January

Jan. 14  Thank you, next steps
Noon-1 p.m. @ 1139AH
Come for a workshop with the University Career Center on how to create plans for after graduation. Lunch provided.

Jan. 27  "I didn't need to study in high school..."
4-5:30 p.m. @ 1139AH
Come learn how to tackle all your assigned readings, discover different study strategies, and how you can excel on exams.

Jan. 31  Career fair prep
3-4 p.m. @ Maize & Blue Aud.
Join us in the Maize and Blue Auditorium as we go over everything you need to know to feel ready to have a positive and valuable experience at the Career Fair.

February

Feb. 5  Don't delay! How to stop procrastinating
Noon-1 p.m. @ 1139AH
Identify your own reasons for putting off tasks, learn and practice tools to create realistic goals and reduce procrastination to increase productivity. Lunch provided.

Feb. 11  Resume lab
4-5 p.m. @ 1139AH
Chat with folks from the University Career Center to understand resume formatting, learn how to build great bullet points, and get feedback on your resume.

March

Mar. 10  Do I even have a credit score?
Your personal finance
12-1 p.m. @ 1139AH
Let us help you prepare for getting through college, living on your own, and learning how to budget. Lunch provided.

Mar. 13  To drop or not to drop
Noon-1 p.m. @ 1139AH
Come talk with advisors about factors to consider when dropping a course, the how-tos, and policies around dropping courses. Lunch provided.

Mar. 19  Instagram isn't self-care!
3:30-4:30 p.m. @ 1139AH
Come learn about what self-care is, how to it relates to your academics, and leave with some true strategies you can incorporate into your schedule.

Mar. 27  Your pre-health journey
Noon-1 p.m. @ 1139AH
Come learn from pre-health advisors about what medical schools are looking for, what the application process is like... and how to avoid burnout. Lunch provided.

April

Apr. 9  You belong here
Noon-1 p.m. @ 1139AH
Come join us for an interactive lunch workshop in an empowering and supportive environment as we connect to promote healing, developing coping strategies, and build community. Lunch provided.
RSVP HERE

QUESTIONS?
CONTACT
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HTTP://MYUMI.CH/LSA-CSP