**University of Michigan Campus Counseling Resources**

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| **Broad Campus Resources for Multiple Needs** | | |
| Department of Public Safety | Emergencies Dial 9-1-1 Non-Emergency: (734) 763-1131 | Please call DPS first if there is ever an emergency or if you are concerned about the immediate health or safety of a student. |
| Student Life Dean of Students | 3000 Michigan Union 530 South State Street P: (734) 764-7420 E: DeanofStudents@umich.edu Web: deanofstudents.umich.edu | Dean of students is available to assist with multiple student related concerns and can also help students to navigate and access other appropriate resources on this list. |
| Rackham Resolution Officer | 1120C Rackham 915 E. Washington Street P: (734) 764-4400 E: rackresolutionofficer@umich.edu | This is a safe and confidential environment for graduate students and faculty to discuss concerns related to disputes, crisis situations, emergencies, and academic integrity concerns. |
| Ombudsman | 6015 Fleming Admin. Building 503 Thompson Street P: (734) 763-3545 E: umstudentombuds@umich.edu Web: ombuds.umich.edu | This is a place where student concerns, complaints and questions about the functioning of the university can be discussed confidentially in a safe environment. |

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| **Mental Health Resources** | | |
| Counseling and Psychological Services (CAPS) | 3100 Michigan Union 530 South State Street P: (734) 764-8312 (24hrs) Web: caps.umich.edu | CAPS provides counseling, psychotherapy, preventative and educational programming, as well as consultation and outreach. |
| Depression Center | Rachel Upjohn Building 4250 Plymouth Road, SPC 5763 P: (734) 936-4400 E: depression@umich.edu Web: www.depressioncenter.org | Provides diagnosis and treatment of depression and bipolar disorder through the Department of Psychiatry, the UM Health System, and University Health Services. |
| University Health Services | 207 Fletcher Street P: (734) 764-8320 E: ContactUHS@umich.edu Web: www.uhs.umich.edu | Provides a wide range of health and wellness services to students including mental health screenings, regular doctors visits, prescriptions, and referrals to specialists. |
| Wolverine Wellness | UHS building (suite 2110) 207 Fletcher Street P: (734) 763-1320 | This office specializes in issues of addiction and eating disorders. They operate through the University Health System. |

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| **Sexual Misconduct / Harassment Resources** | | |
| Office for Institutional Equity | 2072 Administrative Services Building 1009 Greene Street P: (734) 763-0235 E: institutional.equit@umich.edu | This is office fields all reports of discrimination, harassment, and bias. They provide legal and policy interpretation as well as education and training. |
| Sexual Assault Prevention and Awareness Center (SAPAC) | 1551 Michigan Union 530 S. State Street P: (734) 764-7771 24-hr Crisis: (734) 936-3333 Web: https://sapac.umich.edu/ | Offers 24-hour crisis line, crisis intervention, counseling, outreach, and eductional services related to sexual assault, dating/domestic violence, stalking and sexual harassment. |
| University Bias Incident Reporting System | [Web: https://hr.umich.edu/working-u-m/workplace-improvement/office-institutional-equity/harassment-discrimination-reporting-form](https://hr.umich.edu/working-u-m/workplace-improvement/office-institutional-equity/harassment-discrimination-reporting-form) | Use this online form to report incidents of harassment and/or discrimination either witnessed first-hand or disclosed to you second- or third-hand. |

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| **Specific Issue Support Services** | | |
| International Center | 1500 Student Activities Building 515 E. Jefferson Street P: (734) 764-9310 Web: internationalcenter.umich.edu | Advises international students on immigration and VISA issues including but not limited to employment, health insurance, and travel. |
| Services for Students with Disabilities (SSD) | G-664 Haven Hall 505 South State Street P: (734) 763-3000 Web: ssd.umich.edu | Provide support services and academic accommodations to students with disabilities. |
| Multi-Ethnic Student Affairs (MESA) | 2202 Michigan Union 530 South State Street P: (734) 763-9044 Web: mesa.umich.edu | Using the lens of race and ethnicity, MESA engages and transforms students to build inclusive spaces and equitable opportunities. Their focus is on community engagement, leadership developmen and social justice education. |
| Center for the Education of Women (CEW) | 330 E. Liberty Street P: (734) 764-6005 Web: cew.umich.edu | CEW provides immediate and ongoing services and financial support needed to ensure educational success and degree completion for women and nontraditional students. |
| Spectrum Center | 3200 Michigan Union 530 South State Street P: (734) 763-4186 Web: spectrumcenter.umich.edu | With a focus on sexual orientation, gender identity, and gender expression, this office provides opportunity for students to find community, support, and leadership opportunities. |