

## Curriculum Vitae

Julie C. Herbstrith

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Department of Psychology and Philosophy  
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### EDUCATION

**Ph.D. in School Psychology** 2010  
Illinois State University (APA-accredited, NASP-approved)

**M.A. in Psychology** 1992  
University of Missouri at St. Louis

**B.A. in Psychology** 1990  
Marian University  
*Summa Cum Laude*

### PROFESSIONAL CREDENTIALS

Nationally Certified School Psychologist  
Licensed School Psychologist, State of Illinois  
Illinois School Psychologists Association Supervision Credential

### EXPERIENCE

#### Academic

Associate Professor, Texas Woman's University, Denton, TX	2019-present
Associate Professor, Western Illinois University, Macomb, IL	2016-2019
Assistant Professor, Western Illinois University, Macomb, IL	2010-2016
Instructor, Western Illinois University, Macomb, IL	2008-2010

#### Field-based

School Psychologist, Nauvoo-Colusa School District #325 (Nauvoo, IL)	2017- 2019
School Psychologist, Sangamon Area Special Education District (Springfield, IL)	2014-2017

Psychological Consultant, Ball-Chatham Community School District (Chatham, IL)	2012-2013
Doctoral Intern Supervisor, Hope Institute for Children & Families, Autism Program, and Southern Illinois University School of Medicine Division of Developmental-Behavioral Pediatrics & Psychology (Springfield, IL)	2009-2012
School Psychologist, Sangamon Area Special Education District (Springfield, IL)	2008-2009
School Psychology Intern, Psychological Services Center (Normal, IL)	2007-2008

**PUBLICATIONS** (Student co-authors appear in bold print.)

- Herbstrith, J.C., **Augustine**, S.A., **Reardon**, K.M., & **Roth**, Z.R. (2019). An examination of teachers' attitudes toward religious expression in public schools. Advance online publication. *Research in Education*. <https://doi.org/10.1177/0034523718821705>
- Herbstrith, J.C., & **Busse**, G. (2019). Seven million and counting: Providing systems-level consultation and services to the growing number of LGBTQ+ families in the schools. Advance online publication. *Journal of Educational & Psychological Consultation*. <https://doi.org/10.1080/10474412.2019.1565539>
- Helm**ers, B.R., Harbke, C.R., & Herbstrith, J.C. (2018). Sexual willingness with same- and other-sex prospective partners: Experimental evidence from the bar scene. *Journal of Social Psychology*, 158, 109-124.  
doi: 10.1080/00224545.2017.1314248
- Kiebel**, E.M., McFadden, S., & Herbstrith, J.C. (2017). Disgusted but not afraid: Feelings toward same-sex kissing reveal subtle homonegativity. *Journal of Social Psychology*, 157, 263-278. doi:10.1080/00224545.2016.1184127
- Tollini, C., & Herbstrith, J.C. (2016). Undergraduate and graduate students' descriptions of the complete acceptance of homosexuality. *SAGE Open*.  
doi: 10.1177/2158244016636432
- Herbstrith, J.C. (2014). Best practices in working with LGBT families. In P. Harrison & A. Thomas (Eds.), *Best Practices in School Psychology: Vol. V* (pp. 205-215). Washington, D.C.: National Association of School Psychologists.
- Herbstrith, J.C., & Tobin, R.M. (2014). Best practices in group counseling. In P. Harrison & A. Thomas (Eds.), *Best Practices in School Psychology: Vol. V* (pp. 305-319). Washington, D.C.: National Association of School Psychologists.

Herbstrith, J.C., Tobin, R.M., Hesson-McInnis, M.S., & Schneider, W.J. (2013). Measuring pre-service teacher attitudes toward gay and lesbian parents using implicit, explicit, and behavioral measures. *School Psychology Quarterly*, 28, 183–194. doi:10.1037/spq0000022

Herbstrith, J.C., & Tobin, R. M. (2009). Popularity. In H. Reis & S. Sprecher (Eds.), *Encyclopedia of Human Relationships*. Thousand Oaks, CA: Sage.

### **Publications under Julie C. Keenan**

Keenan, J. C., & Tobin, R. M. (2008). Best practices in group counseling. In A. Thomas & J. Grimes (Eds.), *Best Practices in School Psychology: Vol. V* (pp. 1505-1516). Washington, D.C.: National Association of School Psychologists.

Keenan, J. C. (November, 2004). Evaluating intervention outcomes: Guidelines and outcome evaluation for prevention and treatment of obesity in children. *Communiqué*, 33(3), 11.

Keenan, J. C. (November, 2004). Research reviews: Childhood obesity. *Communiqué*, 33(3), 10.

### **MANUSCRIPT UNDER REVIEW**

Herbstrith, J.C. (2019). A systems approach to creating equitable educational environments for LGBTQ+ families. Book chapter to appear in *Walking the walk: Addressing gender and sexual orientation diversity in schools*. Washington, D.C: American Psychological Association.

Nielsen, S.E., Harbke, C.R., & Herbstrith, J.C. (2019). Measuring general and gender-specific binegativity. Manuscript under review.

### **MANUSCRIPTS IN PREPARATION**

Herbstrith, J.C. (2019). Don't repeat after me: Teacher perpetration of microaggressions toward lesbian, gay, and bisexual parents. Manuscript in preparation.

Helmets, B.R., Herbstrith, J.C., & Harbke, C.R. (2019). Correspondence between Kinsey Scale ratings and perceived attractiveness of same- and other-sex prospective sexual partners. Manuscript in preparation.

### **BOOK REVIEWS**

Herbstrith, J.C. (2016). WISC-V Assessment & interpretation. *Journal of Psychoeducational Assessment*, 34, 97–100. doi:10.1177/0734282915615449

## PEER-REVIEWED PRESENTATIONS

Herbstrith, J.C. (2019). *Helping LGBTQ+ graduate students navigate practicum and internship experiences*. Presented at the National Association of School Psychologists Convention in Atlanta, GA.

**Morgan, A., Nielsen, S.E., & Herbstrith, J.C.** (2018). *Equality in the classroom: Microaggressions toward gay and lesbian parents*. Presented at the Midwestern Psychological Association Conference in Chicago, IL.

Herbstrith, J.C. (2018). *LGBTQ+ 101: An A to Z competency workshop for practitioners who want to increase their awareness, knowledge, and skill level in working with and supporting students and families from the LGBTQ+ community*. Mini-skills workshop presented at the National Association of School Psychologists Convention in Chicago, IL.

**Helmers, B.R., Harbke, C.R., & Herbstrith, J.C.** (2017). *Attractiveness ratings of sexual partners are consistent with sexual orientation*. Poster presented at the Midwestern Psychological Association Conference in Chicago, IL.

Herbstrith, J.C. (2017). *Microaggressions toward LGB parents by pre-service teachers*. Poster presented at the National Association of School Psychologists Convention in San Antonio, TX.

Kelly, R.M., & Herbstrith, J.C. (2017). *Pre-law students' interest in school psychology*. Poster presented at the Trainers of School Psychology Conference in San Antonio, TX.

**Hewlett-Boyd, S., Bowman, M., & Herbstrith, J.C.** (2017). *Are teachers prepared to work with today's student body?* Poster presented at the Illinois School Psychologists Association Convention in Springfield, IL.

Herbstrith, J.C., **Humes, H., Villareal, N., Hester, C., Brooks, M., & Schnath, M.** (2016). *Social media's influence on school personnel practice*. Poster presented at the Illinois School Psychologists Association Convention in Springfield, IL.

Herbstrith, J.C., & **Roth, Z.C.** (2016). *Gender, motivation to control prejudice, and attitudes toward same-gender parents*. Poster presented at the Midwestern Psychological Association Conference in Chicago, IL.

**Helmers, B.R., Harbke, C.R., & Herbstrith, J.C.** (2016). *Sensation seeking predicts sexual willingness with same- and opposite-sex partners*. Paper presented at the Midwestern Psychological Association Conference in Chicago, IL.

- Herbstrith, J.C., & **Triplett**, E. (2015). *A pathway for reducing teacher prejudice toward LGBT parents*. Poster presented at the National Association of School Psychologists Convention in Orlando, FL.
- Higgs**, T., McClure, K., Laurent, J., & Herbstrith, J.C. (2015). *Witness experiences in childhood influence adult witness cooperation*. Poster presented at the American Psychology-Law Society Conference in San Diego, CA.
- Kiebel**, E.M., McFadden, S., & Herbstrith, J.C. (2015). *Comparison of bias among low and high prejudiced individuals*. Paper presented at the Midwestern Psychological Association Conference in Chicago, IL.
- Roth**, Z.C., & Herbstrith, J.C., (2015). *Predicting prejudice: Which contributes more? Religiosity or ideology?* Poster presented at the Midwestern Psychological Association Conference in Chicago, IL.
- Tollini, C., Herbstrith, J.C., **Aleshire**, S., & **Hurtado**, M. (2015). *"If you woke up tomorrow and homosexuality was completely accepted:" Descriptions of the total acceptance homosexuality by members of a university's LGBTAQ community*. Paper presented at the 3<sup>rd</sup> Annual LGBT Research Symposium at the University of Illinois at Urbana-Champaign.
- Herbstrith, J.C., & **Kiebel**, E.M. (2014). *Does intergroup contact mediate implicit and explicit sexual prejudice relations?* Poster presented at the American Psychological Association Convention in Washington, DC.
- Herbstrith, J.C., **Reardon**, K., & **Augustine**, S.A. (2014). *Religious sensitivity among teachers and staff in rural and urban public school districts*. Poster presented at the National Association of School Psychologists Convention in Washington, DC.
- Roth**, Z.C., **Helmers**, B.R., & Herbstrith, J.C. (2014). *Extraversion, motivation to respond without prejudice, and homonegativity: A moderation model*. Poster presented at the Midwestern Psychological Association Conference in Chicago, IL.
- Helmers**, B.R., Harbke, C.R., & Herbstrith, J.C. (2014). *Same-sex "beer goggles?" alcohol, attractiveness, and sexual willingness among men and women*. Poster presented at the American Psychological Science Conference in San Francisco, CA.
- Herbstrith, J.C. (2013). *Motivation to respond without prejudice toward gay men and lesbians*. Poster presented at the American Psychological Association Convention in Honolulu, HI.

- Kiebel, E. McFadden, S., & Herbstrith, J.C. (2013).** *A psychophysiological approach to the measurement of attitudes toward homosexuals.* Poster presented at the Association for Psychological Science Conference in Washington, DC.
- Augustine, S., Reardon, K., & Herbstrith, J.C. (2013).** *Measuring religious sensitivity among teachers in rural and urban area public school districts.* Poster presented at the National Association of School Psychologists (NASP) Conference in Seattle, WA.
- Lister, N., Boychenko, M., Young, J., & Herbstrith, J.C. (2013).** *Future school personnel's knowledge of person first disability language and attitudes towards people with disabilities.* Poster presented at the Illinois School Psychologists Association Convention in Springfield, IL.
- Boychenko, M., Elkin, T., Lister, N., Nelson, J., Wambold, C., Young, J., & Herbstrith, J.C. (2013).** *Pre-service teacher perceptions of what school psychologists do.* Poster presented at the Illinois School Psychologists Association Convention in Springfield, IL.
- Herbstrith, J.C. (2012). *Patterns and correlates of teacher prejudice toward homosexual parents.* Poster presented at the National Association of School Psychologists (NASP) Conference in Philadelphia, PA.
- Augustine, S., Reardon, K., & Herbstrith, J.C. (2012).** *Religious sensitivity in public schools among school psychologists, teachers, and students: a consultative approach.* Paper presented at the Illinois School Psychologists Association Convention in Itasca, IL.
- Herbstrith, J.C. (2011). *Developing positive home-school relations with gay and lesbian parents.* Mini-skills workshop presented at the National Association of School Psychologists Convention in San Francisco, CA.
- Herbstrith, J.C., Gadke, D., & Tobin, R.M. (2011). *School-based group counseling for Autism Spectrum Disorders.* Mini-skills workshop presented at the National Association of School Psychologists Convention in San Francisco, CA.
- Barnum, K., Mandro, J., Marble, M., O'Donnell, C., Stewart, A., Whitson, B., & Herbstrith, J.C. (2011).** *LGBTQ youth who are bullied: what every school psychologist should know.* Paper presented at the Illinois School Psychologists Association Convention in East Peoria, Illinois.
- Herbstrith, J.C. & Tobin, R.M. (2010). *Predicting prejudice based on motivation, implicit, and explicit attitudes.* Poster presented at the American Psychological Association Convention in San Diego, California.

Herbstrith, J.C., & Tobin, R.M. (2010). *Attitudes toward gay and lesbian parents*. Poster presented at the National Association of School Psychologists Convention in Chicago, Illinois.

Herbstrith, J.C., & Tobin, R.M. (2010). *Current attitudes toward gay and lesbian parents and implications for school psychologists*. Paper presented at the Illinois School Psychologists Association Convention in East Peoria, Illinois.

Tobin, R. M., & Herbstrith, J. C. (2008). *Individual differences in the expression of prejudice toward gay men and lesbians*. Poster presented at the American Psychological Association Convention in Boston, Massachusetts.

### **Presentations under Julie C. Keenan**

Hartmann, K. E., Keenan, J. C., Gadke, D. L., & Tobin, R. M. (2008). *Prejudice and social desirability ratings among teachers*. Poster presented at the National Association of School Psychologists Convention in New Orleans, Louisiana.

Keenan, J. C., Ronk, M. J., Shelvin, K. H., & Gadke, D. L. (2008). *A piece of the puzzle: school-based services for children with Asperger's Disorder*. Paper presented at the Illinois School Psychologists Association Convention in Springfield, Illinois.

Keenan, J. C., Gioia, K. A., & Tobin, R. M. (2006). *Group counseling in the schools*. Mini-skills workshop presented at the National Association of School Psychologists Convention in New York, New York.

Keenan, J. C., Tobin, R. M., Fienup, D. M., & Kahn, J. H. (2006). *Individual differences in the correspondence between emotion experience and expression*. Poster presented at the American Psychological Association Convention in New Orleans, Louisiana.

Keenan, J. C., & Doepke, K. J. (2006). *The effectiveness of ABA in the school setting: Teaching children with autism*. Poster presented at the Association for Behavior Analysis Conference in Atlanta, Georgia.

Keenan, J. C., & Doepke, K. J. (2006). *Teaching children with autism in the school setting*. Paper presented at the Illinois School Psychologists Association Convention in St. Charles, Illinois.

### **INVITED PRESENTATIONS/RECORDINGS**

Herbstrith, J.C. (2020). *Representation matters: Supporting LGBTQ+ graduate students on campus and in the field*. To be presented at the Trainers of School Psychologists Conference in Baltimore, MD.

- Herbstrith, J.C. (2019). *A bridge to inclusion: Using translational approach to solve LGBTQ+ issues in schools*. Brown bag lecture presented at Northern Illinois University.
- Herbstrith, J.C. (2019). *LGBTQ+ 101: An A to Z competency workshop for practitioners who want to increase their awareness, knowledge, and skill level in working with and supporting students and families from the LGBTQ+ community*. Workshop presented at the Illinois School Psychologists Association Convention in Springfield, IL.
- Herbstrith, J.C., Anhalt, K., & Cannava, A. (2019, February). *Welcoming families: Creating inclusive school environments for LGBTQ parents*. Special Session presented at the National Association of School Psychologists Convention in Atlanta, GA.
- Herbstrith, J.C. (2018, October). *Scholarly Writing Series Workshop: Bird by bird: Tips and tricks to sponsor more focused and successful writing*. Presented at the Western Illinois University Center for Innovation, Teaching, and Research.
- Herbstrith, J.C. (2018, September). *Skillstreaming and you: Incorporating social skills training in your classroom*. Presented at Nauvoo-Colusa School District in Nauvoo, IL.
- Herbstrith, J.C. (2016, April). *Examining sexual minority prejudice in K-12 schools*. Presented at the Midwestern Psychological Association Convention in Chicago, IL.
- Herbstrith, J.C. (2015, March). *School-based services for trauma and grief*. Workshop presented at Rockford Public School district in Rockford, IL.
- Herbstrith, J.C. (2012, August). *Future directions for the study of sexual prejudice toward gay and lesbian parents*. In S. Suldo (Chair), *Contemporary and future directions in school psychology*. Symposium conducted at the meeting of the American Psychological Association Convention in Orlando, FL.
- Herbstrith, J.C. (2011, September). *Recognizing and responding to prejudice--mine and yours*. Colloquium presented at Western Illinois University, Macomb, IL.
- Herbstrith, J.C. (2011, January). *Using psychological principles to explore patterns of prejudice toward gay men and lesbians*. Colloquium presented at Western Illinois University, Macomb, IL.
- Herbstrith, J. C., & Tobin, R. M. (2010, March 5). *Group counseling*. *NASP Dialogues* [Audio Podcast]. Retrieved from <http://www.nasponline.org/resources/podcasts/groupcounseling.aspx>



## **GRANTS**

University Research Council Grant (\$4325.00)	2018
Second Step Grant for Social-Emotional Learning in Schools (\$1744)	2014
Summer Stipend Award for Research (\$3445.22)	2013
University Research Council Grant (\$6,000)	2011
Provost's Award for Faculty Travel (\$400-\$600 per year)	2010-2019
University Club Scholarship Recipient (\$300)	2007
National Association of School Psychologists (NASP) Graduate Student Research Award (\$1,000)	2006
Illinois School Psychologists Association (ISPA) Graduate Student Research Award (\$500)	2006

## **AWARDS**

American Psychological Association (APA) Division 16 Outstanding Dissertation Award	2011
Charter Department Graduate Student of Excellence Award	2008
Outstanding Graduate Assistant Award	2006

## **RESEARCH INTERESTS**

Social-psychological phenomena such as prejudice, microaggressions, and discrimination in school settings

Applications of a multiculturalism framework through a social-psychological lens

Correlates of prejudice including personality traits, motivation to withhold prejudiced reactions

Self-awareness of microaggression perpetration toward people who are LGBTQ+

Relations among self-reported sexual identity, sexual behavior, and sexual attraction

Diversity training issues

## **AD-HOC REVIEWING EXPERIENCE**

Journal of Psychological Assessment

Psychology in the Schools

Journal of Homosexuality

Journal of Educational Studies

## **PROFESSIONAL MEMBERSHIPS**

APA Division 16 School Psychology

APA Division 35 Society for the Study of Women

APA Division 44 Society for the Psychological Study of Lesbian, Gay, Bisexual, and Transgender Issues

ISPA

Midwestern Psychological Association

NASP

## **TEACHING EXPERIENCE**

### **Graduate Level**

PSY 6693 Advanced Therapeutic Interventions (2019)  
PSY 6821 Clinical Practicum (2019)  
PSY 6831 Health Service Psychology Internship (2019)  
PSY 543 Practicum (2018)  
PSY 544 Practicum (2012; 2019)  
PSY 585 Psychological Problems of the Child (2008-2018)  
PSY 591 Behavioral Consultation (2008-2019)  
PSY 593 Psychological Interventions (2009-2019)

### **Undergraduate Level**

PSY 355 Psychology of Sexual Orientation and Gender Diversity (2015-2017)  
PSY 250 Human Social Behavior (2011)  
PSY 251 Personality and Adjustment (2009-2018; taught online since 2015)  
PSY 451 Advanced Personality (2008-2009)  
PSY 430 History and Systems of Psychology (2009)

## **MASTER'S THESES**

Aimee Bertolli (committee member)	2019
Alisha Steiner (committee member)	2018
Sarah Elizabeth Nielsen (co-chair)	2017
Adam Morgan (chair)	2017
Kevin Chadwick-Fisher (committee member)	2017
Jonathan Counce (committee member)	2016
Zachary Roth (chair)	2015
Breanne Helmers (co-chair)	2015
Elizabeth Kiebel (committee member)	2013
Tyler Higgs (committee member)	2013
Aaron Roome (committee member)	2011

## **UNDERGRADUATE HONOR'S THESES**

Taylor Harris (chair)	2017
Jana Berryman (co-chair)	2016
Julie Frohn (chair)	2016
Haley Humes (chair)	2014
Samantha Goetz (chair)	2013
Breanne Helmers (co-chair)	2012

## **SERVICE**

### **University**

Ad-hoc Committee on Queer Studies Minor (member)	2016-2019
University Committee on Sexual Orientation, Gender	2012-2019

Diversity, and Gender Expression (member)  
 College of Arts and Sciences Graduate Committee (member) 2011-2012

**Department**

Director, School Psychology Doctoral Program 2019-present  
 Department Personnel Committee (member) 2018-2019  
 Tenure-track Faculty Search Committee (chair) 2018-2019  
 Tenure-track Faculty Search Committee (chair) 2017-2018  
 Graduate Association of School Psychologists (advisor) 2016-2019  
 Graduate Committee (member) 2016-2018  
 Research Committee (chair) 2014-2018  
 Sona Systems Administrator, Psychology Department Human  
 Subjects Pool 2014-2018  
 Research Committee (secretary) 2012-2013  
 Graduate Committee (chair) 2011-2012  
 Search Committee for two adjunct faculty positions (member) 2011-2012  
 Undergraduate Support Committee (member) 2010-2011  
 Graduate Committee (member) 2011  
 Grade Appeals Committee (member) 2009-2010  
 School Psychology Coordinating Committee (member) 2008-2019

**PROFESSIONAL SERVICE AND EXPERIENCE**

ISPA Governing Board LGBTQ Workgroup Co-chair 2018-2019  
 NASP LGBTQI2-S Committee - Publications Member 2017-present  
 Illinois School Psychology Internship Consortium Diversity Mentor 2008-present  
 Collaborative Conference Proposals Reviewer for APA Division 16 2015  
 Program Committee Reviewer APA Divisions 16, 35, and 44 2012- present  
 Program Committee Reviewer NASP 2012- present  
 Program Committee Reviewer National Multicultural Conference  
 and Summit Proposals 2012- present  
 Malyon-Smith and Bisexual Foundation Student Awards 2012-2018  
 APA Division 16 Outstanding Dissertation of the Year Award  
 (Chair, Selection Committee) 2014  
 APA Division 16 Outstanding Dissertation of the Year Award  
 (Selection Committee) 2012-2013  
 APA Paul Henkin Student Travel Award (Selection Committee) 2012  
 Graduate Educator of Directors of University School Psychology  
 Programs 2010-2014