Matthew G. Nielson

Postdoctoral Research Fellow
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EDUCATION

2020 **Ph.D., Family and Human Development**
Specialization in Women and Gender Studies
Arizona State University

2015 **M.S., Marriage, Family, and Human Development**
Brigham Young University

2013 **B.S., Human Development**, *magna cum laude*
Minor: Japanese
Brigham Young University

2010 **A.S., University Studies**, *high honors*
Utah Valley University

RESEARCH ACTIVITIES

HONORS

Awards:

2019 **Graduate and Professional Student Association: Outstanding Research Award**
Is body image for boys more about bros than biceps? Exploring relational correlates of boy's self-objectification pressure from unique sources

2015-2019 **Ruth Cowden Memorial Scholarship**

2015, 2017 **College of Liberal Arts and Sciences Student Leader**

2014 **Exxon-McVea Scholarship**

2013 **Merwin and Edna Sant Scholarship**

2012 **Edwin Hinckley Scholarship**

2011 **Mary Lou Fulton Poster Conference First Place Award**
Is Disney the nicest place on earth? A content analysis of prosocial behavior in animated Disney films

Training fellowships:

2020-2022 **Developmental Psychology Training Grant** (T32 HD007109)
Source: Eunice Kennedy Shriver National Institute of Child Health and Human Development
PIs: Vonnie McLoyd and Christopher Monk

2019 **Graduate & Professional Student Association Graduate Completion Fellowship Grant**
Release time for two semesters to complete dissertation

2015 **University Graduate Fellowship Grant**

Travel support:

2021 **Postdoctoral Association Conference Award**

2016-2019 **Graduate and Professional Student Association Travel Grant**

2016- 2019 **Sanford Graduate Student Association Graduate Travel Grant**

2013, 2014 **Graduate Student Society Travel Award**

RESEARCH FUNDING

2021 Title: Using Intensive Longitudinal Data to Examine the Person-Specificity of Femininity and Masculinity
Source: **University of Michigan Center for the Education of Women: Riecker Undergraduate Research Fund**
Award amount: $500
Role: PI

2018 Title: Investigating Gender Norm Pressure, Conformity, and Resistance
Source: **Graduate & Professional Student Association Graduate Research Grant**
Award amount: $2,000
Role: PI

LAB LEADERSHIP

2021- **Research Mentor, Somers High School Science Research Program**, faculty mentor
From her sophomore to senior years of high school, I am guiding a high school student through all research phases from conception to manuscript submission.

2018-2019 **Gender Norms Lab**, PI
For four semesters I recruited, trained, and directed my own research lab of undergraduate students at ASU.

2014 **Flourishing Families Project**, project coordinator
Directed 5 undergraduate students who were administering interviews to 500 families.

PUBLICATIONS

Refereed articles:

Rogers, A.A., **Nielson, M. G**., & Santos, C.E. (2020). Manning up while growing up: How masculine gender roles shape adolescent development. *Psychology of Men and Masculinity*, Advance online publication. https://doi.org/10.1037/men0000296

Fu, X., Padilla-Walker, L.M., **Nielson, M. G.**, Mingliang Y., & Yu K. (2020). Prosocial behavior toward powerful people among Chinese and American emerging adults. *The Journal of Psychology: Interdisciplinary and Applied*, *155*, 115-128. https://doi.org/10.1080/00223980.2020.1845591

Nielson, M. G., Martin, C., L., Rogers, L. O., & Miller, C. F. (2020). Quantifying gender norm resistance. *Journal of Adolescence*, 84, 219-229. https://doi.org/10.1016/j.adolescence.2020.09.008

Nielson, M. G., DeLay, D. M., Flannery, K., Martin, C. L., and Hanish, L. D. (2020). Does gender-bending help or hinder friending? Same and cross-gender friendship dissolution and gender typicality. *Developmental Psychology*, *56*(6), 1157-1169. http://dx.doi.org/10.1037/dev0000930

Nielson, M. G., Schroeder, K. M., Martin, C., L., & Cook, R. E. (2020). Investigating the relation between gender typicality and pressure to conform to gender norms. *Sex Roles*, *83*, 523–535. https://doi.org/10.1007/s11199-020-01136-y

Nielson, M. G., Xiao, S. X., & Padilla-Walker, L.M. (2019). Gender similarity in growth patterns of support toward friends during young adulthood. *Social Development*, *29*, 635-650. https://doi.org/10.1111/sode.12419

Cook, R. E., **Nielson, M. G.**, Martin, C. L., & DeLay, D. M. (2019). Early adolescent gender development: The differential effects of felt pressure from parents, peers, and the self. *Journal of Youth and Adolescence, 48*(10), 1912-1923. 10.1007/s10964-019-01122-y

Xiao, S. X., Cook, R. E., Martin, C. L., & **Nielson, M. G**. (2019). Preschool gender enforcers: Their characteristics and the effects on peers of affiliation with gender enforcers. *Sex Roles, 81*, 671-685. http://dx.doi.org/10.1007/s11199-019-01026-y

Xiao, S. X., Cook, R. E., Martin, C. L., **Nielson, M. G**., & Field, R. D. (2019). Will they listen to me? An examination of in-group gender bias in children's communication beliefs. *Sex Roles, 80*,172-185. https://doi.org/10.1007/s11199-018-0924-6

Padilla-Walker, L., Memmott-Elison, M., & **Nielson, M. G**. (2018). Longitudinal change in high-cost prosocial behaviors of defending and including during the transition to adulthood. *Journal of Youth and Adolescence, 47*(9), 1853-1865. https://doi.org/10.1007/s10964-018-0875-9

Nielson, M. G., Padilla-Walker, L., & Holmes, E. K. (2017). How do men and women help? Validation of a multidimensional measure of prosocial behavior. *Journal of Adolescence, 56*, 91–106. https://doi.org/10.1016/j.adolescence.2017.02.006

Padilla-Walker, L. M., **Nielson, M. G**., & Day, R. A. (2016). The role of parental warmth and hostility on adolescents' prosocial behavior toward multiple targets. *Journal of Family Psychology, 30*, 331-340. https://doi.org/10.1037/fam0000157

Carlo, G., Padilla-Walker, L.M., & **Nielson, M. G**. (2015). Longitudinal bidirectional relations between sympathy and prosocial behavior toward strangers. *Developmental Psychology, 51*(12), 1771-1777. https://doi.org/10.1037/dev0000056

Padilla-Walker, L. M., Coyne, S. M., Collier, K. M., & **Nielson, M. G**. (2015). Longitudinal relations between prosocial television content and adolescents' prosocial and aggressive behavior: The mediating role of empathic concern and self-regulation. *Developmental Psychology, 51*, 1317-1328. http://dx.doi.org/10.1037/a0039488

Nelson, L. J., Padilla-Walker, L. M., & **Nielson, M. G**. (2015). Is helicopter parenting smothering or loving? Parental warmth as a moderator between helicopter parenting and emerging adults' indices of adjustment. *Emerging Adulthood, 3*, 282-285. doi:10.1177/2167696815576458.

Padilla-Walker, L. M., Carlo, G., & **Nielson, M. G.** (2015). Does helping keep teens protected? Longitudinal bidirectional relations between prosocial behavior and problem behavior. *Child Development, 86*(6), 1759-1772. https://doi.org/10.1111/cdev.12411

Book chapters:

Cook, R. E., Martin, C. L., **Nielson, M. G**., & Xiao, S. X. (in press). Contemporary cognitive approaches to gender development: New schemas, new directions, and new conceptualizations of gender. In D. P. VanderLaan & W. I. Wong (Eds.), *Gender and sexuality development*. Springer.

Encyclopedia entries:

Andrews, N. C. Z., Cook, R. E., **Nielson, M. G**., Xiao, S. X., & Martin, C. L. (2019). Gender in education. In T. L. Spinrad & J. Liew (Eds.), Social and Emotional Learning Section; D. Fisher (Ed.), *Routledge Encyclopedia of Education* (Online). Taylor & Francis.

Under review:

Nielson, M. G., Beltz, A. M. Oral contraceptives and gender: Pill use not related to gender self-concept.

Nielson, M. G. & Martin, C., L., Rogers, L. O., Miller, C. F., Lindstrom Johnson, S. L, & Berendzen, H. M. Exploring young men's experience of resistance to masculine gender norms.

Nielson, M. G., Tolman, D., Martin, C. L., Hoffer, A., & Fraser, A, M. Bros and biceps: A relational investigation of racially and ethnically diverse boys' appearance-related pressure.

In preparation:

Nielson, M. G., Martin, C. L., England, D. E., Hanish, L. D., Santos, C.E., DeLay, D. M., & Updegraff, K. A. Developmental insights on intersecting gender and ethnic-racial identities.

Nielson, M. G., & Ward, L. M. The roots and fruits of masculinity: Social antecedents and behavioral consequences of young men's adherence to masculine norms.

Nielson, M. G., & Beltz, A. M. Using within-person analyses to further critique the utility of using personality attribute measures to assess gender.

Nielson, M. G., Rogers, A.A., & Cook, R. E. How you look and with whom you play: The longitudinal impact of different aspects of gender typicality.

PRESENTATIONS

Invited talks and workshops:

Nielson, M. G., & Hoffer, A. (2020, November). *Hair Loss Anxiety*. Invited podcast guest: In Conversation with The Sanford School. https://thesanfordschool.asu.edu/podcast

Nielson, M. G. (2017, October). *Gender: It gets crazier every year. A multidimensional approach to gender identity*. Invited Presentation at Friends Relating, Entertaining, Discussing (FRED Talks), ASU, Tempe, AZ.

Oral presentations:

Nielson, M. G., & Martin, C. L. (2021, April). *A cohort sequential look at the development of gender typicality and pressure to conform to gender norms over time*. Presented at the Society for Research in Child Development biennial conference (virtual).

Nielson, M. G., Martin, C. L., Rogers, O. L., Miller, C. F., Lindstrom Johnson, S. L, & Berendzen, H. M. (2021, April). *Mapping resistance and conformity to masculine role norms throughout adolescence*. Presented at the Society for Research in Child Development biennial conference (virtual).

Nielson, M. G., Martin, C. L., & Tolman, D. L. (2019, March). *Is body image for boys more about bros than biceps? Exploring relational correlates of boy's self-objectification pressure from unique sources*. Presented at the Society for Research on Child Development biennial conference in Baltimore, MD.

Nielson, M. G., & Martin, C. L. (2018, March) *What does body image have to do with boys? Outcomes of objectification pressure for middle school boys*. Presented at the American Men's Study Association annual conference in Minneapolis, MN.

Nielson, M. G. (2018, February) Bronfenbrenner meets Butler: A conceptual integration of feminist analysis and developmental psychology. Presented at the Diversity and Inclusion Graduate Student Research annual conference in Phoenix, AZ.

Nielson, M. G., & Martin, C. L. (2017, November) *If gender is fluid, which aspects are flowing? Developmental trends of gender typicality and gendered pressures*. Presented at the Society for the Study of Emerging Adulthood biennial meeting in Washington D.C.

Nielson, M. G., & Padilla-Walker, L. M. (2015, October). *High-strung helpers: Longitudinal relations between prosocial behavior and anxiety*. Presented at the Society for the Study of Emerging Adulthood biennial meeting in Miami, FL.

Padilla-Walker, L. M., & **Nielson, M. G.** (2013, October). *Is helicopter parenting smothering or loving? An examination of parental warmth as a moderator of relations between helicopter parenting and emerging adult outcomes*. Presented at the Society for the Study of Emerging Adulthood biennial meeting in Chicago, IL.

Poster presentations:

Hoffer, A., **Nielson, M. G**., & SturtzSreetharan, C. (2021, May). The hairbinger of doom: Investigating men's anxiety about hair loss. Presented at the Institute for Social Science Research at Arizona State University biannual conference (virtual).

Hoffer, A., DeLay, D., & **Nielson, M. G**. (2020, April). Weighing in on self-esteem: Trajectories of weight-related self-esteem and impact on social and academic outcomes. Accepted to the Society for Research on Adolescence biennial conference (canceled).

Nielson, M. G., & Martin C. L. (2018, October). Meet the gender norm resistors. Presented at the Gender Development Research Conference in San Francisco, CA.

Nielson, M. G., Xiao, S. X., & Padilla-Walker, L. M. (2018, April) Mars and Venus more alike than different:

Tracking prosocial trends into emerging adulthood. Presented at the Society of Research on Adolescence biennial meeting in Minneapolis, MN.

Xiao, S. X., Cook, R, E., Martin, C. L., **Nielson, M. G**., & Field, R. D. (2018, April). Girl talk vs. boy talk? Or is it in-group vs. out-group: Boys' and girls' expectations about communicative responsiveness with same- and other-gender peers. Presented at the Society of Research on Adolescence biennial meeting in Minneapolis, MN.

Velazquez-Ramos, M., **Nielson, M. G.,** & Martin, C. L. (2017, April) How do gender attitudes relate to a strong classroom community? Presented at the Society for Research in Child Development biennial meeting, in Austin, TX.

Nielson, M. G., Flannery, K., DeLay, D., Martin C. L., & Hanish, L. D. (2016, October). Gender-bending is good for friending: Examining the associations between gender similarity and friendship stability in adolescence. Presented at the Gender Development Research Conference in San Francisco, CA.

Nielson, M. G. (2016, August). The Masculine Role Norms Inventory with women and non-heterosexuals. Presented at the American Psychological Association annual conference in Denver, CO.

Nielson, M. G., & Padilla-Walker, L. M. (2016, April). The manly rules of helping: Masculinity effects on prosocial behavior. Presented at the Society of Research on Adolescence biennial meeting in Baltimore, MD.

Cook, R. E., Martin C. L., DeLay, D., **Nielson, M. G**., & Hanish, L. D. (2016, April). The Relation between gender typicality and homophobic name-calling. Presented at the Society of Research on Adolescence biennial meeting in Baltimore, MD.

Fu, X., Padilla-Walker, L.M., & **Nielson, M. G**. (2015, May). Prosocial behavior toward powerful people among Chinese and American emerging adults. Presented at the International Psychological Applications and Trends annual conference in Ljubljana, Slovenia.

Padilla-Walker, L. M., & **Nielson, M. G**. (2015, March). Do mothers and fathers promote different types of prosocial behavior? Positive and negative parenting and adolescents' prosocial behavior toward three targets. Presented at the Society for Research in Child Development biennial conference in Philadelphia, PA.

Nielson, M. G., & Padilla-Walker, L. M. (2014, October). Prosocial Teenagers and the impact of puberty. Presented at the Gender Development Research Conference in San Francisco, CA.

Padilla-Walker, L. M., & **Nielson, M. G**. (2014, March). Are measures of prosocial behavior biased toward adolescent boys? An examination of gender differences in prosocial behavior. Presented at the Society of Research on Adolescence biennial meeting in Austin, TX.

Padilla-Walker, L. M., & **Nielson, M. G**. (2014, March). Gender differences in prosocial behavior. Presented at the Utah Council on Family Relations annual conference in Provo, UT.

Padilla-Walker, L. M., Coyne, Sarah M., Webb, H., & **Nielson, M. G**. (2011, March). Is "grateful adolescent" an oxymoron? Parent and adolescent predictors of gratitude. Presented at the Mary Lou Fulton Poster Conference in Provo, UT.

Other conference presentations:

Nielson, M. G., Tolman, D. L. (2015, February). Conflicted masculinities and the goal of gender equity: Outing a deep conversation. Round-table discussion at the American Men's Study Association annual conference in New York, NY.

TEACHING & MENTORING ACTIVITIES

COURSES TAUGHT

2019	**Gender and Society** (undergraduate, in-person)
2019	**Research Methods** (undergraduate, online)
2017-2018	**Introduction to Parenting** (undergraduate, online)

Guest lecturer:

2021	**Gender and Development** (graduate/undergraduate, online)

Teaching assistant:

2019	**Marriage and Family Relationships** (undergraduate, in-person)
2019	**Personal Growth in Human Relationships** (undergraduate, in-person)
2018	**Introduction to Sociology** (undergraduate, online)
2016-2018	**Interdisciplinary Solutions Based Learning** (undergraduate, in-person)

2017	**Diversity** (graduate, online)
2015	**Research Methods** (undergraduate, in-person)
2015	**Technology and Society** (undergraduate, in-person)
2013-2015	**Moral Development** (undergraduate, in-person/online)
2011-2013	**Human Development** undergraduate, in-person)

MENTORING

2013	**Telos Residential Treatment Center** (Residential therapeutic staff)
2012	**Outback Therapeutic Expeditions** (Wilderness therapeutic staff)

SERVICE ACTIVITIES

PROFESSIONAL SERVICE

International conference submission reviewer:

2020	**Society for Research on Adolescent Development Special Topics Conference on Construction of the 'Other'**
2018	**Society for Research on Child Development** biennial meeting
2015	**Society for the Study of Emerging Adulthood** biennial meeting

Journal ad hoc reviewer:

Journal of Research on Adolescence
PlosOne
Social Development

Internal leadership:

2017-2020	Undergraduate Student Committee, graduate student member
2016-2020	Graduate and Professional Student Association, grant reviewer
2016-2020	Sanford Graduate Student Association, fundraising chair
2018-2019	Sanford Graduate Student Association, treasurer
2015-2016	Sanford Graduate Student Association, graduate commons liaison
2014-2015	MFHD Graduate Student Committee, committee member

PROFESSIONAL ASSOCIATIONS AND AFFILIATIONS

2016-	American Psychological Association (Divisions 7, 51)
2013-	Society for Research on Adolescence
2013-	Society for Research on Child Development (Sexual Orientation & Gender Identity Expression Caucus)