Social Communication Questionnaire (SCQ)
 Social Responsiveness Scale (SRS)
 Weschler Adult Intelligence Scale-Fourth Edition (WAIS-IV)
 Conners' Adult ADHD Rating Scales (CAARS)
 Brown Attention-Deficit Disorder Scales for Adults
- 2012 - 2013 Supervisor: Kate Flory, PhD
 Children's Interview for Psychiatric Syndromes (P-ChIPS)
 Services for Children and Adolescents-Parent Interview (SCAPI)
 Wechsler Abbreviated Scale of Intelligence- Second Edition (WASI-II)
 Children's Depression Inventory, Child Report (CDI)
 Disruptive Behavior Disorder Rating Scale (DBD)
 Impairment Rating Scale (IRS)
 Self-Report for Childhood Anxiety Related Emotional Disorders (SCARED)
- 2013 Supervisor: Mark Weist, PhD
 Disruptive Behavior Disorder Rating Scale (DBD)
 Impairment Rating Scale (IRS)
 Behavior Assessment System for Children, Second Edition (BASC-2)
- 2013 - 2015 Supervisor: Jane Roberts, PhD
 Autism Diagnostic Interview – Revised (ADI-R)
 Autism Diagnostic Observation Schedule (ADOS)
- 2010 - 2013 Supervisor: Rachel Stroud, PhD
 Wechsler Abbreviated Scale of Intelligence- Second Edition (WASI-II)
 Behavior Assessment System for Children- Second Edition (BASC-2)
 Wechsler Intelligence Scale for Children- Fourth Edition (WISC-IV)
 Woodcock Johnson Test of Achievement- Third Edition (WJTA-III)

ACADEMIC SERVICE

Grant and Symposium Review

- Spring 2019 External Reviewer, Dee Norton Child Advocacy Center, 2019 Charleston Child Trauma Conference
 Spring 2018 External Reviewer, Sam Houston State University, "Discrimination and Substance Use Among Ethnic Minority Emerging Adults."

Editorial Responsibilities (Ad hoc Reviewer)

- 2019 Health Education & Behavior
 2019 Addiction
 2017 Addictive Behaviors
 2017 Psychological Trauma: Theory, Research, Practice, and Policy

Service to the Profession

- 2019 NIH Loan Repayment Program Ambassador
 2019 Global Women in STEM Leadership Summit, Invited Panelist
 Lessons Learned Panel, Four Seasons Hotel Atlanta
 2019 Conversations with Professionals, Invited Presenter
 TRIO Student Support Services Program, Georgia State University
 2019 Clinical Psychology Doctoral Program Recruitment Workshop, Invited Presenter
 Department of Psychology, Spelman College
 2018, 2019 Peer Leadership Program, Presentation on Interpersonal & Racial Trauma
 Cedar Shoals High School, Co-Presenter Janet Frick, PhD, Instructor Katie Johnson, Athens, GA
 2018 McNair Scholars Research Conference, Transitioning to Graduate School & Faculty Panel

- 2018 Southeastern Association of Educational Opportunity Program Personnel, Discussant, Atlanta, GA
McNair Scholars Research Conference, Faculty Representative
Southern Regional Education Board
- 2018 GPA Annual Meeting, Invited Workshop Presenter
Georgia Psychological Association Athens, GA.
- 2017 Cultural Considerations in Trauma Focused Therapy Web 2.0, Task Force Team Member
National Crime Victims Research & Treatment Center, Medical University of South Carolina
- 2016 Diversity and Ethnic Relations Committee, Member
Medical University of South Carolina
- 2015 Mental Health Disparities and Diversity Program, Co-Chair
Medical University of South Carolina, Department of Psychiatry and Behavioral Sciences
- 2014, 2015 Charleston Consortium Internship Program, Diversity Recruitment Representative
Association for Cognitive and Behavioral Therapies Annual Meeting
- 2009 - 2014 Black Psychology Graduate Student Association (BPGSA), President (2012- 2013)
Department of Psychology, University of South Carolina
- 2010 Psychology Graduate Student Association, Secretary
University of South Carolina
- 2009 - 2014 Psychology Graduate Student Association, Member
University of South Carolina
- 2010 The TRIO McNair Post-Baccalaureate Achievement Program Presentation
Preparing for Summer Research: Graduate Student Panel
- 2010 The TRIO McNair Post-Baccalaureate Achievement Program Presentation
Designing a Meaningful Project: Graduate Student Panel
- 2010, 2011 Doctoral Student Panels
Department of Psychology, University of South Carolina
- 2008 Annual Biomedical Research Conference for Minority Students- ABRCMS
Georgia State University Representative
- 2008 Southern Regional Educational Board- SREB; Compact for Faculty Diversity
Undergraduate Ambassador, Georgia State University Representative
- 2008 University of Georgia, Future Scholars Visitation Program
Georgia State University Representative
- 2008 University of South Florida Campus Visitation
Georgia State University Representative
- 2006 - 2008 Psi Chi National Honors Society in Psychology
Vice President, Georgia State University
- 2006 - 2008 Ronald E. McNair Post-Baccalaureate Achievement Program
Editor, McNair Voice, National Newsletter, Student Advisory Board, Georgia State University

Service to the University of Georgia

- 2019 RISE Scholars Leadership & Academic Program for College Success: A Talk with UGA Professors
Invited Faculty Panelist, Office of Institutional Diversity, University of Georgia
- 2018, 2019 Future Scholars Visitation Program, Faculty Host
The University of Georgia Graduate School, Office of Recruitment and Diversity Initiatives
- 2018 – Present Ronald E. McNair Post-Baccalaureate Achievement Program
Faculty Mentor
- Spring 2018 Georgia African American Male Experience (GAAME) Weekend Academic Lecture
Invited Speaker, Office of Institutional Diversity, University of Georgia
- Fall 2017 Dialogues in Diversity Series
Invited Speaker, Office of Institutional Diversity, University of Georgia
- Fall 2017 AACC Fall 2017 Advisor Workshop
Invited Speaker and Panelist, Academic Advising Coordinating Council, University of Georgia
- Fall 2017 University of Georgia Doctoral Scholars Reception
Invited Representative: Department of Psychology, 24th Annual Institute on Teaching and Mentoring-
Compact for Faculty Diversity Conference, Southern Regional Education Board

Service to the Psychology Department at the University of Georgia

- 2018 – 2019 Student Faculty Committee, Student Nominated Faculty Representative
- 2018 I/O Psychology Program Prelim Exam Committee, Outside Faculty Grader
- 2017 – Present Diversity Committee, Faculty Member, Application Workshop Host, Recruitment Workshop Host
- 2017 – 2019 Admissions Committee

Student Committees at the University of Georgia

- 2019 Kelly Rea. Transition to Adult Healthcare among Solid Organ Transplant Recipients: Medical Outcomes and Relations to Success. Masters Proposal 11/13/2019. Under the Direction of Ronald L. Blount
- 2019 Violeta Rodriguez. Item Selection and Validation of the Regulating Emotions in Parenting Scale (REPS): Factor Structure and Measurement Invariance. RCE Proposal 12/11/2019. Under the Direction of Anne Shaffer.

Mentored Students (approval granted by students listed)

- 2019- Present Tyquavious Kelley, University of Georgia
- 2018 - 2019 Akua Kumi-Ansu, University of Georgia
- 2018 - 2019 Carly Smith, University of Georgia
- 2018 - 2019 Ifedinma Sarah Nwankwo, University of Georgia
- 2012 - 2015 Stephania LaShawn Jackson, University of South Carolina

Ronald E. McNair Post-Baccalaureate Achievement Program Scholars Mentored

- 2019 - Present Lacey Walker, University of Georgia
- 2018 - Present Jahi Hamilton, University of Georgia
- 2018 - Present Barbara Walcot-Ceesay, University of Georgia
- 2018 - Present Destin Mizelle, University of Georgia

PROFESSIONAL EDUCATION AND TRAINING

- 2019 Grant Writing Workshop - Preparing NIH R-Series Awards, Emory University
- 2019 Identity and Social Location, UGA Office of Institutional Diversity
- 2019 Honoring Christ in our Teaching, Research, and Service, A Common Call Regional Faculty Conference
- 2019 Safe Space Training, UGA LGBT Resource Center, University of Georgia
- 2019 UGA’s Non-Discrimination and Anti-Harassment (NDAH) Policy, UGA Office of Institutional Diversity
- 2019 An LGBTQ Primer, Creating an Inclusive Community, UGA Office of Institutional Diversity
- 2019 Best Practices for Transformative Engagement, Erin Dolan, PhD, UGA Division of Academic Enhancement
- 2018 Diversity at UGA: Beyond the Numbers, UGA Office of Institutional Diversity
- 2017 Successfully Navigate NIH Peer Review and Get a Fellowship Grant, NIH Center for Scientific Review
- 2017 Fireside Chat: The Development of Implementation Science & Future Directions, Russell Glasgow, PhD
- 2016 Peer Review Briefing for Basic Research Applicants and Reviewers, NIH Center for Scientific Review
- 2016 Analyzing and Using NIMH Research Domain Criteria (RDoC) Data, Lisa McTeague, Ph.D
- 2016 Developing your Clinical Trial Toolbox, Valerie Durkalski-Mauldin, PhD and Caitlyn Ellerbe, PhD
- 2016 Responsible Conduct of Research and Career Development (RCR/CD), Edward Krug, PhD
- 2016 National Center for Faculty Development & Diversity, Kerry Ann Rockquemore, PhD
- 2016 Micro-Aggressions, Micro-Resistance, and Ally Development in the Academy, Cynthia Ganote, PhD
- 2016 Mastering Academic Time Management, Mindi Tompson, PhD
- 2016 How to Develop a Daily Writing Practice, Joy Gaston Gayles, PhD
- 2015 Everything You Need to Know About Grant Writing
- 2015 How to Write Papers That Get Cited and Proposals that Get Funded, Josh Schimel, PhD

PROFESSIONAL AND ORGANIZATIONAL AFFILIATIONS

Georgia Clinical & Translational Science Alliance (GACTSA), University of Georgia, Faculty Affiliate
 Stress, Trauma, Adversity, & Resilience (STAR) Research Workgroup, University of Georgia, Faculty Member

Interdisciplinary Research Methods Core, Member, Yale University School of Public Health
Qualitative Research Discussion Group, Member, Yale University School of Public Health
Early Career Fellow, Owens Institute of Behavioral Research, University of Georgia
Mentored Fellow, Center for Translational and Prevention Science (P30DA027827), University of Georgia
International Society for Traumatic Stress Studies, Member
APA Health Disparities Initiative Program, Health Equity Ambassador
Association for Psychological Science, Member
Association for Cognitive and Behavioral Therapies, Member #8328
National Register of Health Service Psychologists, Member
Society of Counseling Psychology, Member, Section on Ethnic and Racial Diversity
Society for the Scientific Study of Sexuality, Developmental Professional Member
National Center for Faculty Development & Diversity, Member
Society for Research on Adolescence, Member
American Psychological Association, Member, #37400978
Society for Research in Child Development, Member
National Alliance on Mental Illness, South Carolina Division Member
Southeastern Psychological Association, Member

MEDIA

February 2019 APA Journals Article Spotlight, American Psychological Association
“*Uncovering the Trauma of Racism.*” Many ethnic and racial groups experience higher rates of posttraumatic stress disorder (PTSD) as compared to White Americans. One explanation for this is the experience of racism, which can itself be traumatic. When traumatization is due to experiences of racism it is sometimes called racial trauma. Racial trauma can result from major experiences of racism such as workplace discrimination or hate crimes, or it can be the result of an accumulation of many small occurrences, such as everyday discrimination and microaggressions. An article by Williams, Metzger, and colleagues, published in *Practice Innovations*, aims to provide a context for understanding how racism can lead to a diagnosis of PTSD according to the 5th edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM-5). <https://www.apa.org/pubs/highlights/spotlight/issue-128>

October 2018 On Second Thought, NPR, Georgia Public Broadcasting
“*What Do We As A Culture Say About Sexual Assault?*” By Virginia Prescott, Elena Rivera & Leighton Rowell. Dr. Isha Metzger, Assistant Professor of Psychology at the University of Georgia, and Sally Sheppard, the Executive Director of The Cottage, a sexual assault and children’s advocacy center in Athens, GA, joined in on the national conversation about sexual assault surrounding Dr. Christine Blasey Ford and Supreme Court nominee Brett Kavanaugh. Topics discussed include the psychological effects of sexual assault (e.g., repressed memories, PTSD, triggers), why women might choose to not report or disclose that they have been sexually assaulted, and the role of psychologists and advocates in healing from trauma. Episode of “On Second Thought” is available for download on NPR, Apple Music podcasts, Soundcloud, and other streaming apps. <http://wjsp.drupal.publicbroadcasting.net/post/second-thought-monday-october-1-2018>