

Maria Carabello

CONTACT INFORMATION

Institute of Social Research
Population Studies Center
University of Michigan
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Ann Arbor, MI 48104
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RESEARCH INTERESTS

Population health, social demography, health disparities, medical sociology, immigration, social policy, food studies, aging and the life course

EDUCATION

University of Michigan (U-M), Ann Arbor, Michigan

Joint Ph.D. in Health Services Organization & Policy and Sociology, *in progress*

Dissertation: *The Metabolic Health and Mortality Patterns of the US Hispanic Population: Exploring Causes and Consequences*

M.A. in Sociology, 2020

University of Vermont (UVM), Burlington, Vermont

M.S. in Food Systems, 2015

B.S. in Nutrition and Food Sciences with Minor in Anthropology, 2013

Magna cum laude

GRANTS AND FUNDING

NIA Predoctoral Traineeship in Public Health & Aging (T32AG027708)	2020-2023
NIA Predoctoral Traineeship in Social Demography (T32AG000221)	2019-2020
U-M HSOP Summer Diversity, Equity, and Inclusion Writing Award (\$3,360)	2019
U-M IHPI Summer Health Equity Research Award (\$4,500)	2019
Martha and Ernest Hammel Graduate Research Award (\$1,500)	2018
AHRQ Predoctoral Traineeship in Health Services Research (T32HS000053)	2017-2018
USDA Hatch Grant (029534), Project Role: Research Associate (\$60,000)	2014-2017
UVM Graduate Research and Teaching Assistantship	2013-2015
UVM Graduate College Mini Grant (\$600)	2014
UVM Office of Undergraduate Research Summer Mini Grant (\$933)	2013
UVM College of Agriculture and Life Sciences (CALs) FUSE Grant (\$497)	2013
Edith T. and Charles Dana Bennett Scholarship (\$500)	2011
New England Farm and Garden Association Scholarship (\$4,000/year)	2010-2013
UVM Presidential Scholarship (\$1,500/year)	2009-2013

AWARDS AND HONORS

Vermont Academy of Nutrition and Dietetics Pyramid Award	2016
SfAA Peter K. New Paper Award (<i>Honorable Mention</i>)	2014
UVM CALs Distinguished Undergraduate Research Award	2013
UVM Department of Nutrition and Food Sciences Undergraduate Research Award	2013
UVM Department of Nutrition and Food Sciences Blair Williams Award	2013
Alpha Zeta Agricultural Honors Fraternity	2011-2013
UVM Student Achievement Recognition Award	2010-2011

- PEER-REVIEWED PUBLICATIONS 2021 **Carabello, Maria** and Julia A. Wolfson. 2021. "Mexican immigrant health advantage in metabolic syndrome? Examining the contributions of demographic, socioeconomic, and health behavior characteristics." *Social Science & Medicine – Population Health*.
- 2020 Zhang, Xingyu*, **Maria Carabello***, Tyler Hill, Sue Anne Bell, Rob Stephenson, and Prashant Mahajan. 2020. "Trends of racial/ethnic differences in emergency department care outcomes among adults in the United States from 2005 to 2016." *Frontiers in Medicine*.
- 2019 Zhang, Xingyu*, **Maria Carabello***, Tyler Hill, Kevin He, Christopher R. Friese, and Prashant Mahajan. 2019. "Racial and ethnic disparities in emergency department care and health outcomes among children in the United States." *Frontiers in Pediatrics*.
- 2017 Trubek, Amy B., **Maria Carabello**, Caitlin Morgan, and Jacob Lahne. 2017. "Empowered to cook: The crucial role of 'food agency' in making meals." *Appetite*.
- PAPERS IN PREPARATION **Carabello, Maria** and Neil K. Mehta. "Erosion of the Hispanic paradox? Projecting the effects of obesity on future life expectancy in the US."
- Carabello, Maria**. "The relationship between metabolic health and mortality among Hispanics living in the US and Mexico: Accounting for differences in mortality risk by migrant status and generation."
- BOOK CHAPTERS 2018 Trubek, Amy B. and **Maria Carabello**. 2018. "Teaching to cook and learning to sense in food education." In *Making taste public: ethnographies of food and the senses*, eds. Carole Counihan and Susanne Højlund. London, UK: Bloomsbury Academic Press.
- REVIEWS 2019 **Carabello, Maria**. 2019. "Food in the making: food preparation, material and social change in urban Morocco," (thesis review). *Society for the Anthropology of Food and Nutrition*.
- 2016 **Carabello, Maria**. 2016. "Acquired tastes: Why families eat the way they do," (book review). *Food, Culture & Society*.
- 2015 **Carabello, Maria**. 2015. "Secrets from the Greek kitchen: Cooking, skill, and everyday life on an Aegean island, (book review)." *Graduate Journal of Food Studies*.
- Carabello, Maria**. 2015. Women redefining the experience of food insecurity: Life off the edge of the table, (book review). *Allegra: a virtual lab of legal anthropology*.
- 2014 **Carabello, Maria**. 2014. Eating right in America: The cultural politics of food and health, (book review). *Graduate Journal of Food Studies*.
- POLICY PAPERS 2015 **Carabello, Maria***, Amy Davidson*, Sam Icklan*, Bert Richards*, and Serge Wiltshire*. 2015. "Communicating universal recycling to Vermonters: A public information campaign to facilitate household food waste diversion under Act 148." Prepared for *Vermont Agency of Natural Resources*.
- 2013 Becot, Florence and Jane Kolodinsky with contributions from Jenna Banning*, Gemelle Brion*, **Maria Carabello*** et al.* 2013. Burlington healthy food assessment. Prepared for *Burlington Partnership for a Healthy Community*.
- * denotes equal contribution authorship

CONFERENCE
PRESENTATIONS

Podium Presentations

- 2022 **Carabello, Maria.** “The relationship between metabolic health and mortality among older Hispanics in the US and Mexico.” Flash oral session on “race, ethnicity, nativity and population health”. Population Association of America Annual Meeting: Atlanta, GA. April 2022.
- 2015 **Carabello, Maria.** “Defining food agency: An ethnographic exploration of everyday home cooking practices.” Association for the Study of Food and Society/Agriculture, Food, and Human Values Society Joint Annual Conference: Chatham University, Pittsburgh, PA. June 2015.
- 2014 **Carabello, Maria.** “Starting with a clean plate: An exploration of healthy eating and dietary adherence practices.” Peter K. New Student Research Award Session at the Society for Applied Anthropology Annual Meeting: Albuquerque, NM. March 2014.

Poster Presentations

- 2021 **Carabello, Maria** and Neil K. Mehta. “The erosion of the Hispanic paradox? Projecting the effects of obesity on future life expectancy in the US.” Population Association of America Annual Meeting: St. Louis, MO (virtual). May 2021.
- 2017 Morgan, Caitlin, **Maria Carabello**, and Amy B. Trubek. “Teaching food agency through inquiry and action.” 1st Annual Cook and Health Scientific Symposium: London, UK. March 2017.
- 2015 **Carabello, Maria.** “Defining food agency: An ethnographic exploration of everyday home cooking practices. University of Vermont Student Research Conference: Burlington, VT. April 2015.
- 2013 **Carabello, Maria.** “Starting with a clean plate: Re-envisioning the dietary guidelines through an ethnographic review of domestic cooking practices.” The Association for the Study of Food and Society/Agriculture, Food, and Human Values Society Joint Annual Conference: East Lansing, MI. June 2013.
- Carabello, Maria.** “Starting with a clean plate: Re-envisioning the dietary guidelines through an ethnographic review of domestic cooking practices.” University of Vermont Student Research Conference: Burlington, VT. April 2013.

Sessions Chaired or Organized

- 2022 Chair for oral session on “racial/ethnic inequalities in health and mortality” organized by Neil K. Mehta. Population Association of America Annual Meeting: Atlanta, GA. April 2022.
- 2013 Bloom, Dara, Jenifer Buckley, Greg Hall, et al. “Breaking barriers, building bridges: Discussing alternatives to the academy for scholars and career seekers in food and nutrition,” co-organized by Leigh Bush, **Maria Carabello**, Madeleine Chera, and Elyzabeth Engle. Association for the Study of Food and Society/Agriculture, Food, and Human Values Society Joint Annual Conference: Chatham University, Pittsburgh, PA. June 2015.

INVITED TALKS
AND LECTURES

- 2021 **Carabello, Maria** and Neil K. Mehta. “The erosion of the Hispanic paradox? Projecting the effects of obesity on future life expectancy in the US.” TRENDS Annual Network Meeting: Ann Arbor, MI. May 2022.

- 2020 **Carabello, Maria.** “Mexican immigrant health advantage? Decomposing the effects of demographic, socioeconomic, and health behavior characteristics.” Presentation for joint Inequality & Social Demography and Medicine, Aging, Science & Health workshops. U-M Department of Sociology: Ann Arbor, MI. November 2020.
- Carabello, Maria.** “Immigration, diet and food security, chronic disease, and population health.” Guest presentation in HMP 639: Immigration and Health (Course instructor: Dr. Neil K. Mehta), U-M SPH Health Management & Policy Master’s Program: Ann Arbor, MI. April 2020.
- 2019 **Carabello, Maria.** “The Hispanic health advantage in metabolic syndrome: Looking to differences in demographic, SES, and health risk profiles for explanation.” DEI Lightning Talk. U-M SPH Department of Health Management & Policy: Ann Arbor, MI. September 2019.
- Carabello, Maria.** “Immigration, dietary patterns, and health.” Guest presentation in HMP 639: Immigration and Health (Course instructor: Dr. Neil K. Mehta), U-M SPH Health Management & Policy Master’s Program: Ann Arbor, MI. March 2019.
- 2017 **Carabello, Maria.** “Defining food agency: A qualitative exploration of home cooks in the Northeastern United States.” Guest presentation in FNH 398: Research Methods in Human Nutrition (Course Instructor: Dr. Jennifer Black), UBC Human Nutrition Program: Vancouver, BC. February 2017.
- 2015 **Carabello, Maria,** Shannon Esrich, Caylin McKee, et al. “Careers in food systems: An alumni panel,” UVM Career Center: Burlington, VT. November 2015.
- Carabello, Maria,** Amy Davidson, Sam Icklan, Bert Richards, and Serge Wiltshire. “A steaming pile of progress: Public information campaigns to facilitate food waste diversion under Act 148.” A presentation of findings and recommendations to Vermont’s Agency of Natural Resources and Chittenden Solid Waste District. University of Vermont: Burlington, VT. April 2015.
- Carabello, Maria.** “Defining food agency: Using video ethnography for cooking research.” Guest presentation in NFS 53: Basic Concepts of Food (Course Instructor: Dr. Amy B. Trubek), UVM Nutrition and Food Sciences Program: Burlington, VT. April 2015.
- Carabello, Maria** and Caylin McKee. “The Real Food Challenge at UVM.” Vermont Campus Sustainability Network Conference at Champlain College: Burlington, VT. January 2015.
- 2014 **Carabello, Maria** and Serge Wiltshire. “What is a food system?” Guest presentation for UVM Global Gateway Program: Burlington, VT. October 2014.
- Carabello, Maria** and David Schwartz. “Real Food Challenge food wheel facilitation.” Real Food Challenge Northeast Regional Strategy Retreat: Burlington, VT. February 2014.
- 2013 Barret, Annalena, **Maria Carabello,** and Jennifer Porter. “Building our campus food system: A student panel on the UVM Real Food Challenge.” UVM Homecoming and Family Weekend: Burlington, VT. October 2013.

TEACHING AND MENTORING	<i>University of Michigan</i>	
	Prelim Mentor	Spring/Summer 2021
	Social Demography Area Preliminary Exam Exam Chair: Barbara A. Anderson Department of Sociology	
	Grader	Winter 2020
	PH 513: Public Health Systems, Policy, and Management Instructor: Michael Rubyan, PhD School of Public Health	
	Graduate Student Instructor	Winter 2019
	PH 513: Public Health Systems, Policy, and Management Instructor: Daniel Lee, PhD; Jenifer Martin, JD; Michael Rubyan, MPH; and Simone Singh, PhD Department of Health Management & Policy	
	Graduate Student Instructor	Fall 2018
	PH 200: Health and Society: Introduction to Public Health Instructor: Al Franzblau, PhD and Emily Youatt, PhD School of Public Health	
	<i>University of Vermont</i>	
	Senior Capstone Worksite Mentor	Spring 2016
	Vermont Works for Women – FRESH Food Program Student: Elizabeth Llorens, BS in Environmental Studies	
	Teaching Assistant	Spring 2014, Spring 2015
	NFS 54: Basic Concepts of Foods Lab Instructors: Jane K. Ross, PhD (2014) and Amy B. Trubek, PhD (2015) Department of Nutrition and Food Sciences	
	Teaching Assistant	Fall 2014
	NFS 195: Food and Culture Lab Instructors: Cynthia Belliveau, EdD and Teresa Mares, PhD Department of Nutrition and Food Sciences	
	Teaching Assistant	Fall 2013
	NFS 63: Obesity, Weight Control, and Fitness Instructor: Jean R. Harvey, PhD Department of Nutrition and Food Sciences	
RESEARCH EXPERIENCE	Research Assistant	2016-2017
	Food Agency Group Supervisor: Amy B. Trubek, PhD University of Vermont Department of Nutrition and Food Sciences Burlington, VT	
	Research Assistant	2016-2017

Refugee Food Insecurity Project
 Supervisor: Linda Berlin, PhD
 University of Vermont
 Center for Sustainable Agriculture
 Burlington, VT

Research Assistant 2015
 Food Agency Pedagogy Development
 Supervisor: Amy B. Trubek, PhD
 Drexel University
 Center for Food and Hospitality Management
 Philadelphia, PA

Graduate Research Assistant 2013-2015
 Food, Cooking, and Skillful Practice Group
 Supervisor: Amy B. Trubek, PhD
 University of Vermont
 Department of Nutrition and Food Sciences
 Burlington, VT

Undergraduate Research Assistant 2011-2013
 Food, Cooking, and Skillful Practice Group
 Supervisor: Amy B. Trubek, PhD
 University of Vermont
 Department of Nutrition and Food Sciences
 Burlington, VT

PROFESSIONAL EXPERIENCE Nutrition Coach 2017
 Ideal Weight Loss of Vermont
 Williston, VT

Assistant Chef Instructor 2015-2016
 Vermont Works for Women – FRESH Food Program
 Winooski, VT

SERVICE

Academic
 Reviewer, *Social Science & Medicine – Population Health* 2021–
 Co-editor, *Graduate Journal of Food Studies* 2018-2022
 Reviewer, *Graduate Journal of Food Studies* 2014-2018
 Co-chair, Graduate Student and Early Career Professionals Group
 Association for the Study of Food and Society 2014-2015
 Chair, Graduate Student Social Committee 2014
 Association for the Study of Food and Society

Institutional
 Graduate Employees Union (GEO) Steward, 2020–
 U-M Department of Health Management & Policy
 Student Representative on the Doctoral Program (HSOP) Committee, 2019-2020

	U-M Department of Health Management & Policy	
	Student Policy Chair, Real Food Challenge Working Group University of Vermont	2013-2015
	Committee Member, Tenure-track Faculty Search in Dietetics UVM Department of Nutrition and Food Sciences	2013-2014
	Banner Bearer, Presidential Installation Ceremony for E. Thomas Sullivan University of Vermont	2012
	President, Slow Food Campus Chapter University of Vermont	2011-2012
	<i>Community</i>	
	Northeast Grassroots Leader, Real Food Challenge National Office	2011-2012
	Infection Control Volunteer, Fletcher Allen Healthcare	2010-2011
PROFESSIONAL MEMBERSHIPS	The Gerontological Society for America (GSA)	2020–
	Interdisciplinary Association for Population Health Science (IAPHS)	2020–
	Population Association of American (PAA)	2019–
	American Sociological Association (ASA)	2018–
	Graduate Association for Food Studies (GAFS)	2014–
	AcademyHealth	2018-2019
	Society for Applied Anthropology (SfAA)	2014-2016
	Association for the Study of Food and Society (ASFS)	2013-2016
ADDITIONAL TRAINING	Rackham DEI Certificate Program, <i>in progress</i>	
	Berkeley Formal Demography Workshop	2021
	ICPSR Summer Program in Quantitative Methods of Social Research	2019
	Curriculum Development (<i>semester-long course</i>), UVM Department of Curriculum and Instruction	2014
SKILLS AND SOFTWARE	Quantitative Analysis	STATA 
	Reference Management	Z
	Document Processing	 L^AT_EX