

MEREDITH O. HOPE

National Center for Institutional Diversity | University of Michigan
610 East University Avenue, Suite 3338 | Ann Arbor, MI 48109
mohope@umich.edu | www.drmeredithhope.com

APPOINTMENTS & PROFESSIONAL EXPERIENCE

- 2019- Scholarship to Practice Research Fellow
National Center for Institutional Diversity
University of Michigan
- 2017-2019 Paul B. Cornely Postdoctoral Fellow
Center for Research on Ethnicity, Culture, & Health
School of Public Health, University of Michigan
- 2016 Assistant Professor of Psychology
Department of Communication Studies & Psychology
Huntingdon College, Montgomery, AL

EDUCATION

- 2016 Ph.D., Department of Educational Psychology, University of Nebraska-Lincoln
Cognition, Learning, & Development (now: Developmental & Learning Sciences)
- 2011 M.A., Department of Psychology, University of Nebraska-Lincoln
Developmental Psychology
- 2006 B.A., The Johns Hopkins University
Major: The Writing Seminars
Major: Psychological & Brain Sciences

FELLOWSHIPS & AWARDS

- 2019 Bouchet Graduate Honors Society, University of Michigan
- 2014-2015 Dean's Fellowship, University of Nebraska-Lincoln
- 2011-2015 Edgren Graduate Tuition Fellowship, University of Nebraska-Lincoln
- 2007-2009 William Larson Fellowship, University of Nebraska-Lincoln

PUBLICATIONS

*denotes doctoral student mentorship

- Hope, M.O.,** Lee, D.B., Hsieh, H-F., Hurd, N., Sparks, H.L.*, & Zimmerman, M.A. (2019). Violence exposure and sexual risk behavior: Contributions of natural mentorship and religious involvement. *American Journal of Community Psychology*.
- Hope, M.O.,** Taylor, R.J., Nguyen, A.W., & Chatters, L.M. (2019). Church support among African American and Black Caribbean adolescents. *Journal of Child & Family Studies*.
- Nguyen, A.W., Taylor, R.J., Chatters, L.M., & **Hope, M.O.** (2019). Sociodemographic and religious involvement correlates of church support networks among African Americans. *Journal of Community Psychology*, 47(5), 1043-1063.
- Lee, D.B., **Hope, M.O.,** Heinze, J.E., Cunningham, M., Caldwell, C.H., & Zimmerman, M.A. (2018). Psychological pathways from racial discrimination to the physical consequences of alcohol use: Religious coping as a protective factor. *Journal of Ethnicity in Substance Abuse*.
- Hope, M.O.,** & Buhs, E. (2018). Contributions of peer victimization, school attachment, and religious engagement to early adolescents' adjustment outcomes. *Psychology of Religion & Spirituality*.
- Lee, D.B., Peckins, M.K., Miller, A.L., **Hope, M.O.,** Neblett, E.W., Assari, S., Muñoz-Velázquez, J., & Zimmerman, M.A. (2018). Pathway from racial discrimination to cortisol/DHEA imbalance: Protective role of religious involvement. *Ethnicity & Health*, 1-18.
- Chatters, L.M., Nguyen, A., Taylor, R.J., & **Hope, M.O.** (2018). The impact of church and family support networks on depressive symptoms among African Americans: Findings from the National Survey of American Life. *Journal of Community Psychology*, 46, 403–417.
- Hope, M.O.,** Assari, S., Cole-Lewis, Y., & Caldwell, C.H. (2017). Religious social support, discrimination, and psychiatric disorder of Black adolescents. *Race & Social Problems*, 9(2), 102-114. (Article featured on the [Christianity Today website](#) on 2/24/2017.)
- Crockett, L.J., Carlo, G., Wolff, J.M.D., & **Hope, M.O.** (2013). The role of pubertal timing and temperamental vulnerability in adolescents' internalizing problems. *Development & Psychopathology*, 25, 377-389.
- Mattis, J.S., **Hope, M.O.,** Sutton, R.M., Udoh, M.S., & Doucet, F. (2012). African American religiosity, voluntarism, and orientations toward service: Empirical connections. *Review of Faith & International Affairs*, [Special Issue on: "African American Religion, International Voluntarism, and Servant Leadership,"], 10, 29-36.

UNDER REVIEW

*denotes doctoral student collaboration

Hope, M.O., Taggart, T., Galbraith-Gyan, K.V., & Nyhan, K. (revise/resubmit at *Journal of Religion & Health*). Caribbean Black emerging adults and religiosity: A systematic review of religious influences on health outcomes.

Anderson, R.E., Lee, D.B., **Hope, M.O.**, Nisbeth, K.*, Bess, K.*, & Zimmerman, M.A. (review/resubmit at *Health Education & Behavior*). Disrupting the behavioral health consequences of racial discrimination: A longitudinal investigation of racial identity profiles and alcohol-related problems.

Lee, D.B., Anderson, R.E., **Hope, M.O.**, & Zimmerman, M.A. (revise/resubmit at *Developmental Psychology*). Racial discrimination trajectories that predict African American psychological well-being: From emerging adulthood to adulthood.

Chatters, L., & **Hope, M.O.** (invited chapter under review). Religion and health for people of color. In N.M. Davila Ortiz & V.C. Copeland, (Eds.). *Health and Wellness for People of Color: An Encyclopedia of Issues, Problems*.

Rose, T., **Hope, M.O.**, Thurman, D., & Forrester, P. (under review at *Journal of Black Psychology*). Private religiosity and psychosocial wellbeing among African American and Caribbean Black youth.

Mattis, J.S., Palmer, G.J.M.*, Fike, K.J.*, Goodwill, J.R.*, Guillaume, C.*, **Hope, M.O.**, & Morton, C.S.* (under review at *American Psychologist*). Reimagining life in the city: A multilevel framework of adult development in urban settings.

Mattis, J.S., Palmer, G.J.M.*, & **Hope, M.O.** (under review at *Religions*). Where our bright star is cast: Religiosity, spirituality, and positive Black development in urban landscapes.

IN PREPARATION

*denotes doctoral student mentorship

Busby, D.R., **Hope, M.O.**, Lee, D.B., Heinze, J., & Zimmerman, M.A. Racial discrimination and trajectories of problematic alcohol use among African American emerging adults: The role of organizational religious involvement.

Hope, M.O., Bass, E.C.*, & Buhs, E. Peer victimization, social support, and sense of belonging for first-year undergraduates.

Hope, M.O., Palmer, G.J.M.*, & Mattis, J.S. Mom, Dad, everyone else, and God: Examining the quality of relational ties for Black undergraduates' mental health.

Hope, M.O., Butler-Barnes, S., & Martin, P.P. The role of religious socialization in racial identity beliefs: Exploring group differences.

Butler-Barnes, S., Martin, P.P., & **Hope, M.O.** Shaping race-related messages: The important role of religious socialization and African American families.

INVITED TALKS

Hope, M.O. (2019). *Ways to walk by faith: Linking mental health and Christianity*. Physical & Mental Health Committee, Delta Sigma Theta Sorority, Inc., Ann Arbor Alumnae Chapter. Brown AME Church, Ypsilanti, Michigan. (community event)

Hope, M.O. (2019). *Young, Black, and spiritually gifted*. Ignite 2019 Conference, Ypsilanti, Michigan.

Hope, M.O. (2018). *Congregational support, self-esteem, and psychiatric disorder for African American and Caribbean Black adolescents*. Medical Equity conference, Wayne State University, Detroit, Michigan.

Hope, M.O. (2017). *Failing as an emerging adult*. Formal Dinner Event at the Society for the Study of Emerging Adulthood, Washington, D.C.

Hope, M.O. (2017). *Navigating graduate school*. Millennium Scholars Program at the Society for Research in Child Development, Austin, Texas.

Hope, M.O. (2015). Self-advocacy. In *Challenges and resources for under-represented scholars in developmental science*. Millennium Scholars Program at the Society for Research in Child Development, Philadelphia, Pennsylvania.

Hope, M.O. (2009). *Best practices in attending the SRCD Biennial meeting*. Millennium Scholars Program at the Society for Research in Child Development, Denver, Colorado.

CAMPUS AND DEPARTMENTAL TALKS

Hope, M.O. (2019). Surviving and thriving in graduate school and beyond. Black Graduate Conference in Psychology. University of Michigan.

Hope, M.O. (2019). Doctoral Candidate Ceremony. Rackham Graduate School. University of Michigan.

Hope, M.O. (2018). Research and reflections. Center for Research on Ethnicity, Culture, and Health Seminar. University of Michigan.

Hope, M.O. (2018). Experiences on the job market. Program for Research on Black Americans Doctoral Graduate Student workshop, Institute for Social Research, University of Michigan.

CONFERENCE SYMPOSIA & PAPERS

Hope, M.O. There for me?: Impact of relationships with parents, community, and God for

Black undergraduates' psychological growth. Paper accepted, Society for the Study of Emerging Adulthood, Toronto, Ontario.

Hope, M.O. Religion and spirituality in Black emerging adults: Examining ethnic and gender differences. Paper accepted, Society for the Study of Emerging Adulthood, Toronto.

Busby, D.R., **Hope, M.O.**, Lee, D.B., Heinze, J., & Zimmerman, M.A. Racial discrimination and trajectories of problematic alcohol use among African American emerging adults: The role of organizational religious involvement. Paper accepted, Society for Prevention Research, San Francisco, California.

Hope, M.O., & Palmer, G.J.M. (2019). Mom, Dad, everyone else, and God: Examining the quality of relational ties for Black undergraduates' mental health. Paper presented at the Annual Mid-Year Conference of Division 36 (Society for the Psychology of Religion & Spirituality), Bowling Green State University.

Hope, M.O., Butler-Barnes, S., & Martin, P.P. (2019). The role of religious socialization in racial identity beliefs: Exploring group differences. In M.O. Hope (Chair), *The role of religious socialization in Black youth adjustment*. (Discussant: Pamela P. Martin, Ph.D.) Paper and symposium accepted, Society for Research in Child Development.

Rose, T., Thurman, D., **Hope, M.O.**, & Hossain, M. (2019). Private religiosity and psychosocial wellbeing among African American and Caribbean Black youth. In M.O. Hope (Chair), *"Power, love, and a sound mind": Religion and mental health for diverse youth and families*. Paper and symposium accepted, Society for Research in Child Development.

Hope, M.O., Taggart, T., Galbraith-Gyan, K.V., & Nyhan, K. (2017). Caribbean American emerging adults and religiosity: A systematic review of religious influences on health outcomes. In M.O. Hope (Chair), *Religion and spirituality in the context of emerging adulthood*. Paper presented at the Society for the Study of Emerging Adulthood in Washington, DC.

Hope, M.O. (2016). *School's out! Now what, who, where, and how?: Extra-scholastic communities and youth development*. (Discussant: Jacquelynne S. Eccles, Ph.D.) Organized poster symposium presented at the Society for Research on Adolescence, Baltimore, Maryland.

Hope, M.O. (2016). *An anchor in the storm: Religion and spirituality as protective factors among at-risk and/or ethnic minority youth*. (Discussant: Pamela Ebstyn King, Ph.D.) Organized poster symposium presented at the Society for Research on Adolescence, Baltimore, Maryland.

Mattis, J.S., **Hope, M.O.**, Kimbro, L., & Yates, A. (2012). Religiosity and Volunteerism among African American Emerging Adults: A Mediation Analysis. In Pamela Martin (Chair), *From whom does our help come?": The impact of religious social support and engagement on black adolescent and emerging adult psychosocial outcomes*. Paper symposium presented at the Society for Research in Child Development, Vancouver, BC, Canada.

Hope, M.O., & Mattis, J.S. (2012). Current efficacy and support from religious group

members on African American adolescents' predicted future orientation. In Pamela Martin (Chair), *From whom does our help come?": The impact of religious social support and engagement on black adolescent and emerging adult psychosocial outcomes*. Paper symposium presented at the Society for Research in Child Development, Vancouver, BC, Canada.

CONFERENCE POSTERS

Hope, M.O., Lee, D.B., Hsieh, H-F., Hurd, N., Sparks, H.L., & Zimmerman, M.A.

Violence exposure and sexual risk behavior: Contributions of natural mentorship and religious involvement. Poster accepted for presentation at the 2019 Society for Research in Child Development, Baltimore, Maryland.

Fike, K.J., Goodwill, J.R., Jagers, J., Palmer, G.J.M., Thorne, K.M., **Hope, M.O.**, Powell, J., Morton, C.S., Sparks, H.L., & Mattis, J.S. (2019). Imago dei: Stress, faith, and the sacred as predictors of perspective-taking among urban residing adults. Poster presented at the International Convention of Psychological Science, Paris, France, March 7-9, 2019.

Lee, D. B., **Hope, M.O.**, Heinze, J. H., Cunningham, M., & Zimmerman, M. A. (2018). Longitudinal associations between racial discrimination, psychological distress, and alcohol-related health problems: The protective role of religious coping. Presented at the Healthy Flint Research Symposium, Flint, Michigan.

Lee, D. B., Peckins, M. P., Miller, A. L., **Hope, M.O.**, Neblett, E. W., Assari, S., Velazquez, J. M., & Zimmerman, M. A. (2018). A psychological pathway from racial discrimination and cortisol/DHEA ratio: Organized religious involvement as a moderator. Presented at Medical Health Equity Conference, Detroit, Michigan.

Hope, M.O. & Gillen-O'Neal, C. (2018). When belonging doesn't make it better: Discrimination and undergraduate well-being. Poster accepted for presentation at the Society for Research on Adolescence, Minneapolis, Minnesota.

Hope, M.O., & Bass, E. (2017). Social support buffers the effects of past relational victimization on first-year undergraduates' sense of belonging. Poster presented at the Society for Research in Child Development, Austin, Texas.

Hope, M.O., & Kataoka, S. (2017). Father involvement and extracurricular contexts: Exploring interactive effects for youth adjustment. Poster presented at the Society for Research in Child Development, Austin, Texas.

Hope, M.O., & Buhs, E. (2016). Who's there?: Effects of negative and positive relationships and school attachment on adolescent externalizing problem behaviors. Poster presented at the Society for Research on Adolescence, Baltimore, Maryland.

Hope, M.O., & Buhs, E. (2015). The impact of school attachment and religious engagement on victimized adolescents' adjustment. Poster presented at the Society for Research in Child Development, Philadelphia, Pennsylvania.

- Hope, M.O.**, & Buhs, E. (2014). Peer support, religious engagement, and victimization on adolescent internalizing outcomes: Mediation and moderation. Poster presented at the Society for Research on Adolescence, Austin, TX.
- Ploskonka, R.A., & **Hope, M.O.** (2012). Impact of religious social support on externalizing behavior outcomes for African American young adults. Poster presented at the Society for Research on Adolescence, Vancouver, BC, Canada.
- Hope, M.O.** & Mattis, J.S. (2011). Current efficacy and support from religious group members as significant predictors for African American adolescents' future orientation. Poster presented at the Black Graduate Conference in Psychology, Miami, FL.
- Crockett, L.J., Carlo, G., Wolff, J.M., & **Hope, M.** (2011). Correspondence between trajectories of temperament and trajectories of socioemotional adjustment from childhood to adolescence. Poster presented at the Society for Research in Child Development, Montreal, Québec, Canada.
- Newman, F.L., DeKraai, M., & **Hope, M.O.** (2011). Characteristics of success in residential versus community-based treatment: Applications of clustering and SEM techniques. Poster presented at the American Evaluation Association, Anaheim, CA.
- Hope, M.O.**, & Deutsch, A.R. (2009). Up to no good: Impact of academic achievement on four types of delinquent behaviors. Poster presented at the Association for Psychological Science, San Francisco, CA.
- Deutsch, A.R., & **Hope, M.O.** (2009). Where delinquency lives: Does geographic location matter? Poster presented at the Association for Psychological Science, San Francisco, CA.
- Hope, M.O.**, Raffaelli, M., Cerqueira-Santos, E., & Koller, S. (2009). Impact of physical indicators of poverty on adolescent self-efficacy. Poster presented at the Society for Research in Child Development, Denver, CO.
- Crockett, E.J., Carlo, G., Dauve-Wolff, J.M., & **Hope, M.O.** (2009). The role of pubertal development and emotionality in early adolescent behavior problems and prosocial competence. Poster presented at the Society for Research in Child Development, Denver, CO.
- Hope, M.O.**, Gaines, J., & Schwebel, D.C. (2008). Look before you cross the street: Implications of age, temperament, and impulsivity on children's safety judgments. Poster presented at the American Psychological Association, Boston, MA.
- Hope, M.O.**, Lucas, E.K., Pearson, A., & Schwebel, D.C. (2006). Age, gender, and race differences in estimating physical abilities: Implications for pediatric injury risk. Poster presented at the Alabama Psychological Association, Birmingham, AL.

RESEARCH EXPERIENCE

- 2014-2015 Graduate Research Assistant
PI: Dipti A. Dev
Dept of Child, Youth, & Family Studies, University of Nebraska-Lincoln
- 2011-2012 Graduate Research Assistant
PI: Kathleen M. Rudasill
Dept of Educational Psychology, University of Nebraska-Lincoln
- 2011-2012 Graduate Research Assistant
Characteristics of success in residential versus community-based treatment
PI: Mark DeKraai, University of Nebraska Public Policy Center
- 2008-2010 Graduate Research Assistant
Role of puberty, externalizing behaviors, and emotionality in adolescence
PI: Lisa Crockett, Dept of Psychology, University of Nebraska-Lincoln
- 2006-2007 Research Assistant
Unintentional pediatric injury
PI: David C. Schwebel, Dept of Psychology, University of Alabama-Birmingham

TEACHING EXPERIENCE

- 2016 Instructor of Record
Introduction to Psychology (3 sections), Cognition (1 section, upper level)
Dept of Communication Studies & Psychology, Huntingdon College
- 2013-2014 Writing instructor and study skills strategist for two local high school students
- 2012-2015 Guest Lecturer
Adolescent Development
Dept of Educational Psychology, University of Nebraska-Lincoln
- 2012-2014 Graduate Teaching Assistant
Professional Practicum Experiences II
Dept of Educational Psychology, University of Nebraska-Lincoln
- 2011-2012 Graduate Teaching Assistant
Child Psychology
Dept of Educational Psychology, University of Nebraska-Lincoln
- 2010-2011 Graduate Teaching Assistant
Biopsychology; Learning and Motivation
Dept of Psychology, University of Nebraska-Lincoln
- 2009 Graduate Teaching Assistant

Child Development & Behavior; Social Development
Dept of Psychology, University of Nebraska-Lincoln

- 2009 Tutor and Parent/Teacher Liaison for student with learning disabilities
February - October 2009
- 2008 Co-Instructor (summer course)
Developmental Psychology
Dept of Psychology, University of Nebraska-Lincoln

SERVICE AND LEADERSHIP

National Level

- 2019 Abstract Reviewer
Black Graduate Conference in Psychology
- 2019 Small Grants Reviewer
Society for Research in Child Development
- 2018- Co-Chair, Topic Network for Religion and Spirituality
Society for the Study of Emerging Adulthood
- 2018- Editorial Board, *Emerging Adulthood*
- 2018- Awards Committee (dissertation and early-career)
Society for Research on Adolescence
- 2017- Ad Hoc Reviewer
Cultural Diversity & Ethnic Minority Psychology
Developmental Psychology
Emerging Adulthood
Journal of Adolescence
Journal of College Student Retention: Research, Theory, & Practice
Journal of Research on Adolescence
Psychology of Religion & Spirituality
Youth & Society
- 2016 Ad Hoc Reviewer
Race and Social Problems
- 2015-2018 Emerging Scholar Co-Chair, Topic Network for Religion and Spirituality
Society for the Study of Emerging Adulthood
- 2011 Conference Abstract Reviewer
Society for Research on Community Action
- 2008 Conference Abstract Reviewer
Association for Psychological Science

University Level

- 2018 Application Reviewer & Interview Committee Member
Future Leaders of Public Health Program
University of Michigan School of Public Health
- 2014, 2011 Reviewer, McNair Scholars Program Summer Colloquium
University of Nebraska-Lincoln
- 2009-2010 Library Graduate Student Board (Love Library)
University of Nebraska-Lincoln

Community Level

- 2014 Volunteer
Youth summer programing as a part of community partnering efforts
Macy, Nebraska (Omaha Reservation)
- 2010-2012 Court-Appointed Special Advocate (CASA)
Lancaster County, Nebraska

MENTORSHIP EXPERIENCE

- 2017 Faculty Mentor
Millennium Scholars Program, Society for Research in Child Development
- 2015, 2011,
2009 Junior Mentor
Millennium Scholars Program, Society for Research in Child Development
- 2014-2015 Graduate Mentor
Melvin Jones Scholars Learning Community (program for students of color)
University of Nebraska-Lincoln
- 2007-2008 Mentor, Association for Psychological Science
Mentorship program for undergraduates applying to graduate school

CONSULTING

- 2019 Faith and Relationships Advisory Panel
Search Institute, Minneapolis, Minnesota

PROFESSIONAL DEVELOPMENT

- 2018-2019 Diversity, Equity, and Inclusion Certificate Program
Specialization: Leadership and Collaboration
Rackham Graduate School, University of Michigan
- 2018-2019 Professorial Advancement Initiative
Big Ten Academic Alliance, University of Michigan
- 2018 Advanced Grants (audited course)
Instructor: Marc Zimmerman
School of Public Health, University of Michigan
- 2018 Introduction to STATA
University of Michigan CSCAR
- 2018 Annual Course on Religion, Spirituality, and Health (competitive)
Duke University Center for Spirituality, Theology, & Health
- 2018 Successful Scientific Writing
University of Michigan Summer Session in Epidemiology
- 2018 Women of Color in the Academy Project Writing Retreat
Center for the Education of Women, University of Michigan
- 2018 Research-Based Practices for College Teaching (6/11-25/2018)
Center for Research on Learning and Teaching, University of Michigan
- 2016 MCUAAAR Summer Training Workshop
Institute for Social Research, University of Michigan
- 2014-2015 Preparing Future Faculty
University of Nebraska-Lincoln

PROFESSIONAL AFFILIATIONS

Bouchet Graduate Honors Society
Diversity Scholars Network, National Center for Institutional Diversity
[ELATED](#) Lab, Department of Psychology, University of Michigan
Faculty Affiliate, Institute for Research on Women and Gender, University of Michigan
Society for Research in Child Development
Society for Research on Adolescence
Society for the Study of Emerging Adulthood