Help for Distressed or Disruptive Individuals

During an immediate threat, **CALL 911.**

### Call 911 when an individual is:

- Threatening or attempting to do bodily harm to another
- Making threats of suicide or homicide
- Threatening, intimidating, interfering with or using abusive language to others

### Important Numbers:

- Emergency .......................................................... DIAL 911
- University of Michigan Police .................................. 763-1131
- Michigan Medicine Security .................................. 936-7890

### Consultation Resources for Behaviors of Concern

U-M offers many resources, including counseling, that can help faculty and staff when they exhibit behavior that is concerning to others.

**This behavior may include:**

- Acting troubled or confused
- Easily angered or upset
- Seeming unusually withdrawn or depressed
- Displaying sudden changes in mood
- Exhibiting concerning or unsafe behavior

### Available Resources:

- Faculty and Staff Counseling and Consultation Office (FASCCO) .......... 936-8660
- Staff Human Resources ............................................. 763-2387
- Academic Human Resources ....................................... 763-4551
- Compliance Hotline (Anonymous Reporting Option) ............... 866-990-0111
- Michigan Medicine Office of Counseling and Workplace Resilience .... 763-5409
- Michigan Medicine Human Resources Solution Center ........ 647-5538, Option 4