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Center for Research on Ethnicity, Culture, and Health
University of Michigan | School of Public Health
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Education and Training

- 08/2019: **Doctor of Philosophy**. Department of Health Behavior and Health Education.
University of Michigan School of Public Health, Ann Arbor, MI
- 2002/2004: **Master of Arts in Language (Spanish) and International Trade**.
Eastern Michigan University, Ypsilanti, MI
- 1996/1997: **Graduate Certificate - International Trade Management**.
University of Veracruz, Mexico
- 1992/1993: **Graduate Certificate - Animal Production – Cattle in the Tropics**.
University of Veracruz, Mexico
- 1988/1992: **Bachelor of Science in Veterinary Medicine**.
University of Veracruz, Mexico

Professional Appointments

- 09/2019-present: Paul B. Cornely Postdoctoral Scholar. Center for Research on Ethnicity, Culture, and Health.
Department of Health Behavior and Health Education. UM School of Public Health, Ann Arbor, MI
- 10/2002 – 05/2009: Translation Division Coordinator and Spanish Medical Interpreter. UMHS, Ann Arbor
- 08/2005 – 05/2007: Latino Outreach Coordinator, Doulas Care Program. Center for the Childbearing Year
Ann Arbor, MI
- 08/2002 - 01/2004: Spanish Editor, Co-founder of La Voz Latina Community Newspaper
Ann Arbor-Ypsilanti area
- 02/1994 - 12/1998: Assistant Director. General Directorate for the Promotion and Normativity of Livestock
Production. The State of Veracruz Government Mexico

Community Volunteer Service

- 09-2019-present: President, Board of Directors. **Mexiquenses in Michigan, Inc.** Washtenaw County, MI
- 09/2016-10/2018. Board of Directors. **IDEA-Buenos Vecinos, Inc.** Ann Arbor-Ypsilanti
- 06/2012-07/2014: Co-founder and Board of Directors. **Casa Latina, Inc.** Ann Arbor-Ypsilanti area
- 04/2002–5/2007: Co-founder, Treasurer, and Board of Directors. **Latinos Unidos, Inc.**
Ann Arbor - Ypsilanti
- 09/2002-12/2005: Publisher. **La Voz Latina of Washtenaw County**. Bilingual (Spanish/English) monthly
community newspaper. Promotion of health, social and legal services, Latinx cultural practices
- 2003-2006: Co-founder, organizer. **Festival Latino of Washtenaw County**. Annual community celebration of
Latinx Heritage.

Community Service Awards

- 10/2021: Washtenaw County **Board of Commissioners Resolution** to honor Maria Militzer & Mexiquenses en
Michigan for creating equitable access to COVID-19 vaccines for Spanish-speaking residents
- 04/2021: Awardee. **LatinXcellence: Dr. Jose Celso Barbosa' La Primera Award** to Latinx scholars who are
the first to center the Latinx voice/perspective in their work. Honoring leadership work during the
COVID-19 pandemic by fully engaging with local Latinx communities, and active commitment to
addressing multiple community needs; as well as initiatives in conducting community-centered research,

working with undocumented students, and aiming to address the Spanish language barriers. La Casa, Latinx Student Organization. University of Michigan, Ann Arbor
09/2006: **Keynote Speaker, UM Social Justice in Healthcare Symposium**, Ann Arbor
04/2006: **Keynote Speaker, UM School of Social Work's Spring Commencement Ceremony**, Ann Arbor
11/2004: Awardee. **Community Service Award: UM Delta Tau Lambda Sorority**, Ann Arbor

Academic Activities

Dissertation: Physical activity Patterns of Pregnant Women of Mexican Origin in Detroit, MI

Chapter 1: Introduction. Literature review

Chapter 2: Individual and interpersonal Factors. Theories of Reasoned Action and Planned Behavior, and Social Support. Cross-sectional examination of self-reported data. Multivariate regression models, interaction effects

Chapter 3: Neighborhood Factors: Social and built environments, neighborhood poverty. Socioecological Model. Cross-sectional examination of self-reported data. Generalized linear mixed regression analysis, interaction effects

Chapter 4: Evaluation of the "Mothers on the Move," a randomized control trial intervention to promote physical activity of women of Mexican origin during pregnancy

Chapter 5: Conclusions

Teaching Experience & Curriculum Development

Academic Settings

1/2017-4/2019: **Graduate Student Instructor**

HBHE 651-Program Development in Health Education. Master-level course
Paul Fleming, PhD, Assistant Professor of Health Behavior and Health Education
UM School of Public Health, Ann Arbor

9/2017-12/2017: **Graduate Student Instructor**

PUBHLT 360-Community, Culture and Social Justice. Undergraduate course
Gary Harper, PhD, Professor of Health Behavior and Health Education
UM School of Public Health, Ann Arbor

09/2008-06/2011: **Adjunct Instructor & Curriculum Development**

Medicina en español Elective, M4 medical students. UM Medical School

09/2006 - 04/2007: **Instructor & Curriculum Development.** Latino Health Seminars. M1 and M3 medical students. UM Medical School

Community Settings

09/2017: **Interventionist.** Spanish Community Interpreter Project – Washtenaw County (WC). A Community-Engaged Academic Learning Initiative. Program in Public Scholarship. UM Rackham Graduate School, and School of Public Health, Ann Arbor

03/2008-05/2009: **Instructor.** Spanish Bilingual Assistant Course. University of Michigan Health System (UMHS) Interpreter Services Program, Ann Arbor, MI

09/2005 - 03/2007: **Instructor.** Medical Terminology and Body Systems for Medical Interpreters. UMHS Interpreter Services Program, Ann Arbor

Research Experience

01/2019-present. Mental Health Interpreter and Provider Project. Community capacity Intervention to increase access to mental health services for Spanish-speaking immigrants in WC.

Latinx immigrants, language access, mental health promotion, language interpreters, capacity building, social determinants of health, systems research, community-based participatory research (CBPR)

Role: Principal investigator (PI)

Skills: Study design, participant recruitment, intervention delivery, mixed-methods, in-depth interviews, survey data collection and analysis, dissemination of findings

06/2017-present: Spanish Community Interpreter Project – WC

Latinx immigrants, language access, health promotion, capacity building, social determinants of health, systems research, CBPR.

Role: PI

Skills: Study design, participant recruitment, intervention delivery, mixed-methods, data collection and analysis, dissemination of findings

Financial support: UM Rackham Graduate School & UM School of Public Health

Other Research Experience

09/2021-present: Latinx Health Services Consortium. Promoting communication and collaboration among community-based organizations serving Latinx residents in WC. (PI: Paul J. Fleming, Assistant Professor of Health Behavior and Health Education. UM School of Public Health)

Latinx immigrants, immigration, social determinants of health, systems research, health promotion

Skills: Mixed-methods, qualitative data collection

09/2019-present Fathers and Sons Program. Multi-site intervention to improve mental outcomes for non-residential African American fathers. (PI: Cleopatra H. Caldwell, PhD. Professor of Health Behavior and Health Education, UM School of Public Health)

Non-residential African American males, mental health, racial discrimination, social determinants of health, CBPR

Skills: Dissemination of findings, grant writing

03/2014-2019: Blood Pressure among Housekeepers (PI: Marie-Anne Rosemberg, PhD, RN Assistant Professor, Health Promotion Risk Reduction, UM School of Nursing)

Latinx immigrants, occupational health, health promotion

Skills: Latinx participant recruitment, qualitative data collection and analysis, manuscript writing

01/2013-02/2016: Gladiolus Study: Urinary Incontinence Prevention in Older Women, Group Learning Behavioral Intervention (PI: Carolyn Sampsel, PhD, RNC, FAAN. UM School of Nursing)

Bladder health, women, urinary incontinence, aging

Skills: Participant recruitment and retention, intervention delivery, data collection and analysis

03/2009-04/2013: PERL IV Study. Preventing Urinary Incontinence in Minority Pregnant Women (PI: Carolyn Sampsel, PhD, RNC, FAAN. UM School of Nursing)

Skills: Latinx participant recruitment and retention, intervention delivery, data collection and analysis, dissemination of findings

05/2006-05/2007: Promoting Trust in Multicultural Genetic Counseling, Working with Interpreters (PI: Catherine Downs, PI, UM Department of Otolaryngology-Head and Neck Surgery, Ann Arbor)

Skills: Latinx participant recruitment, dissemination of findings

Peer-Reviewed Manuscripts

Benavides, Q., Doshi, M., Valentín-Cortés, M., **Militzer, M.**, Quiñones, S., Kraut, R., & Fleming, P. J. (2021). Immigration law enforcement, social support, and health for Latino immigrant families in Southeastern Michigan. *Social Science & Medicine*, 280, 114027.

Sanon, M. A., Shaver BSN, J., **Militzer M, M.**, Seng PhD, C. N. M., & Marjorie, C. (2020). Blood pressure and job domains among hotel housekeepers. *Journal of Health Disparities Research and Practice*, 11(2), 7.

Rosemberg, M. A., Wei, L., **Militzer, M.**, & Mahapatra, P. (2020, December). Intervention Needs of Hotel Housekeepers: A Grassroots Approach. In *WORKPLACE HEALTH & SAFETY* (Vol. 68, No. 12, pp. 570-571). 2455 TELLER RD, THOUSAND OAKS, CA 91320 USA: SAGE PUBLICATIONS INC.

In Review

Militzer, M., Kieffer, E., Schulz, A.J., Mentz, G., Mistry, R., Seng, J. Mothers on the Move: Decreasing Declines in Physical Activity among Pregnant Women of Mexican Origin

Militzer, M., Schulz, A.J., Kieffer, E., Mentz, G., Mistry, R., Seng, J. Influence of the Perceived Neighborhood Social and Physical Environments on Physical Activity Levels of Pregnant Women of Mexican Origin in Detroit, MI.

In preparation

Militzer, M., Mena-Martinez, N., Ibarra-Frayre, M., Lopez, W.D.J., Fleming, P.J. Líderes de la comunidad: A Latinx community-driven response to the COVID-19 pandemic. *American Journal of Community Psychology*

Scientific Presentations

Militzer, M.A., Curry, E., Tetsch, B., Paberz, A., McCollum, J.A., Grewal, S., Thomas, A., Roberts, C., Farha, N., Reid, C., Quelhas, R., Ruth Kraut, R. (2021, October). Community Voices: Leading the COVID-19 Rapid Response Initiative in Washtenaw County, MI. In APHA's 2021 Denver and Online Annual Meeting and Expo (Oct. 24-27). American Public Health Association

Militzer, M.A., Mena-Martinez, N., Trinidad, A., Ward, A., Ibarra-Frayre, M., Fleming, P. (2021, October). Líderes de la Comunidad: Strengthening Community Support Networks to Mitigate the Effects of the COVID-19 Pandemic. In APHA's 2021 Denver and Online Annual Meeting and Expo (Oct. 24-27). American Public Health Association

Charles, S.M., Best, J., **Militzer, M.A.**, De Loney, E.H., Muhammad, M., Brooks, C., Hope, M., Caldwell, C.H. (2021, October). Improving youth psychosocial and mental health outcomes through a youth participatory action research curriculum addressing environmental hazards. In APHA's 2021 Denver and Online Annual Meeting and Expo (Oct. 24-27). American Public Health Association

Charles, S.M., Best, J., **Militzer, M.A.**, De Loney, E.H., Muhammad, M., Brooks, C., Hope, M., Caldwell, C.H. (2021, October). Improving youth psychosocial and mental health outcomes for youth in an environmental justice community using a youth participatory action research curriculum. In APHA's 2021 Denver and Online Annual Meeting and Expo (Oct. 24-27). American Public Health Association

Militzer, M.A., Rosemberg, M. A., Mena-Martinez, N., Snyder, P., & Fleming, P. J. (2020, October). Spanish community interpreters: A community response to structural violence. In *APHA's 2020 VIRTUAL Annual Meeting and Expo (Oct. 24-28)*. American Public Health Association

Militzer, M.A., Mena-Martinez, N., Ibarra-Frayre, M., Lopez, W., & Fleming, P. J. (2020, October). Líderes de la comunidad: A latinx community response to structural violence. In *APHA's 2020 VIRTUAL Annual Meeting and Expo (Oct. 24-28)*. American Public Health Association.

Militzer, M.A., Schulz, A. J., Mentz, G. B., Mistry, R., Seng, J., & Kieffer, E. (2020, October). Healthy mothers on the move: Decreasing declines in physical activity among pregnant women of Mexican origin in Detroit, MI. In *APHA's 2020 VIRTUAL Annual Meeting and Expo (Oct. 24-28)*. American Public Health Association.

Militzer, M.A., Kieffer, E., Mentz, G. B., Mistry, R., Seng, J., & Schulz, A. J. (2020, October). Neighborhood factors influencing physical activity levels among pregnant women of Mexican origin in Detroit, MI. In *APHA's 2020 VIRTUAL Annual Meeting and Expo (Oct. 24-28)*. American Public Health Association

Kurlandsky, K., Valentín-Cortés, M., **Militzer, M.A.**, Mesa, H., Lopez, W., Quinones, S., ... & Fleming, P. J. (2020, October). The impact of the anti-immigrant socio-political climate on health and social service utilization by Latinx immigrant pregnant women. In *APHA's 2020 VIRTUAL Annual Meeting and Expo (Oct. 24-28)*. American Public Health Association.

- Militzer, M.A.** Learning from our Community: Improving Language Access for Spanish-speaking Immigrants in Washtenaw County – Intervention Results. Poster Presentation. 2018 Medical Equity Conference. Wayne State University, Detroit, MI
- Militzer, M.A.** (2017, November). Learning from our Community: Improving Language Access for Spanish-speaking Immigrants in Washtenaw County – Design and Methods. In 2017 Marching Forward: A Research and Scholarship Symposium, UM, Ann Arbor
- Militzer, M.A., Kirk K., Sampsel, C.** (2013, April). Enhancing Participation of Minority Women into a Longitudinal RCT. 2013 Dean’s Research Day: Improving Family Health Through Practice-Changing Research. UM School of Nursing, Ann Arbor
- Downs, C., **Militzer, M.A.** (2007, May). Promoting Trust in Multicultural Genetic Counseling, Working with Interpreters. 19th Annual National Conference on Race and Ethnicity, Chicago, Illinois

Grants (PI Role)

- 2021-2022: **Spanish Community Interpreter Project – Phase III:** Building Community-led Coalition to Expand Language Access Capacity. Opportunity Grants (\$13,000), Ann Arbor United Way of Washtenaw
- 2020-2021: **Spanish Community Interpreter Project – Phase II:** Planning and Design. Community-Engaged Research Faculty Award. UM Ginsberg Center, Ann Arbor
- 2019 2021: **Mental Health Interpreter Project. – Phase I:** Identifying Barriers to Accessing Mental Health Services for Spanish-speakers. Community–University Partnership Seeds Grant (\$5,000), Michigan Institute for Clinical and Health Research, Ann Arbor
- 2017-2018: **Spanish Community Interpreter Project – Phase I:** Language Access Assets and Needs Assessment, Intervention Design. Grants in Public Scholarship (\$8,000), UM Rackham Graduate School, Ann Arbor

Academic Awards

- 09/11-04/2019: Doctoral Fellow. Rackham Merit Fellowship. UM Rackham School of Graduate Studies
- 04/2018: Awardee. HBHE Summer Writing Award for Doctoral Students. Department of Health Behavior and Health Education, UM School of Public Health, Ann Arbor
- 04/2017: Awardee. Sweetland Dissertation Writing Award. UM Rackham Graduate School and Sweetland Center for Writing, Ann Arbor
- 04/2016: Awardee. HBHE Summer Writing Award for Doctoral Students. Department of Health Behavior and Health Education, UM School of Public Health, Ann Arbor

Other Awards

- 08/1992: Awardee. Graduated Magna Cum Laude, Bachelor’s Degree. University of Veracruz, Mexico

Certification and Licensure

- 09/2007-present: Designation as Certified English into Spanish Translator. American Translators Association. Alexandria, Virginia

Membership in Professional Societies

- 2020-present: American Evaluation Association
- 2018-present: American Public Health Association
- 2007-present: American Translators Association