

Nadia Ali Muhammad Ali Charania (Ph.D., RN)
Clinical Assistant Professor
University of Michigan School of Nursing
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EDUCATION AND TRAINING

-1982 Matriculate in Science, Karachi Cambridge Secondary School, Nazimabad-Karachi, Pakistan
1982-1984 Intermediate in Science, Government Degree College for Women, Nazimabad-Karachi, Pakistan
1985-1988 Diploma in General Nursing, The Aga Khan University School of Nursing (AKUSON), Karachi, Pakistan (Secured 2nd Position in the Sind Nursing Education Board)
8/1991-7/1993 Bachelors of Science in Nursing, AKUSON, Karachi, Pakistan (Elective: Education)
1991-1993 Internship as part of the BScN education, Worked as an RN in various clinical settings (hospital & community), Karachi, Pakistan
1997-1998 Master of Science, The University of Arizona, (GPA = 4), Thesis Research titled "Depression, Demographic Factors and Conditions for Which Women Seek Health Care"
1998 Internship as part of Master's education requirement, Southern Arizona Mental Health Crisis Center (SAMHC)
5/4/2013 Ph.D. in Nursing, University of Michigan (GPA=7.676), Dissertation Research titled "Strategies Pakistani Women Use to Self-manage Recurrent Depression"

CERTIFICATION AND LICENSURE

1988 – 2005 Pakistan Nursing Council RN, A-15662/PNC
1988-Present Pakistan Nurses Federation, Life Member from 1999, (PNF Enrollment # = 3269)
1997-6/30/2007 Arizona State Board of Nursing, RN License RN099833
1996 Commission on Graduates of Foreign Nursing Schools (CGFNS)
1997 National Council Licensure Examination (NCLEX)
2003-Present Michigan Board of Nursing, RN License, 4704241930 (Valid till 11/12/2020),

ACADEMIC, ADMINISTRATIVE, AND CLINICAL APPOINTMENTS

AKUSON:

01/1990-12/1990

Nurse Tutor

AKUSON-Diploma Program, Pakistan

Gained experience of clinical teaching at Psychiatric Ward at PNS Shifa Hospital, Karachi, Pakistan

- Responsibilities Included furthering knowledge and skills in the following: Clinical teaching, supervision, monitoring students' progress, giving feedback on students' clinical performances, and patient care

10/1988-02/1991

Teaching Assignments Included: Fundamentals of Nursing, Pharmacology, Psychiatric Nursing

- Roles and Responsibilities Included: Conducting classroom sessions, utilizing various teaching & learning approaches and computer skills such as PowerPoint, Word, & WordPerfect to make teaching effective and interesting, counseling and Advising students, preparing test papers, supervising and evaluating students' performance in clinical

- 11/1988-02/1989 **Staff Nurse**
 Worked in “Intensive Care Unit”, “Medical Ward”, & “Surgical Ward”
 Aga Khan University Hospital (AKUH)
- Responsibilities Included: Improving Skills in total patient care and gaining experience in ward management
- 08/1991-07/1993 Study leave for Bachelor's in Nursing at AKUSON
- Worked in various clinical settings (hospital and community as a RN as part of the BScN education)
- 08/1993-03/1996 **Instructor**
 AKUSON- BScN Program, Pakistan
 Teaching Assignments, August 1993 and July 2001:
 Advanced Concepts I, Advanced Concepts III (Mental Health Nursing),
 Teaching & Learning, Professional Development, Computer
 Applications in Nursing Practice, Nursing Research, Psychology, Senior
 Electives
- 07/1997-12/1998 Study Leave for Master's Education in the University of Arizona, USA
- 04/1996-06/1999 **Senior Instructor**
 AKUSON-BScN Program, Pakistan
- 07/1999-07/2001
 (Resigned 08/20/2010) **Assistant Professor**
 The Aga Khan University School of Nursing (AKUSON), BScN
 Program, Pakistan
- UMSN:**
 Fall, 2002 & Winter, 2003 **Graduate Teaching Assistant,**
 Worked with Dr. Bonnie Hagerty, Associate Professor, School of
 Nursing, University of Michigan
 Nursing 358 (Mental Health and Illness Across the Lifespan)
- Roles and Responsibilities Included: Facilitated small group discussions following each lecture, marked all the assignments, assisted in preparing exams, administered exams, assisted in preparing final grade sheet
- Fall, 2003-Summer, 2004, **Graduate Research Assistant (PT-Temp)**
- Spring & Summer, 2002 Worked with Dr. Bonnie Hagerty, Associate Professor, School of
 Nursing, University of Michigan
- Roles & Responsibilities Included: Assisted in developing a research grant proposal on self-management and worked in manuscript titled “self-management model for recurrent depression”

Fall, 2004-Summer, 2005	<p>Graduate Research Assistant (Reg-Temp) Worked with Dr. Reg Williams, Professor, School of Nursing, University of Michigan and Mr. Gary Gatien, the project manager on Survey Research for Navy Recruits “Focused Intervention Coping Strategies” (FICS)</p> <ul style="list-style-type: none"> • Roles and Responsibilities Included: Prepared survey mailing packages, maintained data base created for tracking mailings, and responders and non-responders, attended research team meetings, prepared FICS Newsletter using MS Publisher
10/2005-11/2005	<p>Outpatient Nurse Counselor Worked at Southern Arizona Mental Health Crisis Center (SAMHC)</p>
Summer, 2006 (August)-Fall, 2006 (September & October)	<p>Data Entry Worked for Ms. Judith Ahronheim, Metadata specialist at Hatcher, Graduate Library, University of Michigan</p>
Winter, 2008	<p>Graduate Research Assistant (hourly basis) Worked with Dr. Ketefian, Professor School of Nursing, University of Michigan, on the data analysis of the qualitative research study “Uses, Purposes, and Consequences of Impact Factor and Citation Index”</p>
Spring, 2008	<p>Graduate Student Instructor (25%) Clinical faculty in N433 course, (Psychiatric Mental Health Nursing Course), School of Nursing, University of Michigan</p>
Fall, 2008	<p>Graduate Student Instructor (50%) Clinical faculty in N358 course, (Psychiatric Mental Health Nursing Course), School of Nursing, University of Michigan</p>
Winter, 2009	<p>Graduate Student Instructor (50%) Clinical faculty in N358 course, (Psychiatric Mental Health Nursing Course), School of Nursing, University of Michigan</p>
Spring, 2009	<p>Graduate Student Instructor (25%) Clinical faculty in N433 course, (Psychiatric Mental Health Nursing Course), School of Nursing, University of Michigan</p>
Winter, 2010	<p>Graduate Student Instructor (50%) Clinical faculty in N358 course, (Psychiatric Mental Health Nursing Course), School of Nursing, University of Michigan</p>
Winter, 2013	<p>LEO Lecturer I (25%) Clinical faculty in N365 course, (Psychiatric Mental Health Nursing Course), School of Nursing, University of Michigan</p>
09/2013-Present	<p>Clinical Faculty (Full-Time) School of Nursing, University of Michigan:</p>

2013-2014 Courses and Credits:

NURS 358-001 F13 (clinical component: 3 clinical groups: 12 Credits)

NURSE 358-001 W14 (clinical component: 2 clinical groups: 8 Credits)

2014-2015 Courses and Credits:

PNE 376-001 F14 (4 Credits)

PNE 380-001 F14 (4 Credits)

NSC 359-001 W15 (3 Credits)

NSC 361-001 W15 (3 Credits)

NSC 362-001 W15 (3 Credits)

2015-2016 Courses and Credits:

PNE 377-001 F15 (4 Credits)

PNE 380-001 F15 (4 Credits)

PNE 380-001 W16 (4 Credits)

PNE 381-001 W16 (4 Credits)

2016-2017 Courses and Credits (Led SIMS Independently):

PNE 384-001 F16 (4 Credits)

PNE 385-001 F16 (4 Credits)

PNE 384-001 W17 (4 Credits)

PNE 385-001 W17 (4 Credits)

2017-Present

**Clinical Assistant Professor &
Specialty Lead-Psychiatric Mental Health Nursing**

2017-2018 Courses and Credits (Led SIMS Independently):

PNE 380-001 F17 (4 Credits)

PNE 381-001 F17 (4 Credits)

PNE 380-001 W18 (4 Credits)

PNE 381-001 W18 (4 Credits)

2018-2019 Courses and Credits (Led SIMS Independently):

PNE 380-001 F18 (4 Credits)

PNE 380-001 W19 (4 Credits)

PNE 381-001 W19 (4 Credits)

NURS 194: Context of Care I (3 Credits)

- **First theory course co-led with Policicchio, J.
Summer 2019**

2019-2020 Courses and Credits (Led SIMS Independently):

PNE 380-001 F19 (4 Credits) at VA-AIMH Unit

- **Explored new community sites including**
 - **Partial Health Hospitalization at Michigan Medicine**
 - **Fresh Start, Ann Arbor**

PNE 384-001 W20 (4 Credits)

PNE 385-001 W20 (4 Credits)

NURS 194: Context of Care I (3 Credits in Summer 2020)

09/2013-Present

Faculty Clinical Practice-Embedded Clinical Faculty (20%),
Michigan Medicine(9C-Inpatient Adult Psychiatric Unit) as part of
Clinical Faculty appointment at UMSN

Roles and Responsibilities Included:

1. Evidence-based Journal Club:

Accomplishments:

- Conceptualized, identified literature, supported and facilitated/planned Journal club with 9C unit educator and CNS.
- First Journal Club using the following article: Bland, A. R., Tudor, G., & Whitehouse, D. M. (2007). Nursing care of inpatients with Borderline Personality Disorder. *Perspectives in Psychiatric Care, 43*(4), 204-212.
- Second Journal Club aim was to create effective therapeutic plans for the patients with borderline disorder using the following online article: Jackson, B. R. (2014). Nursing management of borderline personality disorders: Thriving in chaos. *Journal of Addictive Disorders*.
- Third Journal Club aimed at working on “Developing Therapeutic Plan for Patients with Borderline Personality Disorder” based on the previous journal club discussions and presentation by one of the staffs’ presentation on Template on therapeutic plan for patients with Borderline Personality Disorder.
- Fourth Journal Club aimed to “summarize what has happened in the first three journal club and get staff feedback on the future journal club topics and approaches to design staff need based journal club sessions”.

Dec. 8, 2014

Jan. 27, 2015

Feb. 24, 2015

March 24, 2015

2. Care notes:

Supported UBC effort by sharing literature search results on the issue psychiatric nursing care notes:

Accomplishments:

- Identified and communicated the gaps in the written nursing care notes on MiChart.
- Worked with 9C Unit Based Committee (UBC) working on enhancing the depth and quality of the nursing care notes with the clear focus on stating interventions specific to preventing falls in adult psych patients.

3. EBP Literature Search:

Accomplishments:

- Acted as a resource in locating evidence-based literature on the following topics (as requested by 9C management and/or CNS):
 - Bedside handoff
 - Teamwork
 - Strategies to reduce burnout
 - Venous Thromboembolism in inpatient

4. QI: Inpatient Falls:

Accomplishments:

2014

- Worked with the CNS, nursing staff, and unit management on addressing the Quality Indicator of Falls
- Searched, reviewed and summarized part of the articles on falls
- Developed evidence-based table
- Developed Inpatients Falls cTools Project Site
- Attended and presented work in progress on Falls Intervention at Unit Based Committee Meetings on an ongoing basis
- Presented the new Falls Intervention and its implementation plan to nursing staff and nursing management at the Unit Workload Meeting
- Worked on implementation plan for the evidence-based intervention titled “Patients with High Risk for Falls Case Managed by Clinical Care Coordinator through Multidisciplinary Team Approach”.

June 15-Dec. 15, 2015

- Successfully implemented and completed a six-month (June 15-Dec. 15, 2015) evidence-based intervention pilot project at 9C-UMHS unit titled, “9C Adult Psychiatric Patients’ Case-management by a Fall Risk Liaison Nurse (FRLN)/Clinical Care Coordinator (CCC) through a Multidisciplinary Team Approach to Reduce the Unit’s Fall Rate and Fall Rate with Injury.”

October 4-5, 2016

- Dhillon, B., Hallman, I., **Charania, N. A. M. A.**, Landt, K., Hayes, M., & Leah Shever, L. (2016, October 4-5). 9C Adult Psychiatric Patients’ Case Management by a Fall Risk Liaison Nurse through a Multidisciplinary Team Approach to Reduce the Unit’s Fall Rate and Fall Rate with Injury. Presented at “Pollinating Improvements”: Quality Month Poster Session at UMHS.

October 18-21, 2017

- Hallman, I., Hayes, M., **Charania, N.A.M.A.**, Dhillon, B., & Landt, K. (2017, October 18-21). Lessons Learned from Quality Improvement Project Aimed to Decrease the Fall Rate in the Inpatient Psychiatric Unit. APNA 31st Annual Conference “presented a 2-hour pre-conference session”.

- October 4, 2019
- **Charania, N.A.M.A. & Hallman, I.** (2019, October 4). Self-management Strategies: An Innovative Nursing Approach to Working with Patients at Risk for Suicide in an Adult Inpatient Psychiatry. APNA, 33rd Annual Conference.
- 2019
- Dhillon, B., Hallman, I., **Charania N.A.M.A.**, Landt, K., Hayes, M., & Shever, L. L. (2019). Utilizing a multidisciplinary team approach to reduce falls in the inpatient psychiatric unit. *International Journal of Current Research*, 11(4), 2781-2784.
- October, 22, 2019
- Hallman, I., Hilderbrand, K., Vaughan, C., **Charania, N.A.M.A.**, Dhillon, N., & Hirshbein, L. (2019, October 22). Decreasing Falls in Inpatient Psychiatry v.2.0. Presented at Quality Month Poster Session at Michigan Medicine.
- May, 28, 2019
- 5. Lunch & Learn:**
- **Charania, N.A.M.A.** (2019, May 28). Presented at the 9C Lunch & Learn session on Self-care.
- 2019
- 6. Policy Revision:**
Revised Psychiatric Inpatient Unit Policy titled, "Identification and Care of the Patient at Higher Risk for Suicide on Inpatient Psychiatric Unit". Hallman, I., Figueroa, N., & Charania, N. A. M. A.
- Accomplishments:**
- Unique contribution was introduced and integrated the concept of "Self-management Strategies" which was approved.
- October 4, 2019
- **Charania, N.A.M.A. & Hallman, I.** (2019, October 4). Self-management Strategies: An Innovative Nursing Approach to Working with Patients at Risk for Suicide in an Adult Inpatient Psychiatry. APNA, 33rd Annual Conference.
 - Working on the manuscript Self-management Strategies: An Innovative Nursing Approach to Working with Patients at Risk for Suicide in an Adult Inpatient Psychiatry, **Charania, N. A. M. A. & Hallman, I**

RESEARCH INTERESTS

- 09/1992-12/1992 Carried out a mini research project on "Association of Bottle Feeding & Maternal Literacy to Diarrhea" as part of BScN-Biostatistics Course
- 01/1993-05/1993 **BScN-Senior Elective Project:**
- Developed a curriculum for the hypothetical SON "Enlightenment School of Nursing"
- 05/1993 Carried out a research project on "Attributes of Patients with Low Backache in Two Outpatient Clinics of Karachi" as part of BScN-Nursing Research Course
- 1997-1998 **Master's Thesis:**
- Conducted a research on "Depression, Demographic Factors and Conditions for Which Women Seek Health Care"
- 07/2000 Completed research project: Charania, N. A. M. A., Kausar, F., & Rahimtoola, N. S. Perceptions of Nursing Faculty Towards Teaching Sexual Health: A Qualitative Study.
- Grant Received to conduct this research study = Rs.15000 & Scholarship received to present this research paper in Illinois, USA, US \$2700 from AKUSON).
- 07/2000 Completed research project: Rahimtoola, N. S., Charania, N. A. M. A., & Kausar, F. Revealing Hidden Issues Related to Sexuality: A Gap in Nursing Assessment.
- 07/2001 Completed research project: Charania, N. A. M. A., Khan, S., Hussain, P., Zahid, S., & Upvall, M. Formative Evaluation of the Generic BScN Programme.
- 10/2006-04/2007 **Ph.D., Dissertation:**
- Conducted a research on "Strategies Pakistani Women Use to Self-manage Recurrent Depression" Ph.D. dissertation
- Fall, 2018 Edick, P., & Charania, N.A.M.A. Created and tested self-harm simulation.
- February 2017- **Charania, N.A.M.A., Hagerty, B. M. & Bathish, M. Currently conducting research**
- Present titled, "Arab American Women with Recurrent Depression: Self-management Strategies & Social Determinants."
- APNA research grant **\$8,857.25** received to conduct this research)

GRANTS

- 1998 University of Arizona, Research Grant on Master's thesis proposal (US \$500)
- 07/2000 AKUSON Completed research project: Charania, N.A.M.A., Kausar, F., & Rahimtoola, N. S. Perceptions of Nursing Faculty Towards Teaching Sexual Health: A Qualitative Study. (Grant Received to conduct this research study = Rs.15000 & Scholarship received to present this research paper in Illinois, USA, US \$ 2700 from AKUSON).
- 2000 University Research Council-Grant Review Committee Research Grant Study "Formative Evaluation of the Generic BScN Programme," (US \$1162 awarded)
- 2003 University of Michigan, to attend the "3rd Annual International Doctoral Workshop at Lund University, Sweden, organized by International Network for Doctoral Nursing Education (INDEN), 6/15-19, 2003 (US \$2000)
- 2003 The Institute for Research on Women and Gender (IRWG), University of Michigan, for Ph.D. Research Project (US \$500)
- 2005 University of Michigan, Lipshutz Award from Rackham (US \$5000)
- 2007-2006 University of Michigan, Barbour Scholarship from Rackham (US \$14400 + Tuition + Health Insurance)
- 2007 University of Michigan, The Center for the Education of Women, Student Research Grants (US \$750)
- 2007 University of Michigan, Rackham Graduate Student Research Grant (US \$3000)

2007	University of Michigan, School of Nursing, New Investigator Award (US \$3000)
2012	University of Michigan, School of Nursing, Received NR-Society of Nursing Scholars (US \$1000)
03/09/2014	Received Travel Grant (\$1200) from Division I, School of Nursing, University of Michigan to present Ph.D. dissertation research “Strategies Pakistani Women Use to Self-manage Recurrent Depression” international nursing conference, 2nd Commonwealth Nurses Federation Conference, London
12/19/2014	Received Grant (\$200) from Undergraduate Office, School of Nursing, University of Michigan to publish manuscript title “Weekly Clinical Synopsis: Piloting an Innovative Clinical Teaching Strategy”, in the Journal of Nursing Education and Practice.
10/2/2015	Received Grant (\$400) from Undergraduate Office, School of Nursing, University of Michigan to present at the Leadership and Innovation in Evidence-Based Healthcare, organized by Indiana Center for Evidence Based Nursing Practice; Purdue University, Indiana.
07/2016	Received Grant (\$1500) from Undergraduate Office, School of Nursing, University of Michigan to present paper titled "The Pervasive Role of Religion/Spirituality in Pakistani Women's Self-management of Recurrent Depression," at the Sigma Theta Tau International's 27th International Nursing Research Congress, July 21-25, 2016.
07/2016	Received Travel Grant (\$500) from Sigma Theta Tau, Rho Chapter to present paper titled "The Pervasive Role of Religion/Spirituality in Pakistani Women's Self-management of Recurrent Depression," at the Sigma Theta Tau International's 27th International Nursing Research Congress, July 21-25, 2016.
10/18/2017	Received \$545 financial support from UG studies to present at the 31st APNA Annual Conference, Phoenix, AZ, October 18-22, 2017.
10/01/2018	Received CRLT Funds (\$1000) through the Faculty Communities for Inclusive Teaching initiative, University of Michigan to develop “Inclusive Teaching Evaluation Tool” with Dr. Rushika Patel, Patricia Coleman-Burns, Dr. April Bigelow, & Dr. Akshay Sharma (the DEI-UMSN committee members).
2018-Present	Received APNA Research Grant (\$8,857.25) to support the research project “ Charania, N.A.M.A., Hagerty, B., & Bathish, M. “Arab American Women with Recurrent Depression: Self-management Strategies and Social Determinants.”

HONORS AND AWARDS

1988	Clinical Excellence RN - Award
1991-1993	Scholarship for BScN education from AKUSON
1993	Nursing Education Award - BScN
1993	Deans Honor List - BScN
1995	Outstanding Teachers' Award
1995-1996	AKU Faculty Award for Master's in Psychiatric-Mental Health Nursing
1997-1998	The University of Arizona, “Graduate Tuition Scholarship” for Master's education
1997-1998	AKF Scholarship for Master's education
1998	"Meritorious Achievement in Thesis Research" Award
1999	AKU Award: "In Appreciation of Ten Years of Dedicated Service"
2005	University of Michigan, Lipshutz Award from Rackham (US \$5000)
2007	University of Michigan, School of Nursing, New Investigator Award (US \$3000)
2015	Daisy Award (Nominee)
2016	Making a difference award
2017	Daisy Award Winner
2018	APNA Research Grant Recipient (\$8,857.25)

MEMBERSHIPS IN PROFESSIONAL SOCIETIES

1997-06/30/2000	Member, War Against Rape (WAR)
1996-09/9/2000	Alumni Member, "The Aga Khan University School of Nursing Honor Society"
1998-2001	Member, Sigma Theta Tau-Beta Mu Chapter, The University of Arizona, USA
09/9/2000-2007	Member, Sigma Theta Tau-Rho Delta Chapter, AKUSON, Pakistan
3/14/2003-2006	Member, International Network for Doctoral Education in Nursing (INDEN)
09/12/2003-005, 2013-Present	Member, Sigma Theta Tau-Rho Chapter (Member # 0310013), University of Michigan, USA
2016-Pesent	Member, American Psychiatric Nurses Association-APNA (Member # 134921)

EDITORIAL POSITIONS, BOARDS, AND PEER-REVIEW SERVICE

2/1995	Worked as a resource person to upgrade psychiatric nursing skills of staff nurses working at the Psychiatric Ward-AKUH
1/2015-2018	Reviewer for the Journal of Nursing Education and Practice
8/2018-Present	Reviewer for the Journal of American Psychiatric Nurses Association (APNA)

TEACHING (Advising or other formal role)

Trainee Name	Time Period	Your Role: Title of Project
Ms. Laura Dansel	2015-2018	Member, DNP Project
Mr. Michael Cochenour	Winter, 2017-Present	Member, DNP Project

COMMITTEE, ORGANIZATIONAL, AND VOLUNTEER SERVICE

Institutional

AKUSON:

1988-07/2001	Member, "Faculty Council"
1988-07/2001	Member, "Teachers Committee"
1989-1990	Member, "Evaluation & Promotion Committee"
1990-1991	Secretary, BScN Admissions & Progressions Committee"
1990-1994	Member, BScN Admissions & Progressions Committee"
1993-1994	Member, "Enrichment Program Planning Committee"
1993-1994	Member, "Continuing Education Committee"
1993-1994	Member, "Disciplinary Committee"
1993-1994	Member, "Adhoc Study Leave Committee"
1993-1994	Chair , "Adhoc Recruitment Committee"
1993-1994	Member, "Adhoc Science Curriculum Review Committee"
1993-1994	Chair , "Teachers Committee"
1993-1997	Member, "Strategic Planning: Faculty Development & Career Opportunity Committee"
1994	Member, "International Nurses Day Planning Committee"
1994	Member, "Hospitality Committee" (Sub-Committee of the IND Planning Committee)
1994	Chair , "Adhoc BScN Awards Committee"
1994-1996/1990-1991	Chair , "Nomination Committee"
1994-1996	Chair , "Prospectus & Handbook Committee"
1994-1996	Member, "Research & Publication Committee"
1995	Member, "Working Group on Clinical Evaluation Tool" for Diploma Program

1995	Member, "AKUC Women Studies Group"
1995-1996	Coordinator, "Mental Health Interest Group"
1995-1997	Member, "Generic BScN Planning Committee"
1996-1997/1999-07/2001	Member, "Mental Health Interest Group"
1997/1995	Member, "Learning Contract Adhoc Group"
1997	Member, "Working Group on Level Objectives"
01/1999	Facilitator, "Task Force on Concept Identification"
01/1999-07/2001/1995	Member, "Nursing Faculty Executive Committee"
01/1999-07/2001/1993-1997	Member, "BScN Faculty Team"
01/1999	Member, "Task Force on Curriculum"
01/1999	Co-Chair , "Research & Publication Committee"
02/1999	Member, "Attitudinal Healing Group"
03/1999	Invitee, "University Admissions Committee"
03/1999	Member, "MCQ Committee"
04/1999	Member, "Assessment Criteria: Adhoc Curriculum Subcommittee"
04/1999	Member, "Orientation Package Committee"
05/1999	Invitee, "Research Fair Committee"
05/1999	Prepared the Task Force Curriculum Retreat presentation slides on PowerPoint
12/1999-05/2000	Co-Chair , "Research Conference Planning Committee"
02/2000-05/2000	Member, "Research Conference Scientific Committee"
03/2000	"Grant Review Committee", invited to review two proposals and present in the meeting
05/1999-07/2001	Member, "The Nurse International" representing AKUSON
06/1999-07/2001	Member, "University Research Council"
09/15/1999-04/2001	Member, "Adhoc Committee on Framework for Academic Time-Tables"
11/2000-07/2001	Member, Newsletter Committee, Rho-Delta Chapter
11/2000-07/2001	Initiator, Coordinator/Facilitator, Faculty Research Forum
01/2001-07/2001	Member, Dean's Advisory Committee
01/2001-07/2001	Member, Graduate Committee
04/6/2001-07/2001	Coordinator, Faculty Research Forum Planning Committee (Faculty Research Forum Sub-Committee)

UMSN:

Winter & Fall, 2002	Member (doctoral student representative), Curriculum Committee, University of Michigan
Winter, 2015- 2017	Professionalism & Safety Work Group, School of Nursing, University of Michigan
Fall, 2017	Member, Warning -Unexcused Absence Task Force
Spring, 2015-2017	Member, Clinical Evaluation Committee, School of Nursing, University of Michigan
Winter, 2016-2017	Member, Professionalism & Safety Manuscript Writing Group, School of Nursing, University of Michigan
Winter, 2015-Present	Member, CAFN (Clinical Adjunct Faculty Network) Membership Work Group, School of Nursing, University of Michigan
Fall, 2013-Present	Member, CAFN, School of Nursing, University of Michigan
Fall, 2014-Present	Member, Undergraduate Faculty Development Group, School of Nursing, University of Michigan
Fall, 2014-2018	Member, Curriculum Committee (Representing Undergraduate Program), School of Nursing, University of Michigan
Fall 2016-Summer 2017	

Summer 2017-2018	Member, Governance Committee for the Rho Chapter of the Sigma Theta Tau International Honor Society of Nursing.
2017-Feb. 2018	Chair , Governance Committee for the Rho Chapter of the Sigma Theta Tau International Honor Society of Nursing.
Winer 2017-Present	Member, HBBS Department-UMSN Clinical Faculty Member
2017-Present	Faculty Practice Advisory Committee
2017-Present	Psych Specialty Faculty Team Lead
2017-Present	Member, Undergraduate Specialty Lead Committee
May 2018-Jan. 2019	Member, Culture Champion-UMSN Committee Co-Chair , the Culture Champion Committee
2017-Present	<ul style="list-style-type: none"> Presented Committee Updates twice with Ms. Carrie Bachler at the Monthly Faculty Meeting and once at the Staff Meeting)
2018-Present	Member, DEI-UMSN Committee
2013-Present	Member, DEI-UMSN committee (task force) working on the CRLT Faculty Communities for Inclusive Teaching Grant Member, Undergraduate Studies-UMSN
	<ul style="list-style-type: none"> Presented at the Undergraduate End of Term Retreat “UMSN DEI-CRLT Grant Update on May 02, 2018 Presented at the Undergraduate End of Term Retreat “Faculty Teaching Innovations” on April 30, 2019 Charania, N.A.M.A., & Brough, L. (April 30, 2019). Conducted a two-hour writing retreat for faculty following The Undergraduate Program End-of-Year Meeting.
Summer & Fall 2018	Member, Teaching Academy-UMSN
March 2019-Present	<ul style="list-style-type: none"> Co-presented with Dr. Harden at the Teaching Academy Kick off Classroom/Clinical Faculty Specific Online Resources on August 28, 2018
October 16, 2019	Member, SPL Department-UMSN
	<ul style="list-style-type: none"> Presented at the Think-Tank Meeting titled “Personal & Academic Journey”
2018-Present	Member, Junior Faculty Meeting-UMSN
August 5, 2019-Present	Member, Faculty Awards and Recognition Committee (SPL Department Committee)
May 08, 2019	Charania, N.A.M.A. Contributed to the Nurses’ Week effort of UMSN by sharing reasons for becoming one of the 4 million nurses in the U.S. and what they celebrate about the nursing profession. <i>Published on the UMSN Facebook Page.</i>

Michigan Medicine

Fall, 2013-Present	Member, Inpatients Falls Team at 9C, UMHS
Fall, 2013-Present	Member, 9C, Unit Based Council, University of Michigan Health System
Winter, 2015-Present	Conceptualizer/Member/Co-facilitator , Evidence-Based Journal Club at 9C, UMHS

University of Michigan

August 2019-Present	UMSN Representative, Liaisons for Inclusive Teaching, University Committee
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CONSULTING POSITIONS

- 2/1995 Worked as a resource person to upgrade psychiatric nursing skills of staff nurses working at the Psychiatric Ward-AKUH
- 1/2015-2018 Reviewer for the Journal of Nursing Education and Practice
- 8/2018-Present Reviewer for the Journal of American Psychiatric Nurses Association
- June 2019-Present Member of the APNA's Research Council Advisory Panel

BIBLIOGRAPHY

Journals and Publications

Publications (Co-authored with Faculty at AKUSON):

1. **Charania, N. A. M.A.** (July-August, 1999). A little message of a nurse to the world. *The NURSE International*, 1(7-8), 14.
2. **Charania, N. M. A.**, & Rahimatoola, N. S. (September-October, 1999). The Aga Khan University School of Nursing Honor Society: A step towards becoming a chapter of the Sigma Theta Tau International. *The NURSE International*, 1(9-10), 17-19.
3. **Charania, N. A. M. A.**, & Rahimtoola, N. S. (November, 1999). Building program of nursing scholarship both individual and as a group. *The Aga Khan University School of Nursing Newsletter*, 1(2), 2.
4. **Charania, N. M. A.** (Spring, 2000). Workshop on nursing research. *The Honor Society of The Aga Khan University School of Nursing Newsletter*, 1(3), 2.
5. **Charania, N. A. M. A.**, Kausar, F., & Cassum, S. (December, 2001). Playing Jigsaw: A Cooperative Learning Experience. *Journal of Nursing Education*, 40(9), 420-421.

Publications (Co-authored with International Collaborators):

1. **Charania, N. A. M. A.**, Imamura, E., Soivong, P., & Obe-Om, T. (October, 2003). Report on the 3rd Annual International Doctoral Workshop. *International Network for Doctoral Education in Nursing Newsletter*, 2(3), 9-10.
2. Ali, G., Lalani, N.S., & **Charania, N.A.M.A.** (2015). Community mental health initiatives in Pakistan. *Nursing Standard*, 29(22), 44-48.
3. Tilahun, Y. G., Nasrabadi, A. N., Alemayehu, M., Teklu, A. M., & **Charania, N. A. M. A.** (2016, February). The journey of Ethiopian nursing education: A glimpse of past, present, and future. *International Journal of Current Research*, 8(02), 26828-26833.

Publications (Co-authored with UMSN Faculty & Michigan Medicine Inpatient Psychiatric Unit Staff):

1. **Charania, N. A.M.A.**, Hagerty, B. M., Dansel, L., & Wilson, C. M. (2015). Weekly clinical synopsis: Piloting an innovative clinical teaching strategy. *Journal of Nursing Education and Practice*, 5(3), 71-80.
2. **Charania, N.A.M.A.**, & Hagerty, B. (2016). The Pervasive Role of Religion/Spirituality in Pakistani Women's Self-management of Recurrent Depression: A Qualitative Study. *International Journal of Current Research*, 8(4), 30107-30114.
3. **Charania, N.A.M.A.**, Ferguson, D., Freeland, B., Bay, E., Bradshaw, K., & Harden, K. A journey of developing professionalism and safety guidelines for undergraduate nursing students: A timely matter. *Journal of Professional Nursing*, 33, 460-463.
4. **Charania, N.A.M.A.**, Ross-Durrow, P., Sullivan, B. J., & Dansel, L. (2017). Designing assignments to establish a foundation for evidence-based practice in an undergraduate clinical nursing course. *Worldviews on Evidence-Based Nursing*, 15(2), 149-151. doi: 10.1111/wvn.12198

5. **Charania N.A.M.A.**, Ross-Durrow, P., Sullivan, B. J., & Dansel, L. (2019). Undergraduate nursing students' perceptions of integrating evidence into practice in a psychiatric-mental health nursing clinical course. *Journal of Nursing Education and Practice*, 9(9), 1-5.
6. Dhillon, B., Hallman, I., **Charania, N.A.M.A.**, Landt, K., Hayes, M., & Shever, L. L. (2019). Utilizing a multidisciplinary team approach to reduce falls in the inpatient psychiatric unit. *International Journal of Current Research*, 11(4), 2781-2784.

Book Sections

1. **Charania, N.A.M.A.** (2020). Decreased diversion activity engagement. In B. J. Ackley, G. B. Ladwig, M. B. F. Makic, M. Martinez-Kratz, & M. Zanotti (Eds.), *Nursing diagnosis handbook: An evidence-based guide to planning care* (12th ed., 346-341). Canada: Elsevier.
2. **Charania, N.A.M.A.** (2020). Fear. In B. J. Ackley, G. B. Ladwig, M. B. F. Makic, M. Martinez-Kratz, & M. Zanotti (Eds.), *Nursing diagnosis handbook: An evidence-based guide to planning care* (12th ed., 392-396). Canada: Elsevier.
3. **Charania, N.A.M.A.** (2020). Risk for complicated immigration transition. In B. J. Ackley, G. B. Ladwig, M. B. F. Makic, M. Martinez-Kratz, & M. Zanotti (Eds.), *Nursing diagnosis handbook: An evidence-based guide to planning care* (12th ed., 510-513). Canada: Elsevier.

Other Media

AKUSON:

1. Wrote a white paper on "Preparation of Nurses for the Role of Health Educators" in Pakistan.

Abstracts

AKUSON:

1. Demonstrated OSCE in the 5th National Workshop on Education Planning and Evaluation for Nurses and Allied Health Personnel at the College of Physicians and Surgeons Pakistan (CPSP)
2. Conducted a series of teaching sessions on "Family Planning" for the Orangi CHWs as part of the Community Health Nursing Course of BScN
3. Conducted a teaching session for the Orangi community mothers on "Malnutrition" as part of the Community Health Nursing Course of BScN
4. Conducted a "Continuing Education Workshop" for the Psychiatric ward staff, AKUH
5. Participated in the Poster Presentation held in the "Faculty Student Seminar" on the occasion of AKU-Convocation, 1993
6. Gave a talk regarding AKUSON-BScN Curriculum-Advanced Concept III course to the Peshawar nursing team that visited AKUSON-BScN
7. Conducted an 18-hour module on "Critical Thinking in Nursing Management, Decision Making and Problem-Solving" at the Aga Khan Senior Nurses Conference, Nairobi-Kenya
8. Conducted a Continuing Education Sessions for the AKUSON faculty on "Critical Thinking" (4 hours)
9. Participated in the Poster Competition, did a poster presentation titled "Preparation of Nurses for the Role of Health Educators" held in the "International Nurses Day, 1997 and obtained "Special" position in it
10. Conducted a Continuing Education Session for the AKUSON faculty on "Preparing Effective Presentation Using PowerPoint" (8 hours)
11. Participated in the Poster Presentation titled "Playing Jigsaw: A Cooperative Learning Experience" held on the "International Nurses Day, 1999 and obtained the "Certificate of Appreciation"
12. Participated in presenting the work of the Task Force on Curriculum Committee to the faculty of AKUSON in Retreat
13. Presented a paper in the panel discussion titled "Ways of Enhancing Mental Health of the Aged" on the occasion of World Mental Health Day celebration at AKU

14. Did a speech on the behalf of the AKUSON alumni on the occasion of cake-cutting ceremony, 20th Anniversary Celebration of AKUSON
15. Presented to the Board of Trustees, AKU on "Programme Development in the Next 20 Years of AKUSON"
16. Presented research paper titled "Perceptions of Nursing Faculty Towards Teaching Sexual Health: A Qualitative Study" at the 3rd Annual Summer Institute "Nursing Education in the 21st Century": Building Community for Health and Healing (2000) in Illinois, USA. [Received Feedback = Excellent (on a scale of 1= Poor and 4 =Excellent)]
17. Presented on "Quantitative Nursing Research" in Research Fair organized as part of the 20th Anniversary Celebration of AKUSON

UMSN:

Local Presentations:

1. **Charania, N. A. M. A.**, Ross-Durow, P. L., Sullivan, B-J, Dansel, L. A., & Hagerty, B. M. (2015, September 16). Strategies for implementing evidence-based practice in an undergraduate clinical course. Health Professionals Education Day, University of Michigan.
2. Dhillon, B., Hallman, I., **Charania, N. A. M. A.**, Landt, K., Hayes, M., & Leah Shever, L. (2016, September 26-27). Fall Prevention Program in Psychiatry. Presented at "Nursing Poster Day" at UMHHS.
3. Dhillon, B., Hallman, I., **Charania, N. A. M. A.**, Landt, K., Hayes, M., & Leah Shever, L. (2016, October 4-5). 9C Adult Psychiatric Patients' Case Management by a Fall Risk Liaison Nurse through a Multidisciplinary Team Approach to Reduce the Unit's Fall Rate and Fall Rate with Injury. Presented at "Pollinating Improvements": Quality Month Poster Session at UMHHS.
4. Edick, P. & **Charania, N. A. M. A.** (2018, April 09). Nursing Students Responding to the Self-Harming Patient: A Pilot Simulation. Research Day, UMSN.
5. **Charania, N.A.M.A.**, Coleman-Burns, P., Sharma, A., Bigelow, A. D., & Patel, R. V. (2018, November 5). Inclusive Teaching: Development of Faculty Self-assessment Tool & Supportive Teaching Resources. Faculty Communities for Inclusive Teaching. Faculty Communities for Inclusive Teaching Poster Fair.
6. **Charania, N. A. M. A.**, Hagerty, B., & Bathish, M. (2019, April 09). Arab American Women with Recurrent Depression: Self-management Strategies and Social Determinants. Research Day, UMSN.
7. Hallman, I., Hilderbrand, K., Vaughan, C., **Charania, N.A.M.A.**, Dhillon, N., & Hirshbein, L. (2019, October 22). Decreasing Falls in Inpatient Psychiatry v.2.0. Presented at Quality Month Poster Session at Michigan Medicine.

National Presentations:

1. **Charania, N. A. M. A.**, Ross-Durow, P. L., Sullivan, B-J, Dansel, L. A., & Hagerty, B. M. (2015, October 2). Strategies for implementing evidence-based practice in an undergraduate clinical course. Three-minute poster presentation at 8th Annual Evidence Based Nursing Practice conference and networking event titled "Leadership and Innovation in Evidence Based Healthcare, Indiana.
2. **Charania, N. A. M. A.**, Ross-Durow, P. L., Sullivan, B-J, Dansel, L. A., & Hagerty, B. M. (2015, October 2). Strategies for implementing evidence-based practice in an undergraduate clinical course. Poster presentation at 8th Annual Evidence Based Nursing Practice conference and networking event titled "Leadership and Innovation in Evidence Based Healthcare, Indiana.
3. Hallman, I., Hayes, M., **Charania, N. A. M. A.**, Dhillon, B., & Landt, K. (2017, October 18-21). Lessons Learned from Quality Improvement Project Aimed to Decrease the Fall Rate in the Inpatient Psychiatric Unit. APNA 31st Annual Conference "presented a 2-hour pre-conference session".
4. **Charania, N.A.M.A.** & Hallman, I. (2019, October 4). Self-management Strategies: An Innovative Nursing Approach to Working with Patients at Risk for Suicide in an Adult Inpatient Psychiatry. APNA, 33rd Annual Conference.

International Presentations:

1. **Charania, N.A.M.A.** (2003, June 15-19). Presented doctoral research proposal titled "Strategies Pakistani Women Use to Self-manage Recurrent Depression" at the 3rd Annual International Doctoral Workshop at Lund University, **Sweden**.
2. **Charania, N.A.M.A.** (2006). Presented Ph.D. dissertation research protocol titled "Strategies Pakistani Women Use to Self-manage Recurrent Depression" at the Research Forum at the Aga Khan University School of Nursing, **Pakistan**.
3. Charania, N.A.M.A. (2014, March 09). Presented Ph.D. dissertation research "Strategies Pakistani Women Use to Self-manage Recurrent Depression" international nursing conference, 2nd Commonwealth Nurses Federation Conference, **London**.
4. **Charania, N.A.M.A., & Hagerty, B.** (2016, July 21-25). The Pervasive Role of Religion/Spirituality in Pakistani Women's Self-management of Recurrent Depression: A Qualitative Study. Presented at the Sigma Theta Tau International's 27th International Nursing Research Congress at Cape Town, **South Africa**.