

# Alan Meca, Ph.D.

## CONTACT

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## ACADEMIC TRAINING

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2014 – 2017 *University of Miami, Miller School of Medicine, Miami, FL*  
NIAAA Post-Doctoral Fellow (R01AA021888-02S2)  
2010 – 2014 *Florida International University, Miami, FL.*  
Doctor of Philosophy in Applied Developmental Psychology.  
2006 – 2010 *Florida International University, Miami, FL.*  
Bachelor of Arts in Psychology, Cum Laude, with Honors

## ACADEMIC POSITIONS HELD

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2017 – Present Assistant Professor, Department of Psychology, *Old Dominion University.*  
2014 – 2017 Adjunct Professor, Department of Psychology, *Florida International University.*

## HONORS AND AWARDS

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May 2019 **Shining Star Award:** Dean of Students, *Old Dominion University.*  
May 2019 **Outstanding Psychology Faculty Teaching Award:** Department of Psychology, *Old Dominion University.*  
March 2019 **Interdisciplinary Research Training Institute on Hispanic Drug Abuse (IRTI):** *University of Southern California (USC) and National Institute on Drug Abuse (2R25DA026401)* (Total Award: \$2500).  
January 2019 **Frances Degen Horowitz Millennium Scholars Program (MSP):** *Society for Research on Child Development* (Total Award: \$500).  
May 2018 **Junior Faculty Research Mentoring Program (JFRMP):** Office of Research, *Old Dominion University.*  
July 2015 **Honorable Mention, Jeffrey S. Tanaka Memorial Dissertation Award:** Committee on Ethnic Minority Affairs (CEMA), *American Psychological Association.*  
August 2014 **Post-Doctoral Fellowship:** National Institute on Alcohol Abuse and Alcoholism (NIAAA), *University of Miami Miller School of Medicine.*  
April 2014 **Third Place Oral Presentation, Scholarly Forum (Psychology):** University Graduate School, *Florida International University* (Total Award: \$100).  
April 2014 **Provost Award for Outstanding Graduate Teaching:** University Graduate School, *Florida International University* (Total Award: \$2,000).  
July 2013 **McKnight Dissertation Fellowship:** *Florida Education Fund* (Total Award: \$12,000).

- March 2013 **First Place Oral Presentation, Scholarly Forum (Health Sciences):** University Graduate School, *Florida International University* (Total Award: \$350).
- March 2012 **Second Place Oral Presentation, Scholarly Forum (Health Sciences)** University Graduate School, *Florida International University* (Total Award: \$300).
- April 2010 **Graduated Cum Laude, Florida International University.**
- April 2010 **Outstanding Academic Achievement in Psychology:** College of Arts and Sciences, *Florida International University*.
- April 2010 **Outstanding Leadership:** Counseling and Psychological Services Center at *Florida International University*.
- December 2009 **First Place Research Paper, McNair Symposium:** Ronald E. McNair Post-Bachelorette Fellowship, *Florida International University*.
- October 2009 **Outstanding Leadership and Service:** Florida South-East Chapter, *American Foundation for Suicide Prevention*.
- May 2009 **Psychology Research Initiatives Mentorship Experience Research Fellowship:** *American Psychology Association* (Total Award: \$200).
- March 2009 **Ronald E. McNair Post-Bachelorette Fellowship:** U.S. Department of Education Trio Program (Total Award: \$3,000).

**PEER-REVIEWED JOURNAL PUBLICATIONS (\*graduate student +undergraduate)**

- Tubman, J., Meca, A., Schwartz, S. J., Velazquez, M. R., Egbert, A. W., Soares, M. H., & Regan, T. (2019). Brief underage alcohol use screener scores predict health risk behaviors. *Journal of School Nursing*.
- Meca, A., Rodil, J. C. \*, Paulson, J. F., Kelley, M., Schwartz, S. J., Unger, J. B., ... Zamboanga, B. L. (2019). Examining the Directionality Between Identity Development and Depressive Symptoms Among Recently Immigrated Hispanic Adolescents. *Journal of Youth and Adolescence*.
- Meca, A., Gonzales-Backen, M., Davis, R. +, Hassell, T.+ & Rodil, J.\* (2019). Development of the United States Identity Scale: Unpacking affirmation and commitment. *Journal of Latinx Psychology*.
- Meca, A., Cobb, C. L. \*, Schwartz, S. J., Szabo, A. \*, Moise, R. \*, Zamboanga, B. L., Lee, T. K., Klimstra, T. A., Soares, M. H. \*, Ritchie, R. A., & Stephens, D. P. (*in press*). Exploring individual differences in the relationship between cultural identity processes and well-being. *Emerging Adulthood*. doi: 10.1177/2167696818817168
- Ozer, S. \*, Meca, A., & Schwartz, S. J. (*in press*). Globalization and identity development among emerging adults from Ladakh. *Cultural Diversity and Ethnic Minority Psychology*. doi: 10.1037/cdp0000261
- Cobb, C. \*, Branscombe, N., Meca, A., Schwartz, S. J., Xie, D., Cecilia-Zea, M., & Molina, L. (2019). Toward a positive psychology of immigration. *Perspectives on Psychological Science*, 14, 619-632. doi: 10.1177/1745691619825848

- Schwartz, S. J., **Meca, A.**, Ward, C. A., Szabo, A., Benet-Martínez, V., Lorenzo-Blanco, E. I., Sznitman, G. A., Szapocznik, J., Unger, J. B., Cano, M. A., Stuart, J., & Zamboanga, B. L. (2019). Biculturalism dynamics: A daily diary study of bicultural identity and psychosocial functioning. *Journal of Applied Developmental Psychology*, *62*, 26-37. doi: 10.1016/j.appdev.2018.12.007
- Schwartz, S. J., Salas-Wright, C. P., Pérez-Gómez, A., Mejía-Trujillo, J., Brown, E. C., Montero-Zamora, P., Meca, A., Scaramutti, C., Soares, M. H., Vos, S. R., Javakhishvili, N., & Dickson-Gomez, J. (2018). Cultural stress and psychological symptoms in recent Venezuelan immigrants to the United States and Colombia. *International Journal of Intercultural Relations*, *67*, 25-34. doi: 10.1016/j.ijintrel.2018.09.001
- Meca, A.**, Zamboanga, B. L., Lui, P. P., Schwartz, S. J., Lorenzo-Blanco, E. I., Gonzales-Backen, M., ... , Kubilus, R.<sup>+</sup>, Villamar, J. A., & Lizzi, K. M.. (*in press*). Examining the role of acculturation and cultural stressors in alcohol use among recent Hispanic adolescent immigrants. *American Journal of Orthopsychiatry*, *89*, 569-578. doi: 10.1037/ort0000352
- Lee, T. K., **Meca, A.**, Unger, J. B., Zamboanga, B. L., Baezconde-Garbanati, L., Gonzales-Backen, M., Lorenzo-Blanco, E. I., Cano, M. A., Des Rosiers, S. E., Soto, D. W., Villamar, J. A., Pattarroyo, M., Lizzi, K. M., & Szapocznik, J., & Schwartz, S. J. (*in press*). Dynamic transition patterns in acculturation among Hispanic adolescents. *Child Development*. doi: 10.1111/cdev.13148
- Jankowski, P. J., **Meca, A.**, Lui, P. P., & Zamboanga, B. L. (*in press*). Religiousness and acculturation as moderators of the direct and indirect effects of acculturative stress on levels of hazardous alcohol use. *Psychology of Religion and Spirituality*. doi: 10.1037/rel0000185
- Moise, R. K. \*, **Meca, A.**, Schwartz, S. J., Unger, J., Lorenzo-Blanco, E. I., Szapocznik, J., Cano, M. A., Piña-Watson, B., Des Rosiers, S. E., Pattarroyo, M., Villamar, J., & Lizzi, K. (2019). The use of cultural identifications in predicting health behaviors in Hispanic immigrant adolescents. *Cultural Diversity and Ethnic Minority Psychology*, *25*, 371-378. doi: 10.1037/cdp0000229
- Cobb, C. L. \*, **Meca, A.**, Branscombe, N., Schwartz, S. J., Xie, D., Zea, M., Fernandez, C., & Sanders, G. L., (2019). Perceived discrimination and well-being among undocumented Hispanic Immigrants: The moderating role of ethnic/racial identity centrality. *Cultural Diversity and Ethnic Minority Psychology*, *25*, 280-287. doi: 10.1037/cdp0000227
- Ham, L. S., Zamboanga, B. L., **Meca, A.**, Blumenthal, H., Hardy, S., & Hurd, L. E. (2019). Factor Structure of the Brief Comprehensive Effects of Alcohol Scale in Adolescents. *Assessment*, *26*, 604-618. doi:10.1177/1073191117694454
- Lorenzo-Blanco, E. I., **Meca, A.**, Piña-Watson, B., Zamboanga, B., Szapocznik, J., Cano, M.A., . . . Schwartz, S. J. (2019). Longitudinal trajectories of family functioning among recent immigrant adolescents and parents: Links with adolescent and parent cultural stress, emotional well-being, and behavioral health. *Child Development*, *90*, 506-523. doi: 10.1111/cdev.12914

- Lorenzo-Blanco, E. I., **Meca, A.**, Unger, J. B., Szapocznik, J., Cano, M. A., Des Rosiers, S. E., & Schwartz, S. J. (2019). Cultural stress, emotional well-being, and health risk behaviors among recent immigrant Latinx families: The moderating role of perceived neighborhood characteristics. *Journal of Youth and Adolescence*, *48*, 114-131. doi: 10.1007/s10964-018-0907-5
- Ozer, S. \*, **Meca, A.**, & Schwartz, S. J. (2019). Identity processes in Ladakhi emerging adults: Validating the dimensions of identity development scale in an indigenous Himalayan population. *Emerging Adulthood*, *7*, 45-51. doi: 10.1177/2167696818754919
- Meca, A.**, Schwartz, S. J., Martinez Jr, C. R., & McClure, H. H. (2018). Longitudinal effects of acculturation on mental health: Does the measure of acculturation matter? *Development and Psychopathology*, *30*, 1849-1866. doi: 10.1017/S0954579418001165
- Schwartz, S. J., **Meca, A.**, Cano, M. A., Lorenzo-Blanco, E. I., & Unger, J. B. (2018). Identity development in immigrant youth: An international contextual perspective. *European Psychologist*, *23*, 336-349. doi: 10.1027/1016-9040/a000335.
- Tubman, J., **Meca, A.**, Schwartz, S. J., & Egbert, A. W. (2018). Health service application: The use of a brief alcohol use screener to identify adolescents at risk for school discipline due to externalizing behaviors. *Journal of School Health*, *88*, 474-478. doi: 10.1111/josh.12629
- Gonzales-Backen, M., **Meca, A.**, Lorenzo-Blanco, E. I., Córdova, D., Soto, D. W., Cano, M. A., Oshri, A., Zamboanga, B., Baezconde-Garbanati, L., Schwartz, S. J., Szapocznik, J., & Unger, J. B. (2018). Examining the temporal order of ethnic identity and perceived discrimination among Hispanic Adolescents from immigrant families. *Developmental Psychology*, *54*, 929-937. doi:10.1037/dev0000465
- Grigsby, T.J., Forster, M., **Meca, A.**, Zamboanga, B.L., Schwartz, S.J., & Unger, J.B. (2018). Cultural Stressors, Identity Development, and Positive Cigarette, Alcohol and Drug Use Attitudes among Hispanic Immigrant Adolescents. *Journal of Community Psychology*, *46*, 117-132. doi: 10.1002/jcop.21920
- Cobb, C. L. \*, Zamboanga, B. L., Xie, D., Schwartz, S. J., **Meca, A.**, & Sanders, G. L. (2018). From advising to mentoring: Toward proactive mentoring in health service psychology doctoral training programs. *Training and Education in Professional Psychology*, *12*, 38-45. doi: 10.1037/tep0000187.
- Meca, A.**, Cobb, C. \*, Xie, D., Schwartz, S. J., Allen, C. \*, & Hunter, R. \* (2017). Exploring adaptive acculturation approaches among undocumented Latinos/as: A test of Berry's Model. *The Counseling Psychologist*, *45*, 1115-1140. doi: 10.1177/0011000017745978
- Eichas, K., Montgomery, M., **Meca, A.**, & Kurtines, W.M. (2017). Empowering marginalized youth: A self-transformative model of positive youth development. *Child Development*, *88*, 1115-1124. doi: 10.1111/cdev.12866
- Meca, A.**, Sabet, R. F. \*, Farrelly, C. \*, Benitez, C. G. +, Schwartz, S. J., Gonzales-Backen, M., Lorenzo-Blanco, E. I., Unger, J. B., Zamboanga, B., Baezconde-Garbanati, L., Picariello, S., Des Rosiers, S. E., Soto, D. W., Pattarroyo, M., Villamar, J. A., & Lizzi, K. M. (2017).

Personal and cultural identity development in recently immigrated Hispanic adolescents: Links with psychosocial functioning. *Cultural Diversity and Ethnic Minority Psychology*, 23, 348-361. doi: 10.1037/cdp0000129

Farrelly, C. M. \*, Schwartz, S. J., Amodeo, A. L., Feaster, D. J., Steinley, D. L., **Meca, A.**, Picariello, S. (2017). The analysis of bridging constructs with hierarchical clustering methods: An application to identity. *Journal of Research in Personality*, 70, 93-106. doi: 10.1016/j.jrp.2017.06.005

**Meca, A.**, Tubman, J. G., Regan, T., Zheng, D. D. \*, Moise, R. \*, Kyoung Lee, T., Soares, M. H. \*, Velazquez, M. R., Egbert, A., & Schwartz, S.J. (2017). Preliminary evaluation of the two-item NIAAA brief alcohol use screener in a school-based sample of adolescents. *Alcohol and Alcoholism*, 52, 328-334. doi: 10.1093/alcalc/agx009.

Cobb, C. \*, **Meca, A.**, Xie, D., Schwartz, S., & Moise, R. (2017). Perceptions of legal status: Impact on psychosocial experiences of undocumented Latinos/as. *Journal of Counseling Psychology*, 64, 167-178. doi: 10.1037/cou0000189.

Lorenzo-Blanco, E. I., **Meca, A.**, Unger, J. B., Romero, A., Szapocznik, J., Piña-Watson, B., Cano, M. A., Zamboanga, B., Baezconde-Garbanati, L., Des Rosiers, S. E., Soto, D. W., Villamar, J. A., Lizzi, K. M., Pattarroyo, M., & Schwartz, S. J. (2017). Longitudinal Effects of Latino Parent Cultural Stress, Depressive Symptoms, and Family Functioning on Youth Emotional Well-Being and Health Risk Behaviors. *Family Process*, 56, 981-996. doi: 10.1111/famp.12258

Schwartz, S. J., Unger, J. B., **Meca, A.**, Lorenzo-Blanco, E. I., Baezconde-Garbanati, L., Cano, M. A., Piña-Watson, B., Szapocznik, J., Zamboanga, B. L., Córdova, D., Romero, A. J., Soto, D. W., Villamar, J. A., Lizzi, K. M., Des Rosiers, S. E., & Pattarroyo, M. (2016). Personal identity development in Hispanic immigrant adolescents: Links with positive psychosocial functioning, depressive symptoms, and externalizing problems. *Journal of Youth and Adolescence*, 46, 898-913. doi: 10.1007/s10964-016-0615-y

Cobb, C. \*, Xie, D., **Meca, A.**, Schwartz, S. J. (2016). Acculturation, discrimination, and depression among unauthorized Latino/a immigrants in the US. *Cultural Diversity and Ethnic Minority Psychology*, 23, 258-268. doi: 10.1037/cdp0000118

Schwartz, S. J., Lilienfeld, S. O., **Meca, A.**, & Sauvigné, K. \* (2016). Psychology and neuroscience: How close are we to an integrative perspective? Reply to Statts (2016) and Tryon (2016). *American Psychologist*, 71, 898-899. doi: 10.1037/cdp0000118

**Meca, A.**, Majdabadi, Z., Schwartz, S. J., Farzad, V., Shahrarav, M., & Moradi, A. (2016). Relationships of Contextual Factors and Personal Identity to Externalizing Problem Behavior among Iranian Early Adolescents. *Identity: An International Journal of Theory and Research*, 16, 250-266. doi: 10.1080/15283488.2016.1229608

Córdova, D., Schwartz, S. J., Unger, J. B., Baezconde-Garbanati, L., Villamar, J. A., Soto, D. W., Des Rosiers, S. E., Kyoung Lee, T., **Meca, A.**, Cano, M. A., Lorenzo-Blanco, E. I., Oshri, A., Salas-Wright, C. P., Piña-Wilson, B. M., & Romero, A. J. (2016). A longitudinal test of the parent-adolescent family functioning discrepancy hypothesis: A trend toward increased

HIV risk behaviors among immigrant Hispanic adolescents. *Journal of Youth and Adolescence*, 45, 2164-77. doi: 10.1007/s10964-016-0500-8.

Lorenzo-Blanco, E. I., **Meca, A.**, Unger, J. B., Romero, A., Gonzalez-Backen, M., Piña-Watson, B., Cano, M. A., Zamboanga, B., & Schwartz, S.J. (2016). Latino parent acculturation stress: Longitudinal effects on family functioning and youth emotional and behavioral health. *Journal of Family Psychology*, 30, 966-976. doi: 10.1037/fam0000223

Lilienfeld, S. O., Schwartz, S. J., **Meca, A.**, Sauvigné, K. \*, & Satel, S. (2015). Neurocentrism: Implications for psychotherapy practice and research. *Behavior Therapist*, 38, 173-181.

Schwartz, S. J., Unger, J. B., Baezconde-Garbanti, L., Benet-Martínez, V., **Meca, A.**, Zamboanga, B. L., Lorenzo-Blanco, E. I., Des Rosiers, S. E., Oshri, A., Sabet, R. F., Soto, D. W., Pattarroyo, M., Huang, S., Villamar, J. A., Lizzi, K. M., & Szapocznik, J. (2015). Longitudinal trajectories of bicultural identity integration in recently immigrated Hispanic adolescents: Links with mental health and family functioning. *International Journal of Psychology*, 50, 440-450. doi: 10.1002/ijop.12196.

**Meca, A.**, Ritchie, R. A., Beyers, W., Schwartz, S. J., Picariello, S. \*, Zamboanga, B. L., Hardy, S. A., Luyckx, K., Kim, S. Y., Whitbourne, S. K., Crocetti, E., Brown, E. J., & Benitez, C. G. + (2015). Identity centrality and psychosocial functioning: A person-centered approach. *Emerging Adulthood*, 3, 327-339. doi: 10.1177/2167696815593183

Côté, J., Mizokami, S., Roberts, S., Nakama, R., **Meca, A.**, & Schwartz, S.J. (2015). The role of identity horizons in education-to-work transitions: A cross-cultural validation study in the United States and Japan. *Identity: An International Journal of Theory and Research*, 15, 263-286. doi: 10.1080/15283488.2015.1089507

Schwartz, S. J., Lilienfeld, S. O., **Meca, A.**, & Sauvigné, K. \* (2015). The role of neuroscience within psychology: A call for inclusiveness rather than exclusiveness. *American Psychologist*, 71, 52-70. doi: 10.1037/a0039678.

Schwartz, S. J., Hardy, S. A., Zamboanga, B. L., **Meca, A.**, Waterman, A. S., Picariello, S., Luyckx, K., Crocetti, E., Kim, S. Y., Brittan, A. S., Roberts, S. E., Whitbourne, S. K., Ritchie, R. A., Brown, E. J., & Forthun, L. F. (2015). Identity in young adulthood: Links with mental health and risky behavior. *Journal of Applied Developmental Psychology*, 36, 39-52. doi: 10.1016/j.appdev.2014.10.001

**Meca, A.**, Eichas, K., Quintana, S., Maximin, B. M., Ritchie, R. A., Madrazo, V. L., Harari, G. M. +, & Kurtines, W. M. (2014). Reducing identity distress: Results of an identity intervention for emerging adults. *Identity: An International Journal of Theory of Research*, 14, 312-331. doi: 10.1080/15283488.2014.944696

Dezutter, J., Waterman, A. S., Schwartz, S. J., Luyckx, K., Beyers, W., **Meca, A.**, Kim, S. Y., Whitbourne, S. K., Zamboanga, B. L., Lee, R. M., Hardy, S. A., Forthun, L. F., Ritchie, R. A., Weisskirch, R. S., Brown, E. J., & Caraway, S. J. (2014). Meaning in life in emerging adulthood: A person-oriented approach. *Journal of Personality*, 82, 57-68. doi: 10.1111/jopy.12033

Schwartz, S. J., Zamboanga, B. L., Tomaso, C. C., Kondo, K. K., Unger, J. B., Weisskirch, R. S., Ham, L. S., **Meca, A.**, Cano, M. A., Whitbourne, S. K., Brittan, A. S., Des Rosiers, S. E., Hurley, E. A., Vazsonyi, A. T., & Ravert, R. D. (2014). Association of acculturation with drinking games among Hispanic college students. *American Journal of Drug and Alcohol Abuse, 40*, 359-366. doi: 10.3109/00952990.2014.910521.

Schwartz, S. J., Zamboanga, B. L., Luyckx, K., **Meca, A.**, & Ritchie, R. A. (2013). Identity in emerging adulthood: Reviewing the field and looking forward. *Emerging Adulthood, 1*, 96-113. doi: 10.1177/2167696813479781

Ritchie, R. A., **Meca, A.**, Madrazo, V. L., Schwartz, S. J., Hardy, S. A., Zamboanga, B. L., Weisskirch, R. S., Kim, S. Y., Whitbourne, S. K., Ham, L. S., & Lee, R. M. (2013). Identity dimensions and related processes in emerging adulthood: Helpful or harmful? *Journal of Clinical Psychology, 69*, 415-432. doi: 10.1002/jclp.21960.

Rinaldi, R.L., **Meca, A.**, Eichas, K., Kurtines, W. K., Albrecht, R. E., & Goodletty, S.<sup>+</sup> (2012). The development of a qualitative extension for the Personally Expressive Activities Questionnaire (PEAQ-QE): A construct validation study. *Identity: An International Journal of Theory and Research, 12*, 320-344. doi: 10.1080/15283488.2012.716378

Schwartz, S. J., Zamboanga, B. L., **Meca, A.**, & Ritchie, R. A. (2012). Identity around the world: An overview. *New Directions for Child and Adolescent Development, 1*, 96-113. doi: 10.1002/cad.20019

**PEER-REVIEWED MANUSCRIPTS UNDER REVIEW (\*graduate student +undergraduate)**

Cobb, C. L., Martinez Jr, C. R., Schwartz, S.J., Salas-Wright, C., Pinedo, M., Martinez, M., **Meca, A.**, ... Cano, M. (under review). Alcohol use severity, depressive symptoms, and optimism among Hispanics: Examining the immigrant paradox in a serial mediation model. *Addiction Research and Theory*.

Saskia, V.<sup>\*</sup>, Shrader, C. H., Vanessa, A., **Meca, A.**, Brown, E., Unger, J., Zeldon, I., Soto, D., & Schwartz, S. J. (under review). Latino adolescents and cultural stress in the era of Trump: A qualitative study. *Journal of Adolescent Research*.

Romero, A. J., Pina-Watson, B., Stevens, A., Schwartz, S. J., Unger, J., Zamboanga, B. L., Szapoznik, J., Lorenzo-Blanco, E. I., Cano, M., **Meca, A.**, Baezconde-Garbanati, L., Córdova, D., Soto, D. W., Lizzi, K. M., Des Rosiers, S. E., Pattarroyo, M., & Oshri, A. (Revise & Resubmit). Disentangling the relationship between bicultural stress and mental well-being: A case for bicultural stress causal dominance among Latina/o immigrant adolescents. *Journal of Child Psychology and Psychiatry*.

Robison, W. T.<sup>+</sup>, Soares, M. H.<sup>+</sup>, **Meca, A.**, Jacques, J., Tubman, J., & Schwartz, S. J. (Revise & Resubmit). How do public schools identify and manage student alcohol use? *Health Behavior and Policy Review*.

**Meca, A.**, Gonzales-Backen, M., Davis, R.<sup>+</sup>, Rodil, J.<sup>\*</sup>, Soto, D. W., & Unger, J. B. (Revise & Resubmit). Discrimination and ethnic identity across the transition to adulthood: Establishing directionality among Latino/a Youth. *Developmental Psychology*.

Szabó, Á., Ward, C., **Meca, A.**, & Schwartz, S. (under review). Testing the empirical distinctiveness of the Multicultural Identity Styles Scale and the Bicultural Identity Integration Scale using exploratory structural equation modelling. *Psychological Assessment*.

Lee, T. K., Schwartz, S. J., **Meca, A.**, Cobb, C. \*, Barton, A. \*, & Unger J. B. (under review). Linking cultural stress with depressive symptoms among Hispanic college students: The mediating role of daily acculturative synchrony. *Journal of Applied Developmental Psychology*.

**Meca, A.**, Zamboanga, B. L., & Kubilus, R. + (under review). Operationalizing drinking identity from a developmental perspective: The Drinking Identity Management Scale (DIMS). *Identity: An International Journal of Theory and Research*.

**Meca, A.**, Paulson, J. F., Webb, T., N. +, Kelley, M., & Rodil, J. C. \* (under review). Examining the Relationship Between Parenting Identity Processes and Internalizing Problems. *Identity: An International Journal of Theory and Research*.

Schwartz, S.J., Martinez Jr, C. R., **Meca, A.**, Szabó, A., Ward, C., ... Zamboanga, B. L. (under review). Toward a micro-level perspective on acculturation: A daily diary study. *Journal of Cross-Cultural Psychology*.

Schwartz, S.J., Unger, J. B., Lorenzo-Blanco, E., Baezconde-Garbanati, L., Gonzales-Backen, M., **Meca, A.**, Romero, A. J., Cano, M. A., Zamboanga, B. L., & Szapocznik, J. (under review). Advancing the acculturation literature through multisite collaboration: The COPAL study. *Child Development Perspectives*.

#### **PEER-REVIEWED MANUSCRIPTS IN PREPARATION (\*graduate student +undergraduate)**

Schwartz, S.J., Szabó, A., **Meca, A.**, Ward, C., Martinez Jr, C. R., Cobb, C. L., ... Pantea, N. (Revise & Resubmit). The developmental importance of cultural psychology: An opportunity for the field. *Frontiers of Psychology*.

Cano, M. A., Sánchez, M., De La Rosa, M., Rojas, P., Ramírez-Ortiz, D, Bursac, Z., **Meca, A.**, ... de Dios, M. A. (Revise & Resubmit). Alcohol Use severity and bicultural self-efficacy among Hispanic emerging Adults: Examining the moderating effects of acculturation and enculturation. *Addictive Behaviors*.

**Meca, A.**, Cobb, C. \*, Lorenzo-Blanco, E. I., Schwartz, S. J., Cano, M. A., Zamboanga, B., Gonzales-Backen, M., Szapocznik, J., Unger, J. B., Baezconde-Garbanati, L., & Soto, D. W. (in prep). The cultural identity family system among recently immigrated Hispanic families: Directional effects in caregivers' and adolescents' cultural identity. *Developmental Psychology*.

Tubman, J., **Meca, A.**, Schwartz, S. J., & Regan, T. (in prep). Practice Forum: The NIAAA Brief Alcohol Screener: Implementation by social workers in selected prevention of alcohol abuse and related problems. *Journal of Social Work Practice in the Addictions*.



Soto, D. W., Unger, J. B., Pattarroyo, M., **Meca, A.**, Villamar, J. A., & Schwartz, S. J. (in prep). ¡Pásale!: Gaining Entrance to Conduct Research with Recent Hispanic Immigrants: Lessons Learned from the COPAL Study. *Journal of Community Psychology*.

### **BOOK CHAPTERS (\*graduate student +undergraduate)**

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Eichas, K., Montgomery, M. J., **Meca, A.**, & Garcia, A. (in press). Engaging marginalized youth in positive development: The Changing Lives Program. In R. Dimitrova (Ed.), *Handbook of Positive Youth Development in a Global Context*.

**Meca, A.**, Eichas, K., Schwartz, S. J., & Davis, R. + (in press). Biculturalism and bicultural identity development: A Relational Model of Bicultural Systems. In P. F. Titzmann & P. Jugert (Eds.), *Youth in multicultural societies: New directions for future research and interventions*. Routledge/Psychology Press.

**Meca, A.** & Schwartz, S. J. (in press). Acculturation and Substance Use. In *Wiley Encyclopedia of Health Psychology*. New York: John Wiley and Sons.

Schwartz, S. J., **Meca, A.**, & Skhirtladze, N. (in press). The psychosocial moratorium: Exploration, Confusion, or both? In Bornstein M.H., Arterberry, M.E., Fingerman, K. L., & Lansford, J.E. (Eds.), *The Sage Encyclopedia of Lifespan Human Development*. California: SAGE Publications, Inc.

Schwartz, S. J., **Meca, A.**, & Petrova, M. \* (2017). Who am I and why does it matter? Linking personal identity and self-concept clarity. In J. Lodi-Smith & K. DeMarree (Eds.), *Self-Concept Clarity* (pp. 145-164). New York, NY: Springer.

**Meca, A.**, Reinke, L.G.+, & Scheier, L. M. (2017). Acculturation and Tobacco/Illicit Drug Use in Hispanic Youth. In Schwartz S.J. & Unger, J. (Eds.), *Oxford Handbook of Acculturation* (pp. 281-300). New York: Oxford University Press. doi: 10.1093/oxfordhb/9780190215217.013.20

Schwartz, S. J., Zamboanga, B. L., Luyckx, K., **Meca, A.**, & Ritchie, R. A. (2015). Identity in emerging adulthood: Reviewing the field and looking forward. In Arnett, J. J. (Ed), *The Oxford Handbook of Emerging Adulthood* (pp. 401-420). New York: Oxford University Press.

Eichas, K., **Meca, A.**, Montgomery, M., & Kurtines, W.M. (2014). Identity and Positive Youth Development: Advances in Developmental Intervention Science. In McLean, K. & Syed, M. (Eds.), *Oxford Handbook of Identity Development* (pp. 337-354). New York: Oxford University Press.

Crocetti, E., Meeus, W. H. J., Ritchie, R. A., **Meca, A.**, & Schwartz, S. J. (2014). Adolescent identity: The key to unraveling associations between family relationships and problem behaviors? In L. M. Scheier & W. B. Hansen (Eds.), *Parenting and teen drug use* (pp. 92-109). New York: Oxford University Press.

### **GRANTS AS PI/CO-I**

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#### **Awarded Grants**

2013-2014 “Identity and inter-partner dating violence in Hispanic adolescent and colleges students”  
*Principal Investigator(s):* Laura Oramas & Alan Meca, *Florida International University*  
*Source:* Psychology Research Initiatives Mentorship Experience (PRIME) Research Grant, American Psychological Association  
*Award Amount:* \$3,000

### **Grants Under Review**

2019 Online Funding Inquiry: “Pathways of character development among Hispanic populations: An examination of cultural and developmental determinants”  
*Principal Investigator(s):* Alan Meca, *Old Dominion University*  
*Source:* Templeton Foundation  
*Award Amount:* \$200,000 (Total)

2019 “Intersections of Neighborhood, Culture, and Family Factors in Predicting Sexual Behaviors among Adolescent Hispanic Immigrants”  
*Principal Investigator(s):* Melinda Gonzales-Backen, *Florida State University*  
*Role:* Co-Investigator, *Old Dominion University*  
*Source:* National Institute of Minority Health and Health Disparities  
*Award Amount:* \$100,000 (Direct)

### **Grants in Preparation**

2019 “Engineering Identity Development Among Ethnic/Racial”  
*Principal Investigator(s):* Alan Meca, *Old Dominion University*  
*Source:* National Science Foundation  
*Award Amount:* \$350,000 (Total)

2019 “Creating Confidence in Computational Competency”  
*Principal Investigator(s):* Frederic McKenzie, *Old Dominion University*  
*Role:* Co-Principal Investigator  
*Source:* National Science Foundation  
*Award Amount:* \$753,122 (Total)

### **Unfunded Grants**

2019 “Parental Identity and Depression During the Transition into Parenthood”  
*Principal Investigator(s):* Alan Meca, *Old Dominion University*  
*Source:* National Institute of Mental Health  
*Award Amount:* \$300,000 (Direct); this project was not funded.

2019 “Creating Confidence in Computational Competency”  
*Principal Investigator(s):* Frederic McKenzie, *Old Dominion University*  
*Role:* Co-Principal Investigator  
*Source:* National Science Foundation  
*Award Amount:* \$753,122 (Total); this project was not funded.

- 2019 “APA Summer Undergraduate Psychology Research Experience”  
*Principal Investigator: Jeremiah Still, Old Dominion University*  
*Source: American Psychological Association*  
*Role: Co-investigator*  
*Award Amount: \$24,022 (Total); this project was not funded.*
- 2018 “An Innovative Interdisciplinary Graduate Program to Bridge the Skills Gap Leading to Career Readiness”  
*Principal Investigator(s): Orlando Ayala, Old Dominion University*  
*Role: Co-Principal Investigator*  
*Source: National Science Foundation*  
*Award Amount: \$346,952 (Direct); this project was not funded.*
- 2018 “Summer Research Fellowship Program (SRFP): The effects of acculturation and cultural stressors on alcohol use among Hispanic college-attend emerging adults”  
*Principal Investigator(s): Alan Meca, Old Dominion University*  
*Source: Office of Research, Old Dominion University*  
*Award Amount: \$7,000 (Total); this project was not funded.*
- 2018 “APA Summer Undergraduate Psychology Research Experience”  
*Principal Investigator: Jeremiah Still, Old Dominion University*  
*Source: American Psychological Association*  
*Role: Co-investigator*  
*Award Amount: \$23,500 (Total); this project was not funded*

## **CONSULTATION**

### **Consultant Positions**

- 2017-Present **Research Affiliate/Advisor & Statistical Consultant, College Athletes and Risky Drinking Study (CARDS), Institute to Promote Athlete Health & Wellness (IPAHW), University of North Carolina-Greensboro.** Served as a research design advisor and will conduct all statistical analysis as part of the CARDS study, a multisite/national study designed to examine psychological and sociocultural determinants of alcohol use and risky drinking behaviors among student-athletes (Principal Investigator: David Wyrick, Ph.D.).
- 2016-2018 **Statistical Consultant, Project RED (Reteniendo y Entendiendo Diversidad para Salud), University of Southern California, Los Angeles, CA.** Conducted longitudinal data analysis for several research studies under Project RED, a longitudinal study among Hispanic/Latino youth in Los Angeles designed to examine psychological and sociocultural determinants of risk behaviors (Principal Investigator: Jennifer Unger, Ph.D.).
- 2015-2017 **Methodological Consultant, RER Consulting LLC, Miami, FL.** Developed pre- and post-assessments and evaluated the effectiveness of several trainings designed to facilitate positive interactions between adolescents and school resource officers and general community police officers (Principal Investigator: Ruban Roberts, MBA, MSW).

2013 **Statistical Training, Project SOL (Student from Other Lands), Florida International University, Miami, FL.** Trained research staff on Structural Equation Modeling and best practices of Mplus. (Principal Investigator: Mary Levitt, Ph.D.).

### **Grants as Statistical/Methodological Consultant or Grant Writer**

#### **Awarded**

- 2019 “Post-Maria Puerto Rican Families Relocated to Florida: A Multisite Study of Alcohol Misuse and Mental Health Problems”  
*Principal Investigator(s):* Christopher Salas-Wright, *Boston University*  
*Source:* National Institute of Minority Health and Disparities (R01 MD014694).  
*Role:* Statistical and Methodological Consultant  
*Award Amount:* \$2,484,503
- 2017 “Advancing the Measurement of Cultural Stress for Hispanic Adolescents”  
*Principal Investigator(s):* Seth J. Schwartz, *University of Miami*  
*Source:* National Institute of Child Health and Human Development (R21HD095636-01).  
*Role:* Grant Writer and Statistical and Methodological Consultant  
*Award Amount:* \$279,179

#### **Under Review**

- 2018 “Supporting schools virtually”  
*Principal Investigator(s):* Seth J. Schwartz, *University of Miami*  
*Source:* National Institute of Minority Health and Health Disparities  
*Role:* Grant Writer and Survey Developer  
*Requested Award:* \$225,000

### **SELECTED PRESENTATIONS AND SYMPOSIA**

#### **National and International Scientific Meetings (\*graduate student +undergraduate)**

- Meca, A.,** Moreno, O., Cobb, C., Lorenzo-Blanco, E. I., Schwartz, S. J., Cano, M. A., Zamboanga, B., Gonzales-Backen, M., Szapocznik, J., & Unger, J. B. (under review). The cultural identity family system among recently immigrated Hispanic families: Directional effects in caregivers’ and adolescents’ cultural identity. Poster under review for SRCD Special Topic Meeting: Construction of the ‘Other,’ Rio Grande, Puerto Rico.
- Meca, A.,** Webb, T., Rodil, J., Humphries, M., & Loyd, A. (under review). preliminary validation of a generalizable measure of identity shifting. Poster under review for SRCD Special Topic Meeting: Construction of the ‘Other,’ Rio Grande, Puerto Rico.
- Loyd, A., Rodil, J., LeBlanc, Humphries, & **Meca, A.,** (under review). “I Just Need to be Me, authentically”: Exploring Identity Shifting among College Students of Color.
- Allison, K., Brown, I., Sharma, S., Webb, T., Higgins, J., Taylor, D., Rodil, J., & **Meca, A.** (under review). Cultural Identity Orientations among Latinx Emerging Adults. Poster under review for SRCD Special Topic Meeting: Construction of the ‘Other,’ Rio Grande, Puerto Rico.

- Meca, A.** & Cano, M. A. (2019, October). Configurations of bicultural identity and their relation to mental health and alcohol use: A person-centered approach. Poster to be presented at the conference of the National Hispanic Science Network on Drug Abuse, New Orleans, LA.
- Cano, M. A., Sánchez, M., De La Rosa, M., Rojas, P., Ramírez-Ortiz, D., Bursac, D. Z., **Meca, A.**, ... de Dios, M. A. (2019, October). Alcohol use Severity among Hispanic emerging adults: Examining associations with bicultural self-efficacy, acculturation, and enculturation. Poster to be presented at the conference of the National Hispanic Science Network on Drug Abuse, New Orleans, LA.
- Ward, C., Szabo, A., Schwartz, S. J., & **Meca, A.** (August, 2019). Can alternating cultural identities be adaptive? Paper presented at the 2019 International Academy of Intercultural Research (IAIR) Conference, Shanghai, China.
- Martin, J. L., Tineo, Y. A. C. \*, Zamboanga, B. L., **Meca, A.**, Olthuis, J. V., Jarrell, J. T. +, Milroy, J., & Wyrick, D. (August, 2019). Development of the expanded Drinking Motives Questionnaire in a national sample of student athletes. Poster presented at the 2019 APA Annual Convention, Chicago, IL.
- Zamboanga, B. L., Martin, J. L., Paziienza, R., Jarrell, J., **Meca, A.**, Blumenthal, H., & Wegner, R. (August, 2019). Development of the motives for choosing players to drink measure. Poster presented at the 2019 APA Annual Convention, Chicago, IL.
- Davies, R. L. \*, Ehlke, S. \*, Kelley, M. L., & **Meca, A.** (May, 2019). Meaning in Life as a Moderator for Development of Moral Injury in Military Personnel. Poster presented at the 2019 APS Annual Convention, Washington, D.C.
- Meca, A.**, Rodil, J. \*, Davis, R. +, Schwartz, S. J., Unger, J., & Soto, D. W. (March, 2019). The directional links between synthesis and confusion among Hispanic immigrant adolescents. Poster presented at the 2019 Society for Research in Child Development (SRCD) Biennial Meeting, Baltimore, MA.
- Kubilus, R. +, Taylor, D. +, **Meca, A.**, Tubman, J., & Schwartz, S. J. (March, 2019). A longitudinal study of adolescent identity development and harmful alcohol use within a racially/ethnically diverse sample. Poster presented at the 2019 Society for Research in Child Development (SRCD) Biennial Meeting, Baltimore, MA.
- Rodil, J. \*, Davis, R. +, Robles, K. +, **Meca, A.**, Gonzales-Backen, M., Soto, D. W., & Unger, J. B. (March, 2019). Discrimination and ethnic identity across the transition to adulthood. Poster presented at the 2019 Society for Research in Child Development (SRCD) Biennial Meeting, Baltimore, MA.
- Davis, R. +, Rodil, J. \*, Ballard, T. +, **Meca, A.**, Tubman, J., & Schwartz, S. J. (March, 2019). Exploring the link between academic self-concept and identity development in Black adolescent. Poster presented at the 2019 Society for Research in Child Development (SRCD) Biennial Meeting, Baltimore, MA.

- Taylor, D.<sup>+</sup>, Kubilus, R.<sup>+</sup>, Brown, I.<sup>+</sup>, **Meca, A.**, Tubman, J., & Schwartz, S. J. (March, 2019). The relationship between ethnic identity and alcohol use. Poster presented at the 2019 Society for Research in Child Development (SRCD) Biennial Meeting, Baltimore, MA.
- Salas-Wright, C.P., Schwartz, S.J., Perez-Gomez, A., Mejía-Trujillo, J., Brown, E.C., Montero-Zamora, P.<sup>\*</sup>, Meca, A., Scaramutti, C.<sup>\*</sup>, Soares, M.H., Vos, S.R.<sup>\*</sup>, & Javakhishvili, N. (January, 2019). Psychological distress among Venezuelan immigrants in the US and Colombia: The role of discrimination and context of reception. Workshop presented at the Annual Conference of the Society for Social Work and Research (SSWR), San Francisco, CA.
- Eichas, K., Montgomery, M. J., **Meca, A.**, & Garcia, A. (2018). Engaging marginalized youth in positive identity development: The changing lives program. Paper presented at the 2018 European Association for Research on Adolescence (EARA), Ghent, Belgium
- Salas-Wright, C., Schwartz, S. J., Perez-Gomez, A., Mejia-Trujillo, J., Brown, E. C., Montero-Zamora, P., **Meca, A.**, Scaramutti, C., Soares, M., Vos, S., & Javakhishvili, N. (2018, January). Psychological Distress among Venezuelan Immigrants in the US and Colombia: The Role of Discrimination and Context of Reception. Paper presented at 23<sup>rd</sup> Biennial Society for Social Work and Research, San Francisco, CA.
- Montgomery, M. J., Eichas, K., **Meca, A.**, & Kurtines, Wl. (2017, November). Empowering marginalized youth: A group intervention for promoting positive development. Paper presented at the First Annual Department of Counseling/Human Behavior/Human Services Research Symposium: Honoring Faculty Research and Scholarship, Minneapolis, MN.
- Tubman, J., Schwartz, S. J., **Meca, A.**, Davila, M., & Egbert, A. (March, 2018). Aggressive Behavior Clusters in a School-Based Sample: Gender Differences in Relations with Measures of Alcohol Risk Behaviors. Poster presented at the 17<sup>th</sup> Biennial Meeting of the Society for Research on Adolescence.
- Meca, A.**, Johnson, S., Skhirtladze, N., & Schwartz, S. J. (November, 2017). Joint validation of the Dimensions of Identity Development (DIDS) and the Utrecht- Management of Identity Commitments Scale (U-MICS). Paper presented at the Biennial Meeting of the Society for Study of Emerging Adulthood (SSEA), Washington, D.C.
- Meca, A.**, Moise, R.<sup>\*</sup>, Jacques, J.<sup>\*</sup>, Alsolami, A.<sup>\*</sup>, & Schwartz, S. J. (November, 2017). Personal and cultural identity development: Directionality within a daily diary study. Paper presented at the Biennial Meeting of the Society for Study of Emerging Adulthood (SSEA), Washington, D.C.
- Robison, T. W.<sup>\*</sup>, Soares, M.<sup>\*</sup>, Schwartz, S. J., & **Meca, A.** (November, 2017). Implementing a brief alcohol use screener in Miami-Dade County Public Schools: acceptability and feasibility. Poster presented at the American Public Health Association (APHA), Atlanta, GA.
- Jankowski, P. J., Zamboanga, B. L., **Meca, A.**, & Lui, P. P. (August, 2017). Acculturative stress and hazardous alcohol use: Moderating effects for religiosity and biculturalism. Poster

presented at the 125<sup>th</sup> Annual Convention of the American Psychological Association, Washington, DC.

Soares, M. H. \*, **Meca, A.**, Zheng, D. \*, Moise, R. K. \*, Schwartz, S. J., Tubman, J., Egbert, E., Velazquez, M. R. (May, 2017). Validation of a Developmentally Appropriate Underage Alcohol Screening Tool. Poster presented at the Society for Prevention Research (SPR) 25<sup>th</sup> Annual Meeting, Washington, D.C.

**Meca, A.**, Schwartz, S. J., Moise, R. \*, Zamboanga, B. L., Stephens, D. P., Ritchie, R. A., Szabo, A. \*, & Soares, M. H. \* (April, 2017). Exploring the role of identity centrality in the relationship between commitment and well-being. In G. Stein (chair), Ethnic and National Identity in Latino and Asian Populations. Symposium presented at the Biennial Meeting of the Society for Research on Child Development (SRCD), Austin, TX.

Eichas, K., Montgomery, M., **Meca, A.**, & Kurtines, W. (April, 2017). Empowering marginalized youth: A self-transformative intervention for promoting positive youth development. Paper presented at the Biennial Meeting of the Society for Research on Child Development (SRCD), Austin, TX.

Moise, R. K. \*, **Meca, A.**, Asfour, L., Carucci, D., Lebron, C., Schwartz, S. J., Natale, R., Messiah, S. E., & Brossoit, R. M. (October, 2016). Prevalence and Perinatal Etiology of Obesity in Haitian Preschool Children. Paper presented at the 144<sup>th</sup> American Public Health Association Conference, Denver, CO.

Ozer, S. \*, **Meca, A.**, & Schwartz, S.J. (2016, August). Globalization and identity development in Ladakh. Poster presented at the 23<sup>rd</sup> conference meeting of the International Association for Cross-Cultural Psychology, Nagoya, Japan.

Whitbourne, S. K., **Meca, A.**, & Brossoit, R. M. (August, 2016). The role of identity in predicting career paths from college to early adulthood. Poster presented at the Annual Convention of the American Psychological Association, Denver, CO.

Gonzales-Backen, M. A., **Meca, A.**, Lorenzo-Blanco, E. I., Des Rosiers, S. E., Córdova, D., Soto, D. W., Cano, M. A., Oshri, A., Zamboanga, B. L., Baezconde-Garbanati, L., Schwartz, S. J., Szapocznik, J., & Unger, J. B. (April, 2016). Examining the temporal order of ethnic identity and perceived discrimination among Hispanic adolescents from immigrant families. Paper presented at the Biennial Meeting of the Society for Research on Adolescence, Baltimore, MD.

Lorenzo-Blanco, E. I., **Meca, A.**, Unger, J. B., Romero, A., Piña-Watson, B., Cano, M. A., Zamboanga, B., & Schwartz, S.J. (March, 2016). Latina/o parent's cultural stress: Links with family functioning and youth mental health substance use. Paper to be presented at the 16<sup>th</sup> Biennial Meeting of the Society for Research on Adolescence.

**Meca, A.**, Sabet, R. F. \*, Farelly, C. \*, Benitez, C. G. +, Schwartz, S. J., Gonzales-Backen, M., Lorenzo-Blanco, E. I., Unger, J. B., Zamboanga, B. L., & Baezconde-Garbanati, L., (2015). Personal and cultural identity development in recently immigrated Hispanic adolescents. Paper presented at the 16<sup>th</sup> Biennial Meeting of the Society for Research on Adolescence (SRA), Baltimore, MD.

- Meca, A.**, Schwartz, S. J., & Tubman, J. (March, 2016). Evaluation of the NIAAA/AAP Brief Screening Measure in a school setting. Poster presented at the 16<sup>th</sup> Biennial Meeting of the Society for Research on Adolescence.
- Meca, A.**, Schwartz, S. J., & Stephens, D. P. (January, 2016). Bicultural identity integration and psychosocial functioning: A daily diary study. Paper presented at the 17<sup>th</sup> Annual Convention of the Society for Personality and Social Psychology (SPSP) in San Diego, CA.
- Meca, A.**, Benitez, C. G.<sup>+</sup>, Ritchie, R. A., Beyers, W., Schwartz, S. J., Picariello, S.<sup>\*</sup>, Zamboanga, B. L., Hardy, S. A., Luyckx, K., Kim, S. Y., Whitbourne, S. K., Crocetti, E., & Brown, E. J. (October, 2015). Identity centrality and psychosocial functioning: A person-centered approach. Paper presented at the 7<sup>th</sup> Biennial Meeting of the Society for the Study of Emerging Adulthood (SSEA), Miami, FL.
- Eichas, K., Dennard, C., Stickley, Z., & **Meca, A.** (2015). Promoting positive adult development: Results from an identity-focused program for adult students. Poster presented at the 9<sup>th</sup> Biennial Meeting of the Society for the Study of Human Development (SSHD), Austin, TX.
- Eichas, K., **Meca, A.**, & Whiteley, J. (May, 2015). Promoting positive identity: The making career and education choices workshop. Poster presented at the 22<sup>nd</sup> Annual Meeting of the Society for Research on Identity Formation (SRIF), Bellingham, WA.
- Picariello, S.<sup>\*</sup>, Amodeo, A. L., **Meca, A.**, & Schwartz, S.J. (2014, September). Personality profiles and group belonging: Preliminary results from an Italian adolescent sample. Poster presented at the 14<sup>th</sup> biennial conference meeting of the European Association for Research on Adolescence, Cesme, Turkey.
- Zamboanga, B. L., Tomaso, C. C., Schwartz, S. J., Kondo, K. K., Unger, J. B., **Meca, A.**, Vazsonyi, A. T., Des Rosiers, S. E., Ham, L.S., Hurley, E. A., & Whitbourne, S. K. (August, 2014). Cultural domains of acculturation and drinking games involvement among Hispanic college students: A bidimensional approach. Poster presented at the 122<sup>nd</sup> Annual Convention of the American Psychological Association (APA), Washington D.C.
- Garcia, T. A., Hospital, M. M., **Meca, A.**, Ritchie, R.A., Wagner, E., & Mendez, S.A. (June, 2014). A longitudinal evaluation of the effects of heavy episodic drinking on educational attainment. Poster was presented at the 37<sup>th</sup> Annual Research Society on Alcoholism (RSA) Scientific Meeting, Washington D.C.
- Moffatt, M.<sup>+</sup>, Whiteley, J., Stickley, Z., Eichas, K., Dennard, C., Horn-Johnson, T., Cox, S., **Meca, A.**, & Maximin, B. (2014, March). Identity development among university center students: The role of academic self-regulation. Poster presented at the 21<sup>st</sup> Annual Meeting of the Society for Research on Identity Formation (SRIF), Austin, TX.
- Eichas, K., Horn-Johnson, T., Dennard, C., Moffatt, M.<sup>+</sup>, **Meca, A.**, & Maximin, B. (2014, March). Identity development and academic self-regulation among Emerging Adults following nontraditional educational pathways. Poster presented at the 15<sup>th</sup> Biennial Meeting of the Society for Research in Adolescents (SRA), Austin, TX.



- Meca, A.,** Eichas, K., Quintana, S., Maximin, B., Madrazo, V., Ritchie, R., & Kurtines, W. M. (2014, March). Preliminary evaluation of the Adult Development Project: An identity intervention for emerging adults. Poster presented at the 15<sup>th</sup> Biennial Meeting of the Society for Research in Adolescents (SRA), Austin, TX.
- Madrazo, V. L., **Meca, A.,** & Maximin, B. M. (2013, November). Spirituality and Emerging Adults: The roles of gender and ethnic identity on self-esteem and perceived discrimination. Poster was presented at the 8<sup>th</sup> Biennial Meeting of the Society for the Study of Human Development (SSHD), Fort Lauderdale, FL.
- Maximin, B. M., **Meca, A.,** Quintana, S., & Kurtines, W. (2013, October). Critical thinking and identity resolution in minority Emerging Adults. Poster was presented at the 6<sup>th</sup> Biennial Meeting of the Society for the Study of Emerging Adulthood (SSEA), Chicago, IL.
- Meca, A.,** Maximin, B. M., Quintana, S., Madrazo, V. L., Ritchie, R. A., Garcia, T., & Kurtines, W. M. (2013, October). Personal Control and Responsibility Measure (PCRM). Poster presented at the 6<sup>th</sup> Biennial Meeting of the Society for the Study of Emerging Adulthood (SSEA), Chicago, IL.
- Maximin, B. M., **Meca, A.,** Madrazo, V. L., & Kurtines, W. (2013, May). Critical thinking, life goals, and behavioral outcomes - an outcome mediation cascade model. Poster presented at the 20<sup>th</sup> Annual Meeting of the Society for Research on Identity Formation (SRIF), Saint Paul, MN.
- Meca, A.,** Garcia, T.A., Ritchie, R.A., Madrazo, V.L., & Schwartz, S.J. (2013, May). Identity processes and alcohol expectancies. Poster presented at the 20<sup>th</sup> Annual Meeting of the Society for Research on Identity Formation (SRIF), Saint Paul, MN.
- Madrazo, V.L., **Meca, A.,** Schwartz, S.J., & Stephens, D.P. (2013, May). A multiethnic study on the effects of family variables on emotion regulation. Poster presented at the 2013 Association for Psychological Science (APS) Convention, Washington, DC.
- Madrazo, V.L., **Meca, A.,** Eichas, K.R., Ritchie, R.A., & Kurtines, W.M. (2012, August). The effects of a positive youth development intervention on problem behavior outcomes. Poster presented at the 2012 American Psychological Association (APA) Convention, Orlando, FL.
- Quintana, S., **Meca, A.,** & Kurtines, W.M. (2012, August). The development of the Inventory of the Dimensions of Emerging Adulthood-Qualitative Extension. Poster presented at the 120<sup>th</sup> Annual Convention of the American Psychological Association (APA), Orlando, FL.
- Meca, A.,** Ritchie, R., Eichas, K., Albrecht, R., Rinaldi, R., Goodletty, S.<sup>+</sup>, & Kurtines, W. M. (2011, February). The relationship between identity distress and identity conflict resolution in the Miami Youth Development Project. Poster presented at the 18<sup>th</sup> Annual Meeting of the Society for Research on Identity Formation (SRIF), Daytona Beach, FL.
- Ritchie, R., **Meca, A.,** Madrazo, V., Garcia, A., Varela, A., Rinaldi, R., Maximin, B. M., Kasian, E., Quintana, S., Harari, G.<sup>+</sup>, & Kurtines, W. M. (2011, February). Commitment in a

positive youth development project. Poster presented at the 18<sup>th</sup> Annual Meeting of the Society for Research on Identity Formation (SRIF), Daytona Beach, FL.

Madrazo, V., **Meca, A.**, Eichas, K., Ritchie, R., Rinaldi, R., Garcia, A., Varela, A., Quintana, S., Maximin, B. M., Kasian, E., & Kurtines, W. M. (2011, February). The evaluation of an outcome mediation cascade model on interaction effects of a Positive Youth Development Intervention. Poster presented at the 18<sup>th</sup> Annual Meeting of the Society for Research on Identity Formation (SRIF), Daytona Beach, FL.

Goodletty, S.<sup>+</sup>, **Meca, A.**, Varela, A., Ritchie, R., Rinaldi, R., Garcia, A., Quintana, S., Madrazo, V., Kurtines, W. M. (2011, February). Parent-adolescent relationships at the onset of the Changing Lives Program (CLP) Intervention and its implications for later identity development. Poster presented at the 18<sup>th</sup> Annual Meeting of the Society for Research on Identity Formation (SRIF), Daytona Beach, FL.

Quintana, S., Rinaldi, R., **Meca, A.**, Ritchie, R., Garcia, A., Varela, A., Maximin, B. M., Kasian, E., Madrazo, V., & Kurtines, W. M. (2011, February). The Adult Development Project: A preliminary study. Poster presented at the 18<sup>th</sup> Annual Meeting of the Society for Research on Identity Formation (SRIF), Daytona Beach, FL.

Maximin, B. M., Garcia, A., Harari, G., Kasian, E., Madrazo, V., **Meca, A.**, Quintana, S., Rinaldi, R., Ritchie, R., Varela, A., & Kurtines, W. M. (2011, February). Investigation of the Critical Problem-Solving Skills Scale. Poster presented at the 18<sup>th</sup> Annual Meeting of the Society for Research on Identity Formation (SRIF), Daytona Beach, FL.

Eichas, K., Rinaldi, R., Quintana, S., Ritchie, R., Garcia, A., Varela, A., Maximin, B.M., Madrazo, V., **Meca, A.**, & Kurtines, W. M. (2011, February). Evaluating Positive Youth Development: Relational Data Analysis. Poster presented at the 18<sup>th</sup> Annual Meeting of the Society for Research on Identity Formation (SRIF), Daytona Beach, FL.

Ritchie, R., **Meca, A.**, Madrazo, V., Garcia, A., Eichas, K., & Kurtines, W. (2010, March). Investigating mediators of identity development in a school-based youth development project. Poster presented at the 17<sup>th</sup> Annual Meeting of the Society for Research on Identity Formation (SRIF), Philadelphia, PA.

**Meca, A.**, Rinaldi, R., Eichas, K., Kasian, E., & Kurtines, W. (2010, March). A longitudinal investigation of the effects of participation in the Changing Lives Program on control and responsibility over life change goals. Poster presented at the 17<sup>th</sup> Annual Meeting of the Society for Research on Identity Formation (SRIF), Philadelphia, PA.

**Meca, A.**, Eichas, K., Rinaldi, R., Ritchie, R., Garcia, A., Madrazo, V., Kkasian, E., O'Dowd, B., Quintana, S., & Kurtines, W. (2010, March). Positive youth development: Promoting control and responsibility for life challenges. Poster presented at the 17<sup>th</sup> Annual Meeting of the Society for Research on Identity Formation (SRIF), Philadelphia, PA.

Rinaldi, R., **Meca, A.**, Eichas, K., Kasian, K., & Kurtines, W. (2010, March). A longitudinal investigation of the effects of participation in the Changing Lives Program: An integrative quantitative qualitative evaluation model. Poster presented at the 17<sup>th</sup> Annual Meeting of the Society for Research on Identity Formation (SRIF), Philadelphia, PA.

Eichas, K., Rinaldi, R., Ritchie, R., Garcia, A., Varela, A., Madrazo, V., Maximin, B., Kasian, E., **Meca, A.**, O'Dowd, B., Quintana, S., & Kurtines, W. (2009, October). Evaluating positive youth development: an integration of quantitative and qualitative methods. Poster presented at the 6<sup>th</sup> Biennial Meeting of the Society for the Study of Human Development, Ann Arbor, MA.

**Meca, A.**, Eichas, K., Rinaldi, R., Ritchie, R., Garcia, A., Madrazo, V., Ekasian, K., O'Dowd, B., Quintana, S., & Kurtines, W. (2009, October). Positive youth development: Promoting control and responsibility. Poster presented at the 6<sup>th</sup> Biennial Meeting of the Society for the Study of Human Development, Ann Arbor, MI.

### **Regional Scientific Meetings**

Higgins, J. M., Meca, A., & Kelley, M. K. (2019). Social support and moral injurious experiences among military personnel and veterans. Poster presented at the 2019 Virginia Academy of Science, Norfolk, VA.

Davis, R.<sup>+</sup>, & **Meca, A.** (2018, April). Identity Development and Academic Motivation in STEM. Poster presented at the Undergraduate Psychology Integrated Learning Community Conference at Old Dominion University, Norfolk, VA.

Kubilus, R.<sup>+</sup>, & **Meca, A.** (2018, April). Problematic drinking in college students. Poster presented at the Undergraduate Psychology Integrated Learning Community Conference at Old Dominion University, Norfolk, VA.

**Meca, A.** (2014, March). Ethnic and American identity development in recently immigrated Hispanic adolescents and their caregivers. Paper presented at the 4<sup>th</sup> Annual Graduate Student Scholarly Forum at Florida International University, Miami, FL.

**Meca, A.**, Schwartz, S. J., & Stephens, D. P. (2014, February). Ethnic and American identity in recently immigrated Hispanic adolescents. Paper presented at the McKnight Mid-Year annual meeting, Tampa, FL.

**Meca, A.** (2013, March). Identity Processes and Drinking Motives. Presentation made at the 3<sup>rd</sup> Annual Graduate Student Scholarly Forum at Florida International University, Miami, FL.

**Meca, A.** (2012, February). Positive Youth Development: Control and responsibility as a mediator of change. Presentation made at the 2<sup>nd</sup> Annual Graduate Student Scholarly Forum at Florida International University, Miami, FL.

**Meca, A.**, Eichas, K., Rinaldi, R., Ritchie, R., Garcia, A., Madrazo, V., Kkasian, E., O'Dowd, B., Quintana, S., & Kurtines, W. (2009, December). Positive Youth Development: Promoting control and responsibility for life challenges. Poster presented at the 2009-2010 FIU Ronald E. McNair Symposium.

## **TEACHING EXPERIENCE**

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### **Old Dominion University**

- **Introduction to Psychology (PSYC 201S):** Spring 2019 ( $n = 74$ ).
- **Lifespan Development (PSYC 203S):** Fall 2017 ( $n = 80$ ), Winter 2017 ( $n = 25$ ), Spring 2018 ( $n = 113$ ), Summer 2018 ( $n = 21$ ), & Winter 2018 ( $n = 22$ ).

- **Psychology of Adolescence (PSYC 322):** Spring 2019 ( $n = 130$ )
- **Theories of Personality (PSYC 408):** Spring 2018 ( $n = 50$ ), Summer 2018 (Online,  $n = 37$ ), & Fall 2018 (Online,  $n = 58$ )
- **Developmental Psychology (PSYC 651):** Fall 2018 ( $n = 19$ )

### Florida International University

- **Developmental Psychosocial Interventions (DEP 4720):** Summer 2013 ( $n = 47$ ).
- **Introduction to Psychology (PSY 2012):** Fall 2014 ( $n = 446$ ) & Spring 2015 ( $n = 99$ ).
- **Experimental Social Psychology (SOP 4214):** Summer 2012 ( $n = 37$ ) & Spring 2013 ( $n = 48$ ).
- **Psychology of Adolescents (DEP 3305):** Fall 2015 ( $n = 140$ ), Spring 2016 ( $n=140$ ), & Spring 2017 ( $n=190$ ).
- **Research Methods (PSY 3213):** Spring 2014 ( $n = 48$ ).
- **Senior Seminar (PSY 4931 Positive Development):** Fall 2014 ( $n = 48$ ) & Spring 2015 ( $n = 48$ ).
- **Senior Seminar (PSY 4931 Identity):** Spring 2016 ( $n = 48$ ), Spring 2017 ( $n = 48$ ), & Summer 2017 ( $n = 48$ ).
- **Social and Personality Development (SOP 3015):** Fall 2012 ( $n = 264$ ), Summer 2015 ( $n = 81$ ), Fall 2015 ( $n = 140$ ), Summer 2016 ( $n = 84$ ), & Summer 2017 ( $n = 180$ ).
- **Theories of Personality (PPE 3003):** Spring 2012 ( $n = 149$ ), Summer 2014 ( $n = 100$ ), Summer 2016 (Online,  $n = 68$ ), & Summer 2017 (Online,  $n = 72$ ).

### Teaching Training & Certificates

2017	Improving Disciplinary Writing (IDW), <i>Old Dominion University</i> .
2017	Foundational Strategies for Effective Online Teaching, <i>Old Dominion University</i> .

### ADVISING & MENTORSHIP

#### Graduate Student Supervision

2015 – 2017	<b>Cory Cobb</b> , <i>University of Arkansas</i> .
2015 – 2017	<b>Simon Ozer</b> , <i>Aarhus University</i> .
2015 – 2017	<b>Theodore Robison</b> , <i>University of Miami</i> .
2015 – 2017	<b>Rhoda Moise</b> , <i>University of Miami</i> .
2014 – 2018	<b>Mary Soares</b> , <i>University of Miami</i> .

#### Dissertation Student Committees

2019-	<b>Kelsey T. Ellis</b> , <i>Old Dominion University</i> , Dissertation Committee, Member.
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#### Master's Student Committees

2019-	<b>Thanh Nhan Le</b> , <i>Old Dominion University</i> , Master's Thesis Committee, Member.
2019-	<b>Rachel Davies</b> , <i>Old Dominion University</i> , Master's Thesis Committee, Member.
2019-	<b>Heather Leon</b> , <i>Old Dominion University</i> , Master's Thesis Committee, Member.
2018-	<b>Caitlyn Turner</b> , <i>Old Dominion University</i> , Master's Thesis Committee, Member.

2017-2018 **Elena Auer**, *Old Dominion University*, Master's Thesis Committee, Member.

### **Major Area Paper Committees**

2017-Current **Jessica Jenkins**, *Old Dominion University*, Major Area Paper, Member.

### **Honors Thesis Committees**

2018 – 2019 **Rachel Davis**, *Old Dominion University*, Honor's Thesis Committee, Chair.  
2012 – 2013 **Jessica Jetter**, *Florida International University*, Honor's Thesis Committee, Member.  
2011 – 2012 **Rebecca Fernandez**, *Florida International University*, Honor's Thesis Committee, Member.  
2011 – 2012 **Michelle Rodriguez**, *Florida International University*, Honor's Thesis Committee, Member.  
2010 – 2011 **Sashay Goodletty**, *Florida International University*, Honor's Thesis Committee, Member.

### **Undergraduate Student Awards**

2019 **Jennise Higgins**, Raymond H. Kirby Award for Best Student Presentation in the Psychology Section, *Virginia Academy of Sciences* (Award = \$50).  
2019 **Tedra Ballard**, Undergraduate Research and Creativity Grant, *Honors College, Old Dominion University* (Award = \$3,000).  
2018 **Iayonna Brown**, Michael Greenspan Study Abroad Award, *Department of Psychology, Old Dominion University* (Award = \$4,000)  
2018 **Richie Kublius**, Undergraduate Research and Creativity Grant, *Honors College, Old Dominion University* (Award = \$2,000).

### **Undergraduate Student Placement**

2019 **Rachel Davis**, Doctoral Program in Development Psychology, *Virginia Commonwealth University*.  
2018 **Gabriela Peregrino**, Master of Arts in Forensic & Legal Psychology, *Marymount University*.  
2016 **Lauren Glenn Reinke**, Master of Public Administration, *The University of Oklahoma*.  
2014 **Danielle Cassey**, Master of Science in Counselor Education, *Florida International University*.  
2015 **Ian Campbell**, Master of Science in International Law and Legal Studies, *University of Oregon*.  
2014 **Merlin Cruz**, Master of Science in Counselor Education, *Florida International University*.  
2014 **Christy Querol**, Doctor of Clinical Psychology, *Nova Southeastern University*.  
2014 **Rebecca Fernandez**, Master of Science in Information Science and Technology, *Temple University*.  
2013 **Alexis Rosen**, Master of Science in Clinical Psychology, *Palo Alto University*.  
2012 **Ashley Lynch**, Master of Social Work, *Arizona State University*.

2012 **Sashay Goodletty**, Master of Science in Mental Health Counseling, *Barry University*.

### **Undergraduate Student Supervision**

2019 – present **Kyla Carr**, *Old Dominion University*.  
2019 – present **Vivian Rios Rodriguez**, *Old Dominion University*.  
2019 – present **Sangeeta Sharma**, *Old Dominion University*.  
2019 – present **Isis Cowan**, *Old Dominion University*.  
2018 – present **Taylor Webb**, *Old Dominion University*.  
2018 – present **Iayonna Brown**, *Old Dominion University*.  
2018 – present **Dariel Taylor**, *Old Dominion University*.  
2018 – present **Tedra Ballard**, *Old Dominion University*.  
2018 – present **Richie Kublius**, *Old Dominion University*.  
2018 – 2019 **Kristie Robles**, *Old Dominion University*.  
2018 – 2019 **Rachel Davis**, *Old Dominion University*.  
2017 – 2018 **Gabriela Peregrino**, *Old Dominion University*.  
2014 – 2015 **Lauren Glenn Reinke**, *University of Miami*.  
2013 – 2014 **Danielle Cassey**, *Florida International University*.  
2013 – 2014 **Ian Campbell**, *Florida International University*.  
2013 – 2014 **Merlin Cruz**, *Florida International University*.  
2012 – 2013 **Alexis Rosen**, *Florida International University*.  
2012 – 2013 **Jessica Jetter**, *Florida International University*.  
2011 – 2013 **Christy Querol**, *Florida International University*.  
2011 – 2012 **Rebecca Fernandez**, *Florida International University*.  
2011 – 2012 **Michelle Rodriguez**, *Florida International University*.  
2010 – 2012 **Katya Cabeza**, *Florida International University*.  
2010 – 2011 **Marietta Campillo**, *Florida International University*.  
2010 – 2011 **Kimberly Tucker**, *Florida International University*.  
2010 – 2011 **Ashley Lynch**, *Florida International University*.  
2010 – 2011 **Sashay Goodletty**, *Florida International University*.

### **Presentations to Students**

April 2019 **Graduate School in Psychology**. Invited panelist for discussion on graduate programs in psychology hosted by Psi Chi, *Florida International University*.  
April 2019 **2019 Clinical Psychology Diversity Outreach Workshop**. Invited panelist for discussion on experiences in psychology as a member from underrepresented group, *Virginia Consortium Program in Clinical Psychology*.  
May 2019 **2019 Millennium Scholars Program**. Invited panelist for discussion on getting through a doctoral program, *Society for Research in Child Development*.  
April 2018 **2018 Clinical Psychology Diversity Outreach Workshop**. Invited panelist for discussion on experiences in psychology as a member from underrepresented group, *Virginia Consortium Program in Clinical Psychology*.  
March 2018 **2018 Minority Male Student Symposium**. Hosted a workshop focused on encouraging cultural self-awareness among Hispanic Male, *Old Dominion University*.

- October 2017 **McKnight Fellows Meeting and Graduate School Conference.** Invited panelist for “Best Practices for Securing Post Doctorate Appointments and Private and Governmental Employment”, *Florida Education Fund*.
- February 2015 **Panther Alumni Week (PAW).** Invited lecturer for a Psychology Senior Seminar on Positive Psychology, *Florida International University*.
- October 2014 **GEM GRAD Lab.** Panelist for ‘Voices from the field’, *Florida International University*.
- February 2014 **Graduate School Q&A.** Panelist for Psi Chi, *Florida International University*.
- October 2013 **Honors Research and Graduate School.** Invited lecturer for the Discovering Your Research Potential Lecture Series by Psi Chi and the Department of Psychology Advising Office, *Florida International University*.
- October 2013 **Effective Teaching: The Next Frontier.** Invited lecturer for Psychology Graduate Student Association (PGSA), *Florida International University*.
- February 2013 **Graduate School at Florida International University.** Panelist for the Department of Psychology’s Graduate Recruitment Day, *Department of Psychology, Florida International University*.
- February 2012 **Graduate School at Florida International University.** Panelist for the Department of Psychology’s Graduate Recruitment Day, *Florida International University*.
- June 2012 **Careers in Psychology: Things You Should Know.** Workshop Leader for the Department of Psychology Advising Office, *Department of Psychology, Florida International University*.

## **UNIVERSITY SERVICE AND PROFESSIONAL ACTIVITIES**

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### **Service to Department**

- 2019- Present **Member, Clinical Psychology Diversity Committee,** Department of Psychology, *Old Dominion University*.
- 2018- Present **Member, Introduction to Psychology Course,** Department of Psychology, *Old Dominion University*.
- 2018- Present **Member, Health Psychology Committee,** Department of Psychology, *Old Dominion University*.
- 2017- Present **Member, Master’s Committee,** Department of Psychology, *Old Dominion University*.
- 2017- Present **Member, Strategic Planning Committee,** Department of Psychology, *Old Dominion University*.
- 2019 **Psychology Faculty Representative,** Admitted Students’ Day, *Old Dominion University*
- 2018 **Member, Clinical Health Disparities Hiring Committee,** Department of Psychology, *Old Dominion University*.
- 2018 **Coordinator, Fall 2018 Brown Bag,** Department of Psychology, *Old Dominion University*.
- 2018 **Psychology Faculty Representative,** Admitted Students’ Day, *Old Dominion University*.
- 2018 **Psychology Faculty Representative,** Scholar’s Day, *Old Dominion University*.
- 2017- 2018 **Member, Applied Psychological Science Committee,** Department of Psychology, *Old Dominion University*.

2015 **Reviewer, Annual Department of Public Health Sciences Student Poster Reception, University of Miami.**

### **Service to College**

2019- Present **College of Science Delegate, Southern Regional Education Board (SREB), Old Dominion University.**

2018- Present **Member, Committee for College of Science Events, College of Sciences, Old Dominion University.**

2018- Present **Member, College of Science Diversity Committee, College of Sciences, Old Dominion University.**

### **Service to University**

2019- Present **Member, ODU's Southern Regional Education Board (SREB) Institutional Scholar Review Committee, Old Dominion University.**

2019- Present **Vice-President, Hispanic Latino Employee Association, Old Dominion University**

2017- Present **Member, Hispanic Latino Employee Association, Old Dominion University.**

2018 **Member, 2018 Mano a Mano Event Steering Committee, Old Dominion University.**

2017-2018 **Member, 2018 Minority Male Student Symposium Steering Committee, Old Dominion University.**

2014 **Reviewer, McNair Scholars Research Conference, Florida International University.**

2011 **Reviewer, McNair Oral Defense Presentations, Florida International University.**

2010 **Member, McNair Associate Director Hiring Committee, Florida International University.**

2009 – 2010 **Founding President, Active Minds at FIU, Florida International University.**

### **Service to Profession**

#### *Society Positions*

2019– Present **Member, Governing Council, Society for the Study of Emerging Adulthood.**

2019– Present **Member, Publications and Communications Subcommittee, Society for Study in Child Development Latino Caucus.**

2016 – Present **Chair, Communications Committee, Society for the Study of Emerging Adulthood.**

2014 – Present **Member, Emerging Scholars Committee Member, Society for the Study of Human Development.**

2016 – 2017 **Member, Communications Committee, Society for the Study of Emerging Adulthood.**

#### *Local Planning Committee*

2014 7<sup>th</sup> Biennial Meeting for the Society for the Study of Emerging Adulthood

2013 8<sup>th</sup> Biennial Meeting for the Society for the Study of Human Development

#### *Registration and Volunteer Coordinator*

2013 8<sup>th</sup> Biennial Meeting for the Society for the Study of Human Development

2010 17<sup>th</sup> Annual Meeting for the Society for Research in Identity Formation

#### *Editorial Positions*



- 2019 **Editorial Board Member, *Journal of Youth and Adolescence.***  
*Ad-hoc Journal Reviewer (years indicate first invited to serve as reviewer)*
- 2019 Self and Identity  
 2019 Applied Developmental Science  
 2019 Journal of Personality and Social Psychology  
 2019 International Journal of Intercultural Relations  
 2018 Journal of Cross-Cultural Psychology  
 2018 Journal of International Migration and Integration  
 2018 Journal of Educational Psychology  
 2018 Stigma and Health  
 2018 Asian American Journal of Psychology  
 2018 American Journal Orthopsychiatry  
 2017 Journal of Youth and Adolescence  
 2017 Journal of Cross-Cultural Psychology  
 2017 BMC Public Health  
 2016 Youth & Society  
 2016 European Journal of Developmental Psychology  
 2016 Developmental Psychology  
 2016 Cultural Diversity and Ethnic Minority Psychology  
 2015 Journal of Adolescence  
 2015 American Journal of Drug and Alcohol Use  
 2015 Journal of Applied Developmental Psychology  
 2015 Prevention Science  
 2015 PLOS One  
 2014 European Journal of Personality  
 2014 Emerging Adulthood  
 2014 Journal of Immigrant and Minority Health  
 2014 SAGE Open  
 2013 Identity: An International Journal of Theory and Research  
 2013 Journal of Adolescent Research  
 2013 Journal of Ethnicity in Substance Abuse
- Book Reviewer*
- 2019 Stangor (2017). *Introduction to Psychology*. Boston, MA: Flatworld  
 2015 Schwartz S.J. & Unger, J. (2017). *Oxford Handbook of Acculturation*. New York: Oxford University Press.  
 2015 Breedlove (2015). *Principles of Psychology*. New York: Oxford University Press.
- Conference Reviewer*
- 2018 17<sup>th</sup> Biennial Meeting for the Society for Research on Adolescence  
 2017 8<sup>th</sup> Biennial Meeting for the Society for the Study of Emerging Adulthood  
 2016 16<sup>th</sup> Biennial Meeting for the Society for Research on Adolescence  
 2015 7<sup>th</sup> Biennial Meeting for the Society for the Study of Emerging Adulthood
- Grant Reviewer*
- 2019 Early Career Investigator Grant, Society for Research on Child Development.  
 2018 Individual Research Grants., The Israel Science Foundation.

**Service to Community**  
*Presentations*

- April 2019      **Understanding the Cultural Experiences of Immigrant Youth.** Invited guest speaker for the 2019 Virginia Academy of Clinical Psychologists, *Newport News, Virginia.*
- October 2014    **Research, Science, and Beyond.** Invited guest speaker for 6<sup>th</sup> and 8<sup>th</sup> graders at José Martí MAST 6-12 Academy, *Miami-Dade County Public School System.*
- Community Positions*
- 2019            **Member, Advisory Board, Hispanic Leadership Forum of Hampton Roads.**
- 2010-2013     **Member, Board of Directors, Florida Southeast Chapter, American Foundation for Suicide Prevention.**
- 2008-2013     **Walk Chair (2011- 2013), University Campus Coordinator (2010), & Walk Chair Assistant (2009): Miami Dade Out of the Darkness Community Walk, American Foundation for Suicide Prevention.**

## **PROFESSIONAL AFFILIATIONS**

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### **Academic Societies**

- American Psychological Association (APA)
- International Society for Research on Identity (ISRI)
- Psi Chi
- Society for Research on Adolescence (SRA)
- Society for Research on Child Development (SRCD)
- Society for Research on Child Development (SRCD) Latino Caucus
- Society for Study in Emerging Adulthood (SSEA)
- Society for the Study of Human Development (SSHD)
- Youth Suicide Research Consortium (YSRC)

### **Fellowships**

- McKnight Fellowship
- NIAAA Postdoctoral Fellowship
- PRIME Fellowship
- Ronald E. McNair Fellowship

## **PROFESSIONAL SKILLS**

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### **Language**

English	Native Proficiency
Spanish	Moderate Proficiency

### **Statistics**

**Advanced Proficiency:** Exploratory Factor Analysis, Confirmatory Factor Analysis, Path Analysis, Structural Equation Modeling, Multiple Regression, Zero Inflated Poisson Regression, Cluster Analysis, Latent Class Analysis, Latent Growth Curve Modeling, & Latent Growth Curve Mixture Modeling.

**Moderate Proficiency:** Multi-Level SEM & Random-Intercept-Cross-Lagged Panel Model (RI-CLPM).

**Limited Proficiency:** Exploratory Structural Equation Modeling (E-SEM)

### **Computer Skills**

**Advanced Proficiency:** Mplus v7.2, SPSS v22, Qualtrics Survey System, Microsoft Office 2016, hardware installation, & operations and basic repair and maintenance.  
**Moderate Proficiency:** Amos, Wired and wireless computer networks, & Macromedia Dreamweaver and Photoshop (MX Edition through CS4).

## **RECOMMENDATIONS**

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Available upon request